

VIII Latvian Masters Championships
Riga, 2. - 3.5.2026

Event 32
03.05.2026 - 15:00

Men, 400m Medley

2008 and older
Results

Points: AQUA Master 2025

Rank			YB			Time	Pts	Team
YOB 1982 - 1986								
1.	EISAKS Reinis		82	Rigas Kipsalas PK		5:58.03	491	9.00
	50m: 38.67	38.67	150m: 2:10.04	46.40	250m: 3:44.12	47.66	350m: 5:15.47	43.87
	100m: 1:23.64	44.97	200m: 2:56.46	46.42	300m: 4:31.60	47.48	400m: 5:58.03	42.56
YOB 1972 - 1976								
1.	OZOLINS Janis		76	Valmieras PK Aqua		5:31.00	642	10.00
	50m: 34.49	34.49	150m: 1:58.57	44.67	250m: 3:27.67	45.80	350m: 4:53.64	39.20
	100m: 1:13.90	39.41	200m: 2:41.87	43.30	300m: 4:14.44	46.77	400m: 5:31.00	37.36
2008 and older								
1.	OZOLINS Janis		76	Valmieras PK Aqua		5:31.00	642	10.00
	50m: 34.49	34.49	150m: 1:58.57	44.67	250m: 3:27.67	45.80	350m: 4:53.64	39.20
	100m: 1:13.90	39.41	200m: 2:41.87	43.30	300m: 4:14.44	46.77	400m: 5:31.00	37.36
2.	EISAKS Reinis		82	Rigas Kipsalas PK		5:58.03	491	9.00
	50m: 38.67	38.67	150m: 2:10.04	46.40	250m: 3:44.12	47.66	350m: 5:15.47	43.87
	100m: 1:23.64	44.97	200m: 2:56.46	46.42	300m: 4:31.60	47.48	400m: 5:58.03	42.56