



XXI Troféu Cidade Caldas da Rainha Masters
Caldas da Rainha, 9/5/2026

Prova 17	Femin., 200m Livres				25 - 104 anos
09/05/2026 - 18:28					Resultados
RN A	2:09.40	Bruna Martins, RIESENBERGER	CIRL	Caldas da Rainha	27/01/2024
RN B	2:06.50	Ana Paula, GRILO	UDCA	Inatel	22/03/2003
RN C	2:07.69	Ana Paula, GRILO	UDCA	Freiburg (GER)	08/05/2004
RN D	2:15.77	Susana Clara, GOMES	CNF	Mealhada	19/01/2019
RN E	2:23.57	Carla Santa, BARBARA	FCP	Vila Franca de Xira	18/01/2020
RN F	2:25.79	Carla Santa, BARBARA	FCP	Torres Novas	24/01/2026
RN G	2:33.38	Isabel Baptista, FERREIRA	ADRCIMM	Caldas da Rainha	28/01/2023
RN H	2:51.27	Maria Teresa, ANDRADE	FCP	Torres Novas	24/01/2026
RN I	2:57.96	Ana Maria, FERREIRA	SAD	Caldas da Rainha	16/04/2016
RN J	3:09.01	Ana Maria, FERREIRA	SAD	Sines	07/03/2020
RN K	3:28.77	Luisa Bessone, BASTO	SAD	Mealhada	18/01/2019
RN L	3:50.11	Luisa Bessone, BASTO	SAD	Benedita	01/12/2024
RN M	59:00.00	start,			01/01/1800

Pontos: DSV Masters 22

Lugar	Ano	Tempo final	Pts
Grupo A			
1. Raquel Fernandes, SANTOS	98 Masters de Almada	2:31.01	567
50m: 34.51 34.51	100m: 1:12.40 37.89	150m: 1:51.94 39.54	200m: 2:31.01 39.07
2. Bruna Elisabete, PAULINO	97 Alcobaca	2:31.30	564
50m: 33.76 33.76	100m: 1:11.55 37.79	150m: 1:51.41 39.86	200m: 2:31.30 39.89
3. Joana Teixeira, VIANA	97 CLAC-Entroncamento	2:36.83	506
50m: 36.56 36.56	100m: 1:16.11 39.55	150m: 1:57.09 40.98	200m: 2:36.83 39.74
4. Ines Santos, MAGALHAES	99 Sporting Clube de Aveiro	2:38.11	494
50m: 37.57 37.57	100m: 1:17.27 39.70	150m: 1:57.37 40.10	200m: 2:38.11 40.74
5. Cecilia Branco, ALMEIDA	97 Gesloures	2:43.34	448
50m: 37.46 37.46	100m: 1:18.32 40.86	150m: 2:01.20 42.88	200m: 2:43.34 42.14
6. Maria Teresa, MARTINS	98 Galitos / Bresimar	2:47.56	415
50m: 36.31 36.31	100m: 1:18.27 41.96	150m: 2:03.01 44.74	200m: 2:47.56 44.55
Grupo B			
1. Ana Margarida, RODRIGUES	96 Galitos / Bresimar	2:19.33	733
50m: 33.35 33.35	100m: 1:09.54 36.19	150m: 1:45.98 36.44	200m: 2:19.33 33.35
2. Carolina Francisco, GOMES	95 Lisboa PoolSharks	2:37.64	506
50m: 35.94 35.94	100m: 1:15.94 40.00	150m: 1:57.02 41.08	200m: 2:37.64 40.62
3. Rita Ferreira, JORGE	93 Académico Viseu	2:39.70	487
50m: 37.93 37.93	100m: 1:18.15 40.22	150m: 1:58.62 40.47	200m: 2:39.70 41.08
Grupo C			
1. Ana Claudia, FERREIRA	90 Alcobaca	2:19.88	768
50m: 33.42 33.42	100m: 1:09.50 36.08	150m: 1:45.24 35.74	200m: 2:19.88 34.64
2. Sara Daniela, RODRIGUES	87 Galitos / Bresimar	2:47.52	447
50m: 38.08 38.08	100m: 1:20.41 42.33	150m: 2:04.12 43.71	200m: 2:47.52 43.40
3. Susana Pereira, LORY	87 Masters de Almada	3:23.31	250
50m: 45.22 45.22	100m: 1:36.81 51.59	150m: 2:30.36 53.55	200m: 3:23.31 52.95
DSQ Nadia Filipa, SANTOS	90 Alcobaca		
<i>A atleta não tocou na parede na viragem aos 175 metros.</i>			



