

Epreuve 28  
2026-04-12 - 9:13

Garçons, 400m Libre

17 ans et moins  
Liste résultats

|   |         |                 |       |               |            |
|---|---------|-----------------|-------|---------------|------------|
| Quebec Provincial Age Group Records 17          | 3:51.64 | PARISE, Zachary | PCSC  | Toronto       | 2023-12-16 |
| Quebec Provincial Age Group Records 16          | 3:49.39 | FONSECA, Simon  | CAMO  | Quebec City   | 2024-12-01 |
| Quebec Provincial Age Group Records 15          | 3:56.42 | FONSECA, Simon  | CAMO  | Toronto       | 2023-12-16 |
| Quebec Provincial Age Group Records 14          | 4:00.88 | CHEUNG, Adrian  | PCSC  | Pointe-Claire | 2024-12-07 |
| Quebec Provincial Age Group Records 13          | 4:03.83 | LUPIEN, Yannick | CAGRA | ???           | 1994-02-01 |
| Quebec Provincial Age Group Records - 124:13.54 |         | LUPIEN, Yannick | CAGRA | ???           | 1993-02-01 |

Coupe Québec standard A - 16: 4:15.26 / Coupe Québec standard B 17 +: 4:43.49

Points: AQUA 2025

| Rang                   |                        |         | Age   |       |         |       |       |         |       | Temps          | Pts     |       |
|------------------------|------------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| <b>13 ans et moins</b> |                        |         |       |       |         |       |       |         |       |                |         |       |
| 1.                     | BIELIKOV, Mykhailo     |         | 13    |       |         |       |       |         |       | <b>4:38.50</b> | 442     |       |
|                        | 50m:                   | 29.98   | 29.98 | 150m: | 1:39.44 | 35.28 | 250m: | 2:51.71 | 36.10 | 350m:          | 4:03.52 | 35.92 |
|                        | 100m:                  | 1:04.16 | 34.18 | 200m: | 2:15.61 | 36.17 | 300m: | 3:27.60 | 35.89 | 400m:          | 4:38.50 | 34.98 |
| 2.                     | BOUCHARD, Julien       |         | 12    |       |         |       |       |         |       | <b>4:52.63</b> | 381     |       |
|                        | 50m:                   | 32.36   | 32.36 | 150m: | 1:46.34 | 37.73 | 250m: | 3:02.00 | 37.85 | 350m:          | 4:16.83 | 37.43 |
|                        | 100m:                  | 1:08.61 | 36.25 | 200m: | 2:24.15 | 37.81 | 300m: | 3:39.40 | 37.40 | 400m:          | 4:52.63 | 35.80 |
| 3.                     | PARENT, Louis-Philippe |         | 13    |       |         |       |       |         |       | <b>4:55.25</b> | 371     |       |
|                        | 50m:                   | 33.54   | 33.54 | 150m: | 1:47.62 | 37.46 | 250m: | 3:03.12 | 37.58 | 350m:          | 4:18.70 | 37.81 |
|                        | 100m:                  | 1:10.16 | 36.62 | 200m: | 2:25.54 | 37.92 | 300m: | 3:40.89 | 37.77 | 400m:          | 4:55.25 | 36.55 |
| 4.                     | TIZIOUALOU, Walid      |         | 13    |       |         |       |       |         |       | <b>4:56.11</b> | 368     |       |
|                        | 50m:                   | 31.82   | 31.82 | 150m: | 1:45.31 | 37.71 | 250m: | 3:02.58 | 38.42 | 350m:          | 4:19.79 | 38.63 |
|                        | 100m:                  | 1:07.60 | 35.78 | 200m: | 2:24.16 | 38.85 | 300m: | 3:41.16 | 38.58 | 400m:          | 4:56.11 | 36.32 |
| 5.                     | MATHIEU, Eliot         |         | 12    |       |         |       |       |         |       | <b>4:56.46</b> | 366     |       |
|                        | 50m:                   | 32.47   | 32.47 | 150m: | 1:45.87 | 37.08 | 250m: | 3:02.42 | 38.42 | 350m:          | 4:18.87 | 38.16 |
|                        | 100m:                  | 1:08.79 | 36.32 | 200m: | 2:24.00 | 38.13 | 300m: | 3:40.71 | 38.29 | 400m:          | 4:56.46 | 37.59 |
