

L'Unik essai de temps de la dernière chance
Pont-Rouge, 23-3-2026

Epreuve 5
2026-03-23 - 18:50

Dames, 400m Libre

Cat. générale
Liste résultats Essai de temps

Points: AQUA 2025

Rang			Age					Temps	Pts			
Cat. générale												
1.	TESSIER, Laurence			14	Unik Pont-Rouge			5:29.80	340			
	50m:	35.45	35.45	150m:	1:56.96	41.51	250m:	3:21.26	42.69	350m:	4:47.23	43.09
	100m:	1:15.45	40.00	200m:	2:38.57	41.61	300m:	4:04.14	42.88	400m:	5:29.80	42.57
2.	CHAMBERLAND, Rosalie			14	Unik Pont-Rouge			6:15.97	229			
	50m:	41.54	41.54	150m:	2:14.17	47.21	250m:	3:50.29	48.54	350m:	5:27.17	48.48
	100m:	1:26.96	45.42	200m:	3:01.75	47.58	300m:	4:38.69	48.40	400m:	6:15.97	48.80

13 - 14 ans

1.	TESSIER, Laurence			14	Unik Pont-Rouge			5:29.80	340			
	50m:	35.45	35.45	150m:	1:56.96	41.51	250m:	3:21.26	42.69	350m:	4:47.23	43.09
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	100m:	1:26.96	45.42	200m:	3:01.75	47.58	300m:	4:38.69	48.40	400m:	6:15.97	48.80