



, 16. - 19.4.2026

	29,		, 400m		, 60 - 64								
4.					60							<b>6:54.15</b>	386
	50m:	43.95	43.95	150m:	2:25.30	52.67	250m:	4:12.47	54.51	350m:	6:02.70	56.20	
	100m:	1:32.63	48.68	200m:	3:17.96	52.66	300m:	5:06.50	54.03	400m:	6:54.15	51.45	
5.					61							<b>7:26.75</b>	308
	50m:	51.30	51.30	150m:	2:45.48	57.89	250m:	4:40.06	57.30	350m:	6:33.38	56.62	
	100m:	1:47.59	56.29	200m:	3:42.76	57.28	300m:	5:36.76	56.70	400m:	7:26.75	53.37	
55 - 59													
1.					57							<b>5:29.56</b>	691
	50m:	36.47	36.47	150m:	1:58.50	41.22	250m:	3:23.09	42.39	350m:	4:48.74	42.84	
	100m:	1:17.28	40.81	200m:	2:40.70	42.20	300m:	4:05.90	42.81	400m:	5:29.56	40.82	
2.					57							<b>5:35.10</b>	658
	50m:	37.41	37.41	150m:	2:01.57	42.77	250m:	3:28.14	43.64	350m:	4:54.42	43.14	
	100m:	1:18.80	41.39	200m:	2:44.50	42.93	300m:	4:11.28	43.14	400m:	5:35.10	40.68	
3.					57							<b>5:52.69</b>	564
	50m:	37.66	37.66	150m:	2:03.47	44.26	250m:	3:35.59	46.44	350m:	5:08.10	46.22	
	100m:	1:19.21	41.55	200m:	2:49.15	45.68	300m:	4:21.88	46.29	400m:	5:52.69	44.59	
4.					58							<b>6:17.41</b>	460
	50m:	41.67	41.67	150m:	2:16.74	48.32	250m:	3:54.73	49.61	350m:	5:32.09	48.75	
	100m:	1:28.42	46.75	200m:	3:05.12	48.38	300m:	4:43.34	48.61	400m:	6:17.41	45.32	
5.					57		-					<b>6:44.74</b>	373
	50m:	43.57	43.57	150m:	2:24.08	50.44	250m:	4:08.09	51.95	350m:	5:52.67	52.20	
	100m:	1:33.64	50.07	200m:	3:16.14	52.06	300m:	5:00.47	52.38	400m:	6:44.74	52.07	
6.					58							<b>7:27.12</b>	277
	50m:	52.61	52.61	150m:	2:44.17	56.00	250m:	4:37.71	56.43	350m:	6:31.71	56.27	
	100m:	1:48.17	55.56	200m:	3:41.28	57.11	300m:	5:35.44	57.73	400m:	7:27.12	55.41	
7.					59		-					<b>7:36.60</b>	260
	50m:	46.04	46.04	150m:	2:36.21	56.51	250m:	4:33.40	59.02	350m:	6:35.68	1:01.48	
	100m:	1:39.70	53.66	200m:	3:34.38	58.17	300m:	5:34.20	1:00.80	400m:	7:36.60	1:00.92	
50 - 54													
1.					52	105-						<b>5:19.68</b>	694
	50m:	35.70	35.70	150m:	1:55.88	40.37	250m:	3:17.63	40.77	350m:	4:39.75	40.66	
	100m:	1:15.51	39.81	200m:	2:36.86	40.98	300m:	3:59.09	41.46	400m:	5:19.68	39.93	
2.					52							<b>5:38.62</b>	584
	50m:	37.52	37.52	150m:	2:03.09	43.07	250m:	3:30.13	43.20	350m:	4:57.50	43.37	
	100m:	1:20.02	42.50	200m:	2:46.93	43.84	300m:	4:14.13	44.00	400m:	5:38.62	41.12	
3.					52							<b>5:39.03</b>	582
	50m:	37.74	37.74	150m:	2:03.71	44.07	250m:	3:31.40	44.09	350m:	4:57.84	43.05	
	100m:	1:19.64	41.90	200m:	2:47.31	43.60	300m:	4:14.79	43.39	400m:	5:39.03	41.19	
4.					50							<b>5:43.19</b>	561
	50m:	36.94	36.94	150m:	2:02.84	43.99	250m:	3:33.37	45.36	350m:	5:02.63	44.74	
	100m:	1:18.85	41.91	200m:	2:48.01	45.17	300m:	4:17.89	44.52	400m:	5:43.19	40.56	
5.					50							<b>5:53.44</b>	514
	50m:	37.70	37.70	150m:	2:05.64	45.10	250m:	3:37.72	46.24	350m:	5:10.23	46.85	
	100m:	1:20.54	42.84	200m:	2:51.48	45.84	300m:	4:23.38	45.66	400m:	5:53.44	43.21	

