

Epreuve 27  
2026-04-12 - 8:30

Filles, 400m Libre

17 ans et moins  
Liste résultats

Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	2022-12-17
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2007-02-16
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2004-02-19
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2013-02-23
Quebec Provincial Age Group Records - 124:	23.93	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01
Canadian Age Group Records 15 - 17	3:52.80	MCINTOSH, Summer	UNCAN	Toronto	2022-10-28
Canadian Age Group Records 13 - 14	4:08.31	KEIRE, Jacqueline	ESWIM	Charlottetown	2009-08-26
Canadian Age Group Records 11 - 12	4:14.64	MCINTOSH, Summer	ESWIM	Etobicoke	2019-07-10

Coupe Québec standard A - 16: 4:33.98 / Coupe Québec standard B 17 +: 5:06.44

Points: AQUA 2025

Rang			Age					Temps	Pts
<b>13 ans et moins</b>									
	<b>BEAUCHAMP, Marie</b>		<b>13</b>	<b>Natation Gatineau</b>				<b>4:44.39</b>	<b>530</b>
	50m: 31.62	31.62	150m: 1:43.33	36.35	250m: 2:56.92	36.96	350m: 4:10.11	36.71	
	100m: 1:06.98	35.36	200m: 2:19.96	36.63	300m: 3:33.40	36.48	400m: 4:44.39	34.28	
	<b>CASSISTA, Anaé</b>		<b>13</b>	<b>Les Dauphins de Rimouski</b>				<b>4:50.40</b>	<b>498</b>
	50m: 31.80	31.80	150m: 1:44.17	36.98	250m: 2:58.99	37.37	350m: 4:14.29	37.55	
	100m: 1:07.19	35.39	200m: 2:21.62	37.45	300m: 3:36.74	37.75	400m: 4:50.40	36.11	
	<b>PIAGET, Ariane</b>		<b>13</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>4:52.48</b>	<b>487</b>
	50m: 31.63	31.63	150m: 1:44.94	37.63	250m: 3:01.26	38.52	350m: 4:16.32	37.18	
	100m: 1:07.31	35.68	200m: 2:22.74	37.80	300m: 3:39.14	37.88	400m: 4:52.48	36.16	
	<b>WATSON, Éléonore</b>		<b>13</b>	<b>Cote Saint-Luc Aquatics</b>				<b>4:54.13</b>	<b>479</b>
	50m: 33.23	33.23	150m: 1:46.84	37.14	250m: 3:02.77	37.81	350m: 4:17.05	37.19	
	100m: 1:09.70	36.47	200m: 2:24.96	38.12	300m: 3:39.86	37.09	400m: 4:54.13	37.08	
	<b>LEBLANC, Naomie</b>		<b>13</b>	<b>Natation Gatineau</b>				<b>4:54.41</b>	<b>478</b>
	50m: 34.05	34.05	150m: 1:50.01	38.61	250m: 3:04.59	36.81	350m: 4:19.44	37.12	
	100m: 1:11.40	37.35	200m: 2:27.78	37.77	300m: 3:42.32	37.73	400m: 4:54.41	34.97	
	<b>CAREAU, Béatrice</b>		<b>12</b>	<b>Les Dauphins de Rimouski</b>				<b>5:03.67</b>	<b>435</b>
	50m: 34.17	34.17	150m: 1:50.22	38.38	250m: 3:08.11	38.93	350m: 4:26.16	38.60	
	100m: 1:11.84	37.67	200m: 2:29.18	38.96	300m: 3:47.56	39.45	400m: 5:03.67	37.51	
	<b>GERVAIS, Florence</b>		<b>13</b>	<b>Rouge et Or/Université Laval</b>				<b>5:08.58</b>	<b>415</b>
	50m: 35.56	35.56	150m: 1:53.52	38.97	250m: 3:12.42	39.60	350m: 4:30.93	39.09	
	100m: 1:14.55	38.99	200m: 2:32.82	39.30	300m: 3:51.84	39.42	400m: 5:08.58	37.65	
	<b>SOUCY, Satyana</b>		<b>13</b>	<b>Club de natation Mégophias</b>				<b>5:09.17</b>	<b>413</b>
	50m: 35.84	35.84	150m: 1:54.78	39.59	250m: 3:14.38	39.35	350m: 4:33.09	38.84	
	100m: 1:15.19	39.35	200m: 2:35.03	40.25	300m: 3:54.25	39.87	400m: 5:09.17	36.08	
	<b>BERNIER-SAVARD, Alix</b>		<b>13</b>	<b>Club de natation Mégophias</b>				<b>5:21.50</b>	<b>367</b>
	50m: 35.03	35.03	150m: 1:55.50	41.09	250m: 3:18.17	41.02	350m: 4:41.89	42.28	
	100m: 1:14.41	39.38	200m: 2:37.15	41.65	300m: 3:59.61	41.44	400m: 5:21.50	39.61	
	<b>GENTES, Juliette</b>		<b>12</b>	<b>Club de natation Mégophias</b>				<b>5:29.02</b>	<b>342</b>
	50m: 37.09	37.09	150m: 2:00.57	42.90	250m: 3:26.46	43.27	350m: 4:50.38	41.92	
	100m: 1:17.67	40.58	200m: 2:43.19	42.62	300m: 4:08.46	42.00	400m: 5:29.02	38.64	
	<b>BROCHU, Tessa</b>		<b>13</b>	<b>Natation Gatineau</b>				<b>5:30.60</b>	<b>337</b>
	50m: 38.00	38.00	150m: 2:01.53	42.37	250m: 3:26.11	41.95	350m: 4:51.09	42.63	
	100m: 1:19.16	41.16	200m: 2:44.16	42.63	300m: 4:08.46	42.35	400m: 5:30.60	39.51	
	<b>BINNING, Abigail</b>		<b>13</b>	<b>Beaconsfield Bluefins</b>				<b>5:30.69</b>	<b>337</b>
	50m: 36.93	36.93	150m: 1:58.92	41.83	250m: 3:25.09	43.18	350m: 4:51.09	42.96	
	100m: 1:17.09	40.16	200m: 2:41.91	42.99	300m: 4:08.13	43.04	400m: 5:30.69	39.60	

