

Event 15
25/04/2026 - 12:49

Women, 400m Freestyle

2015 and older
Results

Meet Record	4:25.32	OLIVIER, Monique	LUX	Luxembourg	24/02/2013
National Record	4:11.59	OLIVIER, Monique	SL	Edinburgh (GBR)	13/03/2020

Points: AQUA 2026

Rank			YB			Time	Pts		
Open									
1.	REINESCH, Leeloo		07	Schwammclub Deifferdang		4:23.60	701	MR	
	50m: 30.51	30.51	150m: 1:37.39	33.89	250m: 2:44.72	33.50	350m: 3:51.78	33.33	
	100m: 1:03.50	32.99	200m: 2:11.22	33.83	300m: 3:18.45	33.73	400m: 4:23.60	31.82	
2.	SCHOLER, Amelie		08	Swimming Luxembourg		4:37.99	597		
	50m: 31.83	31.83	150m: 1:41.02	34.82	250m: 2:51.75	35.65	350m: 4:03.21	35.82	
	100m: 1:06.20	34.37	200m: 2:16.10	35.08	300m: 3:27.39	35.64	400m: 4:37.99	34.78	
3.	CLESSE, Lea		10	Homecourt Joeuf Natation		4:44.09	560		
	50m: 32.48	32.48	150m: 1:44.02	35.95	250m: 2:56.95	36.21	350m: 4:09.24	35.74	
	100m: 1:08.07	35.59	200m: 2:20.74	36.72	300m: 3:33.50	36.55	400m: 4:44.09	34.85	
4.	KUNEN, Greta		11	Cercle de Natation Dudelange		4:47.79	538		
	50m: 32.94	32.94	150m: 1:45.50	36.62	250m: 2:58.48	36.13	350m: 4:11.70	36.41	
	100m: 1:08.88	35.94	200m: 2:22.35	36.85	300m: 3:35.29	36.81	400m: 4:47.79	36.09	
5.	MILANOVSKA, Maja		09	Swimming Luxembourg		4:52.45	513		
	50m: 33.17	33.17	150m: 1:46.74	37.25	250m: 3:01.41	37.28	350m: 4:16.38	37.01	
	100m: 1:09.49	36.32	200m: 2:24.13	37.39	300m: 3:39.37	37.96	400m: 4:52.45	36.07	
6.	KOENIG, Charlotte Fleur		09	Swimming Luxembourg		4:54.06	505		
	50m: 32.89	32.89	150m: 1:48.57	38.27	250m: 3:03.50	37.50	350m: 4:17.85	37.05	
	100m: 1:10.30	37.41	200m: 2:26.00	37.43	300m: 3:40.80	37.30	400m: 4:54.06	36.21	
7.	MAKHADIYAROVA, Kamila		11	Republican Specialized Complex Children's Sports School		4:54.66	501		
	50m: 33.35	33.35	150m: 1:47.89	37.38	250m: 3:03.02	37.61	350m: 4:18.38	37.17	
	100m: 1:10.51	37.16	200m: 2:25.41	37.52	300m: 3:41.21	38.19	400m: 4:54.66	36.28	
8.	GRILO MACHADO, Diana		11	Cercle de Natation Dudelange		4:54.88	500		
	50m: 33.28	33.28	150m: 1:47.68	37.67	250m: 3:03.44	38.36	350m: 4:18.82	37.35	
	100m: 1:10.01	36.73	200m: 2:25.08	37.40	300m: 3:41.47	38.03	400m: 4:54.88	36.06	
9.	TJAN, Charlotte Marie		13	Swimming Luxembourg		4:56.18	494		
	50m: 33.34	33.34	150m: 1:48.66	38.39	250m: 3:04.25	37.63	350m: 4:19.93	37.67	
	100m: 1:10.27	36.93	200m: 2:26.62	37.96	300m: 3:42.26	38.01	400m: 4:56.18	36.25	
10.	MUNSCH, Marie		13	Luxembourg Sharks Swimming Club		4:57.43	488		
	50m: 32.81	32.81	150m: 1:47.90	38.59	250m: 3:05.12	39.05	350m: 4:21.81	38.80	
	100m: 1:09.31	36.50	200m: 2:26.07	38.17	300m: 3:43.01	37.89	400m: 4:57.43	35.62	
11.	GIESER, Amelie		10	SSG Saar Max Ritter		4:59.53	477		
	50m: 33.57	33.57	150m: 1:47.04	37.00	250m: 3:03.26	38.17	350m: 4:21.33	38.96	
	100m: 1:10.04	36.47	200m: 2:25.09	38.05	300m: 3:42.37	39.11	400m: 4:59.53	38.20	
12.	KIRCH, Emma		11	Schwammclub Deifferdang		5:00.05	475		
	50m: 32.64	32.64	150m: 1:46.97	38.01	250m: 3:04.15	38.63	350m: 4:21.84	39.02	
	100m: 1:08.96	36.32	200m: 2:25.52	38.55	300m: 3:42.82	38.67	400m: 5:00.05	38.21	
13.	WINDISCH, Kristina		10	Swimming Luxembourg		5:01.00	470		
	50m: 33.53	33.53	150m: 1:49.69	38.58	250m: 3:07.43	39.05	350m: 4:23.60	37.71	
	100m: 1:11.11	37.58	200m: 2:28.38	38.69	300m: 3:45.89	38.46	400m: 5:01.00	37.40	
14.	CAVALIER, Valentine		09	US Toul		5:02.55	463	*	
	50m: 33.21	33.21	150m: 1:48.14	37.85	250m: 3:05.75	38.23	350m: 4:23.66	38.65	
	100m: 1:10.29	37.08	200m: 2:27.52	39.38	300m: 3:45.01	39.26	400m: 5:02.55	38.89	
15.	DECONYNCK, Sterne		09	Trust		5:07.28	442	*	
	50m: 34.31	34.31	150m: 1:50.25	38.98	250m: 3:09.60	39.78	350m: 4:29.36	39.85	
	100m: 1:11.27	36.96	200m: 2:29.82	39.57	300m: 3:49.51	39.91	400m: 5:07.28	37.92	

