

VIII Latvian Youth and Junior Championships  
Riga, 1. - 3.5.2026

Event 23 Girls, 400m Medley 2008 and younger  
02.05.2026 - 17:12 Results

Championships records 14 - 18	5:08.30	SHCHELCHKOVA Ekaterina	RUS	Riga	26.05.2018
Championships records - 13	5:30.09	ROMANENKO Olivia Aleksandra	EST	Riga	02.05.2025
Latvian Records	4:49.76	MALUKA Ieva	LAT	Ostin (USA)	05.12.2025

SKSM Open: 4:41.68 / SM Open: 5:05.93 / SMK Open: 5:23.76 / I Open: 5:46.63 / II Open: 6:21.52 / III Open: 7:10.31 /  
IV Open: 8:40.45

Points: AQUA 2025

Rank	Name	YOB	Team	RT	Time	Points	Level
LATVIJAS JAUNIEŠU EMPION TS <span style="float:right">provisional results</span>							
	<b>JEIFANOVA Sofija</b>	<b>13</b>	<b>Daugavpils SS</b>	<b>+0.85</b>	<b>6:11.88</b>	<b>359</b>	<b>II</b>
	50m: 39.22 39.22	150m: 2:12.43	45.45	250m: 3:48.10	50.09	350m: 5:27.49	45.64
	100m: 1:26.98 47.76	200m: 2:58.01	45.58	300m: 4:41.85	53.75	400m: 6:11.88	44.39
	<b>ZAMBERGA Gabriela</b>	<b>14</b>	<b>Kekavas NSS</b>	<b>+0.81</b>	<b>6:12.01</b>	<b>358</b>	<b>II</b>
	50m: 43.45 43.45	150m: 2:21.01	48.30	250m: 4:02.20	53.25	350m: 5:35.39	39.99
	100m: 1:32.71 49.26	200m: 3:08.95	47.94	300m: 4:55.40	53.20	400m: 6:12.01	36.62

LATVIJAS JUNIORU EMPION TS <span style="float:right">provisional results</span>							
	<b>VELTENSONE Enija</b>	<b>12</b>	<b>Dobeles SS</b>	<b>+0.82</b>	<b>6:17.07</b>	<b>344</b>	<b>II</b>
	50m: 38.84 38.84	150m: 2:21.70	50.80	250m: 3:59.77	49.10	350m: 5:35.46	44.40
	100m: 1:30.90 52.06	200m: 3:10.67	48.97	300m: 4:51.06	51.29	400m: 6:17.07	41.61

OVERALL AWARDS/ RVALSTU KOMANDU APBALVOŠANA <span style="float:right">provisional results</span>							
	<b>VIISMA Alyssia</b>	<b>10</b>	<b>Kalevi Ujumiskool</b>	<b>+0.74</b>	<b>5:46.77</b>	<b>443</b>	<b>II</b>
	50m: 39.97 39.97	150m: 2:13.06	46.76	250m: 3:43.71	45.34	350m: 5:09.09	39.53
	100m: 1:26.30 46.33	200m: 2:58.37	45.31	300m: 4:29.56	45.85	400m: 5:46.77	37.68
	<b>JEIFANOVA Sofija</b>	<b>13</b>	<b>Daugavpils SS</b>	<b>+0.85</b>	<b>6:11.88</b>	<b>359</b>	<b>II</b>
	50m: 39.22 39.22	150m: 2:12.43	45.45	250m: 3:48.10	50.09	350m: 5:27.49	45.64
	100m: 1:26.98 47.76	200m: 2:58.01	45.58	300m: 4:41.85	53.75	400m: 6:11.88	44.39
	<b>ZAMBERGA Gabriela</b>	<b>14</b>	<b>Kekavas NSS</b>	<b>+0.81</b>	<b>6:12.01</b>	<b>358</b>	<b>II</b>
	50m: 43.45 43.45	150m: 2:21.01	48.30	250m: 4:02.20	53.25	350m: 5:35.39	39.99
	100m: 1:32.71 49.26	200m: 3:08.95	47.94	300m: 4:55.40	53.20	400m: 6:12.01	36.62
	<b>VELTENSONE Enija</b>	<b>12</b>	<b>Dobeles SS</b>	<b>+0.82</b>	<b>6:17.07</b>	<b>344</b>	<b>II</b>
	50m: 38.84 38.84	150m: 2:21.70	50.80	250m: 3:59.77	49.10	350m: 5:35.46	44.40
	100m: 1:30.90 52.06	200m: 3:10.67	48.97	300m: 4:51.06	51.29	400m: 6:17.07	41.61