

VIII Latvian Masters Championships
Riga, 2. - 3.5.2026

Event 2
02.05.2026 - 19:18

Women, 400m Freestyle

2008 and older
Results

Points: AQUA Master 2025

Rank			YB			Time	Pts	Team
YOB 1977 - 1981								
1.	NEIMISEVA Elizabete		80	PK Kobras		7:01.27	265	5.00
	50m:	44.32 44.32	150m:	2:30.90 54.94	250m:	4:20.92 55.09	350m:	6:09.97 54.45
	100m:	1:35.96 51.64	200m:	3:25.83 54.93	300m:	5:15.52 54.60	400m:	7:01.27 51.30
YOB 1972 - 1976								
1.	PAAP Eili		75	Meisterujumise U-Klubi		6:01.39	468	9.00
	50m:	37.99 37.99	150m:	2:07.96 45.70	250m:	3:40.20 46.36	350m:	5:15.01 47.87
	100m:	1:22.26 44.27	200m:	2:53.84 45.88	300m:	4:27.14 46.94	400m:	6:01.39 46.38
2.	SKABE Aiga		74	PK Kobras		6:19.37	404	8.00
	50m:	39.57 39.57	150m:	2:15.48 48.89	250m:	3:55.36 49.15	350m:	5:33.00 48.51
	100m:	1:26.59 47.02	200m:	3:06.21 50.73	300m:	4:44.49 49.13	400m:	6:19.37 46.37
3.	ROGA Antra		73	PK Kobras		6:23.19	392	7.00
	50m:	41.74 41.74	150m:	2:16.58 48.25	250m:	3:55.12 49.65	350m:	5:35.11 50.28
	100m:	1:28.33 46.59	200m:	3:05.47 48.89	300m:	4:44.83 49.71	400m:	6:23.19 48.08
4.	KEISA Inese		76	SS Salaspils Swim Team		6:56.52	305	6.00
	50m:	42.27 42.27	150m:	2:27.46 53.85	250m:	4:17.24 54.53	350m:	6:05.74 54.11
	100m:	1:33.61 51.34	200m:	3:22.71 55.25	300m:	5:11.63 54.39	400m:	6:56.52 50.78
YOB 1962 - 1966								
1.	MIKELSONE Aiva		66	Valmieras PK Aqua		5:56.73	529	10.00
	50m:	40.38 40.38	150m:	2:09.51 45.01	250m:	3:41.42 45.83	350m:	5:12.30 45.05
	100m:	1:24.50 44.12	200m:	2:55.59 46.08	300m:	4:27.25 45.83	400m:	5:56.73 44.43
2008 and older								
1.	MIKELSONE Aiva		66	Valmieras PK Aqua		5:56.73	529	10.00
	50m:	40.38 40.38	150m:	2:09.51 45.01	250m:	3:41.42 45.83	350m:	5:12.30 45.05
	100m:	1:24.50 44.12	200m:	2:55.59 46.08	300m:	4:27.25 45.83	400m:	5:56.73 44.43
2.	PAAP Eili		75	Meisterujumise U-Klubi		6:01.39	468	9.00
	50m:	37.99 37.99	150m:	2:07.96 45.70	250m:	3:40.20 46.36	350m:	5:15.01 47.87
	100m:	1:22.26 44.27	200m:	2:53.84 45.88	300m:	4:27.14 46.94	400m:	6:01.39 46.38
3.	SKABE Aiga		74	PK Kobras		6:19.37	404	8.00
	50m:	39.57 39.57	150m:	2:15.48 48.89	250m:	3:55.36 49.15	350m:	5:33.00 48.51
	100m:	1:26.59 47.02	200m:	3:06.21 50.73	300m:	4:44.49 49.13	400m:	6:19.37 46.37
4.	ROGA Antra		73	PK Kobras		6:23.19	392	7.00
	50m:	41.74 41.74	150m:	2:16.58 48.25	250m:	3:55.12 49.65	350m:	5:35.11 50.28
	100m:	1:28.33 46.59	200m:	3:05.47 48.89	300m:	4:44.83 49.71	400m:	6:23.19 48.08
5.	KEISA Inese		76	SS Salaspils Swim Team		6:56.52	305	6.00
	50m:	42.27 42.27	150m:	2:27.46 53.85	250m:	4:17.24 54.53	350m:	6:05.74 54.11
	100m:	1:33.61 51.34	200m:	3:22.71 55.25	300m:	5:11.63 54.39	400m:	6:56.52 50.78
6.	NEIMISEVA Elizabete		80	PK Kobras		7:01.27	265	5.00
	50m:	44.32 44.32	150m:	2:30.90 54.94	250m:	4:20.92 55.09	350m:	6:09.97 54.45
	100m:	1:35.96 51.64	200m:	3:25.83 54.93	300m:	5:15.52 54.60	400m:	7:01.27 51.30