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	29,		, 400m		, 50 - 54								
6.					53							<b>6:04.17</b>	470
	50m:	40.83	40.83	150m:	2:11.96	46.13	250m:	3:47.19	47.77	350m:	5:20.38	45.98	
	100m:	1:25.83	45.00	200m:	2:59.42	47.46	300m:	4:34.40	47.21	400m:	6:04.17	43.79	
7.					51		-					<b>6:10.60</b>	446
	50m:	40.04	40.04	150m:	2:11.20	46.98	250m:	3:47.38	48.83	350m:	5:24.31	47.95	
	100m:	1:24.22	44.18	200m:	2:58.55	47.35	300m:	4:36.36	48.98	400m:	6:10.60	46.29	
8.					51	105-						<b>6:21.40</b>	409
	50m:	40.57	40.57	150m:	2:14.45	48.09	250m:	3:53.75	49.98	350m:	5:32.96	49.67	
	100m:	1:26.36	45.79	200m:	3:03.77	49.32	300m:	4:43.29	49.54	400m:	6:21.40	48.44	
9.					53							<b>7:09.03</b>	287
	50m:	46.56	46.56	150m:	2:35.20	55.43	250m:			350m:	6:16.27	55.48	
	100m:	1:39.77	53.21	200m:	3:29.85	54.65	300m:	5:20.79		400m:	7:09.03	52.76	
10.					50							<b>7:29.81</b>	249
	50m:	48.28	48.28	150m:	2:44.79	59.03	250m:	4:43.05	57.88	350m:	6:37.77	55.91	
	100m:	1:45.76	57.48	200m:	3:45.17	1:00.38	300m:	5:41.86	58.81	400m:	7:29.81	52.04	
<b>45 - 49</b>													
1.					45							<b>6:09.98</b>	422
	50m:	39.13	39.13	150m:	2:07.70	45.44	250m:	3:41.94	47.21	350m:	5:19.46	48.97	
	100m:	1:22.26	43.13	200m:	2:54.73	47.03	300m:	4:30.49	48.55	400m:	6:09.98	50.52	
2.					45							<b>6:30.39</b>	359
	50m:	43.48	43.48	150m:	2:21.17	49.45	250m:	4:02.31	50.74	350m:	5:43.97	50.81	
	100m:	1:31.72	48.24	200m:	3:11.57	50.40	300m:	4:53.16	50.85	400m:	6:30.39	46.42	
3.					45		-					<b>7:09.69</b>	269
	50m:	42.82	42.82	150m:	2:29.78	55.64	250m:	4:22.60	57.03	350m:	6:14.42	55.54	
	100m:	1:34.14	51.32	200m:	3:25.57	55.79	300m:	5:18.88	56.28	400m:	7:09.69	55.27	
4.					48		-					<b>7:34.45</b>	227
	50m:	52.25	52.25	150m:	4:40.16	2:51.38	250m:	6:36.84		350m:			
	100m:	1:48.78	56.53	200m:			300m:	7:34.45	57.61	400m:	7:34.45		
<b>40 - 44</b>													
1.					42							<b>5:20.82</b>	609
	50m:	34.53	34.53	150m:	1:54.78	40.36	250m:	3:17.76	41.09	350m:	4:41.27	41.56	
	100m:	1:14.42	39.89	200m:	2:36.67	41.89	300m:	3:59.71	41.95	400m:	5:20.82	39.55	
2.					41	105-						<b>5:23.98</b>	591
	50m:	36.55	36.55	150m:	1:56.67	40.76	250m:	3:18.91	41.23	350m:	4:43.08	42.41	
	100m:	1:15.91	39.36	200m:	2:37.68	41.01	300m:	4:00.67	41.76	400m:	5:23.98	40.90	
3.					42							<b>5:36.47</b>	528
	50m:	38.36	38.36	150m:	2:01.61	42.53	250m:	3:27.90	43.51	350m:	4:55.22	43.65	
	100m:	1:19.08	40.72	200m:	2:44.39	42.78	300m:	4:11.57	43.67	400m:	5:36.47	41.25	
4.					43							<b>5:48.41</b>	475
	50m:	37.85	37.85	150m:	2:02.53	43.48	250m:	3:31.26	44.85	350m:	5:03.16	47.27	
	100m:	1:19.05	41.20	200m:	2:46.41	43.88	300m:	4:15.89	44.63	400m:	5:48.41	45.25	
5.					41							<b>5:56.21</b>	445
	50m:	39.94	39.94	150m:	2:08.67	45.11	250m:	3:41.24	46.16	350m:	5:12.76	45.25	
	100m:	1:23.56	43.62	200m:	2:55.08	46.41	300m:	4:27.51	46.27	400m:	5:56.21	43.45	

