

VIII Latvian Youth and Junior Championships
Riga, 1. - 3.5.2026

Event 23 Girls, 400m Medley 2008 and younger
02.05.2026 - 17:12 Results

Championships records 14 - 18	5:08.30	SHCHELCHKOVA Ekaterina	RUS	Riga	26.05.2018
Championships records - 13	5:30.09	ROMANENKO Olivia Aleksandra	EST	Riga	02.05.2025
Latvian Records	4:49.76	MALUKA Ieva	LAT	Ostin (USA)	05.12.2025

SKSM Open: 4:41.68 / SM Open: 5:05.93 / SMK Open: 5:23.76 / I Open: 5:46.63 / II Open: 6:21.52 / III Open: 7:10.31 /
IV Open: 8:40.45

Points: AQUA 2026

Rank	Name	YOB	Team	RT	Time	Points	Level	
LATVIJAS JAUNIEŠU EMPION TS								
1.	TROCJUKA Erika	13	Rigas Kipsalas PK	+0.70	5:37.00	478I		
	<i>LATVIJAS JAUNIEŠU EMPIONE</i>							
	50m: 36.33	36.33	150m: 2:03.79	44.25	250m: 3:35.06	48.72	350m: 5:01.53	37.48
	100m: 1:19.54	43.21	200m: 2:46.34	42.55	300m: 4:24.05	48.99	400m: 5:37.00	35.47
2.	ZUJEVA Sara	13	Kipsalas peldbaseins II	+0.54	5:45.53	444I		
	50m: 36.65	36.65	150m: 2:07.72	45.50	250m: 3:38.86	47.20	350m: 5:06.86	40.57
	100m: 1:22.22	45.57	200m: 2:51.66	43.94	300m: 4:26.29	47.43	400m: 5:45.53	38.67
3.	BEIKERTE Odrija Beta	14	Kekavas NSS	+0.90	6:09.43	363II		
	50m: 37.23	37.23	150m: 2:10.08	47.67	250m: 3:50.34	54.38	350m: 5:28.19	41.24
	100m: 1:22.41	45.18	200m: 2:55.96	45.88	300m: 4:46.95	56.61	400m: 6:09.43	41.24
4.	JEPIFANOVA Sofija	13	Daugavpils SS	+0.85	6:11.88	356II		
	50m: 39.22	39.22	150m: 2:12.43	45.45	250m: 3:48.10	50.09	350m: 5:27.49	45.64
	100m: 1:26.98	47.76	200m: 2:58.01	45.58	300m: 4:41.85	53.75	400m: 6:11.88	44.39
5.	ZAMBERGA Gabriela	14	Kekavas NSS	+0.81	6:12.01	355II		
	50m: 43.45	43.45	150m: 2:21.01	48.30	250m: 4:02.20	53.25	350m: 5:35.39	39.99
	100m: 1:32.71	49.26	200m: 3:08.95	47.94	300m: 4:55.40	53.20	400m: 6:12.01	36.62

LATVIJAS JUNIORU EMPION TS

1.	SIRMA Dzenifera	08	Ridzene	+0.80	5:39.75	467I		
	<i>LATVIJAS JUNIORU EMPIONE</i>							
	50m: 34.02	34.02	150m: 2:01.23	45.31	250m: 3:33.35	47.52	350m: 5:01.59	39.76
	100m: 1:15.92	41.90	200m: 2:45.83	44.60	300m: 4:21.83	48.48	400m: 5:39.75	38.16
2.	SKRABE Liene Evelina	11	Valmieras SS	+0.59	5:57.35	401II		
	50m: 37.57	37.57	150m: 2:12.31	48.48	250m: 3:48.15	49.26	350m: 5:18.84	40.08
	100m: 1:23.83	46.26	200m: 2:58.89	46.58	300m: 4:38.76	50.61	400m: 5:57.35	38.51
3.	TREIGUTE Lea	12	PS Riga	+0.77	5:58.32	398II		
	50m: 39.36	39.36	150m: 2:12.07	45.74	250m: 3:45.31	48.91	350m: 5:18.61	43.98
	100m: 1:26.33	46.97	200m: 2:56.40	44.33	300m: 4:34.63	49.32	400m: 5:58.32	39.71
4.	VELTENSONE Enija	12	Dobeles SS	+0.82	6:17.07	341II		
	50m: 38.84	38.84	150m: 2:21.70	50.80	250m: 3:59.77	49.10	350m: 5:35.46	44.40
	100m: 1:30.90	52.06	200m: 3:10.67	48.97	300m: 4:51.06	51.29	400m: 6:17.07	41.61