Event 15, Women, 400m Freestyle, Open

Rank					YB					Time	Pts	
16.	NAPPEZ, Julia				12	Swimming Luxembourg				5:07.58	441	
	50m:	32.75	32.75	150m:	1:48.92	38.35	250m:	3:08.78	40.12	350m:	4:28.88	39.76
	100m:	1:10.57	37.82	200m:	2:28.66	39.74	300m:	3:49.12	40.34	400m:	5:07.58	38.70
17.	SCHMIDT, Kira				13	Swimming Club Redange				5:08.39	437	
	50m:	35.16	35.16	150m:	1:53.41	39.56	250m:	3:13.37	40.09	350m:	4:31.66	38.93
	100m:	1:13.85	38.69	200m:	2:33.28	39.87	300m:	3:52.73	39.36	400m:	5:08.39	36.73
18.	RIVELLINI, Frida				09	Swimming Luxembourg				5:08.50	437 *	
	50m:	33.69	33.69	150m:	1:52.15	40.26	250m:	3:11.38	39.35	350m:	4:30.98	39.74
	100m:	1:11.89	38.20	200m:	2:32.03	39.88	300m:	3:51.24	39.86	400m:	5:08.50	37.52
19.	LAMIRAUX, Zia				12	Homecourt Joeuf Natation				5:09.50	433	
	50m:	33.85	33.85	150m:	1:49.75	38.54	250m:	3:09.98	40.27	350m:	4:30.41	41.57
	100m:	1:11.21	37.36	200m:	2:29.71	39.96	300m:	3:48.84	38.86	400m:	5:09.50	39.09
20.	POMMER, Carolina				12	SG Rhein-Mosel				5:12.49	420	
	50m:	34.68	34.68	150m:	1:53.03	39.87	250m:	3:14.39	41.41	350m:	4:35.02	40.40
	100m:	1:13.16	38.48	200m:	2:32.98	39.95	300m:	3:54.62	40.23	400m:	5:12.49	37.47
21.	KREMER, Claire				13	Swimming Club Redange				5:12.99	418	
	50m:	35.93	35.93	150m:	1:54.59	39.74	250m:	3:14.54	39.81	350m:	4:35.04	40.22
	100m:	1:14.85	38.92	200m:	2:34.73	40.14	300m:	3:54.82	40.28	400m:	5:12.99	37.95
22.	SMITH, Ella				11	Swimming Club Redange				5:13.03	418	
	50m:	36.67	36.67	150m:	1:56.59	40.00	250m:	3:16.97	40.30	350m:	4:36.32	38.89
	100m:	1:16.59	39.92	200m:	2:36.67	40.08	300m:	3:57.43	40.46	400m:	5:13.03	36.71
23.	TASCI, Milena				13	Swimming Luxembourg				5:13.67	416	
	50m:	35.11	35.11	150m:	1:54.14	40.37	250m:	3:13.94	40.09	350m:	4:33.94	39.94
	100m:	1:13.77	38.66	200m:	2:33.85	39.71	300m:	3:54.00	40.06	400m:	5:13.67	39.73
24.	FESQUET, Marie				14	Swimming Club Redange				5:13.79	415	
	50m:	35.97	35.97	150m:	1:55.70	40.19	250m:	3:16.13	39.93	350m:	4:35.53	38.76
