



XXI Troféu Cidade Caldas da Rainha Masters
Caldas da Rainha, 9/5/2026

Prova 5	Femin., 200m Estilos				25 - 104 anos
09/05/2026 - 15:56					Resultados
RN A	2:26.69	Bruna Martins, RIESENBERGER	CIRL	Caldas da Rainha	26/01/2024
RN B	2:27.16	Vania Soares, NEVES	VNC	Caldas da Rainha	26/01/2024
RN C	2:27.95	Ana Paula, GRILO	UDCA	Inatel	04/02/2006
RN D	2:30.13	Susana Clara, GOMES	CNF	Vila Franca de Xira	19/01/2018
RN E	2:35.09	Susana Clara, GOMES	CNF	Caldas da Rainha	27/01/2023
RN F	2:45.36	Gisela Barbosa, COUTINHO	CFP	Torres Novas	24/01/2025
RN G	3:01.29	Elena Nikolaevna, KRAEVA	ADRCIMM	Tomar	30/01/2016
RN H	3:22.33	Maria Teresa, ANDRADE	FCP	Caldas da Rainha	27/01/2023
RN I	3:32.53	Ana Maria, FERREIRA	SAD	Caldas da Rainha	16/04/2016
RN J	3:54.03	Ana Maria, FERREIRA	SAD	Caldas da Rainha	27/01/2023
RN K	4:00.92	Luisa Bessone, BASTO	SAD	Caldas da Rainha	13/04/2019
RN L	59:00.00	start,			01/01/1800
RN M	59:00.00	start,			01/01/1800

Pontos: DSV Masters 22

Lugar	Ano	Tempo final	Pts
Grupo A			
1. Raquel Fernandes, SANTOS	98 Masters de Almada	2:47.14	600
50m: 36.01 36.01	100m: 1:19.06 43.05	150m: 2:06.72 47.66	200m: 2:47.14 40.42
2. Ines Santos, MAGALHAES	99 Sporting Clube de Aveiro	2:59.06	488
50m: 39.23 39.23	100m: 1:26.90 47.67	150m: 2:16.92 50.02	200m: 2:59.06 42.14
3. Monica Seara, DOMINGUES	00 Alcobaca	2:59.30	486
50m: 37.76 37.76	100m: 1:22.31 44.55	150m: 2:15.66 53.35	200m: 2:59.30 43.64
4. Cecilia Branco, ALMEIDA	97 Gesloures	3:05.13	441
50m: 38.06 38.06	100m: 1:26.16 48.10	150m: 2:20.08 53.92	200m: 3:05.13 45.05
5. Aosa Gislaïne, BAIL	00 Masters de Almada	3:28.34	309
50m: 45.92 45.92	100m: 1:39.03 53.11	150m: 2:40.28 1:01.25	200m: 3:28.34 48.06
Grupo B			
1. Ana Margarida, RODRIGUES	96 Galitos / Bresimar	2:43.14	672
50m: 34.17 34.17	100m: 1:16.05 41.88	150m: 2:02.99 46.94	200m: 2:43.14 40.15
2. Carolina Francisco, GOMES	95 Lisboa PoolSharks	2:56.57	530
50m: 36.51 36.51	100m: 1:20.51 44.00	150m: 2:14.78 54.27	200m: 2:56.57 41.79
3. Mariana Costa, CABRAL	95 Nadadores dos Estoris	2:57.66	520
50m: 40.38 40.38	100m: 1:25.29 44.91	150m: 2:14.81 49.52	200m: 2:57.66 42.85
4. Diana Filipa, MACAS	92 Uniao Juncalense	3:06.92	446
50m: 40.60 40.60	100m: 1:29.85 49.25	150m: 2:21.06 51.21	200m: 3:06.92 45.86
Grupo C			
1. Sara Daniela, RODRIGUES	87 Galitos / Bresimar	3:04.01	491
50m: 38.07 38.07	100m: 1:26.16 48.09	150m: 2:20.22 54.06	200m: 3:04.01 43.79
2. Susana Pereira, LORY	87 Masters de Almada	3:42.33	278
50m: 52.93 52.93	100m: 1:53.27 1:00.34	150m: 2:52.22 58.95	200m: 3:42.33 50.11



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Grupo D

1. Joana Margarida, GASPAR 83 Nadadores dos Estoris 3:02.31 522
50m: 38.26 38.26 100m: 1:24.09 45.83 150m: 2:18.88 54.79 200m: 3:02.31 43.43

Grupo E

1. Helen Anne, LYNES 78 Alpha Infiniti Athlete 3:02.01 560
50m: 39.14 39.14 100m: 1:24.55 45.41 150m: 2:17.66 53.11 200m: 3:02.01 44.35
2. Sara Filipa, CORTEZ 81 Masters de Almada 3:24.97 392
50m: 49.55 49.55 100m: 1:39.82 50.27 150m: 2:40.63 1:00.81 200m: 3:24.97 44.34
3. Ana Maria, MARTINS 79 Sporting Clube de Aveiro 3:54.16 263
50m: 1:00.07 1:00.07 100m: 2:01.02 1:00.95 150m: 3:03.02 1:02.00 200m: 3:54.16 51.14
4. Sílvia Luisa, TEIXEIRA 79 Galitos / Bresimar 4:18.60 195
50m: 57.12 57.12 100m: 2:07.02 1:09.90 150m: 3:18.09 1:11.07 200m: 4:18.60 1:00.51

Grupo F

1. Ana Cláudia, GOMES 76 Académica de Coimbra 3:35.49 360
50m: 46.37 46.37 100m: 1:45.96 59.59 150m: 2:45.39 59.43 200m: 3:35.49 50.10
2. Madalena Cruz, PASSOS 75 Gesloures 3:44.69 317
50m: 48.16 48.16 100m: 1:43.45 55.29 150m: 2:47.75 1:04.30 200m: 3:44.69 56.94

Grupo G

1. Patrícia Diogenes, PEREIRA 69 Nadadores dos Estoris 3:08.15 580
50m: 39.56 39.56 100m: 1:28.32 48.76 150m: 2:25.38 57.06 200m: 3:08.15 42.77
2. Maria Clara, SOUSA 68 Masters de Almada 4:04.84 263
50m: 56.06 56.06 100m: 1:58.53 1:02.47 150m: 3:06.87 1:08.34 200m: 4:04.84 57.97

Grupo H

1. Ana Paula, GONCALVES 65 Masters de Almada 3:50.16 434
50m: 48.15 48.15 100m: 1:46.85 58.70 150m: 2:52.47 1:05.62 200m: 3:50.16 57.69