

Coupe du Hainaut 2026 grand bain
Charleroi, 1/5/2026

Epreuve 32
01/05/2026

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	AN								Temps	Pts
12 ans										
1.	HOSNI, Adam		14	MHN				6:04.29	294	
	50m:	39.48 39.48	150m:	2:14.33 47.97	250m:	3:52.90 51.80	350m:	5:25.54 39.23		
	100m:	1:26.36 46.88	200m:	3:01.10 46.77	300m:	4:46.31 53.41	400m:	6:04.29 38.75		
2.	BILLET, Marin		14	DM				6:32.92	235	
	50m:	45.61 45.61	150m:	2:25.11 44.11	250m:	4:10.21 59.29	350m:	5:50.12 40.76		
	100m:	1:41.00 55.39	200m:	3:10.92 45.81	300m:	5:09.36 59.15	400m:	6:32.92 42.80		
13 ans										
1.	DEHOUST, Nolann		13	MHN				5:50.82	330	
	50m:	38.52 38.52	150m:	2:10.06 43.85	250m:	3:46.11 53.67	350m:	5:15.97 37.17		
	100m:	1:26.21 47.69	200m:	2:52.44 42.38	300m:	4:38.80 52.69	400m:	5:50.82 34.85		
2.	PETERMANS, Tiago		13	BCSG				6:51.88	204	
	50m:	49.51 49.51	150m:	2:39.24 51.90	250m:	4:25.69 59.25	350m:	6:10.43 46.81		
	100m:	1:47.34 57.83	200m:	3:26.44 47.20	300m:	5:23.62 57.93	400m:	6:51.88 41.45		
14 ans										
1.	D'EUGENIO, Andrea		12	MHN				5:50.61	330	
	50m:	37.55 37.55	150m:	2:10.43 47.36	250m:	3:43.08 48.13	350m:	5:12.74 40.22		
	100m:	1:23.07 45.52	200m:	2:54.95 44.52	300m:	4:32.52 49.44	400m:	5:50.61 37.87		
2.	DUCARME, Luca		12	MHN				5:54.06	321	
	50m:	44.20 44.20	150m:	2:16.97 43.66	250m:	3:49.11 49.83	350m:	5:17.05 38.96		
	100m:	1:33.31 49.11	200m:	2:59.28 42.31	300m:	4:38.09 48.98	400m:	5:54.06 37.01		
15 ans										
1.	D'EUGENIO, Enzo <i>Mistral</i>		11	MHN				5:15.23	455	
	50m:	32.99 32.99	150m:	1:54.95 41.50	250m:	3:19.87 45.80	350m:	4:40.52 35.68		
	100m:	1:13.45 40.46	200m:	2:34.07 39.12	300m:	4:04.84 44.97	400m:	5:15.23 34.71		
2.	ROMBAUX, Romain		11	BCSG				5:40.43	361	
	50m:	35.86 35.86	150m:	2:05.57 44.42	250m:	3:35.27 47.69	350m:	5:02.96 38.98		
	100m:	1:21.15 45.29	200m:	2:47.58 42.01	300m:	4:23.98 48.71	400m:	5:40.43 37.47		
3.	TASSIN, Samuel		11	ONS				6:13.22	274	
	50m:	42.90 42.90	150m:	2:18.34 45.40	250m:	3:59.06 55.43	350m:	5:33.66 41.28		
	100m:	1:32.94 50.04	200m:	3:03.63 45.29	300m:	4:52.38 53.32	400m:	6:13.22 39.56		
16 ans										
1.	ROUSSEAU, Simon		10	MHN				5:32.12	389	
	50m:	36.63 36.63	150m:	2:01.60 42.00	250m:	3:30.30 46.61	350m:	4:55.23 38.16		
	100m:	1:19.60 42.97	200m:	2:43.69 42.09	300m:	4:17.07 46.77	400m:	5:32.12 36.89		
17 ans										
1.	CHEN, Peter		09	MHN				5:09.35	481	
	50m:	30.47 30.47	150m:	1:48.57 41.44	250m:	3:13.80 45.46	350m:	4:35.05 35.56		
	100m:	1:07.13 36.66	200m:	2:28.34 39.77	300m:	3:59.49 45.69	400m:	5:09.35 34.30		
2.	GUELTON, Mathias		09	CNT				5:18.59	441	
	50m:	31.39 31.39	150m:	1:51.63 42.72	250m:	3:19.44 48.12	350m:	4:43.67 37.20		
	100m:	1:08.91 37.52	200m:	2:31.32 39.69	300m:	4:06.47 47.03	400m:	5:18.59 34.92		

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Epreuve 32, Garçons, 400m 4 nages, 17 ans

Rang			AN					Temps	Pts			
3.	RENOTTE, Naël		09	MHN				5:25.68	412			
	50m:	34.85	34.85	150m:	2:00.76	44.38	250m:	3:27.59	44.63	350m:	4:50.77	39.55
	100m:	1:16.38	41.53	200m:	2:42.96	42.20	300m:	4:11.22	43.63	400m:	5:25.68	34.91
4.	YAZAG, Amayas		09	MHN				5:34.74	380			
	50m:	35.45	35.45	150m:	2:01.78	42.17	250m:	3:31.48	48.27	350m:	4:57.93	37.98
	100m:	1:19.61	44.16	200m:	2:43.21	41.43	300m:	4:19.95	48.47	400m:	5:34.74	36.81
5.	CARELLA, Aleandro		09	BCSG				5:51.21	329			
	50m:	39.76	39.76	150m:	2:11.70	48.04	250m:	3:47.76	51.18	350m:	5:15.47	39.95
	100m:	1:23.66	43.90	200m:	2:56.58	44.88	300m:	4:35.52	47.76	400m:	5:51.21	35.74

18 ans

1.	HERBINT, Adrien		08	BCSG				5:57.80	311			
	50m:	38.52	38.52	150m:	2:15.10	48.35	250m:	3:49.34	49.53	350m:	5:20.00	37.79
	100m:	1:26.75	48.23	200m:	2:59.81	44.71	300m:	4:42.21	52.87	400m:	5:57.80	37.80