



TROFEO NATACION MÁSTER FDNA 2026
Gijón, 19/4/2026



Prueba 1
19/04/2026 - 10:00

400m Libre

20 años y mayores
Resultados

Puntos: AQUA Master 2025

Clasificación	AN			Tiempo	Pts	P.Club
20+, Fem.						
1.	GARCIA DE CASTRO Victoria	03	C.N. Santa Olaya	4:48.38	680	13,00
	50m: 33.23 33.23 150m:		250m:	350m:		
	100m: 1:08.74 35.51 200m: 2:21.64		300m: 3:35.70	400m: 4:48.38		
2.	GONZALEZ RAMIRO Nerea	06	C.N. Santa Olaya	5:02.65	589	10,00
	50m: 32.79 32.79 150m:		250m:	350m:		
	100m: 1:08.58 35.79 200m: 2:25.59		300m: 3:44.65	400m: 5:02.65		
3.	ALVAREZ GARCIA Carlota	02	R.G.C. Covadonga	5:06.47	567	8,00
	50m: 34.38 34.38 150m:		250m:	350m:		
	100m: 1:12.11 37.73 200m: 2:31.03		300m: 3:51.35	400m: 5:06.47		
4.	LARA RENUNCIO Maria	02	C.N. Santa Olaya	5:43.70	402	7,00
	50m: 37.99 37.99 150m:		250m:	350m:		
	100m: 1:20.69 42.70 200m: 2:48.81		300m: 4:16.44	400m: 5:43.70		
5.	ALONSO ATIENZA Ana	03	C.N. Cuencas Mineras	6:01.75	344	6,00
	50m: 36.61 36.61 150m:		250m:	350m:		
	100m: 1:19.24 42.63 200m: 2:52.43		300m: 4:29.36	400m: 6:01.75		
25+, Fem.						
1.	GARCIA GARCIA Aitana	97	C.N. Cuencas Mineras	5:02.13	592	13,00
	50m: 34.49 34.49 150m:		250m:	350m:		
	100m: 1:11.11 36.62 200m: 2:26.61		300m: 3:43.92	400m: 5:02.13		
2.	LOPEZ ALVAREZ Rosa Mary	99	E.N. Corvera	6:00.20	349	10,00
	50m: 41.05 41.05 150m:		250m:	350m:		
	100m: 1:25.61 44.56 200m: 2:56.67		300m: 4:29.24	400m: 6:00.20		
30+, Fem.						
1.	GONZALEZ LOPEZ Susana	96	C.N. Las Anclas Castrillon	5:21.45	496	13,00
	50m: 36.54 36.54 150m:		250m:	350m:		
	100m: 1:16.30 39.76 200m: 2:38.17		300m: 4:00.49	400m: 5:21.45		
2.	BOTANA FERNANDEZ Beatriz	93	E.N. Corvera	6:10.18	325	10,00
	50m: 41.86 41.86 150m:		250m:	350m:		
	100m: 1:27.02 45.16 200m: 2:59.47		300m: 4:34.77	400m: 6:10.18		
3.	RODRIGUEZ FERNANDEZ Cristina	94	C. Aquatico Aviles Solras	6:59.29	223	8,00
	50m: 42.05 42.05 150m:		250m:	350m:		
	100m: 1:29.43 47.38 200m: 3:15.49		300m: 5:08.70	400m: 6:59.29		
35+, Fem.						
1.	AGUERA FERNANDEZ Patricia	87	R.G.C. Covadonga	5:19.59	538	13,00
	50m: 36.05 36.05 150m:		250m:	350m:		
	100m: 1:16.23 40.18 200m: 2:38.07		300m: 3:59.33	400m: 5:19.59		
2.	ALVAREZ GARCIA Rocio	87	C.N. Ovimaster	6:02.75	368	10,00
	50m: 39.98 39.98 150m:		250m:	350m:		
	100m: 1:23.67 43.69 200m: 2:55.17		300m: 4:30.17	400m: 6:02.75		

Piscina 25 m. / Coronometraje manual



Prueba 1, 400m Libre

40+, Fem.