Epreuve 27, Filles, 400m Libre, 13 ans et moins

Rang				Age					Temps	Pts		
	<b>BLAIS, Abygaile</b>			<b>12</b>	<b>Natation Gatineau</b>				<b>5:34.53</b>	<b>326</b>		
	50m:	37.92	37.92	150m:	2:03.81	43.07	250m:	3:30.02	42.82	350m:	4:56.06	42.48
	100m:	1:20.74	42.82	200m:	2:47.20	43.39	300m:	4:13.58	43.56	400m:	5:34.53	38.47
	<b>BERTOCCHI, Anna</b>			<b>11</b>	<b>Club De Natation Sherbrooke</b>				<b>5:36.37</b>	<b>320</b>		
	50m:	36.35	36.35	150m:	2:02.06	44.05	250m:	3:29.76	43.09	350m:	4:53.95	43.15
	100m:	1:18.01	41.66	200m:	2:46.67	44.61	300m:	4:10.80	41.04	400m:	5:36.37	42.42
	<b>BLOUIN, Victoria</b>			<b>11</b>	<b>Les Dauphins de Rimouski</b>				<b>5:38.31</b>	<b>315</b>		
	50m:	38.91	38.91	150m:	2:04.56	43.01	250m:	3:31.07	43.42	350m:	4:57.28	42.65
	100m:	1:21.55	42.64	200m:	2:47.65	43.09	300m:	4:14.63	43.56	400m:	5:38.31	41.03
	<b>MIGNEAULT, Éliane</b>			<b>13</b>	<b>Nsh</b>				<b>5:41.55</b>	<b>306</b>		
	50m:	36.52	36.52	150m:	2:01.32	43.81	250m:	3:29.81	44.43	350m:	4:58.35	44.11
	100m:	1:17.51	40.99	200m:	2:45.38	44.06	300m:	4:14.24	44.43	400m:	5:41.55	43.20
	<b>SILES, Sofia</b>			<b>11</b>	<b>C.N. Dollard-des-Ormeaux</b>				<b>5:42.07</b>	<b>304</b>		
	50m:	37.20	37.20	150m:	2:03.21	43.62	250m:	3:32.17	45.09	350m:	5:00.06	43.54
	100m:	1:19.59	42.39	200m:	2:47.08	43.87	300m:	4:16.52	44.35	400m:	5:42.07	42.01
	<b>XU, Juliette</b>			<b>12</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>5:44.78</b>	<b>297</b>		
	50m:	38.55	38.55	150m:	2:06.02	44.73	250m:	3:34.79	43.75	350m:	5:03.32	43.97
	100m:	1:21.29	42.74	200m:	2:51.04	45.02	300m:	4:19.35	44.56	400m:	5:44.78	41.46
	<b>MACK, Greta</b>			<b>12</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>5:44.91</b>	<b>297</b>		
	50m:	38.31	38.31	150m:	2:05.15	44.13	250m:	3:33.84	43.97	350m:	5:02.69	43.62
	100m:	1:21.02	42.71	200m:	2:49.87	44.72	300m:	4:19.07	45.23	400m:	5:44.91	42.22
	<b>ST-PIERRE, Élyzabeth</b>			<b>11</b>	<b>Les Dauphins de Rimouski</b>				<b>5:45.39</b>	<b>296</b>		
	50m:	37.68	37.68	150m:	2:05.24	44.84	250m:	3:34.62	45.53	350m:	5:04.00	43.85
	100m:	1:20.40	42.72	200m:	2:49.09	43.85	300m:	4:20.15	45.53	400m:	5:45.39	41.39
