

Prueba 20		Fem., 400m Libre		Abs.	
29/03/2026				Resultados	
		AN			Tiempo
19,00	ZUBELDIA OTEIZA, Malen	09	Getxo Igeriketa Bolue K.E.		4:31.57
	50m: 30.83 30.83	150m: 1:37.73	33.51 250m: 2:46.45	34.77 350m: 3:56.90	35.20
	100m: 1:04.22 33.39	200m: 2:11.68	33.95 300m: 3:21.70	35.25 400m: 4:31.57	34.67
16,00	AROZENA UGARTE, Leire	04	D.N. Portugaleta		4:43.90
	50m: 31.62 31.62	150m: 1:40.77	35.27 250m: 2:53.74	36.70 350m: 4:07.42	36.76
	100m: 1:05.50 33.88	200m: 2:17.04	36.27 300m: 3:30.66	36.92 400m: 4:43.90	36.48
14,00	ARANA VELASCO, Irati	06	C.D. Bilbao		4:46.54
	50m: 31.87 31.87	150m: 1:41.60	35.04 250m: 2:54.39	36.74 350m: 4:09.64	37.65
	100m: 1:06.56 34.69	200m: 2:17.65	36.05 300m: 3:31.99	37.60 400m: 4:46.54	36.90
13,00	GALLEGO SALAZAR, Leire	04	C.D. Bilbao		4:47.42
	50m: 33.11 33.11	150m: 1:44.65	36.13 250m: 2:57.80	36.63 350m: 4:11.38	36.56
	100m: 1:08.52 35.41	200m: 2:21.17	36.52 300m: 3:34.82	37.02 400m: 4:47.42	36.04
12,00	SANTAMARIA MARTINEZ, Ane Miren	11	Getxo Igeriketa Bolue K.E.		4:47.57
	50m: 32.25 32.25	150m: 1:43.43	36.01 250m: 2:57.33	36.91 350m: 4:11.81	37.29
	100m: 1:07.42 35.17	200m: 2:20.42	36.99 300m: 3:34.52	37.19 400m: 4:47.57	35.76
11,00	SOPELANA BOYERO, Eider	05	Sopela Igeriketa Swim		4:54.79
	50m: 33.51 33.51	150m: 1:48.98	37.98 250m: 3:04.79	38.10 350m: 4:19.74	36.88
	100m: 1:11.00 37.49	200m: 2:26.69	37.71 300m: 3:42.86	38.07 400m: 4:54.79	35.05
10,00	LARREA ASENSIO, Irati	06	Galdakao I.T.		4:57.83
	50m: 33.00 33.00	150m: 1:46.15	37.14 250m: 3:03.20	39.20 350m: 4:19.91	37.58
	100m: 1:09.01 36.01	200m: 2:24.00	37.85 300m: 3:42.33	39.13 400m: 4:57.83	37.92
-	ESCALANTE ORTUN, Noa	10	Getxo Igeriketa Bolue K.E.		5:02.74
	50m: 33.09 33.09	150m: 1:47.57	37.94 250m: 3:06.60	39.92 350m: 4:25.12	39.07
	100m: 1:09.63 36.54	200m: 2:26.68	39.11 300m: 3:46.05	39.45 400m: 5:02.74	37.62
9,00	SAN JUAN ANDION, Uxue	07	Galdakao I.T.		5:14.16
	50m: 34.55 34.55	150m: 1:53.86	40.57 250m: 3:14.74	40.50 350m: 4:35.78	39.86
	100m: 1:13.29 38.74	200m: 2:34.24	40.38 300m: 3:55.92	41.18 400m: 5:14.16	38.38
8,00	BERMEJO HOCES, Naiara	09	C.N. Santurtzi		5:14.75
	50m: 36.22 36.22	150m: 1:55.97	40.69 250m: 3:16.85	40.25 350m: 4:36.66	39.64
	100m: 1:15.28 39.06	200m: 2:36.60	40.63 300m: 3:57.02	40.17 400m: 5:14.75	38.09
7,00	PEÑA OTERO, Irati	10	C.N. Santurtzi		5:15.74
	50m: 36.85 36.85	150m: 1:57.12	40.50 250m: 3:16.94	39.82 350m: 4:36.89	39.82
	100m: 1:16.62 39.77	200m: 2:37.12	40.00 300m: 3:57.07	40.13 400m: 5:15.74	38.85
6,00	URIBE BASTERRETxea, Malen	09	Gernika-Kosnoaga I.T.		5:19.58
	50m: 38.18 38.18	150m: 2:00.27	40.58 250m: 3:21.67	40.78 350m: 4:41.25	39.11
	100m: 1:19.69 41.51	200m: 2:40.89	40.62 300m: 4:02.14	40.47 400m: 5:19.58	38.33
-	BONET REGUEIRO, Irati	12	C.N. Santurtzi		5:34.91
	50m: 39.20 39.20	150m: 2:04.10	42.38 250m: 3:29.55	43.37 350m: 4:54.23	42.36
	100m: 1:21.72 42.52	200m: 2:46.18	42.08 300m: 4:11.87	42.32 400m: 5:34.91	40.68
-	ETXEBARRIA SALAZAR, Udane	12	Galdakao I.T.		5:35.71
	50m: 38.88 38.88	150m: 2:03.54	43.05 250m: 3:29.14	42.55 350m: 4:54.61	43.09
	100m: 1:20.49 41.61	200m: 2:46.59	43.05 300m: 4:11.52	42.38 400m: 5:35.71	41.10
5,00	ELZO SAENZ, Ane	12	Gernika-Kosnoaga I.T.		5:37.67
	50m: 39.09 39.09	150m: 2:05.22	43.27 250m: 3:32.01	43.74 350m: 4:56.81	41.52
	100m: 1:21.95 42.86	200m: 2:48.27	43.05 300m: 4:15.29	43.28 400m: 5:37.67	40.86
-	LOPEZ DE LARRUZEA SALEGUI, Maid	11	Gernika-Kosnoaga I.T.		5:44.72
	50m: 39.04 39.04	150m: 2:08.04	45.73 250m: 3:38.26	45.44 350m: 5:04.74	42.50
	100m: 1:22.31 43.27	200m: 2:52.82	44.78 300m: 4:22.24	43.98 400m: 5:44.72	39.98
-	PERA VILLALAIN, Ines	08	C.D. Bilbao		6:17.55
	50m: 42.30 42.30	150m: 2:15.10	47.18 250m: 3:52.32	49.09 350m: 5:30.42	48.69
	100m: 1:27.92 45.62	200m: 3:03.23	48.13 300m: 4:41.73	49.41 400m: 6:17.55	47.13