1.	BLANCO RODRIGUEZ Isabel	83	R.G.C. Covadonga	5:08.94	608	13,00
	<i>Récord de Asturias Máster</i>					
	50m: 35.30	35.30	150m:	250m:	350m:	
	100m: 1:13.54	38.24	200m: 2:31.92	300m: 3:50.11	400m: 5:08.94	
2.	TRAVIESA PALENCIA Jessica	85	C.N. Las Anclas Castrillon	5:28.55	505	10,00
	50m: 38.85	38.85	150m:	250m:	350m:	
	100m: 1:20.05	41.20	200m: 2:42.36	300m: 4:05.61	400m: 5:28.55	
3.	GARCIA CACERES Laura	85	C.N. Villa De Navia	5:32.20	489	8,00
	50m: 38.17	38.17	150m:	250m:	350m:	
	100m: 1:18.98	40.81	200m: 2:42.24	300m: 4:07.49	400m: 5:32.20	
4.	PONTHIERE Helene Ivonne G	82	C.N. Ovimaster	5:48.50	423	7,00
	50m: 37.30	37.30	150m:	250m:	350m:	
	100m: 1:18.85	41.55	200m: 2:47.92	300m: 4:18.24	400m: 5:48.50	

45+, Fem.

Baja	ARAMBURU ZUÑIGA Patricia	77	C.N. Las Anclas Castrillon			-
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50+, Fem.

1.	ROZAS REYES Paloma	74	R.G.C. Covadonga	6:32.50	339	13,00
	50m: 40.60	40.60	150m:	250m:	350m:	
	100m: 1:27.48	46.88	200m: 3:08.04	300m: 4:50.78	400m: 6:32.50	
2.	CANO PEREZ Lucia	73	C.N. Ovimaster	6:35.13	332	10,00
	50m: 44.49	44.49	150m:	250m:	350m:	
	100m: 1:33.24	48.75	200m: 3:13.49	300m: 4:54.79	400m: 6:35.13	
3.	FUERTES LLAMAZALES Begona	73	C.N. Santa Olaya	6:49.13	299	8,00
	50m: 44.85	44.85	150m:	250m:	350m:	
	100m: 1:35.05	50.20	200m: 3:19.54	300m: 5:06.79	400m: 6:49.13	

55+, Fem.

1.	ALVAREZ GONZALEZ Ma Teresa	69	C.N. Santa Olaya	6:18.27	394	13,00
	50m: 43.65	43.65	150m:	250m:	350m:	
	100m: 1:30.84	47.19	200m: 3:06.63	300m: 4:42.58	400m: 6:18.27	
2.	BOTO LLERA Maria Jesus	70	R.G.C. Covadonga	6:44.70	321	10,00
	50m: 46.81	46.81	150m:	250m:	350m:	
	100m: 1:36.00	49.19	200m: 3:18.13	300m: 5:02.38	400m: 6:44.70	
3.	BENITO VIOQUE Carmen	67	C.N. Ovimaster	7:27.67	237	8,00
	50m: 52.97	52.97	150m:	250m:	350m:	
	100m: 1:50.03	57.06	200m: 3:44.53	300m: 5:37.66	400m: 7:27.67	
4.	DIAZ FERNADEZ Marta	67	C.N. Santa Olaya	7:48.87	206	7,00
	50m: 50.49	50.49	150m:	250m:	350m:	
	100m: 1:47.36	56.87	200m: 3:48.61	300m: 5:51.77	400m: 7:48.87	

Piscina 25 m. / Coronometraje manual



Prueba 1, 400m Libre

60+, Fem.

1.	ELIO VILLANUEVA Maria Cristina	66	R.G.C. Covadonga	5:51.91	517	13,00
	<i>Récord de Asturias Máster</i>					
	50m: 40.02	40.02	150m:	250m:	350m:	
	100m: 1:24.33	44.31	200m: 2:54.10	300m: 4:24.10	400m: 5:51.91	
2.	MENENDEZ MORIS Emilia	62	R.G.C. Covadonga	6:58.27	308	10,00
	50m: 46.03	46.03	150m:	250m:	350m:	
	100m: 1:36.43	50.40	200m: 3:22.57	300m: 5:12.24	400m: 6:58.27	
3.	MUÑOZ ALVAREZ Emilia	62	C.N. Ovimaster	7:52.76	213	8,00
	50m: 55.25	55.25	150m:	250m:	350m:	
	100m: 1:54.62	59.37	200m: 3:53.07	300m: 5:53.38	400m: 7:52.76	
Baja	LIÑERO AZCÁRATE Liliana	66	R.G.C. Covadonga			-

65+, Fem.

1.	BANGO MELCON Eva	61	R.G.C. Covadonga	7:03.81	362	13,00
	50m: 46.14	46.14	150m:	250m:	350m:	
	100m: 1:37.20	51.06	200m: 3:26.12	300m: 5:16.88	400m: 7:03.81	
2.	SUÁREZ MUÑOZ Angeles	57	C.N. Cuencas Mineras	7:18.65	326	10,00
	50m: 51.43	51.43	150m:	250m:	350m:	
	100m: 1:45.92	54.49	200m: 3:37.17	300m: 5:28.25	400m: 7:18.65	
3.	MUÑOZ GARDE Mo Sol Reyes	59	C.N. Santa Olaya	7:49.72	265	8,00
	50m: 53.62	53.62	150m:	250m:	350m:	
	100m: 1:51.82	58.20	200m: 3:51.73	300m: 5:51.14	400m: 7:49.72	

20+, Masc.

