

Event 5
06/06/2026

Women, 400m Freestyle

11 years and older
Results

GPIVLL 11-14	4:42.68	VEDERNIKOVA Vera	BEL	La Louvière	27/04/2024
GPIVLL 15+	4:27.27	DUREZ Laure	BEL	La Louvière	29/04/2023

Points: AQUA 2026

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
11 - 12 years								
	1.	DJEMAL Lilia	14	HELIOS	BEL	5:53.77	5:42.26	320
		50m: 36.12 36.12		150m: 2:01.22 43.06		250m: 3:29.72 44.18		350m: 4:58.98 44.33
		100m: 1:18.16 42.04		200m: 2:45.54 44.32		300m: 4:14.65 44.93		400m: 5:42.26 43.28
	2.	DEPAEPE Louisa	14	ONS	BEL	5:40.96	5:51.96	294
		50m: 37.58 37.58		150m: 2:07.33 45.60		250m: 3:38.50 45.41		350m: 5:09.95 44.92
		100m: 1:21.73 44.15		200m: 2:53.09 45.76		300m: 4:25.03 46.53		400m: 5:51.96 42.01
	3.	BOULARD Valentine	15	BCSG	BEL	5:51.45	5:57.15	281
		50m: 38.90 38.90		150m: 2:08.23 44.97		250m: 3:39.92 45.86		350m: 5:11.81 45.16
		100m: 1:23.26 44.36		200m: 2:54.06 45.83		300m: 4:26.65 46.73		400m: 5:57.15 45.34
	4.	DUMONT Lauryste	14	BCSG	BEL	6:06.18	5:59.08	277
		50m: 38.70 38.70		150m: 2:10.33 45.64		250m: 3:43.27 45.92		350m: 5:17.02 46.08
		100m: 1:24.69 45.99		200m: 2:57.35 47.02		300m: 4:30.94 47.67		400m: 5:59.08 42.06
	5.	EL KACEM EL ALAOUI Ines	15	MHN	BEL	5:57.69	6:00.99	273
		50m: 40.57 40.57		150m: 2:11.88 46.26		250m: 3:44.53 46.31		350m: 5:17.26 46.22
		100m: 1:25.62 45.05		200m: 2:58.22 46.34		300m: 4:31.04 46.51		400m: 6:00.99 43.73
	6.	JONCKHEERE CLAES Clara	15	MHN	BEL	6:26.18	6:17.93	237
		50m: 39.70 39.70		150m: 2:16.05 49.68		250m: 3:54.75 48.94		350m: 5:33.40 48.97
		100m: 1:26.37 46.67		200m: 3:05.81 49.76		300m: 4:44.43 49.68		400m: 6:17.93 44.53
	7.	RENARD Camille	15	ENLN	BEL	6:09.97	6:26.26	222
		50m: 38.59 38.59		150m: 2:15.18 49.57		250m: 3:54.72 49.42		350m: 5:36.37 50.84
		100m: 1:25.61 47.02		200m: 3:05.30 50.12		300m: 4:45.53 50.81		400m: 6:26.26 49.89
	8.	FALLA Eleanore	15	ONS	BEL	6:30.74	6:30.80	215
		50m: 41.47 41.47		150m: 2:20.23 50.66		250m: 4:02.19 51.55		350m: 5:43.04 49.97
		100m: 1:29.57 48.10		200m: 3:10.64 50.41		300m: 4:53.07 50.88		400m: 6:30.80 47.76
	9.	MEGDICHE Sounah	15	BCSG	BEL	6:55.77	7:15.23	155
		50m: 43.98 43.98		150m: 2:33.39 55.90		250m: 4:29.60 58.66		350m: 6:24.13 57.30
		100m: 1:37.49 53.51		200m: 3:30.94 57.55		300m: 5:26.83 57.23		400m: 7:15.23 51.10
	DNS ROMBAUX Camille		14	BCSG	BEL	5:44.37		
13 - 14 years								
	1.	ARTAMONOVA Anastasia	13	CNDU	LUX	5:03.48	4:56.53	492
		<i>Mistral, Trident</i>						
		50m: 33.52 33.52		150m: 1:47.78 37.42		250m: 3:03.78 37.73		350m: 4:19.53 37.73
		100m: 1:10.36 36.84		200m: 2:26.05 38.27		300m: 3:41.80 38.02		400m: 4:56.53 37.00
	2.	DELROT Keyla	12	BCSG	BEL	5:09.66	5:05.84	448
		<i>Mistral</i>						
		50m: 33.88 33.88		150m: 1:50.63 38.31		250m: 3:08.97 39.06		350m: 4:28.34 39.63
		100m: 1:12.32 38.44		200m: 2:29.91 39.28		300m: 3:48.71 39.74		400m: 5:05.84 37.50
	3.	RUSTIN Maude	13	MHN	BEL	5:28.03	5:14.92	411
		<i>Mistral</i>						
		50m: 34.69 34.69		150m: 1:53.53 39.90		250m: 3:14.76 40.38		350m: 4:35.92 40.14
		100m: 1:13.63 38.94		200m: 2:34.38 40.85		300m: 3:55.78 41.02		400m: 5:14.92 39.00
	4.	GOLEA Julia	12	DN	FRA	5:16.37	5:20.81	388
		50m: 36.57 36.57		150m: 1:58.03 41.35		250m: 3:20.54 41.28		350m: 4:42.61 40.90
		100m: 1:16.68 40.11		200m: 2:39.26 41.23		300m: 4:01.71 41.17		400m: 5:20.81 38.20

