

Utrechtse Zomerkampioenschappen 2026 Weekend 2  
Amersfoort, 30- - 31-5-2026

Programmanr. 39  
31-5-2026 - 14:30

Heren, 400m wisselslag

12 jaar en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
<b>Onder 14</b>						
1.	Felipe Kerkhoff	ZPC AMERSFOORT	5:27.98	201202625	<b>5:26.36</b> +0,71	
	50m: 32.83	32.83 150m: 1:55.08	42.84	250m: 3:25.18	46.57 350m: 4:51.34	38.05
	100m: 1:12.24	39.41 200m: 2:38.61	43.53	300m: 4:13.29	48.11 400m: 5:26.36	35.02
2.	Nouh Karman	Zwemlust- den Hommel	5:59.20	201201383	<b>5:46.05</b> +0,78	
	50m: 37.35	37.35 150m: 2:05.02	42.74	250m: 3:39.51	52.90 350m: 5:08.02	37.66
	100m: 1:22.28	44.93 200m: 2:46.61	41.59	300m: 4:30.36	50.85 400m: 5:46.05	38.03
3.	Charles Araysa	Zwemlust- den Hommel	5:59.01	201201155	<b>5:50.90</b> +0,62	
	50m: 35.26	35.26 150m: 2:06.58	47.41	250m: 3:40.26	47.88 350m: 5:11.08	41.69
	100m: 1:19.17	43.91 200m: 2:52.38	45.80	300m: 4:29.39	49.13 400m: 5:50.90	39.82
4.	Jonathan Nusteen	Zwemclub Zeist	5:48.96	201202129	<b>5:51.17</b> +0,75	
	50m: 38.70	38.70 150m: 2:12.84	47.09	250m: 3:46.03	48.57 350m: 5:14.52	39.40
	100m: 1:25.75	47.05 200m: 2:57.46	44.62	300m: 4:35.12	49.09 400m: 5:51.17	36.65
5.	Deem Vink	VZC	5:51.56	201202353	<b>5:51.27</b> +0,75	
	50m: 35.71	35.71 150m: 2:00.11	45.26	250m: 3:35.91	51.81 350m: 5:10.26	40.86
	100m: 1:14.85	39.14 200m: 2:44.10	43.99	300m: 4:29.40	53.49 400m: 5:51.27	41.01
6.	Mark Strang van Hees	De Duinkickers	6:24.86	201200383	<b>5:55.30</b> +0,74	
	50m: 33.63	33.63 150m: 2:05.16	46.94	250m: 3:42.64	51.64 350m: 5:15.19	40.27
	100m: 1:18.22	44.59 200m: 2:51.00	45.84	300m: 4:34.92	52.28 400m: 5:55.30	40.11
7.	Jayden Korndewal	ZPC AMERSFOORT	6:02.65	201200015	<b>6:00.23</b> +0,78	
	50m: 36.72	36.72 150m: 2:09.14	47.06	250m: 3:49.09	54.14 350m: 5:23.33	38.95
	100m: 1:22.08	45.36 200m: 2:54.95	45.81	300m: 4:44.38	55.29 400m: 6:00.23	36.90
8.	Dex Barends	ZPC AMERSFOORT	6:22.39	201300265	<b>6:05.65</b> +0,71	
	50m: 38.00	38.00 150m: 2:11.21	44.29	250m: 3:49.34	53.70 350m: 5:25.94	41.01
	100m: 1:26.92	48.92 200m: 2:55.64	44.43	300m: 4:44.93	55.59 400m: 6:05.65	39.71
9.	Erik Hovhannisyan	VZC	6:33.50	201201355	<b>6:35.65</b> +0,59	
	50m: 37.56	37.56 150m: 2:18.82	52.77	250m: 4:07.26	56.99 350m: 5:51.49	45.83
	100m: 1:26.05	48.49 200m: 3:10.27	51.45	300m: 5:05.66	58.40 400m: 6:35.65	44.16
10.	Kiril Kotev	De Fuut	6:53.95	201300807	<b>6:55.73</b> +0,78	
	50m: 48.81	48.81 150m: 2:37.96	53.22	250m: 4:24.17	53.55 350m: 6:08.99	48.50
	100m: 1:44.74	55.93 200m: 3:30.62	52.66	300m: 5:20.49	56.32 400m: 6:55.73	46.74
AFGEM	Daan van Meerveld	ZPC AMERSFOORT	6:12.78	201200785		
<b>Onder 16</b>						
1.	Mees de Vries	Zwemlust- den Hommel	5:23.22	201001151	<b>4:57.90</b> +0,74	
	50m: 30.16	30.16 150m: 1:49.34	41.98	250m: 3:07.79	38.32 350m: 4:23.64	36.40
	100m: 1:07.36	37.20 200m: 2:29.47	40.13	300m: 3:47.24	39.45 400m: 4:57.90	34.26
2.	Douwe Enzerink	ZPC AMERSFOORT	4:58.26	201102657	<b>5:10.12</b> +0,63	
	50m: 30.23	30.23 150m: 1:48.10	40.68	250m: 3:13.22	44.44 350m: 4:35.05	35.56
	100m: 1:07.42	37.19 200m: 2:28.78	40.68	300m: 3:59.49	46.27 400m: 5:10.12	35.07
3.	Jasper Cox	ZPC AMERSFOORT	5:36.74	201003589	<b>5:43.22</b> +0,67	
	50m: 35.25	35.25 150m: 2:03.15	43.35	250m: 3:35.95	51.95 350m: 5:06.80	37.91
	100m: 1:19.80	44.55 200m: 2:44.00	40.85	300m: 4:28.89	52.94 400m: 5:43.22	36.42
4.	Timo Rodrigus	De Fuut	6:07.97	201102111	<b>6:16.71</b> +0,82	
	50m: 34.95	34.95 150m: 2:10.09	51.16	250m: 3:53.85	54.17 350m: 5:34.09	45.33
	100m: 1:18.93	43.98 200m: 2:59.68	49.59	300m: 4:48.76	54.91 400m: 6:16.71	42.62
5.	Max Kaspers	ZPC AMERSFOORT	6:19.27	201101085	<b>6:20.06</b> +0,80	
	50m: 41.61	41.61 150m: 2:20.12	46.84	250m: 4:03.69	56.41 350m: 5:40.32	39.53
	100m: 1:33.28	51.67 200m: 3:07.28	47.16	300m: 5:00.79	57.10 400m: 6:20.06	39.74
6.	Olivier Kool	De Fuut	6:08.47	201001909	<b>6:31.32</b> +0,80	
	50m: 40.62	40.62 150m: 2:22.51	48.96	250m: 4:06.94	57.17 350m: 5:49.89	44.22
	100m: 1:33.55	52.93 200m: 3:09.77	47.26	300m: 5:05.67	58.73 400m: 6:31.32	41.43
AFGEM	Lars Sturkenboom	Zwemlust- den Hommel	6:26.06	201103253		
<b>Onder 18</b>						
1.	Pelle Schrieken	VZC	5:00.11	200801595	<b>5:16.32</b> +0,65	
	50m: 31.19	31.19 150m: 1:49.07	41.21	250m: 3:16.58	46.22 350m: 4:39.63	37.07
	100m: 1:07.86	36.67 200m: 2:30.36	41.29	300m: 4:02.56	45.98 400m: 5:16.32	36.69
2.	Hessel Wachter	Zwemclub Zeist	5:25.91	200903337	<b>5:23.24</b> +0,75	
	50m: 31.23	31.23 150m: 1:53.76	45.17	250m: 3:22.21	44.39 350m: 4:46.44	38.64
	100m: 1:08.59	37.36 200m: 2:37.82	44.06	300m: 4:07.80	45.59 400m: 5:23.24	36.80
3.	Lars Schade van Westrum	GoSwim	5:30.31	200800933	<b>5:40.25</b> +0,62	
	50m: 33.39	33.39 150m: 1:58.54	44.26	250m: 3:30.98	49.16 350m: 5:00.83	40.39
	100m: 1:14.28	40.89 200m: 2:41.82	43.28	300m: 4:20.44	49.46 400m: 5:40.25	39.42

