

XXII VCDK "Žin icový míting"  
Dolný Kubín, 25. - 26.4.2026

disciplína 7  
25.04.2026 - 11:19

ženy, 400m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: AQUA 2025

por.			Ro .			as			body
11 - 12 ro .									
1.	Gajanová Dorota		14	PK TENAX Žilina			<b>5:00.32</b>		450
	50m:	34.75	34.75	150m:	1:52.01	38.62	250m:	3:09.71	38.38
	100m:	1:13.39	38.64	200m:	2:31.33	39.32	300m:	3:48.14	38.43
							350m:	4:25.64	37.50
							400m:	5:00.32	34.68
2.	Gregorová Sofia		15	PK Martin			<b>5:20.48</b>		370
	50m:	37.08	37.08	150m:	1:59.26	41.36	250m:	3:22.98	42.03
	100m:	1:17.90	40.82	200m:	2:40.95	41.69	300m:	4:02.53	39.55
							350m:	4:42.65	40.12
							400m:	5:20.48	37.83
3.	Klincková Viktória		14	PK Rimavská Sobota			<b>5:21.68</b>		366
	50m:	36.57	36.57	150m:	1:59.38	41.05	250m:	3:22.45	41.59
	100m:	1:18.33	41.76	200m:	2:40.86	41.48	300m:	4:03.52	41.07
							350m:	4:43.98	40.46
							400m:	5:21.68	37.70
4.	K azúrová Nela		14	MPK Dolný Kubín			<b>5:29.05</b>		342
	50m:	36.02	36.02	150m:	1:58.32	42.13	250m:	3:23.55	42.10
	100m:	1:16.19	40.17	200m:	2:41.45	43.13	300m:	4:05.89	42.34
							350m:	4:48.39	42.50
							400m:	5:29.05	40.66
5.	Hanusová Jesica		14	Nereus Žilina			<b>5:34.34</b>		326
	50m:	37.86	37.86	150m:	2:03.45	42.86	250m:	3:28.73	42.79
	100m:	1:20.59	42.73	200m:	2:45.94	42.49	300m:	4:10.80	42.07
							350m:	4:53.20	42.40
							400m:	5:34.34	41.14
6.	Troupová Lea		14	MPK Dolný Kubín			<b>5:39.40</b>		312
	50m:	36.78	36.78	150m:	2:00.77	42.20	250m:	3:28.14	44.22
	100m:	1:18.57	41.79	200m:	2:43.92	43.15	300m:	4:12.14	44.00
							350m:	4:56.90	44.76
							400m:	5:39.40	42.50
7.	Puch ová Zuzana		14	MPK Tvrdošín			<b>5:54.23</b>		274
	50m:	37.65	37.65	150m:	2:06.57	45.15	250m:	3:38.05	45.85
	100m:	1:21.42	43.77	200m:	2:52.20	45.63	300m:	4:24.51	46.46
							350m:	5:10.14	45.63
							400m:	5:54.23	44.09
8.	Vrobelová Zara		15	MPK Tvrdošín			<b>6:07.77</b>		245
	50m:	39.17	39.17	150m:	2:14.13	47.91	250m:	3:49.03	46.02
	100m:	1:26.22	47.05	200m:	3:03.01	48.88	300m:	4:38.41	49.38
							350m:	5:23.21	44.80
							400m:	6:07.77	44.56
9.	Mikulášová Alžbetka		14	MPK Dolný Kubín			<b>6:14.43</b>		232
	50m:	40.95	40.95	150m:	2:16.25	48.33	250m:	3:52.59	48.46
	100m:	1:27.92	46.97	200m:	3:04.13	47.88	300m:	4:40.56	47.97
							350m:	5:28.25	47.69
							400m:	6:14.43	46.18
10.	Soj áková Tá a		15	Atóm Levice			<b>6:14.66</b>		232
	50m:	39.01	39.01	150m:	2:06.84	44.40	250m:	3:36.83	45.06
	100m:	1:22.44	43.43	200m:	2:51.77	44.93	300m:	4:21.20	44.37
							350m:	5:03.39	42.19
							400m:	6:14.66	1:11.27
11.	Gallová Stela		14	TT Dolný Kubín			<b>6:29.05</b>		207
	50m:	41.62	41.62	150m:	2:19.64	49.61	250m:	4:01.10	51.25
	100m:	1:30.03	48.41	200m:	3:09.85	50.21	300m:	4:52.10	51.00
							350m:	5:41.88	49.78
							400m:	6:29.05	47.17
12.	Húsková Dorota		15	PK Martin			<b>6:30.37</b>		205
	50m:	42.99	42.99	150m:	2:21.38	49.50	250m:	4:03.41	51.13
	100m:	1:31.88	48.89	200m:	3:12.28	50.90	300m:	4:53.01	49.60
							350m:	5:43.08	50.07
							400m:	6:30.37	47.29
13 - 14 ro .									
1.	Hodo ová Kristínka		13	TT Dolný Kubín			<b>4:51.99</b>		490
	50m:	32.80	32.80	150m:	1:46.67	37.24	250m:	3:00.84	37.45
	100m:	1:09.43	36.63	200m:	2:23.39	36.72	300m:	3:38.42	37.58
							350m:	4:16.50	38.08
							400m:	4:51.99	35.49
2.	Šrobová Simona		12	MPK Tvrdošín			<b>4:59.91</b>		452
	50m:	33.15	33.15	150m:	1:50.11	39.20	250m:	3:07.53	38.70
	100m:	1:10.91	37.76	200m:	2:28.83	38.72	300m:	3:46.18	38.65
							350m:	4:24.58	38.40
							400m:	4:59.91	35.33
3.	Dubovská Nikola		13	MPK Dolný Kubín			<b>5:00.28</b>		450
	50m:	34.60	34.60	150m:	1:51.86	38.85	250m:	3:09.85	38.59
	100m:	1:13.01	38.41	200m:	2:31.26	39.40	300m:	3:47.84	37.99
							350m:	4:26.19	38.35
							400m:	5:00.28	34.09
4.	Štrbáková Simona		12	PK Martin			<b>5:02.62</b>		440
	50m:	35.12	35.12	150m:	1:51.38	38.00	250m:	3:08.26	38.64
	100m:	1:13.38	38.26	200m:	2:29.62	38.24	300m:	3:46.99	38.73
							350m:	4:25.44	38.45
							400m:	5:02.62	37.18