| 6.                     | KIM, James             |         | 12    |       |         |       |       |         |       | <b>5:15.45</b> | 304     |       |
|                        | 50m:                   | 36.52   | 36.52 | 150m: | 1:57.70 | 41.14 | 250m: | 3:17.71 | 40.02 | 350m:          | 4:37.41 | 39.51 |
|                        | 100m:                  | 1:16.56 | 40.04 | 200m: | 2:37.69 | 39.99 | 300m: | 3:57.90 | 40.19 | 400m:          | 5:15.45 | 38.04 |
| 7.                     | MAHEU, Liam            |         | 12    |       |         |       |       |         |       | <b>5:17.38</b> | 299     |       |
|                        | 50m:                   | 36.32   | 36.32 | 150m: | 1:59.42 | 42.10 | 250m: | 3:22.23 | 41.44 | 350m:          | 4:42.35 | 38.91 |
|                        | 100m:                  | 1:17.32 | 41.00 | 200m: | 2:40.79 | 41.37 | 300m: | 4:03.44 | 41.21 | 400m:          | 5:17.38 | 35.03 |
| 8.                     | LAMBERT, Arthur        |         | 13    |       |         |       |       |         |       | <b>5:18.31</b> | 296     |       |
|                        | 50m:                   | 36.61   | 36.61 | 150m: | 1:59.54 | 41.84 | 250m: | 3:22.13 | 41.36 | 350m:          | 4:41.62 | 38.40 |
|                        | 100m:                  | 1:17.70 | 41.09 | 200m: | 2:40.77 | 41.23 | 300m: | 4:03.22 | 41.09 | 400m:          | 5:18.31 | 36.69 |
| 9.                     | TAILLON, Julien        |         | 12    |       |         |       |       |         |       | <b>5:22.65</b> | 284     |       |
|                        | 50m:                   | 34.61   | 34.61 | 150m: | 1:57.66 | 42.71 | 250m: | 3:22.16 | 42.22 | 350m:          | 4:45.65 | 41.60 |
|                        | 100m:                  | 1:14.95 | 40.34 | 200m: | 2:39.94 | 42.28 | 300m: | 4:04.05 | 41.89 | 400m:          | 5:22.65 | 37.00 |
| 10.                    | PLANTE, Samuel         |         | 12    |       |         |       |       |         |       | <b>5:23.19</b> | 283     |       |
|                        | 50m:                   | 35.59   | 35.59 | 150m: | 1:58.57 | 42.30 | 250m: | 3:22.99 | 41.99 | 350m:          | 4:45.23 | 40.56 |
|                        | 100m:                  | 1:16.27 | 40.68 | 200m: | 2:41.00 | 42.43 | 300m: | 4:04.67 | 41.68 | 400m:          | 5:23.19 | 37.96 |
| 11.                    | DUCHESNE, Logan        |         | 13    |       |         |       |       |         |       | <b>5:23.66</b> | 282     |       |
|                        | 50m:                   | 35.15   | 35.15 | 150m: | 1:56.14 | 41.79 | 250m: | 3:20.10 | 41.89 | 350m:          | 4:44.26 | 41.93 |
|                        | 100m:                  | 1:14.35 | 39.20 | 200m: | 2:38.21 | 42.07 | 300m: | 4:02.33 | 42.23 | 400m:          | 5:23.66 | 39.40 |
| 12.                    | CHITAC, Tudor Stefan   |         | 12    |       |         |       |       |         |       | <b>5:24.96</b> | 278     |       |
|                        | 50m:                   | 38.13   | 38.13 | 150m: | 2:00.48 | 41.27 | 250m: | 3:23.20 | 41.47 | 350m:          | 4:45.22 | 40.57 |
|                        | 100m:                  | 1:19.21 | 41.08 | 200m: | 2:41.73 | 41.25 | 300m: | 4:04.65 | 41.45 | 400m:          | 5:24.96 | 39.74 |
| 13.                    | BANVILLE, Mathieu      |         | 13    |       |         |       |       |         |       | <b>5:28.40</b> | 269     |       |
|                        | 50m:                   | 37.19   | 37.19 | 150m: | 2:00.29 | 41.95 | 250m: | 3:24.01 | 41.85 | 350m:          | 4:48.05 | 41.77 |
|                        | 100m:                  | 1:18.34 | 41.15 | 200m: | 2:42.16 | 41.87 | 300m: | 4:06.28 | 42.27 | 400m:          | 5:28.40 | 40.35 |