ALGE TIMING

50



**ФПМ**  
Федерация плавания  
«Мастерс»



**XXXIV ОТКРЫТЫЙ**

**ЧЕМПИОНАТ**

**ОБНИНСК**  
16-19.04.2026

XXXIV

В КАТЕГОРИИ

**"МАСТЕРС"**

РЕГИОНОВ ФПМ  
ПО ПЛАВАНИЮ

, 16. - 19.4.2026

		29, , 400m				, 40 - 44						
6.				43	-					<b>5:59.04</b>	434	
	50m:	38.47	38.47	150m:	2:09.26	46.28	250m:	3:43.41	46.81	350m:	5:17.30	46.10
	100m:	1:22.98	44.51	200m:	2:56.60	47.34	300m:	4:31.20	47.79	400m:	5:59.04	41.74
7.				43	-					<b>6:04.88</b>	414	
	50m:	39.58	39.58	150m:	2:10.65	46.99	250m:	3:46.16	48.02	350m:	5:22.07	48.12
	100m:	1:23.66	44.08	200m:	2:58.14	47.49	300m:	4:33.95	47.79	400m:	6:04.88	42.81
8.				40						<b>6:08.86</b>	401	
	50m:	39.17	39.17	150m:	2:09.93	45.86	250m:	3:45.45	47.47	350m:	5:21.82	48.00
	100m:	1:24.07	44.90	200m:	2:57.98	48.05	300m:	4:33.82	48.37	400m:	6:08.86	47.04
9.				40						<b>6:14.30</b>	383	
	50m:	40.51	40.51	150m:	2:14.54	47.39	250m:	3:51.77	48.17	350m:	5:27.85	47.23
	100m:	1:27.15	46.64	200m:	3:03.60	49.06	300m:	4:40.62	48.85	400m:	6:14.30	46.45
10.				41						<b>6:15.14</b>	381	
	50m:	39.82	39.82	150m:			250m:	3:49.35	48.27	350m:	5:28.20	49.56
	100m:	1:24.89	45.07	200m:	3:01.08		300m:	4:38.64	49.29	400m:	6:15.14	46.94
11.				42						<b>7:34.08</b>	215	
	50m:	47.26	47.26	150m:	2:39.70	59.43	250m:	4:39.74	1:00.85	350m:	6:39.57	1:00.56
	100m:	1:40.27	53.01	200m:	3:38.89	59.19	300m:	5:39.01	59.27	400m:	7:34.08	54.51
35 - 39												
1.				35						<b>5:16.45</b>	621	
	50m:	35.68	35.68	150m:	1:55.00	40.01	250m:	3:15.99	40.81	350m:	4:37.53	40.95
	100m:	1:14.99	39.31	200m:	2:35.18	40.18	300m:	3:56.58	40.59	400m:	5:16.45	38.92
2.				39						<b>5:29.21</b>	551	
	50m:	36.18	36.18	150m:	1:58.40	41.65	250m:	3:21.72	42.00	350m:	4:47.42	42.80
	100m:	1:16.75	40.57	200m:	2:39.72	41.32	300m:	4:04.62	42.90	400m:	5:29.21	41.79
3.				38						<b>6:12.16</b>	381	
	50m:	38.71	38.71	150m:	2:09.87	46.24	250m:	3:47.02	48.88	350m:	5:26.51	49.66
	100m:	1:23.63	44.92	200m:	2:58.14	48.27	300m:	4:36.85	49.83	400m:	6:12.16	45.65
4.				39						<b>6:14.58</b>	374	
	50m:	42.09	42.09	150m:	2:16.55	48.18	250m:	3:52.47	48.48	350m:	5:28.66	48.46
	100m:	1:28.37	46.28	200m:	3:03.99	47.44	300m:	4:40.20	47.73	400m:	6:14.58	45.92
5.				36						<b>6:21.28</b>	355	
	50m:	40.29	40.29	150m:	2:14.81	49.35	250m:	3:55.08	50.04	350m:	5:34.86	49.93
	100m:	1:25.46	45.17	200m:	3:05.04	50.23	300m:	4:44.93	49.85	400m:	6:21.28	46.42
6.				38						<b>6:39.80</b>	308	
	50m:	44.86	44.86	150m:	2:25.93	51.08	250m:	4:09.55	51.04	350m:	5:51.80	51.27
	100m:	1:34.85	49.99	200m:	3:18.51	52.58	300m:	5:00.53	50.98	400m:	6:39.80	48.00



