

Prova 21
23/05/2026 - 18:45

Misto, 4 x 100m Livres

Absoluto
Resultados

Pontos: AQUA 2025

Lugar	Clube	Tempo Final	AQUA
1. Fundacao Salesianos 1	Fundacao Salesianos	4:14.83	438
Joao Pedro, Correia	15 30.34 1:02.88 Dinis Gomes, Araujo	15 29.69 1:00.59	
Natalia Landa, Paredes	15 31.97 1:06.22 Lara Nobre, Semiao	15 31.38 1:05.14	
2. AN Albicastrense 1	AN Albicastrense	4:15.90	433
Afonso Maria, Bento	17 28.71 59.85 Carolina Fonseca, Diegues	20 32.48 1:09.68	
Carolina Pinto, Banhudo	16 32.41 1:10.11 Dinis Trigueiros, Paulo	20 27.52 56.26	
3. Natacao Guarda 1	Natacao Guarda	4:16.31	431
Joana Nobre, Jesus	15 31.50 1:06.10 Georgiana Mariana, Chirila	15 32.74 1:08.28	
Manuel Adriano, Cerca	18 27.66 58.35 Rodrigo Joao, Abreu	16 30.46 1:03.58	
4. CCDSerta 2	CCDSerta	4:23.16	398
Maria Benedita, Ribeiro	14 35.52 1:16.16 Afonso Jose, Alves	15 26.85 57.67	
Ines Martins, Farinha	15 33.37 1:09.07 Duarte Jose, Matos	16 28.40 1:00.26	
5. Portalegre 1	Portalegre	4:25.58	387
Eduardo Nuno, Figueiredo	19 28.52 57.92 Manuel Rainho, Barbas	16 31.57 1:04.49	
Alice Salgueiro, Menichetti	15 34.56 1:12.16 Matilde Barbas, Bile	18 32.88 1:11.01	
6. Elvense 1	Elvense	4:28.94	373
Rita Vidigal, Caldeira	13 33.20 1:11.85 Tiago Maria, Costa	18 30.85 1:05.01	
Stefania Cosmina, Chitic	18 34.73 1:13.77 Diogo Belchior, Munhao	18 27.48 58.31	
7. Eléctrico 1	Eléctrico	4:30.93	365
Joao Afonso, Santos	17 31.04 1:03.84 Maria Beatriz, Mestre	14 35.40 1:15.16	
Romulo Artur, Silva	18 29.01 1:01.06 Carolina Neves, Sousa	16 33.23 1:10.87	
8. Fundacao Salesianos 2	Fundacao Salesianos	4:43.21	319
Dinis Marta, Paulinho	14 30.85 1:02.03 Beatriz Soares, Tavares	13 35.02 1:12.18	
Luca Ammendola, Cruz	14 33.36 1:09.26 Ines Faria, Lopes	14 38.89 1:19.74	
9. CLAC-Entroncamento 1	CLAC-Entroncamento	4:44.68	314
Gabriel Sa, Chambel	17 29.51 1:02.06 Ines Santos, Pina	14 38.58 1:19.58	
Joana Verissimo, Tavares	14 38.04 1:21.72 Miguel Ferreira, Cruz	18 29.67 1:01.32	
10. AN Albicastrense 2	AN Albicastrense	4:45.54	311
Ines Munhos, Silva	14 32.98 1:11.85 Ines Barata, Henrique	14 33.81 1:12.43	
Tomas Martins, Azevedo	14 30.81 1:05.21 Antonio Beirao, Valente	14 36.29 1:16.05	
11. Portalegre 1	Portalegre	4:54.72	283
David Barreiros, Baiao	13 35.66 1:15.21 Francisco Carvalho, Figueira	14 33.76 1:07.69	
Maria Leonor, Mafra	13 35.78 1:16.25 Ines Batista, Passadinhas	13 35.18 1:15.57	
12. Natacao Guarda 2	Natacao Guarda	5:07.33	250
Leonor Casalta, Ferreira	14 36.07 1:14.95 Daniela Dias, Rodrigues	13 37.25 1:19.45	
Alexandre Caetano, Costa	14 39.65 1:22.27 Francisco Jose, Abreu	13 33.76 1:10.66	
EXH CLAC-Entroncamento 1	CLAC-Entroncamento	4:46.95	307
Afonso Ferreira, Cruz	14 36.50 1:13.58 Carolina Cupertino, Marchante	17 37.75 1:19.03	
Matilde Abelho, Vaz	14 34.63 1:11.65 Bernardo Marques, Fernandes	19 30.21 1:02.69	
EXH AN Albicastrense 3	AN Albicastrense	5:17.72	226
Francisco Maria, Cardoso	13 34.85 1:13.83 Maria Francisca, Fernandes	13 40.10 1:26.27	
Mercedes Beirao, Valente	13 38.91 1:21.41 Afonso Duarte, Silveira	13 37.06 1:16.21	