

Prova 11  
 30/05/2026

Femin., 200m Livres

Open  
 Resultados Elimin

Recorde Nacional Sen	1:57.85	MARTINS Francisca Soares	POR	Berlin (GER)	22/07/2025
Recorde Nacional Jun A	2:02.68	CUNHA Mariana Pacheco	CNCE	Porto	05/06/2022
Recorde Nacional Jun B	2:03.11	MARTINS Francisca Soares	POR	Loule	16/08/2020
Recorde Nacional Juv A	2:02.89	SOUSA Ana Reis	POR	Helsinki (FIN)	06/07/2018
Recorde Nacional Juv B	2:05.85	MARTINS Francisca Soares	FOCA	Oeiras	27/07/2018
Recorde Nacional Inf A	2:07.40	CABRAL Maria Francisca	FCP	Oeiras	25/07/2014
Recorde Nacional Inf B	2:10.86	FRAZAO Alexandra Couto	CNA	Oeiras	11/04/2015

TAC Juv Fem - 16: 2:26.72 / TAC Abs Fem 17 +: 2:17.12

Pontos: AQUA 2026

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReac	FINA	Pontos
<b>17 anos e mais velhos</b>								
1.	FOMINA Anna	02		Sporting	<b>2:03.82</b>	+0.70	744 Q	-
	50m: 28.71 28.71	100m: 59.58	30.87	150m: 1:31.46	31.88	200m: 2:03.82	32.36	
2.	CARDEAL Joana Nunes	02		Condeixa Aqua Clube	<b>2:05.39</b>	+0.59	717 Q	-
	50m: 29.60 29.60	100m: 1:01.06	31.46	150m: 1:33.19	32.13	200m: 2:05.39	32.20	
3.	REBELO Camila Rodrigues	03		Louzan Natacao/EFAPEL	<b>2:07.31</b>	+0.58	685 Q	-
	50m: 29.35 29.35	100m: 1:01.41	32.06	150m: 1:34.59	33.18	200m: 2:07.31	32.72	
4.	BARBEITO Laura Espinola	06		Sporting	<b>2:11.68</b>	+0.22	619 Q	-
	50m: 30.95 30.95	100m: 1:03.02	32.07	150m: 1:36.95	33.93	200m: 2:11.68	34.73	
5.	NEVES Maria Gomes	08		Braga	<b>2:12.28</b>	+0.58	610 Q	-
	50m: 30.25 30.25	100m: 1:02.84	32.59	150m: 1:37.71	34.87	200m: 2:12.28	34.57	
6.	LOURO Beatriz Silva	07		Sporting	<b>2:12.41</b>	+0.68	608 Q	-
	50m: 30.22 30.22	100m: 1:03.58	33.36	150m: 1:37.68	34.10	200m: 2:12.41	34.73	
7.	RODRIGUES Joana Francisca	04		Leixoes Sport Clube	<b>2:13.15</b>	+0.70	598 Q	-
	50m: 31.09 31.09	100m: 1:04.73	33.64	150m: 1:39.04	34.31	200m: 2:13.15	34.11	
8.	CABRAL Carolina Vizinho	07		Galitos / Bresimar	<b>2:13.34</b>	+0.69	596 Q	-
	50m: 30.36 30.36	100m: 1:03.43	33.07	150m: 1:38.02	34.59	200m: 2:13.34	35.32	
9.	SANTOS Leonor Castanho FTL	07		Sporting	<b>2:17.16</b>	+0.71	547 Q	-
	50m: 32.10 32.10	100m: 1:06.74	34.64	150m: 1:42.51	35.77	200m: 2:17.16	34.65	
10.	MADEIRA Carolina Marques FTL	09		Nacional de Nataçao	<b>2:19.08</b>	+0.83	525 Q	-
	50m: 32.28 32.28	100m: 1:07.09	34.81	150m: 1:42.88	35.79	200m: 2:19.08	36.20	
11.	PIMENTEL Sara Calisto FTL	05		Academica de Coimbra	<b>2:20.74</b>	+0.63	507 R	-
	50m: 32.57 32.57	100m: 1:08.04	35.47	150m: 1:44.23	36.19	200m: 2:20.74	36.51	
12.	COUTINHO Eva Alexandra FTL	09		Peso da Regua	<b>2:21.21</b>	+0.69	502 R	-
	50m: 31.65 31.65	100m: 1:07.14	35.49	150m: 1:44.66	37.52	200m: 2:21.21	36.55	
DNS	VIANA Carolina Pereira	04		Sporting				-