	100m:	1:15.51	39.54	200m:	2:36.20	40.50	300m:	3:56.77	40.64	400m:	5:13.79	38.26
25.	BLANCO SORIA, Paula				11	Luxembourg Sharks Swimming Club				5:13.87	415	
	50m:	35.97	35.97	150m:	1:55.39	40.30	250m:	3:16.62	40.37	350m:	4:37.01	40.08
	100m:	1:15.09	39.12	200m:	2:36.25	40.86	300m:	3:56.93	40.31	400m:	5:13.87	36.86
26.	BLECKMANN, Emilie				12	Swimming Luxembourg				5:16.68	404	
	50m:	37.01	37.01	150m:	1:56.39	39.47	250m:	3:17.05	40.48	350m:	4:37.45	40.02
	100m:	1:16.92	39.91	200m:	2:36.57	40.18	300m:	3:57.43	40.38	400m:	5:16.68	39.23
27.	PASCUAL, Alec				13	Luxembourg Sharks Swimming Club				5:28.36	362	
	50m:	37.49	37.49	150m:	2:00.50	41.29	250m:	3:24.00	41.66	350m:	4:47.28	41.11
	100m:	1:19.21	41.72	200m:	2:42.34	41.84	300m:	4:06.17	42.17	400m:	5:28.36	41.08
28.	CIRCIU, Ana				12	Luxembourg Sharks Swimming Club				5:28.47	362	
	50m:	37.62	37.62	150m:	2:01.32	42.13	250m:	3:25.04	41.72	350m:	4:48.24	41.51
	100m:	1:19.19	41.57	200m:	2:43.32	42.00	300m:	4:06.73	41.69	400m:	5:28.47	40.23
29.	KOULISCHER, Mona-Lisa				12	Swimming Luxembourg				5:32.05	350	
	50m:	38.22	38.22	150m:	2:03.15	44.46	250m:	3:29.23	43.71	350m:	4:54.12	41.72
	100m:	1:18.69	40.47	200m:	2:45.52	42.37	300m:	4:12.40	43.17	400m:	5:32.05	37.93
30.	SMITH, Victoria				14	Swimming Club Redange				5:32.52	349	
	50m:	36.92	36.92	150m:	2:02.38	43.24	250m:	3:27.33	42.99	350m:	4:53.05	43.50
	100m:	1:19.14	42.22	200m:	2:44.34	41.96	300m:	4:09.55	42.22	400m:	5:32.52	39.47
31.	PLETSCHETTE, Millie				15	Swimming Club Redange				5:35.00	341	
	50m:	38.65	38.65	150m:	2:03.91	43.93	250m:	3:31.09	43.72	350m:	4:55.58	41.66
	100m:	1:19.98	41.33	200m:	2:47.37	43.46	300m:	4:13.92	42.83	400m:	5:35.00	39.42
32.	KOULISCHER, Rachel				14	Swimming Luxembourg				5:39.62	327	
	50m:	35.99	35.99	150m:	2:00.40	43.27	250m:	3:29.56	44.81	350m:	4:58.59	44.79
	100m:	1:17.13	41.14	200m:	2:44.75	44.35	300m:	4:13.80	44.24	400m:	5:39.62	41.03