Event 5, Girls, 400m Freestyle, 13 - 14 years

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA				
	5.	DAMEZ Paula	12	DN	FRA	5:31.81	5:24.12	377				
		50m: 36.60	36.60	150m: 2:01.36	42.48	250m: 3:24.80	41.54	350m: 4:44.68	38.85			
		100m: 1:18.88	42.28	200m: 2:43.26	41.90	300m: 4:05.83	41.03	400m: 5:24.12	39.44			
	6.	CORNEA Lea	13	CNDU	ROU	5:32.44	5:26.73	368				
		50m: 37.84	37.84	150m: 2:03.01	42.43	250m: 3:26.15	41.00	350m: 4:47.71	40.14			
		100m: 1:20.58	42.74	200m: 2:45.15	42.14	300m: 4:07.57	41.42	400m: 5:26.73	39.02			
	7.	POSTIAUX Lylou	12	DN	FRA	5:22.78	5:29.23	359				
		50m: 37.44	37.44	150m: 2:02.59	43.01	250m: 3:26.87	42.03	350m: 4:50.21	41.31			
		100m: 1:19.58	42.14	200m: 2:44.84	42.25	300m: 4:08.90	42.03	400m: 5:29.23	39.02			
	8.	MAENE Lea	12	MHN	BEL	5:12.02	5:33.16	347				
		50m: 36.55	36.55	150m: 2:00.66	42.79	250m: 3:25.84	41.87	350m: 4:50.80	42.34			
		100m: 1:17.87	41.32	200m: 2:43.97	43.31	300m: 4:08.46	42.62	400m: 5:33.16	42.36			
	9.	T'SJOEN Aeva	13	ONS	BEL	5:53.57	5:39.49	328				
		50m: 37.65	37.65	150m: 2:03.98	43.73	250m: 3:33.13	44.93	350m: 4:59.08	42.01			
		100m: 1:20.25	42.60	200m: 2:48.20	44.22	300m: 4:17.07	43.94	400m: 5:39.49	40.41			
	10.	BUTERA Enola	12	BCSG	BEL	6:17.72	5:42.58	319				
		50m: 36.24	36.24	150m: 2:02.06	43.14	250m: 3:31.02	44.00	350m: 5:00.53	44.74			
		100m: 1:18.92	42.68	200m: 2:47.02	44.96	300m: 4:15.79	44.77	400m: 5:42.58	42.05			
	11.	BETTE Lysi	12	ENLN	BEL	5:46.05	5:45.17	312				
		50m: 36.22	36.22	150m: 2:01.66	44.05	250m: 3:32.05	45.57	350m: 5:04.04	46.16			
		100m: 1:17.61	41.39	200m: 2:46.48	44.82	300m: 4:17.88	45.83	400m: 5:45.17	41.13			
	12.	FONTAINE Lea	12	HELIOS	BEL	5:46.50	5:46.03	309				
		50m: 37.76	37.76	150m: 2:05.74	44.62	250m: 3:35.41	44.95	350m: 5:03.79	43.76			
		100m: 1:21.12	43.36	200m: 2:50.46	44.72	300m: 4:20.03	44.62	400m: 5:46.03	42.24			
	13.	DELOBBE Lucie	12	HELIOS	BEL	6:08.76	5:49.32	301				
		50m: 38.19	38.19	150m: 2:07.27	45.07	250m: 3:37.19	45.22	350m: 5:07.99	44.80			
