



12th World Down Syndrome Swimming
Albufeira, 1 - 6/11/2026

Event 42 Women, 400m Medley Open
05/11/2026 - 10:25 Startlist

WR T21	7:00.17	Amalia, Freeland	GBR	Crawley (GBR)	15/11/2025
WR JUN T21	7:38.45	Helen, Thompson	GBR	Thurrock (GBR)	06/10/2019
WR SEN T21	7:00.17	Amalia, Freeland	GBR	Crawley (GBR)	15/11/2025
WR M1 T21	7:15.47	Jennifer, Higgins	RSA	Truro (CAN)	22/07/2018
WR M2 T21	8:04.19	Delphine, Andre	FRA	Ferrara (ITA)	06/10/2021
WR MO	6:59.54	Jagoda, Litner	POL	Albufeira	31/10/2025
WR JUN MO	59:00.00	,			
WR SEN MO	6:59.54	Jagoda, Litner	POL	Albufeira	31/10/2025
WR M1 MO	9:14.62	Alexandra, Edwards	GBR	Crawley (GBR)	16/11/2024
WR M2 MO	59:00.00	,			01/01/1800

MQT A M: 9:07.77; S21: 9:07.77 / MQT B M: 9:14.80; S21: 9:14.80

Lane	Name	Age	Class	Code	DSISO ID	Country	Entry Time
Heat 1 of 1							
1	Jemima, Rudd-Jones	30	SM21		GBR421SW	Great Britain	8:27.68 25m ____:____.____
2	Filipa Sa, Reis	26	SM21		POR303SW	Portugal	7:52.31 25m ____:____.____
3	Sofia, Aleshina	21	SM21		RUS011SW	Neutral Athlete - B	7:33.15 25m ____:____.____
4	Amalia, Freeland	20	SM21		GBR454SW	Great Britain	7:00.17 25m ____:____.____
5	Matilde Lucia, Gaspar	20	SM21		POR310SW	Portugal	7:32.59 25m ____:____.____
6	Helen, Thompson	23	SM21		GBR413SW	Great Britain	7:40.75 25m ____:____.____
7	Amiera, Black	20	SM21		CAN228SW	Canada	8:05.67 25m ____:____.____