OVERALL AWARDS/ RVALSTU KOMANDU APBALVOŠANA

1.	NIINEP Karolina	11	Kohtla-Jarve VSK	+0.75	5:24.60	535I		
	50m: 32.70	32.70	150m: 1:53.70	41.92	250m: 3:20.62	45.96	350m: 4:48.00	38.11
	100m: 1:11.78	39.08	200m: 2:34.66	40.96	300m: 4:09.89	49.27	400m: 5:24.60	36.60
2.	LUIISK Lili Tereese	11	Kalevi Ujumiskool	+0.77	5:27.78	520I		
	50m: 34.52	34.52	150m: 1:59.81	44.10	250m: 3:28.23	44.74	350m: 4:52.65	37.95
	100m: 1:15.71	41.19	200m: 2:43.49	43.68	300m: 4:14.70	46.47	400m: 5:27.78	35.13

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Rank	Name		YOB	Team		RT	Time	Points	Level			
3.	TROCJUKA Erika		13	Rigas Kipsalas PK		+0.70	5:37.00	478I				
	50m:	36.33	36.33	150m:	2:03.79	44.25	250m:	3:35.06	48.72	350m:	5:01.53	37.48
	100m:	1:19.54	43.21	200m:	2:46.34	42.55	300m:	4:24.05	48.99	400m:	5:37.00	35.47
4.	SIRMA Dzenifera		08	Ridzene		+0.80	5:39.75	467I				
	50m:	34.02	34.02	150m:	2:01.23	45.31	250m:	3:33.35	47.52	350m:	5:01.59	39.76
	100m:	1:15.92	41.90	200m:	2:45.83	44.60	300m:	4:21.83	48.48	400m:	5:39.75	38.16
5.	ZUJEVA Sara		13	Kipsalas peldbaseins II		+0.54	5:45.53	444I				
	50m:	36.65	36.65	150m:	2:07.72	45.50	250m:	3:38.86	47.20	350m:	5:06.86	40.57
	100m:	1:22.22	45.57	200m:	2:51.66	43.94	300m:	4:26.29	47.43	400m:	5:45.53	38.67
6.	VIISMA Alyssia		10	Kalevi Ujumiskool		+0.74	5:46.77	439II				
	50m:	39.97	39.97	150m:	2:13.06	46.76	250m:	3:43.71	45.34	350m:	5:09.09	39.53
	100m:	1:26.30	46.33	200m:	2:58.37	45.31	300m:	4:29.56	45.85	400m:	5:46.77	37.68
7.	SKRABE Liene Evelina		11	Valmieras SS		+0.59	5:57.35	401II				
	50m:	37.57	37.57	150m:	2:12.31	48.48	250m:	3:48.15	49.26	350m:	5:18.84	40.08
	100m:	1:23.83	46.26	200m:	2:58.89	46.58	300m:	4:38.76	50.61	400m:	5:57.35	38.51
8.	TREIGUTE Lea		12	PS Riga		+0.77	5:58.32	398II				
	50m:	39.36	39.36	150m:	2:12.07	45.74	250m:	3:45.31	48.91	350m:	5:18.61	43.98
	100m:	1:26.33	46.97	200m:	2:56.40	44.33	300m:	4:34.63	49.32	400m:	5:58.32	39.71
9.	BEIKERTE Odrija Beta		14	Kekavas NSS		+0.90	6:09.43	363II				
	50m:	37.23	37.23	150m:	2:10.08	47.67	250m:	3:50.34	54.38	350m:	5:28.19	41.24
	100m:	1:22.41	45.18	200m:	2:55.96	45.88	300m:	4:46.95	56.61	400m:	6:09.43	41.24
10.	JEIFANOVA Sofija		13	Daugavpils SS		+0.85	6:11.88	356II				
	50m:	39.22	39.22	150m:	2:12.43	45.45	250m:	3:48.10	50.09	350m:	5:27.49	45.64
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12.	VELTENSONE Enija		12	Dobeles SS		+0.82	6:17.07	341II				
	50m:	38.84	38.84	150m:	2:21.70	50.80	250m:	3:59.77	49.10	350m:	5:35.46	44.40
	100m:	1:30.90	52.06	200m:	3:10.67	48.97	300m:	4:51.06	51.29	400m:	6:17.07	41.61