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29, , 400m

30 - 34

1.				31					<b>4:52.42</b>	753		
	50m:	31.53	31.53	150m:	1:44.05	36.41	250m:	2:59.57	37.64	350m:	4:15.78	37.90
	100m:	1:07.64	36.11	200m:	2:21.93	37.88	300m:	3:37.88	38.31	400m:	4:52.42	36.64
2.				34						<b>5:09.64</b>	634	
	50m:	34.20	34.20	150m:	1:50.73	38.91	250m:	3:09.75	40.20	350m:	4:30.68	40.92
	100m:	1:11.82	37.62	200m:	2:29.55	38.82	300m:	3:49.76	40.01	400m:	5:09.64	38.96
3.				32						<b>5:40.51</b>	477	
	50m:	36.52	36.52	150m:	2:00.74	43.78	250m:	3:29.03	44.35	350m:	4:58.20	44.60
	100m:	1:16.96	40.44	200m:	2:44.68	43.94	300m:	4:13.60	44.57	400m:	5:40.51	42.31
4.				32						<b>5:43.99</b>	462	
	50m:	36.90	36.90	150m:	2:02.51	44.08	250m:	3:32.91	45.58	350m:	5:03.94	45.56
	100m:	1:18.43	41.53	200m:	2:47.33	44.82	300m:	4:18.38	45.47	400m:	5:43.99	40.05
5.				30						<b>5:53.93</b>	424	
	50m:	36.61	36.61	150m:	2:04.00	45.04	250m:	3:36.79	46.30	350m:	5:10.67	46.61
	100m:	1:18.96	42.35	200m:	2:50.49	46.49	300m:	4:24.06	47.27	400m:	5:53.93	43.26
6.				31						<b>6:28.81</b>	320	
	50m:	37.22	37.22	150m:	2:07.10	47.19	250m:	3:50.36	52.32	350m:	5:38.05	54.27
	100m:	1:19.91	42.69	200m:	2:58.04	50.94	300m:	4:43.78	53.42	400m:	6:28.81	50.76
7.				33			-			<b>7:00.58</b>	253	
	50m:	43.93	43.93	150m:	2:26.12	51.15	250m:	4:11.46	53.26	350m:	6:06.37	58.03
	100m:	1:34.97	51.04	200m:	3:18.20	52.08	300m:	5:08.34	56.88	400m:	7:00.58	54.21

25 - 29

1.				26						<b>4:57.48</b>	666	
	50m:	32.76	32.76	150m:	1:46.45	37.17	250m:	3:03.20	38.48	350m:	4:20.60	38.38
	100m:	1:09.28	36.52	200m:	2:24.72	38.27	300m:	3:42.22	39.02	400m:	4:57.48	36.88
2.				28						<b>5:11.24</b>	582	
	50m:	34.84	34.84	150m:	1:52.66	39.75	250m:	3:12.77	40.07	350m:	4:33.19	39.89
	100m:	1:12.91	38.07	200m:	2:32.70	40.04	300m:	3:53.30	40.53	400m:	5:11.24	38.05
3.				25						<b>5:25.99</b>	506	
	50m:	32.98	32.98	150m:	1:51.33	40.24	250m:	3:16.24	42.87	350m:	4:42.74	43.22
	100m:	1:11.09	38.11	200m:	2:33.37	42.04	300m:	3:59.52	43.28	400m:	5:25.99	43.25
4.				28						<b>5:44.22</b>	430	
	50m:	37.71	37.71	150m:	2:02.47	42.74	250m:	3:31.07	44.33	350m:	4:59.86	44.60
	100m:	1:19.73	42.02	200m:	2:46.74	44.27	300m:	4:15.26	44.19	400m:	5:44.22	44.36
5.				26						<b>5:52.79</b>	399	
	50m:	36.58	36.58	150m:	2:03.43	44.87	250m:	3:36.08	45.72	350m:	5:09.00	45.85
	100m:	1:18.56	41.98	200m:	2:50.36	46.93	300m:	4:23.15	47.07	400m:	5:52.79	43.79