



12th World Down Syndrome Swimming
Albufeira, 1 - 6/11/2026

Event 26
03/11/2026 - 9:35

Women, 200m Medley

Open
Startlist Prelim

WR T21	3:18.90	Minke Janse van, Rensburg	RSA	Somerset West (RSA)	17/07/2026
WR JUN T21	3:23.83	Amalia, Freeland	GBR	Albufeira	19/10/2022
WR SEN T21	3:18.90	Minke Janse van, Rensburg	RSA	Somerset West (RSA)	18/07/2026
WR M1 T21	3:20.38	Camino, Martinez	ESP	Albufeira	19/10/2022
WR M2 T21	4:08.32	Maria Leandro, Ceballos	FRA	Estarreja	20/09/2013
WR MO	3:15.48	Jagoda, Litner	POL	Albufeira	29/10/2025
WR JUN MO	3:40.57	Ellen, Stephenson	GBR	Sunderland (GBR)	14/03/2020
WR SEN MO	3:15.48	Jagoda, Litner	POL	Albufeira	29/10/2025
WR M1 MO	3:43.68	Kelly da Silva, Antunes	BRA	Coimbra	18/11/2011
WR M2 MO	3:51.35	Kelly da Silva, Antunes	BRA	Truro (CAN)	25/07/2018

MQT A M: 4:34.26; S21: 4:34.26 / MQT B M: 4:40.65; S21: 4:40.65

Lane	Name	Age	Class	Code	DSISO ID	Country	Entry Time
Heat 1 of 3							
2	Jemima, Rudd-Jones	30	SM21		GBR421SW	Great Britain	3:57.85 25m ____:____.
3	Caitlin, Trevor	23	SM21		USA311SW	United States	3:53.18 50m ____:____.
4	Minke, Janse Van Rensburg	22	SM21		RSA303SW	South Africa	3:18.90 25m ____:____.
5	Zora J T, Wegerif	24	SM21		RSA305SW	South Africa	3:35.48 25m ____:____.
6	Kathryn, Martin	27	SM21		GBR302SW	Great Britain	3:51.78 25m ____:____.
7	Kelly Da Silva, Antunes	45	M		BRA217mSW	Brazil	4:21.50 50m ____:____.
Heat 2 of 3							
2	Ruth, Hodgson	18	SM21		GBR300SW	Great Britain	3:54.84 25m ____:____.
3	Amiera, Black	20	SM21		CAN228SW	Canada	3:44.97 25m ____:____.
4	Sofia, Aleshina	21	SM21		RUS011SW	Neutral Athlete - B	3:23.93 50m ____:____.
5	Mariia, Ageeva	19	SM21		RUS022SW	Neutral Athlete - B	3:39.46 50m ____:____.
6	Maria Guadalupe, Perez	22	SM21		MEX542SW	Mexico	3:54.73 50m ____:____.
7	Savanna Naledi, Haselau	20	SM21		RSA304SW	South Africa	4:12.90 25m ____:____.
Heat 3 of 3							
1	Sara-Jane, Caron-Guay	24	SM21		CAN219SW	Canada	4:46.68 50m ____:____.
2	Melissa, Alvarado Nevarez	28	SM21		MEX421SW	Mexico	3:53.70 25m ____:____.
3	Filipa Sa, Reis	26	SM21		POR303SW	Portugal	3:41.99 25m ____:____.
4	Jagoda, Litner	22	M		POL006SW	Poland	3:15.48 25m ____:____.
5	Amalia, Freeland	20	SM21		GBR454SW	Great Britain	3:19.18 25m ____:____.
6	Helen, Thompson	23	SM21		GBR413SW	Great Britain	3:47.17 25m ____:____.
7	Dunia, Camacho Marenco	38	SM21		MEX408SW	Mexico	4:02.69 25m ____:____.