Epreuve 28, Garçons, 400m Libre, 13 ans et moins

| Rang |                         |         |       |       | Age     |       |       |         |       | Temps          | Pts     |       |
|------|-------------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 14.  | <b>BORDONARO, Leo</b>   |         |       |       | 12      |       |       |         |       | <b>5:30.26</b> | 265     |       |
|      | 50m:                    | 34.93   | 34.93 | 150m: | 1:58.24 | 42.35 | 250m: | 3:23.08 | 42.45 | 350m:          | 4:48.42 | 42.71 |
|      | 100m:                   | 1:15.89 | 40.96 | 200m: | 2:40.63 | 42.39 | 300m: | 4:05.71 | 42.63 | 400m:          | 5:30.26 | 41.84 |
| 15.  | <b>RGUIG, Anas</b>      |         |       |       | 12      |       |       |         |       | <b>5:30.95</b> | 263     |       |
|      | 50m:                    | 37.14   | 37.14 | 150m: | 2:00.82 | 40.96 | 250m: | 3:26.75 | 42.76 | 350m:          | 4:51.07 | 42.23 |
|      | 100m:                   | 1:19.86 | 42.72 | 200m: | 2:43.99 | 43.17 | 300m: | 4:08.84 | 42.09 | 400m:          | 5:30.95 | 39.88 |
| 16.  | <b>GIGUÈRE, Olivier</b> |         |       |       | 13      |       |       |         |       | <b>5:31.18</b> | 263     |       |
|      | 50m:                    | 37.73   | 37.73 | 150m: | 2:00.00 | 40.81 | 250m: | 3:23.61 | 41.12 | 350m:          | 4:37.88 | 35.19 |
|      | 100m:                   | 1:19.19 | 41.46 | 200m: | 2:42.49 | 42.49 | 300m: | 4:02.69 | 39.08 | 400m:          | 5:31.18 | 53.30 |
| 17.  | <b>MABED, Élyan</b>     |         |       |       | 11      |       |       |         |       | <b>5:32.24</b> | 260     |       |
|      | 50m:                    | 37.83   | 37.83 | 150m: | 2:02.68 | 42.67 | 250m: | 3:28.05 | 42.90 | 350m:          | 4:51.91 | 41.65 |
|      | 100m:                   | 1:20.01 | 42.18 | 200m: | 2:45.15 | 42.47 | 300m: | 4:10.26 | 42.21 | 400m:          | 5:32.24 | 40.33 |
| 18.  | <b>LEE, Steven</b>      |         |       |       | 13      |       |       |         |       | <b>5:41.90</b> | 239     |       |
|      | 50m:                    | 38.75   | 38.75 | 150m: | 2:03.95 | 43.35 | 250m: | 3:33.83 | 44.82 | 350m:          | 5:00.86 | 43.49 |
|      | 100m:                   | 1:20.60 | 41.85 | 200m: | 2:49.01 | 45.06 | 300m: | 4:17.37 | 43.54 | 400m:          | 5:41.90 | 41.04 |
| 19.  | <b>ZHENG, Haoran</b>    |         |       |       | 13      |       |       |         |       | <b>5:43.98</b> | 234     |       |
|      | 50m:                    | 38.49   | 38.49 | 150m: | 2:07.28 | 44.73 | 250m: | 3:36.33 | 44.51 | 350m:          | 5:03.62 | 43.90 |
|      | 100m:                   | 1:22.55 | 44.06 | 200m: | 2:51.82 | 44.54 | 300m: | 4:19.72 | 43.39 | 400m:          | 5:43.98 | 40.36 |
| 20.  | <b>NGO, Félix</b>       |         |       |       | 12      |       |       |         |       | <b>5:48.27</b> | 226     |       |
|      | 50m:                    | 36.25   | 36.25 | 150m: | 2:03.80 | 44.76 | 250m: | 3:34.70 | 46.08 | 350m:          | 5:05.29 | 44.90 |
|      | 100m:                   | 1:19.04 | 42.79 | 200m: | 2:48.62 | 44.82 | 300m: | 4:20.39 | 45.69 | 400m:          | 5:48.27 | 42.98 |
| 21.  | <b>FILLION, Thomas</b>  |         |       |       | 11      |       |       |         |       | <b>5:49.51</b> | 223     |       |
|      | 50m:                    | 38.85   | 38.85 | 150m: | 2:06.01 | 44.33 | 250m: | 3:36.91 | 45.50 | 350m:          | 5:06.59 | 44.68 |
|      | 100m:                   | 1:21.68 | 42.83 | 200m: | 2:51.41 | 45.40 | 300m: | 4:21.91 | 45.00 | 400m:          | 5:49.51 | 42.92 |
| 22.  | <b>LEBEAU, Edward</b>   |         |       |       | 12      |       |       |         |       | <b>5:51.18</b> | 220     |       |
|      | 50m:                    | 37.20   | 37.20 | 150m: | 2:05.12 | 45.04 | 250m: | 3:37.23 | 46.34 | 350m:          | 5:09.25 | 45.51 |
|      | 100m:                   | 1:20.08 | 42.88 | 200m: | 2:50.89 | 45.77 | 300m: | 4:23.74 | 46.51 | 400m:          | 5:51.18 | 41.93 |