Event 15, Women, 400m Freestyle, Open

Rank					YB					Time	Pts	
33.	CALLEWAERT, Anthe				15	Koninklijke Brugse Zwem- & Reddingskri				5:41.98	321	
	50m:	38.13	38.13	150m:	2:06.62	44.70	250m:	3:36.26	44.32	350m:	5:03.69	42.78
	100m:	1:21.92	43.79	200m:	2:51.94	45.32	300m:	4:20.91	44.65	400m:	5:41.98	38.29
34.	DRIOUICH, Maryne				14	Centre d'Entrainement des 3 Frontieres				5:45.84	310	
	50m:	39.50	39.50	150m:	2:07.21	44.43	250m:	3:36.19	44.45	350m:	5:04.06	43.64
	100m:	1:22.78	43.28	200m:	2:51.74	44.53	300m:	4:20.42	44.23	400m:	5:45.84	41.78
DNS	RESL, Dana				11	Cercle de Natation Dudelange						
DNS	FERRARIO, Serena Rachel				13	Luxembourg Sharks Swimming Club						
WDR	CORNEA, Lea				13	Cercle de Natation Dudelange						
WDR	ZIMMER, Hannah				15	Cercle de Natation Dudelange						
WDR	LEONARD, Leni				10	Luxembourg Sharks Swimming Club						
WDR	MULLER, Liz				11	Swimming Luxembourg						
YOB 2010 - 2011												
1.	CLESSE, Lea				10	Homecourt Joeuf Natation				4:44.09	560	
	50m:	32.48	32.48	150m:	1:44.02	35.95	250m:	2:56.95	36.21	350m:	4:09.24	35.74
	100m:	1:08.07	35.59	200m:	2:20.74	36.72	300m:	3:33.50	36.55	400m:	4:44.09	34.85
2.	KUNEN, Greta				11	Cercle de Natation Dudelange				4:47.79	538	
	50m:	32.94	32.94	150m:	1:45.50	36.62	250m:	2:58.48	36.13	350m:	4:11.70	36.41
	100m:	1:08.88	35.94	200m:	2:22.35	36.85	300m:	3:35.29	36.81	400m:	4:47.79	36.09
3.	MAKHMADIYAROVA, Kamila				11	Republican Specialized Complex Children's Sports School				4:54.66	501	
	50m:	33.35	33.35	150m:	1:47.89	37.38	250m:	3:03.02	37.61	350m:	4:18.38	37.17
	100m:	1:10.51	37.16	200m:	2:25.41	37.52	300m:	3:41.21	38.19	400m:	4:54.66	36.28
4.	GRILO MACHADO, Diana				11	Cercle de Natation Dudelange				4:54.88	500	
	50m:	33.28	33.28	150m:	1:47.68	37.67	250m:	3:03.44	38.36	350m:	4:18.82	37.35
	100m:	1:10.01	36.73	200m:	2:25.08	37.40	300m:	3:41.47	38.03	400m:	4:54.88	36.06
5.	GIESER, Amelie				10	SSG Saar Max Ritter				4:59.53	477	
	50m:	33.57	33.57	150m:	1:47.04	37.00	250m:	3:03.26	38.17	350m:	4:21.33	38.96
	100m:	1:10.04	36.47	200m:	2:25.09	38.05	300m:	3:42.37	39.11	400m:	4:59.53	38.20
6.	KIRCH, Emma				11	Schwammclub Deifferdang				5:00.05	475	
	50m:	32.64	32.64	150m:	1:46.97	38.01	250m:	3:04.15	38.63	350m:	4:21.84	39.02
	100m:	1:08.96	36.32	200m:	2:25.52	38.55	300m:	3:42.82	38.67	400m:	5:00.05	38.21
7.	WINDISCH, Kristina				10	Swimming Luxembourg				5:01.00	470	
	50m:	33.53	33.53	150m:	1:49.69	38.58	250m:	3:07.43	39.05	350m:	4:23.60	37.71
	100m:	1:11.11	37.58	200m:	2:28.38	38.69	300m:	3:45.89	38.46	400m:	5:01.00	37.40
8.	SMITH, Ella				11	Swimming Club Redange				5:13.03	418	
	50m:	36.67	36.67	150m:	1:56.59	40.00	250m:	3:16.97	40.30	350m:	4:36.32	38.89
	100m:	1:16.59	39.92	200m:	2:36.67	40.08	300m:	3:57.43	40.46	400m:	5:13.03	36.71
9.	BLANCO SORIA, Paula				11	Luxembourg Sharks Swimming Club				5:13.87	415	
	50m:	35.97	35.97	150m:	1:55.39	40.30	250m:	3:16.62	40.37	350m:	4:37.01	40.08
	100m:	1:15.09	39.12	200m:	2:36.25	40.86	300m:	3:56.93	40.31	400m:	5:13.87	36.86
DNS	RESL, Dana				11	Cercle de Natation Dudelange						
WDR	LEONARD, Leni				10	Luxembourg Sharks Swimming Club						
WDR	MULLER, Liz				11	Swimming Luxembourg						