XXII VCDK "Žin icový míting"  
Dolný Kubín, 25. - 26.4.2026

disciplína 7, žia ky, 400m vo ný spôsob, 13 - 14 ro .

por.	Ro .				as				body			
5.	Belová Darina				13	PK Martin				<b>5:08.23</b>	416	
	50m:	34.74	34.74	150m:	1:52.57	39.04	250m:	3:11.46	40.05	350m:	4:30.96	39.57
	100m:	1:13.53	38.79	200m:	2:31.41	38.84	300m:	3:51.39	39.93	400m:	5:08.23	37.27
6.	Bolzánová Zoe				12	TJ Dunaj Štúrovo				<b>5:15.03</b>	390	
	50m:	35.73	35.73	150m:	1:54.71	39.79	250m:	3:14.89	40.07	350m:	4:35.89	40.41
	100m:	1:14.92	39.19	200m:	2:34.82	40.11	300m:	3:55.48	40.59	400m:	5:15.03	39.14
7.	Svatíková Nina				12	PO Spartak Myjava				<b>5:27.46</b>	347	
	50m:	37.75	37.75	150m:	2:01.43	42.20	250m:	3:27.83	43.61	350m:	4:49.80	41.08
	100m:	1:19.23	41.48	200m:	2:44.22	42.79	300m:	4:08.72	40.89	400m:	5:27.46	37.66
8.	Súkeniková Ella				12	Nereus Žilina				<b>5:28.70</b>	343	
	50m:	37.11	37.11	150m:	2:00.05	41.81	250m:	3:25.32	42.50	350m:	4:49.90	41.64
	100m:	1:18.24	41.13	200m:	2:42.82	42.77	300m:	4:08.26	42.94	400m:	5:28.70	38.80
9.	Gyéňová Natalia				12	PK Martin				<b>5:32.35</b>	332	
	50m:	37.07	37.07	150m:	2:00.78	42.33	250m:	3:26.79	43.41	350m:	4:52.98	42.94
	100m:	1:18.45	41.38	200m:	2:43.38	42.60	300m:	4:10.04	43.25	400m:	5:32.35	39.37
10.	Facskó Lisbet				13	TJ Dunaj Štúrovo				<b>5:33.99</b>	327	
	50m:	37.52	37.52	150m:	2:00.74	42.35	250m:	3:26.23	42.90	350m:	4:53.42	43.57
	100m:	1:18.39	40.87	200m:	2:43.33	42.59	300m:	4:09.85	43.62	400m:	5:33.99	40.57
11.	Vicianová Emma Karolína				12	VŠK UK FTVŠ Lafranconi				<b>5:38.17</b>	315	
	50m:	37.48	37.48	150m:	2:03.28	43.73	250m:	3:29.75	43.74	350m:	4:57.80	44.07
	100m:	1:19.55	42.07	200m:	2:46.01	42.73	300m:	4:13.73	43.98	400m:	5:38.17	40.37
12.	Slosar íková Natália				13	TT Dolný Kubín				<b>6:01.76</b>	257	
	50m:	39.68	39.68	150m:	2:10.07	45.80	250m:	3:43.24	46.96	350m:	5:16.97	46.64
	100m:	1:24.27	44.59	200m:	2:56.28	46.21	300m:	4:30.33	47.09	400m:	6:01.76	44.79