1.	MOLINA BLANCO Pablo	05	C.N. Ovimaster	5:45.81	293	13,00
	50m: 36.85	36.85	150m:	250m:	350m:	
	100m: 1:18.73	41.88	200m: 2:47.73	300m: 4:18.54	400m: 5:45.81	

25+, Masc.

1.	COSTA FERNANDEZ Lucas	98	C. Aquatico Aviles Solras	4:19.60	694	13,00
	<i>Récord de Asturias Máster</i>					
	50m: 28.43	28.43	150m:	250m:	350m:	
	100m: 59.54	31.11	200m: 2:05.05	300m: 3:12.73	400m: 4:19.60	
2.	GARCIA DE LA FUENTE David	98	C.N. Cuencas Mineras	5:17.65	379	10,00
	50m: 36.98	36.98	150m:	250m:	350m:	
	100m: 1:16.36	39.38	200m: 2:37.50	300m: 3:58.74	400m: 5:17.65	
3.	LARA RENUNCIIO Enrique	97	C.N. Santa Olaya	5:20.10	370	8,00
	50m: 37.89	37.89	150m:	250m:	350m:	
	100m: 1:19.33	41.44	200m: 2:39.39	300m: 3:59.76	400m: 5:20.10	

30+, Masc.

1.	DIAZ FERNANDEZ Sergio	93	C.N. Villa De Navia	5:18.45	369	13,00
	50m: 36.07	36.07	150m:	250m:	350m:	
	100m: 1:13.92	37.85	200m: 2:34.36	300m: 3:56.43	400m: 5:18.45	

Piscina 25 m. / Coronometraje manual



TROFEO NATACION MÁSTER FDNA 2026
Gijón, 19/4/2026



Prueba 1, Masc., 400m Libre, 30+

Clasificación	AN					Tiempo	Pts	P.Club
2.	ALONSO PEREZ Rafael	94	C.N. Ovimaster			7:25.76	134	10,00
	50m: 50.65	50.65	150m:	250m:		350m:		
	100m: 1:45.87	55.22	200m: 3:38.54	300m: 5:34.36		400m: 7:25.76		

35+, Masc.

1.	MENDEZ FERNANDEZ David	91	C.N. Villa De Navia			5:14.13	433	13,00
	50m: 35.05	35.05	150m:	250m:		350m:		
	100m: 1:13.43	38.38	200m: 2:32.73	300m: 3:55.01		400m: 5:14.13		
Baja	DIAZ ALVAREZ Daniel	90	R.G.C. Covadonga					-

40+, Masc.

1.	FERNANDEZ CORDOBA Diego	85	R.G.C. Covadonga			4:34.59	673	13,00
	50m: 31.13	31.13	150m:	250m:		350m:		
	100m: 1:05.00	33.87	200m: 2:14.33	300m: 3:24.76		400m: 4:34.59		
2.	ALVAREZ ORDOÑEZ Noe	83	C.N. Cuencas Mineras			4:35.01	670	10,00
	50m: 29.54	29.54	150m:	250m:		350m:		
	100m: 1:01.92	32.38	200m: 2:11.05	300m: 3:22.92		400m: 4:35.01		
3.	SUAREZ-LLEDO ORTEA Claudio	85	R.G.C. Covadonga			4:51.26	564	8,00
	50m: 33.17	33.17	150m:	250m:		350m:		
	100m: 1:08.92	35.75	200m: 2:22.85	300m: 3:37.98		400m: 4:51.26		
4.	BADAL ORTIZ Miguel	82	R.G.C. Covadonga			5:07.70	478	7,00
	50m: 34.78	34.78	150m:	250m:		350m:		
	100m: 1:12.10	37.32	200m: 2:30.15	300m: 3:50.05		400m: 5:07.70		
5.	GARCIA GOMEZ Manuel	86	C.N. Santa Olaya			5:40.52	353	6,00
	50m: 34.24	34.24	150m:	250m:		350m:		
	100m: 1:11.86	37.62	200m: 2:37.62	300m: 4:09.62		400m: 5:40.52		
6.	FERNANDEZ FERNANDEZ Marcos	84	C.N. Ovimaster			5:56.59	307	5,00
	50m: 37.46	37.46	150m:	250m:		350m:		
	100m: 1:19.00	41.54	200m: 2:50.11	300m: 4:23.49		400m: 5:56.59		

45+, Masc.

