



Onder 12 circuit deel 5
Nijmegen, 18-4-2026



Programmanr. 14
18-4-2026 - 15:49

200m vrije slag
Volledig reglement

Onder 12
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
	Anastasija Koleva	ENC Arnhem	3:54.45	201501176	3:41.35	112%
	50m: 48.55	100m: 1:44.11	150m:	200m: 3:41.35		
	Boris Hekker	Aqua-Novio'94	2:42.09	201400647	2:35.09	109%
	50m: 35.31	100m: 1:14.61	150m:	200m: 2:35.09		
	Denise Orelia	CWW	3:24.92	201500092	3:21.48	103%
	50m: 44.56	100m: 1:37.42	150m:	200m: 3:21.48		
	Dinte Offerman	CWW	NT	201501484	4:12.11	-
	50m: 54.49	100m: 2:01.89	150m:	200m: 4:12.11		
	Emma Bulten	NDD	3:05.97	201401552	2:41.20	133%
	50m: 36.54	100m: 1:18.22	150m:	200m: 2:41.20		
	Farah Begic	Aqua-Novio'94	3:38.37	201501072	3:23.13	116%
	50m: 44.60	100m: 1:37.09	150m:	200m: 3:23.13		
	Felix van der Heijden	CWW	NT	201500641	3:39.76	-
	50m: 50.25	100m: 1:47.07	150m:	200m: 3:39.76		
	Fleur Kalma	Aqua-Novio'94	2:38.32	201500192	2:41.14	97%
	50m: 36.30	100m: 1:16.39	150m:	200m: 2:41.14		
	Haidar Agha	Aqua-Novio'94	2:55.67	201402011	2:55.75	100%
	50m: 41.08	100m: 1:27.13	150m:	200m: 2:55.75		
	Hanna den Haan	ENC Arnhem	3:39.13	201501178	3:40.97	98%
	50m: 49.93	100m: 1:47.87	150m:	200m: 3:40.97		
	Jackie Scherps	Aqua-Novio'94	2:43.99	201500846	2:51.07	92%
	50m: 38.20	100m: 1:22.32	150m:	200m: 2:51.07		
	Jaley de Graaf	Aqua-Novio'94	3:32.79	201401184	3:07.29	129%
	50m: 43.02	100m: 1:31.60	150m:	200m: 3:07.29		
	Janiek Hellenthal	Aqua-Novio'94	3:21.40	201402274	3:16.05	106%
	50m: 43.01	100m: 1:34.71	150m:	200m: 3:16.05		
	Jesse van Deventer	ENC Arnhem	4:05.19	201401669	3:48.87	115%
	50m: 50.07	100m: 1:47.45	150m:	200m: 3:48.87		
	Julia Leendertse	Aqua-Novio'94	3:20.67	201500348	3:03.57	119%
	50m: 41.32	100m: 1:28.41	150m:	200m: 3:03.57		
	Julian Dijkhof	ENC Arnhem	NT	201400759	3:14.71	-
	50m: 46.52	100m: 1:35.34	150m:	200m: 3:14.71		
	Juliet Donker	NDD	3:17.42	201400374	3:02.39	117%
	50m: 40.45	100m: 1:27.99	150m:	200m: 3:02.39		
AFGEM	Lars Portegijs	ENC Arnhem	3:54.18	201401395	-	-
	Lena Verplak	Aqua-Novio'94	2:33.15	201400512	2:31.08	103%
	50m: 34.33	100m: 1:12.78	150m:	200m: 2:31.08		
	Lucas Orelia	CWW	3:05.41	201400075	2:57.89	109%
	50m: 40.74	100m: 1:27.12	150m:	200m: 2:57.89		
	Luuk Verhaaf	SG Wijchen-Gelenberg	3:42.00	201402231	3:20.56	123%
	50m: 46.04	100m: 1:39.75	150m:	200m: 3:20.56		
	Maybritt Opgenoort	CWW	3:09.04	201500202	2:59.42	111%
	50m: 42.43	100m: 1:30.00	150m:	200m: 2:59.42		
	Noor van Overdijk	Aqua-Novio'94	3:53.26	201402862	3:22.72	132%
	50m: 46.22	100m: 1:37.77	150m:	200m: 3:22.72		
	Nynke Brandt	NDD	NT	201500670	3:34.32	-
	50m: 49.89	100m: 1:46.32	150m:	200m: 3:34.32		
	Quinn Scherps	Aqua-Novio'94	3:28.24	201401445	3:26.49	102%
	50m: 47.01	100m: 1:39.94	150m:	200m: 3:26.49		
	Rens de Leeuw	Aqua-Novio'94	3:18.67	201500255	3:14.51	104%
	50m: 44.84	100m: 1:36.12	150m:	200m: 3:14.51		
	Sasha Sanchez-Ruiz	SG Wijchen-Gelenberg	3:23.49	201400835	3:10.26	114%
	50m: 42.57	100m: 1:30.30	150m:	200m: 3:10.26		
	Seda Hovsepiyan Singerdy	ENC Arnhem	NT	201500276	3:57.05	-
	50m: 50.68	100m: 1:54.53	150m:	200m: 3:57.05		
	Thijn Crajé	Aqua-Novio'94	2:47.86	201500065	2:54.41	93%
	50m: 37.98	100m: 1:22.10	150m:	200m: 2:54.41		
	Thomas Boot	Aqua-Novio'94	3:32.38	201500999	3:11.55	123%
	50m: 43.13	100m: 1:32.48	150m:	200m: 3:11.55		



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Programmanr. 14, Alle, 200m vrije slag, Onder 12

rang	naam	vereniging	intijd	tijd	RT	
	Tim Kuypers	SG Wijchen-Gelenberg	NT	201402083	3:34.60	-
	50m: 49.07	100m: 1:44.60	150m:	200m: 3:34.60		
	Tim Regtering	ENC Arnhem	2:52.32	201400289	2:48.45	105%
	50m: 39.97	100m: 1:23.95	150m:	200m: 2:48.45		
	Vince Lamers	SG Wijchen-Gelenberg	3:14.81	201500283	3:08.93	106%
	50m: 43.60	100m: 1:32.63	150m:	200m: 3:08.93		