

Jarné M-SSO "B", "A", "J", "S" - 2.kolo
Žilina, 9.5.2026

disciplína 7
09.05.2026 - 11:59

ženy, 400m polohové preteky

11 ro . a st.
Výsledky

bodovanie: AQUA 2025

por.	Ro .	as	body
mladšie žia ky "B", 11.ro né			
1.	Gilianová Simona	15 Plavecký klub Martin	6:12.71 356
	100m: 1:31.30 1:31.30 200m: 3:06.34 1:35.04 300m: 4:49.66 1:43.32 400m: 6:12.71 1:23.05		
2.	Gregorová Sofia	15 Plavecký klub Martin	6:18.10 341
	100m: 1:34.32 1:34.32 200m: 3:11.11 1:36.79 300m: 4:56.93 1:45.82 400m: 6:18.10 1:21.17		
3.	Buvalová Elizabeth	15 Plavecký klub Martin	6:37.62 293
	100m: 1:42.54 1:42.54 200m: 3:23.80 1:41.26 300m: 5:11.14 1:47.34 400m: 6:37.62 1:26.48		
4.	Szabo Sandra	15 Swim Warriors	6:37.81 293
	100m: 1:45.29 1:45.29 200m: 3:28.69 1:43.40 300m: 5:13.05 1:44.36 400m: 6:37.81 1:24.76		
5.	Bayerova Tereza	15 Plavecký klub Martin	6:47.01 274
	100m: 1:42.74 1:42.74 200m: 3:18.93 1:36.19 300m: 5:14.44 1:55.51 400m: 6:47.01 1:32.57		
6.	Vrobelová Zara	15 MPK Tvrdošín	6:53.93 260
	100m: 1:47.29 1:47.29 200m: 3:30.13 1:42.84 300m: 5:24.46 1:54.33 400m: 6:53.93 1:29.47		
7.	Révajová Olívia	15 Delfín Žiar nad Hronom	8:03.43 163
	100m: 2:09.70 2:09.70 200m: 4:10.08 2:00.38 300m: 6:21.65 2:11.57 400m: 8:03.43 1:41.78		
DSQ	Jozef eková Tereza	15 Pk Nanti	
	<i>8.4 c - Prsiarsky kop \ Breaststroke kicking movement (as: 12:11)</i>		

mladšie žia ky "B", 12.ro né

1.	Gajanová Dorota	14 PK TENAX Žilina	5:49.37 433
	100m: 1:22.72 1:22.72 200m: 2:52.96 1:30.24 300m: 4:34.24 1:41.28 400m: 5:49.37 1:15.13		
2.	Hnilicová Isabella	14 Plavecký klub Martin	6:13.59 354
	100m: 1:30.47 1:30.47 200m: 3:04.84 1:34.37 300m: 4:52.55 1:47.71 400m: 6:13.59 1:21.04		
3.	Klincková Viktória	14 PK Rimavská Sobota	6:14.70 351
	100m: 1:29.03 1:29.03 200m: 3:04.59 1:35.56 300m: 4:52.75 1:48.16 400m: 6:14.70 1:21.95		
4.	Machavová Nina	14 UMB Banská Bystrica	6:18.77 340
	100m: 1:36.36 1:36.36 200m: 3:10.52 1:34.16 300m: 4:56.94 1:46.42 400m: 6:18.77 1:21.83		
5.	Luká ová Ema	14 Plavecký klub Martin	6:19.27 338
	100m: 1:32.96 1:32.96 200m: 3:07.96 1:35.00 300m: 4:51.48 1:43.52 400m: 6:19.27 1:27.79		
6.	Blahušiaková Nelka	14 Plavecký klub Martin	6:22.11 331
	100m: 1:34.98 1:34.98 200m: 3:08.77 1:33.79 300m: 4:51.39 1:42.62 400m: 6:22.11 1:30.72		
7.	Troupová Lea	14 MPK Dolný Kubín	6:28.25 315
	100m: 1:34.93 1:34.93 200m: 3:10.99 1:36.06 300m: 5:00.90 1:49.91 400m: 6:28.25 1:27.35		
8.	Figei Vivien	14 PK Rimavská Sobota	6:30.32 310
	100m: 1:33.63 1:33.63 200m: 3:09.45 1:35.82 300m: 5:03.62 1:54.17 400m: 6:30.32 1:26.70		
9.	Puch ová Zuzana	14 MPK Tvrdošín	6:31.30 308
	100m: 1:29.26 1:29.26 200m: 3:09.69 1:40.43 300m: 5:02.07 1:52.38 400m: 6:31.30 1:29.23		
10.	K azúrová Nela	14 MPK Dolný Kubín	6:45.26 277
	100m: 1:42.18 1:42.18 200m: 3:19.96 1:37.78 300m: 5:18.87 1:58.91 400m: 6:45.26 1:26.39		
11.	Dziurová Ela	14 Plavecký klub Martin	6:46.42 275
	100m: 1:48.55 1:48.55 200m: 3:27.98 1:39.43 300m: 5:14.89 1:46.91 400m: 6:46.42 1:31.53		