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**16 anos e mais novos**

1.	CARDEAL Leonor Nunes	10	Condeixa Aqua Clube	<b>2:14.29</b>	+0.72	583	Q	-
	50m: 30.43 30.43	100m: 1:04.20	33.77 150m: 1:39.92 35.72	200m: 2:14.29	34.37			
2.	PEREIRA Sofia Barroca	11	Seleccao de Santarem	<b>2:16.20</b>	+0.76	559	Q	-
	50m: 31.13 31.13	100m: 1:05.23	34.10 150m: 1:40.48 35.25	200m: 2:16.20	35.72			
3.	NUNES Zoe Pinho	11	Galitos / Bresimar	<b>2:18.01</b>	+0.74	537	Q	-
	50m: 31.40 31.40	100m: 1:05.62	34.22 150m: 1:41.33 35.71	200m: 2:18.01	36.68			
4.	GREGORIO Bruna Bacelar	10	Vilacondense	<b>2:18.45</b>	+0.73	532	Q	-
	50m: 32.17 32.17	100m: 1:08.34	36.17 150m: 1:43.07 34.73	200m: 2:18.45	35.38			
5.	MATEUS Ines Filipa	10	Lagoa Academico Clube	<b>2:18.58</b>	+0.72	531	Q	-
	50m: 32.68 32.68	100m: 1:07.27	34.59 150m: 1:43.21 35.94	200m: 2:18.58	35.37			
6.	VASCONCELOS Sofia Rodrigues	10	Galitos / Bresimar	<b>2:18.78</b>	+0.54	528	Q	-
	50m: 31.79 31.79	100m: 1:06.58	34.79 150m: 1:43.17 36.59	200m: 2:18.78	35.61			
7.	NOGUEIRA Maria Luisa	12	Academica de Coimbra	<b>2:18.95</b>	+0.73	526	Q	-
	50m: 32.71 32.71	100m: 1:07.22	34.51 150m: 1:43.67 36.45	200m: 2:18.95	35.28			
8.	VELOSO Beatriz Ribeiro	10	Caspae	<b>2:21.97</b>	+0.64	494	Q	-
	50m: 32.41 32.41	100m: 1:07.50	35.09 150m: 1:44.94 37.44	200m: 2:21.97	37.03			
9.	ROLDAO Ana Teresa	11	Academico Viseu Futebol Clube	<b>2:22.06</b>	+0.74	493	Q	-
	50m: 32.46 32.46	100m: 1:08.26	35.80 150m: 1:45.40 37.14	200m: 2:22.06	36.66			
10.	FALEIRO Sira Valentim	10	Lagoa Academico Clube	<b>2:23.44</b>	+0.73	478	Q	-
	50m: 32.71 32.71	100m: 1:09.06	36.35 150m: 1:46.33 37.27	200m: 2:23.44	37.11			
11.	SIMOES Beatriz Peguinho	10	Rio Maior	<b>2:23.55</b>	+0.76	477	R	-
	50m: 32.22 32.22	100m: 1:08.51	36.29 150m: 1:45.66 37.15	200m: 2:23.55	37.89			
12.	LUCAS Maria Madalena	11	Nacional de Nataçao	<b>2:23.85</b>	+0.72	474	R	-
	50m: 33.04 33.04	100m: 1:08.87	35.83 150m: 1:46.52 37.65	200m: 2:23.85	37.33			
13.	LOPES Maria Leonor	10	Torres Novas	<b>2:24.09</b>	+0.73	472		-
	50m: 33.41 33.41	100m: 1:09.93	36.52 150m: 1:47.95 38.02	200m: 2:24.09	36.14			
14.	PEREIRA Matilde Sofia	11	Condeixa Aqua Clube	<b>2:24.10</b>	+0.76	472		-
	50m: 33.62 33.62	100m: 1:10.05	36.43 150m: 1:48.14 38.09	200m: 2:24.10	35.96			
15.	LUIS Maria Ines	11	Aljustrelense	<b>2:26.06</b>	+0.63	453		-
	50m: 33.41 33.41	100m: 1:10.19	36.78 150m: 1:48.13 37.94	200m: 2:26.06	37.93			
16.	TEIXEIRA Beatriz Marques	11	Lagoa Academico Clube	<b>2:26.16</b>	+0.56	452		-
	50m: 33.98 33.98	100m: 1:11.37	37.39 150m: 1:49.57 38.20	200m: 2:26.16	36.59			
17.	LOPES Isabella Scavone	10	Miranda do Corvo	<b>2:27.38</b>	+0.54	441		-
	FTL							
	50m: 32.65 32.65	100m: 1:09.85	37.20 150m: 1:48.48 38.63	200m: 2:27.38	38.90			
18.	SOUSA Leonor Simoes	12	Academica de Coimbra	<b>2:28.59</b>	+0.73	430		-
	FTL							
	50m: 34.28 34.28	100m: 1:12.66	38.38 150m: 1:51.31 38.65	200m: 2:28.59	37.28			
19.	SILVA Lara Paixao	10	Rio Maior	<b>2:29.07</b>	+0.76	426		-
	FTL							
	50m: 32.80 32.80	100m: 1:09.75	36.95 150m: 1:49.31 39.56	200m: 2:29.07	39.76			
20.	SILVA Benedita Goncalves	13	Academica de Coimbra	<b>2:53.34</b>	+0.73	271		-
	FTL							
	50m: 39.84 39.84	100m: 1:24.38	44.54 150m: 2:09.44 45.06	200m: 2:53.34	43.90			

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Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReac	FINA	Pontos
DNS	NEVES Laura Duarte	11		Louzan Natacao/EFAPEL				-