	<b>LAWTON, Michelle</b>			<b>11</b>	<b>Beaconsfield Bluefins</b>				<b>5:45.65</b>	<b>295</b>		
	50m:	37.55	37.55	150m:	2:05.87	45.17	250m:	3:34.21	43.58	350m:	5:03.98	45.43
	100m:	1:20.70	43.15	200m:	2:50.63	44.76	300m:	4:18.55	44.34	400m:	5:45.65	41.67
	<b>DECKER-CROLL, Yael</b>			<b>10</b>	<b>Cote Saint-Luc Aquatics</b>				<b>5:45.97</b>	<b>294</b>		
	50m:	37.79	37.79	150m:	2:03.17	43.27	250m:	3:32.04	43.50	350m:	5:01.97	44.88
	100m:	1:19.90	42.11	200m:	2:48.54	45.37	300m:	4:17.09	45.05	400m:	5:45.97	44.00
	<b>BOCZKOWSKI, Chloé</b>			<b>12</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>5:49.86</b>	<b>285</b>		
	50m:	38.47	38.47	150m:	2:05.01	43.43	250m:	3:35.42	45.19	350m:	5:05.14	44.43
	100m:	1:21.58	43.11	200m:	2:50.23	45.22	300m:	4:20.71	45.29	400m:	5:49.86	44.72
	<b>SERVIO, Arya</b>			<b>11</b>	<b>C.N. Dollard-des-Ormeaux</b>				<b>5:51.02</b>	<b>282</b>		
	50m:	38.48	38.48	150m:	2:06.54	44.59	250m:	3:37.24	45.43	350m:	5:09.09	46.00
	100m:	1:21.95	43.47	200m:	2:51.81	45.27	300m:	4:23.09	45.85	400m:	5:51.02	41.93
	<b>LECLERC, Lydia</b>			<b>12</b>	<b>Club Aquatique Charlesbourg</b>				<b>5:53.24</b>	<b>276</b>		
	50m:	39.32	39.32	150m:	2:09.73	46.68	250m:	3:40.78	45.56	350m:	5:10.39	44.25
	100m:	1:23.05	43.73	200m:	2:55.22	45.49	300m:	4:26.14	45.36	400m:	5:53.24	42.85
	<b>BISSADA, Julia</b>			<b>11</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>5:54.12</b>	<b>274</b>		
	50m:	40.35	40.35	150m:	2:09.97	45.23	250m:	3:40.10	44.70	350m:	5:11.44	45.43
	100m:	1:24.74	44.39	200m:	2:55.40	45.43	300m:	4:26.01	45.91	400m:	5:54.12	42.68
	<b>ZEMOURI, Luna</b>			<b>11</b>	<b>Côte-des-Neiges Notre-Dame-de-</b>				<b>5:55.30</b>	<b>272</b>		
	50m:	37.38	37.38	150m:	2:05.18	44.49	250m:	3:36.11	45.29	350m:	5:09.03	46.39
	100m:	1:20.69	43.31	200m:	2:50.82	45.64	300m:	4:22.64	46.53	400m:	5:55.30	46.27
	<b>CYR, Olivia</b>			<b>11</b>	<b>Natation Gatineau</b>				<b>6:00.90</b>	<b>259</b>		
	50m:	40.98	40.98	150m:	2:11.94	46.07	250m:	3:44.20	46.10	350m:	5:16.77	46.05
	100m:	1:25.87	44.89	200m:	2:58.10	46.16	300m:	4:30.72	46.52	400m:	6:00.90	44.13