Utrechtse Zomerkampioenschappen 2026 Weekend 2  
Amersfoort, 30- - 31-5-2026

Programmanr. 39, Jongens, 400m wisselslag, Onder 18

rang	naam	vereniging	intijd		tijd	RT		
4.	Wesley Korndewal	ZPC AMERSFOORT	5:44.32	200900405	<b>5:43.78</b>	+0,73		
	50m: 34.11	34.11	150m: 2:03.00	44.33	250m: 3:36.65	50.74	350m: 5:05.90	37.81
	100m: 1:18.67	44.56	200m: 2:45.91	42.91	300m: 4:28.09	51.44	400m: 5:43.78	37.88
5.	Julian Kragten	ZPC Watervlo	5:39.30	200900695	<b>5:50.87</b>	+0,89		
	50m: 35.74	35.74	150m: 2:05.72	46.38	250m: 3:38.87	49.42	350m: 5:10.51	40.36
	100m: 1:19.34	43.60	200m: 2:49.45	43.73	300m: 4:30.15	51.28	400m: 5:50.87	40.36
AFGEM	Sebastian Matijssen	De Haaien	5:37.01	200900617				

18 en ouder

1.	Youri Voet	ZPC AMERSFOORT	4:33.78	200502269	<b>4:33.64</b>	+0,65		
	50m: 28.94	28.94	150m: 1:38.48	35.88	250m: 2:52.68	39.38	350m: 4:03.99	31.72
	100m: 1:02.60	33.66	200m: 2:13.30	34.82	300m: 3:32.27	39.59	400m: 4:33.64	29.65