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	30,	, 400m	, 65 - 69									
4.			66							<b>5:58.86</b>	540	
	50m:	41.24 41.24	150m:	2:12.83 45.79	250m:	3:44.61 44.95	350m:	5:15.67 44.74				
	100m:	1:27.04 45.80	200m:	2:59.66 46.83	300m:	4:30.93 46.32	400m:	5:58.86 43.19				
5.			69							<b>6:07.23</b>	504	
	50m:	38.64 38.64	150m:	2:10.58 46.06	250m:	3:45.08 46.70	350m:	5:20.28 47.06				
	100m:	1:24.52 45.88	200m:	2:58.38 47.80	300m:	4:33.22 48.14	400m:	6:07.23 46.95				
<b>60 - 64</b>												
1.			60							<b>4:54.35</b>	830	
	50m:	34.35 34.35	150m:	1:47.83 37.12	250m:	3:02.35 37.31	350m:	4:17.55 37.78				
	100m:	1:10.71 36.36	200m:	2:25.04 37.21	300m:	3:39.77 37.42	400m:	4:54.35 36.80				
2.			60							<b>5:01.82</b>	770	
	50m:	33.27 33.27	150m:	1:48.81 38.84	250m:	3:07.13 39.51	350m:	4:24.48 38.20				
	100m:	1:09.97 36.70	200m:	2:27.62 38.81	300m:	3:46.28 39.15	400m:	5:01.82 37.34				
3.			63		-					<b>5:17.46</b>	662	
	50m:	37.46 37.46	150m:	1:57.08 40.26	250m:	3:17.95 40.90	350m:	4:39.14 40.57				
	100m:	1:16.82 39.36	200m:	2:37.05 39.97	300m:	3:58.57 40.62	400m:	5:17.46 38.32				
4.			60							<b>5:38.79</b>	544	
	50m:	39.08 39.08	150m:	2:04.63 43.04	250m:	3:32.34 43.90	350m:	4:59.36 43.06				
	100m:	1:21.59 42.51	200m:	2:48.44 43.81	300m:	4:16.30 43.96	400m:	5:38.79 39.43				
5.			62							<b>5:47.06</b>	506	
	50m:	40.72 40.72	150m:	2:08.32 44.29	250m:	3:37.67 45.09	350m:	5:06.33 44.58				
	100m:	1:24.03 43.31	200m:	2:52.58 44.26	300m:	4:21.75 44.08	400m:	5:47.06 40.73				
6.			63							<b>6:25.84</b>	368	
	50m:	43.75 43.75	150m:	2:23.44	250m:	4:01.42 47.56	350m:	5:38.76				
	100m:		200m:	3:13.86 50.42	300m:		400m:	6:25.84 47.08				
			64							<b>NT</b>	<b>NT</b>	
<b>55 - 59</b>												
1.			55							<b>5:11.94</b>	639	
	50m:	33.80 33.80	150m:	1:50.33 39.13	250m:	3:11.16 40.37	350m:	4:32.55 40.47				
	100m:	1:11.20 37.40	200m:	2:30.79 40.46	300m:	3:52.08 40.92	400m:	5:11.94 39.39				
2.			56							<b>5:14.15</b>	625	
	50m:	35.52 35.52	150m:	1:54.36 39.76	250m:	3:15.52 40.29	350m:	4:36.23 40.10				
	100m:	1:14.60 39.08	200m:	2:35.23 40.87	300m:	3:56.13 40.61	400m:	5:14.15 37.92				
3.			58		-					<b>5:29.76</b>	540	
	50m:	37.60 37.60	150m:	2:01.03 42.34	250m:	3:26.11 42.56	350m:	4:50.30 41.80				
	100m:	1:18.69 41.09	200m:	2:43.55 42.52	300m:	4:08.50 42.39	400m:	5:29.76 39.46				
4.			57							<b>5:32.73</b>	526	
	50m:	34.89 34.89	150m:	1:57.40 42.26	250m:	3:24.47 43.49	350m:	4:52.14 43.88				
	100m:	1:15.14 40.25	200m:	2:40.98 43.58	300m:	4:08.26 43.79	400m:	5:32.73 40.59				