15 - 16 ro .

1.	Benková Sára				11	Nereus Žilina				<b>5:02.01</b>	443	
	50m:	34.01	34.01	150m:	1:49.83	38.75	250m:	3:07.32	38.77	350m:	4:24.41	38.06
	100m:	1:11.08	37.07	200m:	2:28.55	38.72	300m:	3:46.35	39.03	400m:	5:02.01	37.60
2.	Kvaš ovská Karolína				11	MPK Dolný Kubín				<b>5:09.74</b>	410	
	50m:	33.25	33.25	150m:	1:48.31	38.40	250m:	3:07.40	40.04	350m:	4:28.63	41.10
	100m:	1:09.91	36.66	200m:	2:27.36	39.05	300m:	3:47.53	40.13	400m:	5:09.74	41.11
3.	Staníková Diana				11	PK TENAX Žilina				<b>5:35.92</b>	322	
	50m:	36.43	36.43	150m:	2:01.82	42.99	250m:	3:28.47	43.06	350m:	4:54.73	43.19
	100m:	1:18.83	42.40	200m:	2:45.41	43.59	300m:	4:11.54	43.07	400m:	5:35.92	41.19
4.	Maceková Viktória				10	MPK Dolný Kubín				<b>6:01.12</b>	259	
	50m:	38.05	38.05	150m:	2:08.57	46.58	250m:	3:43.83	48.12	350m:	5:17.42	46.45
	100m:	1:21.99	43.94	200m:	2:55.71	47.14	300m:	4:30.97	47.14	400m:	6:01.12	43.70

17 ro . a st.

1.	Cvengrošová Lucia				09	Považskobystrický PO				<b>4:48.48</b>	508	
	50m:	32.68	32.68	150m:	1:46.23	36.89	250m:	2:59.63	36.68	350m:	4:12.88	36.69
	100m:	1:09.34	36.66	200m:	2:22.95	36.72	300m:	3:36.19	36.56	400m:	4:48.48	35.60
2.	Urbanová Linda				08	MPK Dolný Kubín				<b>5:12.43</b>	400	
	50m:	34.48	34.48	150m:	1:51.90	39.13	250m:	3:11.03	40.02	350m:	4:31.77	40.29
	100m:	1:12.77	38.29	200m:	2:31.01	39.11	300m:	3:51.48	40.45	400m:	5:12.43	40.66
3.	Garajová Katarína				08	TT Dolný Kubín				<b>5:17.32</b>	382	
	50m:	35.94	35.94	150m:	1:56.64	40.41	250m:	3:17.89	40.58	350m:	4:38.51	40.40
	100m:	1:16.23	40.29	200m:	2:37.31	40.67	300m:	3:58.11	40.22	400m:	5:17.32	38.81