

The MOSAN National Youth Finals  
Seraing, 14/5/2026

Event 14  
14/05/2026 - 15:35

Girls, 400m Freestyle

Finale 400 m Nage Libre Filles 13 ans  
Results

Points: AQUA 2026

Rank			YB				Time	Pts MP	AQUA			
1.	STAS, Lorane		13	Liege Natation			4:45.05		554			
	<i>Mistral, Trident, Requin</i>											
	50m:	32.09	32.09	150m:	1:42.46	35.61	250m:	2:54.90	36.19	350m:	4:02.38	30.34
	100m:	1:06.85	34.76	200m:	2:18.71	36.25	300m:	3:32.04	37.14	400m:	4:45.05	42.67
2.	VAN HOVE, Pauline		13	Liege Natation			4:49.67		528			
	<i>Mistral, Trident, Requin</i>											
	50m:	33.53	33.53	150m:	1:46.94	37.06	250m:	3:00.93	36.87	350m:	4:14.92	36.87
	100m:	1:09.88	36.35	200m:	2:24.06	37.12	300m:	3:38.05	37.12	400m:	4:49.67	34.75
3.	COTAN, Bianca		13	Mhn			4:52.69		512			
	<i>Mistral, Trident</i>											
	50m:	32.42	32.42	150m:	1:46.48	37.46	250m:	3:02.02	37.47	350m:	4:17.20	37.13
	100m:	1:09.02	36.60	200m:	2:24.55	38.07	300m:	3:40.07	38.05	400m:	4:52.69	35.49
4.	PIRA, Anne-Sophie		13	De Beringse Tuimelaars			4:52.84		511			
	<i>Mistral, Trident</i>											
	50m:	32.44	32.44	150m:	1:46.51	37.30	250m:	3:01.82	37.42	350m:	4:17.74	37.77
	100m:	1:09.21	36.77	200m:	2:24.40	37.89	300m:	3:39.97	38.15	400m:	4:52.84	35.10
5.	GENOT, Alix		13	Enw			4:57.38		488			
	<i>Mistral, Trident</i>											
	50m:	33.18	33.18	150m:	1:46.84	37.74	250m:	3:02.72	38.01	350m:	4:19.75	38.33
	100m:	1:09.10	35.92	200m:	2:24.71	37.87	300m:	3:41.42	38.70	400m:	4:57.38	37.63
6.	MASSCHELEIN, Sophie		13	Waterloo Natation			5:00.32		474			
	<i>Mistral, Trident</i>											
	50m:	32.98	32.98	150m:	1:47.48	37.60	250m:	3:04.08	38.20	350m:	4:22.15	38.92
	100m:	1:09.88	36.90	200m:	2:25.88	38.40	300m:	3:43.23	39.15	400m:	5:00.32	38.17
7.	DE JONG, Suzan		13	Tsz			5:02.88		462			
	<i>Mistral, Trident</i>											
	50m:	32.81	32.81	150m:	1:48.54	38.43	250m:	3:06.42	39.08	350m:	4:25.33	39.44
	100m:	1:10.11	37.30	200m:	2:27.34	38.80	300m:	3:45.89	39.47	400m:	5:02.88	37.55
8.	MASAITE, Milda		13	Swimming Club Wauterbos Rode			5:03.07		461			
	<i>Mistral, Trident</i>											
	50m:	32.90	32.90	150m:	1:48.14	38.79	250m:	3:07.58	39.73	350m:	4:26.42	38.68
	100m:	1:09.35	36.45	200m:	2:27.85	39.71	300m:	3:47.74	40.16	400m:	5:03.07	36.65