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	30,		, 400m		, 45 - 49							
7.					45						<b>5:35.51</b>	431
	50m:	37.77	37.77	150m:	2:00.95	42.20	250m:	3:26.97	43.08	350m:	4:53.68	43.40
	100m:	1:18.75	40.98	200m:	2:43.89	42.94	300m:	4:10.28	43.31	400m:	5:35.51	41.83
8.					48	-					<b>5:46.34</b>	392
	50m:	38.68	38.68	150m:	2:05.11	43.97	250m:	3:34.73	45.31	350m:	5:04.43	44.68
	100m:	1:21.14	42.46	200m:	2:49.42	44.31	300m:	4:19.75	45.02	400m:	5:46.34	41.91
					45						NT	NT
40 - 44												
1.					40	-					<b>4:37.14</b>	752
	50m:	31.28	31.28	150m:	1:41.58	35.26	250m:	2:53.63	36.31	350m:	4:04.58	35.22
	100m:	1:06.32	35.04	200m:	2:17.32	35.74	300m:	3:29.36	35.73	400m:	4:37.14	32.56
2.					40						<b>4:39.08</b>	736
	50m:	31.01	31.01	150m:	1:39.61	34.53	250m:	2:50.43	35.46	350m:	4:03.25	36.70
	100m:	1:05.08	34.07	200m:	2:14.97	35.36	300m:	3:26.55	36.12	400m:	4:39.08	35.83
3.					43						<b>4:57.92</b>	605
	50m:	34.51	34.51	150m:	1:49.82	37.65	250m:	3:05.62	37.58	350m:	4:20.86	37.12
	100m:	1:12.17	37.66	200m:	2:28.04	38.22	300m:	3:43.74	38.12	400m:	4:57.92	37.06
4.					40						<b>5:17.91</b>	498
	50m:	34.33	34.33	150m:	1:52.01	39.44	250m:	3:14.37	41.29	350m:	4:37.92	41.78
	100m:	1:12.57	38.24	200m:	2:33.08	41.07	300m:	3:56.14	41.77	400m:	5:17.91	39.99
5.					40						<b>5:31.56</b>	439
	50m:	36.17	36.17	150m:	1:59.01	42.03	250m:	3:26.98	44.26	350m:	4:52.69	41.06
	100m:	1:16.98	40.81	200m:	2:42.72	43.71	300m:	4:11.63	44.65	400m:	5:31.56	38.87
6.					44						<b>5:36.73</b>	419
	50m:	27.13	27.13	150m:	1:49.23	31.63	250m:	3:22.02	35.25	350m:	5:04.72	48.49
	100m:	1:17.60	50.47	200m:	2:46.77	57.54	300m:	4:16.23	54.21	400m:	5:36.73	32.01
7.					43						<b>5:59.87</b>	343
	50m:	38.78	38.78	150m:	2:06.12	44.66	250m:	3:38.41	45.98	350m:	5:13.76	48.24
	100m:	1:21.46	42.68	200m:	2:52.43	46.31	300m:	4:25.52	47.11	400m:	5:59.87	46.11
35 - 39												
1.					35						<b>4:27.90</b>	792
	50m:	30.41	30.41	150m:	1:37.05	34.17	250m:	2:45.59	34.70	350m:	3:54.74	34.65
	100m:	1:02.88	32.47	200m:	2:10.89	33.84	300m:	3:20.09	34.50	400m:	4:27.90	33.16
2.					36						<b>4:40.76</b>	688
	50m:	29.98	29.98	150m:	1:40.58	36.22	250m:	2:54.66	37.00	350m:	4:08.56	36.79
	100m:	1:04.36	34.38	200m:	2:17.66	37.08	300m:	3:31.77	37.11	400m:	4:40.76	32.20
3.					35						<b>4:54.91</b>	593
	50m:	32.33	32.33	150m:	1:45.04	37.04	250m:	2:59.98	37.54	350m:	4:17.78	39.63
	100m:	1:08.00	35.67	200m:	2:22.44	37.40	300m:	3:38.15	38.17	400m:	4:54.91	37.13
4.					38						<b>5:10.79</b>	507
	50m:	34.65	34.65	150m:	1:53.55	39.64	250m:	3:15.04	41.17	350m:	4:33.39	38.37
	100m:	1:13.91	39.26	200m:	2:33.87	40.32	300m:	3:55.02	39.98	400m:	5:10.79	37.40