1.	CUADRADO CAZORLA Roberto	78	C.N. Ovimaster			5:17.48	448	13,00
	50m: 34.15	34.15	150m:	250m:		350m:		
	100m: 1:11.35	37.20	200m: 2:30.65	300m: 3:52.92		400m: 5:17.48		
2.	RANGEL MENDEZ Luis Alberto	78	C.N. Ovimaster			5:32.43	391	10,00
	50m: 37.56	37.56	150m:	250m:		350m:		
	100m: 1:19.38	41.82	200m: 2:45.10	300m: 4:09.96		400m: 5:32.43		
3.	FERNANDEZ REQUENA Dario	80	C.N. Ovimaster			5:50.54	333	8,00
	50m: 36.16	36.16	150m:	250m:		350m:		
	100m: 1:16.95	40.79	200m: 2:44.23	300m: 4:16.92		400m: 5:50.54		

50+, Masc.

1.	MARTINEZ GONZALEZ Raul	72	C.N. Ovimaster			5:14.20	471	13,00
	50m: 35.05	35.05	150m:	250m:		350m:		
	100m: 1:13.05	38.00	200m: 2:32.49	300m: 3:53.05		400m: 5:14.20		

Piscina 25 m. / Coronometraje manual



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Prueba 1, Masc., 400m Libre, 50+

Clasificación	AN			Tiempo	Pts	P.Club
2. LOPEZ RODRIGUEZ Ignacio	73	C.N. Ovimaster		5:44.08	358	10,00
50m: 36.73 36.73	150m:	250m:	350m:			
100m: 1:22.20 45.47	200m: 2:51.64	300m: 4:20.16	400m: 5:44.08			

Baja RODRIGUEZ DIAZ Rogelio 75 R.G.C. Covadonga -

55+, Masc.

1. RAMON IBAÑEZ Oscar	70	C.N. Las Anclas Castrillon		5:30.23	466	13,00
50m: 35.93 35.93	150m:	250m:	350m:			
100m: 1:15.90 39.97	200m: 2:39.45	300m: 4:04.53	400m: 5:30.23			
2. VEGA ALVAREZ Fernando	71	C.N. Ovimaster		5:56.94	369	10,00
50m: 39.20 39.20	150m:	250m:	350m:			
100m: 1:21.28 42.08	200m: 2:50.08	300m: 4:23.92	400m: 5:56.94			

60+, Masc.

1. ROLLAN LEAL Luis	66	R.G.C. Covadonga		5:36.50	502	13,00
<i>Récord de Asturias Máster</i>						
50m: 37.17 37.17	150m:	250m:	350m:			
100m: 1:16.79 39.62	200m: 2:41.49	300m: 4:09.36	400m: 5:36.50			
2. JIMENEZ CASCALLANA Fernando	66	C.N. Villa De Navia		5:39.72	488	10,00
50m: 37.43 37.43	150m:	250m:	350m:			
100m: 1:19.98 42.55	200m: 2:46.70	300m: 4:13.64	400m: 5:39.72			
3. SINNE Stefan	65	C.N. Ovimaster		6:00.75	408	8,00
50m: 39.36 39.36	150m:	250m:	350m:			
100m: 1:21.61 42.25	200m: 2:50.49	300m: 4:24.30	400m: 6:00.75			
4. FERNANDEZ ARRIBAS Emilio	64	C. Aquatico Aviles Solras		6:13.40	367	7,00
50m: 40.49 40.49	150m:	250m:	350m:			
100m: 1:25.61 45.12	200m: 2:59.92	300m: 4:38.68	400m: 6:13.40			

Baja MARROT GONZALEZ Jose 65 C.N. Santa Olaya -

65+, Masc.

1. SALOM RODRIGUEZ Josep	60	C.N. Ovimaster		6:12.26	372	13,00
50m: 43.54 43.54	150m:	250m:	350m:			
100m: 1:30.41 46.87	200m: 3:06.35	300m: 4:41.19	400m: 6:12.26			
2. RODRIGUEZ FERNANDEZ Jose Manue60		C. Aquatico Aviles Solras		6:38.16	304	10,00
50m: 45.87 45.87	150m:	250m:	350m:			
100m: 1:35.29 49.42	200m: 3:16.63	300m: 4:58.13	400m: 6:38.16			

75+, Masc.

1. GALA PLA Francisco	50	E.N. Corvera		8:51.16	198	13,00
50m: 56.52 56.52	150m:	250m:	350m:			
100m: 2:00.74 1:04.22	200m: 4:20.52	300m: 6:40.50	400m: 8:51.16			

Piscina 25 m. / Coronometraje manual