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disciplína 7, žia ky, 400m polohové preteky, mladšie žia ky "B", 12.ro né

por.	Ro .	as	body
12. Mikulášová Alžbetka	14 MPK Dolný Kubín	7:14.91	224
100m: 1:48.49 1:48.49	200m: 3:35.69 1:47.20	300m: 5:38.13 2:02.44	400m: 7:14.91 1:36.78
13. Loneková Elena Emília	14 MPK Tvrdošín	7:16.41	222
100m: 1:39.25 1:39.25	200m: 3:27.99 1:48.74	300m: 5:34.42 2:06.43	400m: 7:16.41 1:41.99

staršie žia ky "A", 13.ro né

1. Ondrušková Nela	13 PK Banská Bystrica	5:47.87	438
100m: 1:22.04 1:22.04	200m: 2:52.07 1:30.03	300m: 4:31.51 1:39.44	400m: 5:47.87 1:16.36
2. Laukova Alexis	13 Plavecký klub Martin	5:53.44	418
100m: 1:21.64 1:21.64	200m: 2:50.40 1:28.76	300m: 4:33.51 1:43.11	400m: 5:53.44 1:19.93
3. Ma ošková Barbora	13 MPK Tvrdošín	5:53.74	417
100m: 1:25.10 1:25.10	200m: 2:56.23 1:31.13	300m: 4:34.49 1:38.26	400m: 5:53.74 1:19.25
4. Dubovská Nikola	13 MPK Dolný Kubín	6:02.30	388
100m: 1:33.57 1:33.57	200m: 3:01.50 1:27.93	300m: 4:44.30 1:42.80	400m: 6:02.30 1:18.00
5. Leš ovská Miriama	13 MPK Dolný Kubín	6:03.47	384
100m: 1:28.91 1:28.91	200m: 3:04.34 1:35.43	300m: 4:44.26 1:39.92	400m: 6:03.47 1:19.21
6. Kubín áková Dominika	13 MPK Tvrdošín	6:09.68	365
100m: 1:25.69 1:25.69	200m: 2:59.65 1:33.96	300m: 4:44.22 1:44.57	400m: 6:09.68 1:25.46
7. Žuffová Nela	13 MPK Tvrdošín	6:11.40	360
100m: 1:30.54 1:30.54	200m: 3:10.93 1:40.39	300m: 4:47.89 1:36.96	400m: 6:11.40 1:23.51
8. Hasáková Michaela Mía	13 MPK Prievidza	6:16.04	347
100m: 1:30.63 1:30.63	200m: 3:09.66 1:39.03	300m: 4:45.94 1:36.28	400m: 6:16.04 1:30.10
9. Medlová Simona	13 Plavecký klub Martin	6:33.71	302
100m: 1:32.16 1:32.16	200m: 3:10.55 1:38.39	300m: 5:01.69 1:51.14	400m: 6:33.71 1:32.02
10. Kubá ová Rebeka	13 MPK Dolný Kubín	6:40.33	288
100m: 1:33.12 1:33.12	200m: 3:15.87 1:42.75	300m: 5:12.15 1:56.28	400m: 6:40.33 1:28.18
11. Lejová Dorota	13 Plavecký klub Martin	6:40.83	286
100m: 1:36.58 1:36.58	200m: 3:20.76 1:44.18	300m: 5:12.72 1:51.96	400m: 6:40.83 1:28.11
12. Pa esová Ela	13 MPK Dolný Kubín	7:01.97	245
100m: 1:49.69 1:49.69	200m: 3:32.91 1:43.22	300m: 5:27.56 1:54.65	400m: 7:01.97 1:34.41

staršie žia ky "A", 14.ro né

1. Šrobová Simona	12 MPK Tvrdošín	5:38.33	477
100m: 1:21.12 1:21.12	200m: 2:47.79 1:26.67	300m: 4:21.04 1:33.25	400m: 5:38.33 1:17.29
2. Glezgová Karolína	12 UMB Banská Bystrica	6:15.10	350
100m: 1:37.55 1:37.55	200m: 3:13.75 1:36.20	300m: 4:52.99 1:39.24	400m: 6:15.10 1:22.11
3. Minichová Linda	12 MPK Prievidza	6:19.37	338
100m: 1:29.18 1:29.18	200m: 3:05.23 1:36.05	300m: 4:50.73 1:45.50	400m: 6:19.37 1:28.64
4. Gyénová Natalia	12 Plavecký klub Martin	6:23.15	328
100m: 1:31.52 1:31.52	200m: 3:08.20 1:36.68	300m: 4:55.46 1:47.26	400m: 6:23.15 1:27.69
5. Adam íková Sofia	12 MPK Prievidza	6:31.32	308
100m: 1:38.32 1:38.32	200m: 3:16.89 1:38.57	300m: 5:04.04 1:47.15	400m: 6:31.32 1:27.28
6. Janovská Natália	12 Plavecký klub Martin	6:52.64	263
100m: 1:45.81 1:45.81	200m: 3:26.04 1:40.23	300m: 5:11.42 1:45.38	400m: 6:52.64 1:41.22

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mladšie juniorky

1.	Látková Sofia	11	PK Rimavská Sobota	6:05.96	377			
	100m: 1:22.63	1:22.63	200m: 3:00.04	1:37.41	300m: 4:45.58	1:45.54	400m: 6:05.96	1:20.38
2.	Šáľková Lucia	10	Pk Nanti	6:11.25	361			
	100m: 1:22.22	1:22.22	200m: 3:04.77	1:42.55	300m: 4:44.43	1:39.66	400m: 6:11.25	1:26.82

staršie juniorky

1.	Garajová Katarína	08	TT Dolný Kubín	6:10.51	363			
	100m: 1:25.01	1:25.01	200m: 3:00.70	1:35.69	300m: 4:44.92	1:44.22	400m: 6:10.51	1:25.59
DSQ	Krkošková Alexandra	09	PK Žabka adca					
	<i>8.5 - Nesú asný dohmat na obrátke alebo v cieľi, dohmat jednou rukou, dohmat neoddelenými rukami \</i> <i>Did not touch at the turn or finish with both hands; separated; simultaneously (as: 12:10)</i>							