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Grupo D

1. Joana Margarida, GASPAR	83	Nadadores dos Estoris	2:52.10	424
50m: 39.82 39.82	100m: 1:24.89 45.07	150m: 2:08.79 43.90	200m: 2:52.10 43.31	
2. Ana Raquel, AMARAL	85	Académica de Coimbra	3:08.15	324
50m: 42.57 42.57	100m: 1:31.56 48.99	150m: 2:21.26 49.70	200m: 3:08.15 46.89	
3. Rita Vanessa, SOUSA	84	Gesloures	3:18.55	276
50m: 42.69 42.69	100m: 1:31.87 49.18	150m: 2:26.14 54.27	200m: 3:18.55 52.41	

Grupo E

1. Claudia Baptista, DOMINGUES	77	Sporting Clube de Aveiro	2:53.52	425
50m: 39.72 39.72	100m: 1:22.81 43.09	150m: 2:07.87 45.06	200m: 2:53.52 45.65	
2. Sara Filipa, CORTEZ	81	Masters de Almada	2:54.98	414
50m: 40.02 40.02	100m: 1:24.18 44.16	150m: 2:11.04 46.86	200m: 2:54.98 43.94	
3. Ana Patricia, CLIMACO	81	Pimpoes/Cimai	3:18.35	284
50m: 46.20 46.20	100m: 1:35.48 49.28	150m: 2:27.75 52.27	200m: 3:18.35 50.60	

Grupo F

1. Juliana Sanches, ELIAS	76	Nadadores dos Estoris	3:06.53	370
50m: 43.83 43.83	100m: 1:31.90 48.07	150m: 2:21.05 49.15	200m: 3:06.53 45.48	
2. Carla Sousinha, NUNES	75	CNLeiria - VOID	3:38.37	230
50m: 48.33 48.33	100m: 1:43.89 55.56	150m: 2:41.35 57.46	200m: 3:38.37 57.02	
3. Cecilia Maria, ESCUDEIRO	74	CNLeiria - VOID	4:54.28	94
50m: 53.87 53.87	100m: 1:55.61 1:01.74	150m: 2:58.53 1:02.92	200m: 4:54.28 1:55.75	

Grupo G

1. Elisabete Maria, ROSA	69	Pimpoes/Cimai	2:55.64	482
50m: 40.86 40.86	100m: 1:25.89 45.03	150m: 2:11.35 45.46	200m: 2:55.64 44.29	
2. Maria Manuela, FERREIRA	70	Vitória Sport Clube	3:11.14	374
50m: 45.02 45.02	100m: 1:33.09 48.07	150m: 2:22.52 49.43	200m: 3:11.14 48.62	
3. Marina Isabel, MENDES	68	Masters de Almada	3:14.03	357
50m: 44.48 44.48	100m: 1:33.42 48.94	150m: 2:24.83 51.41	200m: 3:14.03 49.20	
4. Carla Vale, LENZI	67	Sport Algés e Dafundo	3:23.10	312
50m: 45.56 45.56	100m: 1:37.30 51.74	150m: 2:32.30 55.00	200m: 3:23.10 50.80	
5. Manuela Ribeiro, PEREIRA	71	Ba Leiria / Sk Coffee	3:51.49	210
50m: 56.32 56.32	100m: 1:55.10 58.78	150m: 2:54.55 59.45	200m: 3:51.49 56.94	

Grupo H

1. Maria Joao, RIBEIRO	65	Nadadores dos Estoris	3:27.77	352
50m: 49.34 49.34	100m: 1:43.73 54.39	150m: 2:37.27 53.54	200m: 3:27.77 50.50	
2. Maria Goncalves, VASCONCELOS	64	Masters de Almada	3:28.22	350
50m: 45.47 45.47	100m: 1:37.27 51.80	150m: 2:33.12 55.85	200m: 3:28.22 55.10	
3. Maria Manuela, NETO	62	Natacao da Maia	3:47.82	267
50m: 51.33 51.33	100m: 1:49.52 58.19	150m: 2:49.70 1:00.18	200m: 3:47.82 58.12	



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Grupo I

1. Michelle Annette, MOORE	60	Óbidos	3:01.02	743
50m: 41.26 41.26	100m: 1:26.85 45.59	150m: 2:14.15 47.30	200m: 3:01.02 46.87	
2. Maria Lucia, BARBOSA	59	Sport Algés e Dafundo	4:57.49	167
50m: 1:04.91 1:04.91	100m: 2:21.42 1:16.51	150m: 3:38.90 1:17.48	200m: 4:57.49 1:18.59	