Event 15, Women, 400m Freestyle

YOB 2012 - 2013

1.	TJAN, Charlotte Marie	13	Swimming Luxembourg	4:56.18	494
	50m: 33.34 33.34	150m: 1:48.66 38.39	250m: 3:04.25 37.63	350m: 4:19.93 37.67	
	100m: 1:10.27 36.93	200m: 2:26.62 37.96	300m: 3:42.26 38.01	400m: 4:56.18 36.25	
2.	MUNSCH, Marie	13	Luxembourg Sharks Swimming Club	4:57.43	488
	50m: 32.81 32.81	150m: 1:47.90 38.59	250m: 3:05.12 39.05	350m: 4:21.81 38.80	
	100m: 1:09.31 36.50	200m: 2:26.07 38.17	300m: 3:43.01 37.89	400m: 4:57.43 35.62	
3.	NAPPEZ, Julia	12	Swimming Luxembourg	5:07.58	441
	50m: 32.75 32.75	150m: 1:48.92 38.35	250m: 3:08.78 40.12	350m: 4:28.88 39.76	
	100m: 1:10.57 37.82	200m: 2:28.66 39.74	300m: 3:49.12 40.34	400m: 5:07.58 38.70	
4.	SCHMIDT, Kira	13	Swimming Club Redange	5:08.39	437
	50m: 35.16 35.16	150m: 1:53.41 39.56	250m: 3:13.37 40.09	350m: 4:31.66 38.93	
	100m: 1:13.85 38.69	200m: 2:33.28 39.87	300m: 3:52.73 39.36	400m: 5:08.39 36.73	
5.	LAMIRAU, Zia	12	Homecourt Joeuf Natation	5:09.50	433
	50m: 33.85 33.85	150m: 1:49.75 38.54	250m: 3:09.98 40.27	350m: 4:30.41 41.57	
	100m: 1:11.21 37.36	200m: 2:29.71 39.96	300m: 3:48.84 38.86	400m: 5:09.50 39.09	
6.	POMMER, Carolina	12	SG Rhein-Mosel	5:12.49	420
	50m: 34.68 34.68	150m: 1:53.03 39.87	250m: 3:14.39 41.41	350m: 4:35.02 40.40	
	100m: 1:13.16 38.48	200m: 2:32.98 39.95	300m: 3:54.62 40.23	400m: 5:12.49 37.47	
7.	KREMER, Claire	13	Swimming Club Redange	5:12.99	418
	50m: 35.93 35.93	150m: 1:54.59 39.74	250m: 3:14.54 39.81	350m: 4:35.04 40.22	
	100m: 1:14.85 38.92	200m: 2:34.73 40.14	300m: 3:54.82 40.28	400m: 5:12.99 37.95	
8.	TASCI, Milena	13	Swimming Luxembourg	5:13.67	416
	50m: 35.11 35.11	150m: 1:54.14 40.37	250m: 3:13.94 40.09	350m: 4:33.94 39.94	
	100m: 1:13.77 38.66	200m: 2:33.85 39.71	300m: 3:54.00 40.06	400m: 5:13.67 39.73	
9.	BLECKMANN, Emilie	12	Swimming Luxembourg	5:16.68	404
	50m: 37.01 37.01	150m: 1:56.39 39.47	250m: 3:17.05 40.48	350m: 4:37.45 40.02	
	100m: 1:16.92 39.91	200m: 2:36.57 40.18	300m: 3:57.43 40.38	400m: 5:16.68 39.23	
10.	PASCUAL, Alec	13	Luxembourg Sharks Swimming Club	5:28.36	362
	50m: 37.49 37.49	150m: 2:00.50 41.29	250m: 3:24.00 41.66	350m: 4:47.28 41.11	
	100m: 1:19.21 41.72	200m: 2:42.34 41.84	300m: 4:06.17 42.17	400m: 5:28.36 41.08	
11.	CIRCIU, Ana	12	Luxembourg Sharks Swimming Club	5:28.47	362
	50m: 37.62 37.62	150m: 2:01.32 42.13	250m: 3:25.04 41.72	350m: 4:48.24 41.51	
	100m: 1:19.19 41.57	200m: 2:43.32 42.00	300m: 4:06.73 41.69	400m: 5:28.47 40.23	
12.	KOULISCHER, Mona-Lisa	12	Swimming Luxembourg	5:32.05	350
	50m: 38.22 38.22	150m: 2:03.15 44.46	250m: 3:29.23 43.71	350m: 4:54.12 41.72	
	100m: 1:18.69 40.47	200m: 2:45.52 42.37	300m: 4:12.40 43.17	400m: 5:32.05 37.93	
DNS	FERRARIO, Serena Rachel	13	Luxembourg Sharks Swimming Club		
WDR	CORNEA, Lea	13	Cercle de Natation Dudelange		