14 - 15 ans

|    |                          |         |       |       |         |       |       |         |       |                |         |       |
|----|--------------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | <b>GUHA, Manu</b>        |         |       |       | 15      |       |       |         |       | <b>4:13.07</b> | 589     |       |
|    | <b>Qc A</b>              |         |       |       |         |       |       |         |       |                |         |       |
|    | 50m:                     | 29.90   | 29.90 | 150m: | 1:33.71 | 32.18 | 250m: | 2:38.29 | 32.40 | 350m:          | 3:42.71 | 32.12 |
|    | 100m:                    | 1:01.53 | 31.63 | 200m: | 2:05.89 | 32.18 | 300m: | 3:10.59 | 32.30 | 400m:          | 4:13.07 | 30.36 |
| 2. | <b>PARENT, Maxime</b>    |         |       |       | 14      |       |       |         |       | <b>4:16.61</b> | 565     |       |
|    | 50m:                     | 29.48   | 29.48 | 150m: | 1:33.19 | 32.29 | 250m: | 2:38.84 | 32.77 | 350m:          | 3:45.02 | 33.29 |
|    | 100m:                    | 1:00.90 | 31.42 | 200m: | 2:06.07 | 32.88 | 300m: | 3:11.73 | 32.89 | 400m:          | 4:16.61 | 31.59 |
| 3. | <b>LAUNIÈRE, Zachary</b> |         |       |       | 15      |       |       |         |       | <b>4:27.52</b> | 499     |       |
|    | 50m:                     | 30.27   | 30.27 | 150m: | 1:36.83 | 33.44 | 250m: | 2:45.01 | 34.21 | 350m:          | 3:53.64 | 34.51 |
|    | 100m:                    | 1:03.39 | 33.12 | 200m: | 2:10.80 | 33.97 | 300m: | 3:19.13 | 34.12 | 400m:          | 4:27.52 | 33.88 |
| 4. | <b>BERGERON, Hubert</b>  |         |       |       | 15      |       |       |         |       | <b>4:40.80</b> | 431     |       |
|    | 50m:                     | 29.96   | 29.96 | 150m: | 1:37.43 | 34.35 | 250m: | 2:49.66 | 36.63 | 350m:          | 4:04.66 | 37.69 |
|    | 100m:                    | 1:03.08 | 33.12 | 200m: | 2:13.03 | 35.60 | 300m: | 3:26.97 | 37.31 | 400m:          | 4:40.80 | 36.14 |
| 5. | <b>RODRIGUE, Jacob</b>   |         |       |       | 15      |       |       |         |       | <b>4:44.16</b> | 416     |       |
|    | 50m:                     | 31.98   | 31.98 | 150m: | 1:45.21 | 37.02 | 250m: | 2:58.78 | 36.49 | 350m:          | 4:10.96 | 35.87 |
|    | 100m:                    | 1:08.19 | 36.21 | 200m: | 2:22.29 | 37.08 | 300m: | 3:35.09 | 36.31 | 400m:          | 4:44.16 | 33.20 |
| 6. | <b>GAUTHIER, Thomas</b>  |         |       |       | 14      |       |       |         |       | <b>4:44.19</b> | 416     |       |
|    | 50m:                     | 31.62   | 31.62 | 150m: | 1:43.36 | 36.21 | 250m: | 2:56.91 | 36.90 | 350m:          | 4:09.45 | 36.18 |
|    | 100m:                    | 1:07.15 | 35.53 | 200m: | 2:20.01 | 36.65 | 300m: | 3:33.27 | 36.36 | 400m:          | 4:44.19 | 34.74 |

