

The MOSAN National Youth Finals
Seraing, 14/5/2026

Event 1
14/05/2026 - 14:00

Girls, 400m Freestyle

Finale 400 m Nage Libre Filles 11 ans
Results

Points: AQUA 2026

Rank			YB			Time	Pts MP	AQUA				
1.	MEWISSEN, Jade		15	Enw		5:10.27		429				
	<i>Mistral, Trident</i>											
	50m:	35.04	35.04	150m:	1:51.86	38.19	250m:	3:11.66	39.57	350m:	4:31.81	39.65
	100m:	1:13.67	38.63	200m:	2:32.09	40.23	300m:	3:52.16	40.50	400m:	5:10.27	38.46
2.	PIRA, Pauline		15	De Beringse Tuimelaars		5:26.92		367				
	<i>Mistral, Trident</i>											
	50m:	36.85	36.85	150m:	1:57.94	41.27	250m:	3:21.49	41.85	350m:	4:45.83	41.97
	100m:	1:16.67	39.82	200m:	2:39.64	41.70	300m:	4:03.86	42.37	400m:	5:26.92	41.09
3.	DE VOCHT, Flore		15	Leuven Aquatics		5:30.48		355				
	<i>Mistral, Trident</i>											
	50m:	37.32	37.32	150m:	2:01.15	42.33	250m:	3:25.99	42.74	350m:	4:49.88	41.74
	100m:	1:18.82	41.50	200m:	2:43.25	42.10	300m:	4:08.14	42.15	400m:	5:30.48	40.60
4.	SEGHERS, Milla		15	Zwemclub Kapelle-O/D-Bos		5:33.50		346				
	<i>Mistral, Trident</i>											
	50m:	36.58	36.58	150m:	2:01.27	42.89	250m:	3:27.60	43.52	350m:	4:55.05	43.59
	100m:	1:18.38	41.80	200m:	2:44.08	42.81	300m:	4:11.46	43.86	400m:	5:33.50	38.45
5.	DORMAL, celeste		15	flipper club natation Saint georges		5:35.85		339				
	<i>Mistral, Trident</i>											
	50m:	38.21	38.21	150m:	2:02.31	41.34	250m:	3:29.88	44.26	350m:	4:55.19	41.64
	100m:	1:20.97	42.76	200m:	2:45.62	43.31	300m:	4:13.55	43.67	400m:	5:35.85	40.66
6.	REMANS, Alice		15	Trust		5:45.73		310				
	<i>Mistral</i>											
	50m:	37.55	37.55	150m:	2:02.83	42.97	250m:	3:31.61	44.75	350m:	5:01.41	43.74
	100m:	1:19.86	42.31	200m:	2:46.86	44.03	300m:	4:17.67	46.06	400m:	5:45.73	44.32
7.	FONCIER, Poppy		15	Aqua Club Braine l'Alleud		5:48.41		303				
	<i>Mistral</i>											
	50m:	39.34	39.34	150m:	2:06.31	43.23	250m:	3:35.67	44.62	350m:	5:04.51	43.99
	100m:	1:23.08	43.74	200m:	2:51.05	44.74	300m:	4:20.52	44.85	400m:	5:48.41	43.90
8.	VANDINGENEN, Joke		15	Trust		5:57.53		281				
	50m:	40.20	40.20	150m:	2:11.39	45.73	250m:	3:43.94	47.05	350m:	5:14.68	45.60
	100m:	1:25.66	45.46	200m:	2:56.89	45.50	300m:	4:29.08	45.14	400m:	5:57.53	42.85