**ФПМ**  
Федерация плавания  
«Мастерс»



**XXXIV ОТКРЫТЫЙ**

# ЧЕМПИОНАТ

**ОБНИНСК**  
16-19.04.2026

В КАТЕГОРИИ

**"МАСТЕРС"**

РЕГИОНОВ ФПМ  
ПО ПЛАВАНИЮ

XXXIV

, 16. - 19.4.2026

	30,	, 400m	, 35 - 39									
5.				36							<b>5:13.23</b>	495
	50m:	35.88	35.88	150m:	1:54.77	40.34	250m:	3:15.06	40.94	350m:	4:35.29	40.11
	100m:	1:14.43	38.55	200m:	2:34.12	39.35	300m:	3:55.18	40.12	400m:	5:13.23	37.94
				37							<b>NT</b>	<b>NT</b>
				39							<b>NT</b>	<b>NT</b>
30 - 34												
1.				32							<b>4:18.12</b>	824
	50m:	29.71	29.71	150m:	1:34.44	32.14	250m:	2:39.52	32.33	350m:	3:45.45	32.92
	100m:	1:02.30	32.59	200m:	2:07.19	32.75	300m:	3:12.53	33.01	400m:	4:18.12	32.67
2.				32			-				<b>4:35.35</b>	678
	50m:	31.20	31.20	150m:	1:41.03	34.85	250m:	2:51.58	35.00	350m:	4:01.78	34.81
	100m:	1:06.18	34.98	200m:	2:16.58	35.55	300m:	3:26.97	35.39	400m:	4:35.35	33.57
3.				31							<b>4:36.68</b>	669
	50m:	30.90	30.90	150m:	1:40.11	35.00	250m:	2:50.21	34.92	350m:	4:00.78	35.32
	100m:	1:05.11	34.21	200m:	2:15.29	35.18	300m:	3:25.46	35.25	400m:	4:36.68	35.90
4.				32							<b>4:41.04</b>	638
	50m:	31.56	31.56	150m:	1:41.13	34.87	250m:	2:51.74	35.49	350m:	4:05.51	37.23
	100m:	1:06.26	34.70	200m:	2:16.25	35.12	300m:	3:28.28	36.54	400m:	4:41.04	35.53
5.				33			-				<b>4:41.44</b>	635
	50m:	30.89	30.89	150m:	1:43.25	36.96	250m:	2:56.24	36.52	350m:	4:08.29	36.05
	100m:	1:06.29	35.40	200m:	2:19.72	36.47	300m:	3:32.24	36.00	400m:	4:41.44	33.15
6.				34							<b>4:47.61</b>	595
	50m:	31.79	31.79	150m:	1:38.60	33.36	250m:	2:53.54	37.54	350m:	4:11.10	38.99
	100m:	1:05.24	33.45	200m:	2:16.00	37.40	300m:	3:32.11	38.57	400m:	4:47.61	36.51
7.				34							<b>4:47.64</b>	595
	50m:	33.18	33.18	150m:	1:44.79	36.31	250m:	2:58.14	36.97	350m:	4:12.66	37.64
	100m:	1:08.48	35.30	200m:	2:21.17	36.38	300m:	3:35.02	36.88	400m:	4:47.64	34.98
8.				33							<b>4:58.34</b>	533
	50m:	31.84	31.84	150m:	1:44.75	37.37	250m:	3:01.04	38.82	350m:	4:20.00	40.10
	100m:	1:07.38	35.54	200m:	2:22.22	37.47	300m:	3:39.90	38.86	400m:	4:58.34	38.34
9.				34							<b>5:38.45</b>	365
	50m:	38.09	38.09	150m:	2:02.85	42.92	250m:	3:30.63	43.94	350m:	4:58.48	43.54
	100m:	1:19.93	41.84	200m:	2:46.69	43.84	300m:	4:14.94	44.31	400m:	5:38.45	39.97
				30							<b>NT</b>	<b>NT</b>
25 - 29												
1.				29							<b>4:14.91</b>	831
	50m:	29.03	29.03	150m:	1:32.46	31.99	250m:	2:37.67	32.70	350m:	3:43.90	32.84
	100m:	1:00.47	31.44	200m:	2:04.97	32.51	300m:	3:11.06	33.39	400m:	4:14.91	31.01
2.				29							<b>4:23.40</b>	753
	50m:	29.88	29.88	150m:	1:37.16	33.44	250m:	2:44.57	32.86	350m:	3:49.95	32.34
	100m:	1:03.72	33.84	200m:	2:11.71	34.55	300m:	3:17.61	33.04	400m:	4:23.40	33.45
3.				29							<b>4:28.55</b>	711
	50m:	29.86	29.86	150m:	1:37.25	33.68	250m:	2:43.51	32.82	350m:	3:53.19	35.10
	100m:	1:03.57	33.71	200m:	2:10.69	33.44	300m:	3:18.09	34.58	400m:	4:28.55	35.36

ALGE TIMING

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**ФПМ**  
Федерация плавания  
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XXXIV ОТКРЫТЫЙ

# ЧЕМПИОНАТ

**ОБНИНСК**  
16-19.04.2026

XXXIV

В КАТЕГОРИИ

**"МАСТЕРС"**

РЕГИОНОВ ФПМ  
ПО ПЛАВАНИЮ

, 16. - 19.4.2026

30, , 400m , 25 - 29

4.					29						<b>4:31.64</b>	687
	50m:	30.94	30.94	150m:	1:39.34	34.50	250m:	2:48.49	34.53	350m:	3:57.78	34.47
	100m:	1:04.84	33.90	200m:	2:13.96	34.62	300m:	3:23.31	34.82	400m:	4:31.64	33.86
5.					28		-				<b>4:51.63</b>	555
	50m:	31.92	31.92	150m:	1:43.73	36.37	250m:	3:00.06	38.53	350m:	4:14.73	37.70
	100m:	1:07.36	35.44	200m:	2:21.53	37.80	300m:	3:37.03	36.97	400m:	4:51.63	36.90
6.					27						<b>5:31.95</b>	376
	50m:	36.27	36.27	150m:	1:58.17	42.44	250m:	3:25.73	44.29	350m:	4:52.84	43.34
	100m:	1:15.73	39.46	200m:	2:41.44	43.27	300m:	4:09.50	43.77	400m:	5:31.95	39.11