		100m: 1:22.20	44.01	200m: 2:51.97	44.70	300m: 4:23.19	46.00	400m: 5:49.32	41.33			
	14.	BOCLOT Oelaly	13	DN	FRA	5:40.50	5:51.77	295				
		50m: 39.01	39.01	150m: 2:09.19	45.87	250m: 3:41.83	45.89	350m: 5:10.67	43.73			
		100m: 1:23.32	44.31	200m: 2:55.94	46.75	300m: 4:26.94	45.11	400m: 5:51.77	41.10			
	15.	BUMBELLO Patricia	13	ENLN	ITA	6:09.38	5:57.55	280				
		50m: 37.34	37.34	150m: 2:06.26	45.30	250m: 3:39.45	46.81	350m: 5:11.99	45.23			
		100m: 1:20.96	43.62	200m: 2:52.64	46.38	300m: 4:26.76	47.31	400m: 5:57.55	45.56			
	16.	MEGDICHE Yomna	12	BCSG	BEL	6:03.31	6:01.30	272				
		50m: 38.32	38.32	150m: 2:08.89	46.32	250m: 3:41.72	46.83	350m: 5:15.71	46.46			
		100m: 1:22.57	44.25	200m: 2:54.89	46.00	300m: 4:29.25	47.53	400m: 6:01.30	45.59			
	17.	SERAFIN Lea	12	ENLN	BEL	6:08.72	6:11.39	250				
		50m: 38.73	38.73	150m: 2:10.33	46.89	250m: 3:46.28	47.38	350m: 5:23.97	48.55			
		100m: 1:23.44	44.71	200m: 2:58.90	48.57	300m: 4:35.42	49.14	400m: 6:11.39	47.42			
	18.	RADERMECKER Zoe	12	HELIOS	BEL	6:37.75	6:13.62	246				
		50m: 40.39	40.39	150m: 2:15.84	48.34	250m: 3:51.54	48.28	350m: 5:27.36	47.80			
		100m: 1:27.50	47.11	200m: 3:03.26	47.42	300m: 4:39.56	48.02	400m: 6:13.62	46.26			
	19.	ROMBAUX Lina	12	ONS	BEL	NT	7:16.75	154				
		50m: 42.78	42.78	150m: 2:31.17	56.23	250m: 4:25.01	56.30	350m: 6:21.95	59.51			
		100m: 1:34.94	52.16	200m: 3:28.71	57.54	300m: 5:22.44	57.43	400m: 7:16.75	54.80			

15 years and older

	1.	GRILO MACHADO Diana	11	CNDU	POR	4:54.88	4:56.01	495				
		<i>Mistral</i>										
		50m: 34.13	34.13	150m: 1:49.16	38.02	250m: 3:05.91	38.40	350m: 4:21.29	37.17			
		100m: 1:11.14	37.01	200m: 2:27.51	38.35	300m: 3:44.12	38.21	400m: 4:56.01	34.72			

Event 5, Women, 400m Freestyle, 15 years and older

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA	
	2.	CROWET Audrey	11	STC	BEL	5:45.38	5:32.70	348	
		50m: 36.19	36.19	150m: 2:01.14	42.94	250m: 3:27.21	42.95	350m: 4:52.55	42.33
		100m: 1:18.20	42.01	200m: 2:44.26	43.12	300m: 4:10.22	43.01	400m: 5:32.70	40.15

