

DDO Invitation 12 ans et moins
Dollard-des-Ormeaux, 21- - 22-3-2026

Event 15
2026-03-21 - 6:17

Girls, 400m Freestyle

12 years and younger
Results

Points: AQUA 2025

Rank			Age					Time	Pts			
9 - 10 years												
1.	POIRIER, Evelyn		10	Dorval Swim Club				5:53.80	275			
	50m:	42.10	150m:	2:14.91	46.20	250m:	3:44.58	44.80	350m:	5:13.66	44.53	
	100m:	1:28.71	46.61	200m:	2:59.78	44.87	300m:	4:29.13	44.55	400m:	5:53.80	40.14
2.	TOUHAMI, Sofia		9	C.N. Dollard-des-Ormeaux				6:11.72	237			
	50m:	42.01	42.01	150m:	2:15.11	46.44	250m:	3:49.12	47.21	350m:	5:19.51	43.30
	100m:	1:28.67	46.66	200m:	3:01.91	46.80	300m:	4:36.21	47.09	400m:	6:11.72	52.21
3.	BENCHAKROUN, Ghita		10	Calac				6:17.57	226			
	50m:	42.64	42.64	150m:	2:19.45	48.86	250m:	3:57.06	49.40	350m:	5:34.25	48.73
	100m:	1:30.59	47.95	200m:	3:07.66	48.21	300m:	4:45.52	48.46	400m:	6:17.57	43.32
4.	SAYAH, Souhila		10	Elite				6:26.23	211			
	50m:	45.25	45.25	150m:	2:22.64	47.72	250m:	4:00.66	48.78	350m:	5:39.36	49.32
	100m:	1:34.92	49.67	200m:	3:11.88	49.24	300m:	4:50.04	49.38	400m:	6:26.23	46.87
5.	DENG, Eva		10	C.N. Dollard-des-Ormeaux				6:46.06	182			
	50m:	44.41	44.41	150m:	2:27.03	51.12	250m:	4:09.76	50.90	350m:	5:55.39	52.72
	100m:	1:35.91	51.50	200m:	3:18.86	51.83	300m:	5:02.67	52.91	400m:	6:46.06	50.67
DNS	VANALDERWERELT, Adele		10	Club de Natation SAMAK								
11 - 12 years												
1.	SHI, Moon		11	Elite				5:24.42	357			
	50m:	37.83	37.83	150m:	2:00.96	41.26	250m:	3:24.10	41.62	350m:	4:45.45	40.62
	100m:	1:19.70	41.87	200m:	2:42.48	41.52	300m:	4:04.83	40.73	400m:	5:24.42	38.97
2.	PERKINS, Emma		11	C.N. Dollard-des-Ormeaux				5:26.15	351			
	50m:	37.82	37.82	150m:	2:02.21	41.94	250m:	3:25.59	41.67	350m:	4:45.11	38.90
	100m:	1:20.27	42.45	200m:	2:43.92	41.71	300m:	4:06.21	40.62	400m:	5:26.15	41.04
3.	HU, Grace Yang		12	Dorval Swim Club				5:34.22	326			
	50m:	38.37	38.37	150m:	2:02.48	41.39	250m:	3:27.02	42.60	350m:	4:52.89	43.00
	100m:	1:21.09	42.72	200m:	2:44.42	41.94	300m:	4:09.89	42.87	400m:	5:34.22	41.33
4.	SILES, Sofia		11	C.N. Dollard-des-Ormeaux				5:35.53	323			
	50m:	38.25	38.25	150m:	2:03.30	42.47	250m:	3:28.65	43.04	350m:	4:54.39	43.51
	100m:	1:20.83	42.58	200m:	2:45.61	42.31	300m:	4:10.88	42.23	400m:	5:35.53	41.14
5.	SCKOROPAD, Jade		12	Elite				5:49.25	286			
	50m:	41.65	41.65	150m:	2:14.40	45.76	250m:	3:44.06	44.74	350m:	5:09.78	42.28
	100m:	1:28.64	46.99	200m:	2:59.32	44.92	300m:	4:27.50	43.44	400m:	5:49.25	39.47
6.	SERVIO, Arya		11	C.N. Dollard-des-Ormeaux				5:51.28	281			
	50m:	38.39	38.39	150m:	2:05.84	44.07	250m:	3:36.14	46.04	350m:	5:07.36	45.65
	100m:	1:21.77	43.38	200m:	2:50.10	44.26	300m:	4:21.71	45.57	400m:	5:51.28	43.92
7.	DESCOTEAUX, Eleanor		11	Dorval Swim Club				6:00.78	259			
	50m:	40.24	40.24	150m:	2:11.61	46.16	250m:	3:44.14	44.77	350m:	5:14.83	44.35
	100m:	1:25.45	45.21	200m:	2:59.37	47.76	300m:	4:30.48	46.34	400m:	6:00.78	45.95
8.	HAMILTON-SOOKMAN, Freya		11	Dorval Swim Club				6:04.82	251			
	50m:	40.26	40.26	150m:	2:13.08	46.09	250m:	3:47.89	46.65	350m:	5:22.81	47.60
	100m:	1:26.99	46.73	200m:	3:01.24	48.16	300m:	4:35.21	47.32	400m:	6:04.82	42.01
9.	HOU, Jiang		11	C.N. Dollard-des-Ormeaux				6:05.74	249			
	50m:	39.67	39.67	150m:	2:13.37	47.78	250m:	3:47.73	46.90	350m:	5:19.89	45.60
	100m:	1:25.59	45.92	200m:	3:00.83	47.46	300m:	4:34.29	46.56	400m:	6:05.74	45.85

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Dollard-des-Ormeaux, 21- - 22-3-2026

Event 15, Girls, 400m Freestyle, 11 - 12 years

Rank			Age						Time	Pts		
10.	XUE, Yichen		12		C.N. Dollard-des-Ormeaux				6:06.00	248		
	50m:	40.14	40.14	150m:	2:11.04	46.65	250m:	3:45.66	47.11	350m:	5:20.21	47.98
	100m:	1:24.39	44.25	200m:	2:58.55	47.51	300m:	4:32.23	46.57	400m:	6:06.00	45.79
11.	NEWTON, Kaylie		11		C.N. Dollard-des-Ormeaux				6:39.24	191		
	50m:	42.50	42.50	150m:	2:22.36	51.01	250m:	4:07.64		350m:	5:51.12	
	100m:	1:31.35	48.85	200m:			300m:			400m:	6:39.24	48.12
12.	PARIZEAU, Claire		11		C.N. Dollard-des-Ormeaux				6:53.87	172		
	50m:	44.95	44.95	150m:	2:28.77		250m:			350m:	6:03.73	
	100m:			200m:			300m:			400m:	6:53.87	50.14
DNS	LIU, Iris		12		Club de Natation SAMAK							
DNS	LIU, Wanting		12		Dorval Swim Club							