Epreuve 28, Garçons, 400m Libre, 14 - 15 ans

| Rang |                         |         |       |       | Age     |       |       |         |       | Temps          | Pts     |       |
|------|-------------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 7.   | BEAUDET, Alexis         |         |       |       | 15      |       |       |         |       | <b>4:44.79</b> | 413     |       |
|      | 50m:                    | 31.11   | 31.11 | 150m: | 1:41.55 | 35.89 | 250m: | 2:54.91 | 36.43 | 350m:          | 4:09.34 | 37.06 |
|      | 100m:                   | 1:05.66 | 34.55 | 200m: | 2:18.48 | 36.93 | 300m: | 3:32.28 | 37.37 | 400m:          | 4:44.79 | 35.45 |
| 8.   | SCRIPCARU, David        |         |       |       | 14      |       |       |         |       | <b>4:46.27</b> | 407     |       |
|      | 50m:                    | 31.17   | 31.17 | 150m: | 1:41.11 | 35.57 | 250m: | 2:54.12 | 36.78 | 350m:          | 4:05.17 | 34.94 |
|      | 100m:                   | 1:05.54 | 34.37 | 200m: | 2:17.34 | 36.23 | 300m: | 3:30.23 | 36.11 | 400m:          | 4:46.27 | 41.10 |
| 9.   | CARON, Alexis           |         |       |       | 14      |       |       |         |       | <b>4:46.32</b> | 407     |       |
|      | 50m:                    | 30.41   | 30.41 | 150m: | 1:42.20 | 37.08 | 250m: | 2:57.55 | 37.68 | 350m:          | 4:11.61 | 36.72 |
|      | 100m:                   | 1:05.12 | 34.71 | 200m: | 2:19.87 | 37.67 | 300m: | 3:34.89 | 37.34 | 400m:          | 4:46.32 | 34.71 |
| 10.  | PAQUETTE, Zack          |         |       |       | 14      |       |       |         |       | <b>4:47.99</b> | 400     |       |
|      | 50m:                    | 32.06   | 32.06 | 150m: | 1:45.26 | 36.87 | 250m: | 2:59.28 | 37.08 | 350m:          | 4:12.75 | 36.42 |
|      | 100m:                   | 1:08.39 | 36.33 | 200m: | 2:22.20 | 36.94 | 300m: | 3:36.33 | 37.05 | 400m:          | 4:47.99 | 35.24 |
| 11.  | FORTIN, Xavier          |         |       |       | 14      |       |       |         |       | <b>4:51.16</b> | 387     |       |
|      | 50m:                    | 31.98   | 31.98 | 150m: | 1:45.56 | 37.51 | 250m: | 3:00.99 | 37.43 | 350m:          | 4:15.89 | 37.13 |
|      | 100m:                   | 1:08.05 | 36.07 | 200m: | 2:23.56 | 38.00 | 300m: | 3:38.76 | 37.77 | 400m:          | 4:51.16 | 35.27 |
| 12.  | BOULFANI, Rayan         |         |       |       | 15      |       |       |         |       | <b>4:51.24</b> | 387     |       |