Epreuve 27, Filles, 400m Libre, 13 ans et moins

Rang				Age				Temps	Pts
	DESCOTEAUX, Eleanor			11	Dorval Swim Club			<b>6:03.36</b>	254
	50m:	39.99	39.99	150m:	2:11.58	47.14	250m:	3:44.77	46.62
	100m:	1:24.44	44.45	200m:	2:58.15	46.57	300m:	4:32.10	47.33
							350m:	5:18.42	46.32
							400m:	6:03.36	44.94
	WYSE, Olivia			11	Cote Saint-Luc Aquatics			<b>6:11.84</b>	237
	50m:	40.55	40.55	150m:	2:17.17	48.37	250m:	3:51.67	47.29
	100m:	1:28.80	48.25	200m:	3:04.38	47.21	300m:	4:39.83	48.16
							350m:	5:27.01	47.18
							400m:	6:11.84	44.83

14 - 15 ans

Liste résultats provisoire

	BLUMEL, Margaret			15	Club de natation Saint-Laurent			<b>4:40.45</b>	553
	50m:	31.39	31.39	150m:	1:41.95	35.81	250m:	2:53.59	35.78
	100m:	1:06.14	34.75	200m:	2:17.81	35.86	300m:	3:29.57	35.98
							350m:	4:05.56	35.99
							400m:	4:40.45	34.89
	PIATERA MERCIER, Léa			14	Club De Natation Sherbrooke			<b>4:41.17</b>	549
	50m:	32.21	32.21	150m:	1:44.04	36.10	250m:	2:55.67	34.79
	100m:	1:07.94	35.73	200m:	2:20.88	36.84	300m:	3:31.25	35.58
							350m:	4:06.62	35.37
							400m:	4:41.17	34.55
	CANTIN, Élisabeth			15	Rouge et Or/Université Laval			<b>4:41.84</b>	545
	50m:	31.69	31.69	150m:	1:42.01	35.80	250m:	2:53.68	35.85
	100m:	1:06.21	34.52	200m:	2:17.83	35.82	300m:	3:29.82	36.14
							350m:	4:06.49	36.67
							400m:	4:41.84	35.35
	DION, Chloe			15	C.N. Dollard-des-Ormeaux			<b>4:43.53</b>	535
	50m:	32.63	32.63	150m:	1:43.08	35.57	250m:	2:55.32	36.23
	100m:	1:07.51	34.88	200m:	2:19.09	36.01	300m:	3:31.78	36.46
							350m:	4:07.77	35.99
							400m:	4:43.53	35.76
	OUELLET, Laurence			14	Nsh			<b>4:46.15</b>	520
	50m:	31.70	31.70	150m:	1:43.81	36.44	250m:	2:56.71	36.42
	100m:	1:07.37	35.67	200m:	2:20.29	36.48	300m:	3:33.70	36.99
							350m:	4:10.51	36.81
							400m:	4:46.15	35.64
	TREMBLAY, Béatrice			15	Club de natation Mégophias			<b>4:47.67</b>	512
	50m:	31.65	31.65	150m:	1:44.67	36.90	250m:	2:58.41	36.51
	100m:	1:07.77	36.12	200m:	2:21.90	37.23	300m:	3:35.13	36.72
							350m:	4:12.35	37.22
							400m:	4:47.67	35.32
	BOMBARDIER, Cecile			15	Club De Natation Sherbrooke			<b>4:48.64</b>	507
	50m:	32.85	32.85	150m:	1:46.42	37.30	250m:	3:00.95	36.58
	100m:	1:09.12	36.27	200m:	2:24.37	37.95	300m:	3:37.73	36.78
							350m:	4:14.35	36.62
							400m:	4:48.64	34.29
	HO, Kum Yiu Hebe			15	Côte-des-Neiges Notre-Dame-de-			<b>4:49.74</b>	501
	50m:	30.86	30.86	150m:	1:41.67	36.34	250m:	2:56.18	37.69
	100m:	1:05.33	34.47	200m:	2:18.49	36.82	300m:	3:34.21	38.03
							350m:	4:12.62	38.41
							400m:	4:49.74	37.12
	FORTIN, Flavie			14	Rouge et Or/Université Laval			<b>4:50.65</b>	497
	50m:	32.72	32.72	150m:	1:44.60	36.47	250m:	2:58.81	36.98
	100m:	1:08.13	35.41	200m:	2:21.83	37.23	300m:	3:36.15	37.34
							350m:	4:13.40	37.25
							400m:	4:50.65	37.25
	CHUPRUN, Annika			15	C.N. Dollard-des-Ormeaux			<b>4:54.94</b>	475
	50m:	33.17	33.17	150m:	1:46.44	36.95	250m:	3:01.46	37.83
	100m:	1:09.49	36.32	200m:	2:23.63	37.19	300m:	3:39.67	38.21
							350m:	4:17.58	37.91
							400m:	4:54.94	37.36
	CÔTÉ, Emma			14	Club Aquatique Charlesbourg			<b>4:55.52</b>	472
	50m:	31.66	31.66	150m:	1:45.62	37.58	250m:	3:02.43	38.31
	100m:	1:08.04	36.38	200m:	2:24.12	38.50	300m:	3:41.23	38.80
							350m:	4:18.85	37.62
							400m:	4:55.52	36.67
	CONVIÉ, Lucy			15	Cote Saint-Luc Aquatics			<b>4:56.01</b>	470
	50m:	32.56	32.56	150m:	1:46.59	37.85	250m:	3:03.66	38.11
	100m:	1:08.74	36.18	200m:	2:25.55	38.96	300m:	3:41.63	37.97
							350m:	4:19.63	38.00
							400m:	4:56.01	36.38
	BELLE-ISLE, Emilie			15	Club Aquatique Charlesbourg			<b>4:56.69</b>	467
	50m:	32.79	32.79	150m:	1:46.34	37.52	250m:	3:03.73	38.88
	100m:	1:08.82	36.03	200m:	2:24.85	38.51	300m:	3:42.30	38.57
							350m:	4:20.39	38.09
							400m:	4:56.69	36.30
	LEMIRE, Zoé			14	Club de natation Mégophias			<b>5:01.65</b>	444
	50m:	33.70	33.70	150m:	1:49.65	38.41	250m:	3:07.05	38.49
	100m:	1:11.24	37.54	200m:	2:28.56	38.91	300m:	3:45.62	38.57
							350m:	4:24.28	38.66
							400m:	5:01.65	37.37