YOB 2014 - 2015

1.	FESQUET, Marie	14	Swimming Club Redange	5:13.79	415
	50m: 35.97 35.97	150m: 1:55.70 40.19	250m: 3:16.13 39.93	350m: 4:35.53 38.76	
	100m: 1:15.51 39.54	200m: 2:36.20 40.50	300m: 3:56.77 40.64	400m: 5:13.79 38.26	
2.	SMITH, Victoria	14	Swimming Club Redange	5:32.52	349
	50m: 36.92 36.92	150m: 2:02.38 43.24	250m: 3:27.33 42.99	350m: 4:53.05 43.50	
	100m: 1:19.14 42.22	200m: 2:44.34 41.96	300m: 4:09.55 42.22	400m: 5:32.52 39.47	
3.	PLETSCHETTE, Millie	15	Swimming Club Redange	5:35.00	341
	50m: 38.65 38.65	150m: 2:03.91 43.93	250m: 3:31.09 43.72	350m: 4:55.58 41.66	
	100m: 1:19.98 41.33	200m: 2:47.37 43.46	300m: 4:13.92 42.83	400m: 5:35.00 39.42	

Event 15, Girls, 400m Freestyle, YOB 2014 - 2015

Rank			YB					Time	Pts
4.	KOULISCHER, Rachel		14	Swimming Luxembourg				5:39.62	327
	50m:	35.99 35.99	150m:	2:00.40	43.27	250m:	3:29.56 44.81	350m:	4:58.59 44.79
	100m:	1:17.13 41.14	200m:	2:44.75	44.35	300m:	4:13.80 44.24	400m:	5:39.62 41.03
5.	CALLEWAERT, Anthe		15	Koninklijke Brugse Zwem- & Reddingskri				5:41.98	321
	50m:	38.13 38.13	150m:	2:06.62	44.70	250m:	3:36.26 44.32	350m:	5:03.69 42.78
	100m:	1:21.92 43.79	200m:	2:51.94	45.32	300m:	4:20.91 44.65	400m:	5:41.98 38.29
6.	DRIOUICH, Maryne		14	Centre d'Entrainement des 3 Frontieres				5:45.84	310
	50m:	39.50 39.50	150m:	2:07.21	44.43	250m:	3:36.19 44.45	350m:	5:04.06 43.64
	100m:	1:22.78 43.28	200m:	2:51.74	44.53	300m:	4:20.42 44.23	400m:	5:45.84 41.78
WDR	ZIMMER, Hannah		15	Cercle de Natation Dudelange					