|      | 50m:                    | 32.80   | 32.80 | 150m: | 1:45.27 | 36.61 | 250m: | 2:59.76 | 37.35 | 350m:          | 4:14.80 | 37.80 |
|      | 100m:                   | 1:08.66 | 35.86 | 200m: | 2:22.41 | 37.14 | 300m: | 3:37.00 | 37.24 | 400m:          | 4:51.24 | 36.44 |
| 13.  | GRENIER, Léo            |         |       |       | 15      |       |       |         |       | <b>4:51.80</b> | 384     |       |
|      | 50m:                    | 30.97   | 30.97 | 150m: | 1:43.10 | 37.10 | 250m: | 2:59.44 | 38.44 | 350m:          | 4:15.71 | 37.99 |
|      | 100m:                   | 1:06.00 | 35.03 | 200m: | 2:21.00 | 37.90 | 300m: | 3:37.72 | 38.28 | 400m:          | 4:51.80 | 36.09 |
| 14.  | BALTARU, Mark           |         |       |       | 14      |       |       |         |       | <b>4:57.10</b> | 364     |       |
|      | 50m:                    | 32.11   | 32.11 | 150m: | 1:47.51 | 37.78 | 250m: | 3:04.75 | 38.54 | 350m:          | 4:21.06 | 38.14 |
|      | 100m:                   | 1:09.73 | 37.62 | 200m: | 2:26.21 | 38.70 | 300m: | 3:42.92 | 38.17 | 400m:          | 4:57.10 | 36.04 |
| 15.  | TREMBLAY, François      |         |       |       | 14      |       |       |         |       | <b>5:03.70</b> | 341     |       |
|      | 50m:                    | 32.58   | 32.58 | 150m: | 1:48.69 | 38.56 | 250m: | 3:07.42 | 38.87 | 350m:          | 4:25.47 | 38.66 |
|      | 100m:                   | 1:10.13 | 37.55 | 200m: | 2:28.55 | 39.86 | 300m: | 3:46.81 | 39.39 | 400m:          | 5:03.70 | 38.23 |
| 16.  | BOUTIN, Charles-Antoine |         |       |       | 14      |       |       |         |       | <b>5:06.56</b> | 331     |       |
|      | 50m:                    | 34.47   | 34.47 | 150m: | 1:51.53 | 39.24 | 250m: | 3:09.84 | 39.09 | 350m:          | 4:28.53 | 39.33 |
|      | 100m:                   | 1:12.29 | 37.82 | 200m: | 2:30.75 | 39.22 | 300m: | 3:49.20 | 39.36 | 400m:          | 5:06.56 | 38.03 |
| 17.  | LUSSIER PINCINCE, Kael  |         |       |       | 14      |       |       |         |       | <b>5:10.24</b> | 320     |       |
|      | 50m:                    | 33.90   | 33.90 | 150m: | 1:52.20 | 39.96 | 250m: | 3:12.62 | 40.44 | 350m:          | 4:32.71 | 39.66 |
|      | 100m:                   | 1:12.24 | 38.34 | 200m: | 2:32.18 | 39.98 | 300m: | 3:53.05 | 40.43 | 400m:          | 5:10.24 | 37.53 |