Coupe Espoir #2 groupe B  
Sherbrooke, 10 au 12 avril 2026



Epreuve 27, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
	<b>DEMOULIN, Mary</b>				<b>14</b>	<b>Natation Gatineau</b>				<b>5:05.56</b>	<b>427</b>	
	50m:	33.52	33.52	150m:	1:50.47	39.26	250m:	3:10.08	39.72	350m:	4:28.49	38.58
	100m:	1:11.21	37.69	200m:	2:30.36	39.89	300m:	3:49.91	39.83	400m:	5:05.56	37.07
	<b>VIGNEAULT DUBOIS, Ellana</b>				<b>15</b>	<b>Les Dauphins de Rimouski</b>				<b>5:06.87</b>	<b>422</b>	
	50m:	34.48	34.48	150m:	1:50.97	38.90	250m:	3:09.87	39.64	350m:	4:28.91	39.40
	100m:	1:12.07	37.59	200m:	2:30.23	39.26	300m:	3:49.51	39.64	400m:	5:06.87	37.96
	<b>SAKKAS, Lily Claire</b>				<b>14</b>	<b>Cote Saint-Luc Aquatics</b>				<b>5:35.97</b>	<b>321</b>	
	50m:	37.31	37.31	150m:	2:02.37	43.37	250m:	3:29.23	43.46	350m:	4:54.91	43.01
	100m:	1:19.00	41.69	200m:	2:45.77	43.40	300m:	4:11.90	42.67	400m:	5:35.97	41.06