16 - 17 ans

|    |                   |         |       |       |         |       |       |         |       |                |         |       |
|----|-------------------|---------|-------|-------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | LAMBERT, Nathan   |         |       |       | 17      |       |       |         |       | <b>4:17.13</b> | 562     |       |
|    | <i>Qc B</i>       |         |       |       |         |       |       |         |       |                |         |       |
|    | 50m:              | 27.23   | 27.23 | 150m: | 1:29.15 | 31.28 | 250m: | 2:33.69 | 32.58 | 350m:          | 3:42.18 | 34.79 |
|    | 100m:             | 57.87   | 30.64 | 200m: | 2:01.11 | 31.96 | 300m: | 3:07.39 | 33.70 | 400m:          | 4:17.13 | 34.95 |
| 2. | ROBITAILLE, Felix |         |       |       | 17      |       |       |         |       | <b>4:26.81</b> | 503     |       |
|    | <i>Qc B</i>       |         |       |       |         |       |       |         |       |                |         |       |
|    | 50m:              | 29.62   | 29.62 | 150m: | 1:36.16 | 33.64 | 250m: | 2:44.42 | 34.31 | 350m:          | 3:53.18 | 34.45 |
|    | 100m:             | 1:02.52 | 32.90 | 200m: | 2:10.11 | 33.95 | 300m: | 3:18.73 | 34.31 | 400m:          | 4:26.81 | 33.63 |
| 3. | BAZINET, Antoine  |         |       |       | 17      |       |       |         |       | <b>4:34.26</b> | 463     |       |
|    | <i>Qc B</i>       |         |       |       |         |       |       |         |       |                |         |       |
|    | 50m:              | 31.13   | 31.13 | 150m: | 1:39.31 | 34.40 | 250m: | 2:48.97 | 34.89 | 350m:          | 3:59.61 | 35.86 |
|    | 100m:             | 1:04.91 | 33.78 | 200m: | 2:14.08 | 34.77 | 300m: | 3:23.75 | 34.78 | 400m:          | 4:34.26 | 34.65 |



Epreuve 28, Garçons, 400m Libre, 16 - 17 ans

| Rang |                    |         | Age   |       |         |       |       |         | Temps          | Pts   |         |       |
|------|--------------------|---------|-------|-------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 4.   | THIBEAULT, Antoine |         | 16    |       |         |       |       |         | <b>4:46.62</b> | 406   |         |       |
|      | 50m:               | 31.29   | 31.29 | 150m: | 1:41.99 | 36.04 | 250m: | 2:56.17 | 37.30          | 350m: | 4:11.14 | 37.10 |
|      | 100m:              | 1:05.95 | 34.66 | 200m: | 2:18.87 | 36.88 | 300m: | 3:34.04 | 37.87          | 400m: | 4:46.62 | 35.48 |
| 5.   | DEMERS, Etienne    |         | 17    |       |         |       |       |         | <b>4:47.36</b> | 402   |         |       |
|      | 50m:               | 31.79   | 31.79 | 150m: | 1:44.16 | 36.83 | 250m: | 2:58.62 | 37.20          | 350m: | 4:12.44 | 36.87 |
|      | 100m:              | 1:07.33 | 35.54 | 200m: | 2:21.42 | 37.26 | 300m: | 3:35.57 | 36.95          | 400m: | 4:47.36 | 34.92 |
| 6.   | DOYON, Jacob       |         | 16    |       |         |       |       |         | <b>4:54.57</b> | 374   |         |       |
|      | 50m:               | 31.46   | 31.46 | 150m: | 1:44.44 | 37.85 | 250m: | 3:02.00 | 39.03          | 350m: | 4:17.76 | 36.90 |
|      | 100m:              | 1:06.59 | 35.13 | 200m: | 2:22.97 | 38.53 | 300m: | 3:40.86 | 38.86          | 400m: | 4:54.57 | 36.81 |