



Epreuve 21
2026-05-17 - 9:00

Dames, 400m Libre

9 ans et plus
Liste résultats

Points: AQUA 2025

Rang				Age					Temps	Pts		
11 - 12 ans												
1.	CARON, Maya			12	Velox Natation				5:39.73	311		
	50m:	38.30	38.30	150m:	2:05.23	43.75	250m:	3:32.39	43.84	350m:	4:58.95	42.47
	100m:	1:21.48	43.18	200m:	2:48.55	43.32	300m:	4:16.48	44.09	400m:	5:39.73	40.78
2.	JOYAL, Marianne			11	Sorel Tracy Natation				6:07.91	245		
	50m:	39.67	39.67	150m:	2:10.60	47.15	250m:	3:46.70	47.91	350m:	5:21.51	47.22
	100m:	1:23.45	43.78	200m:	2:58.79	48.19	300m:	4:34.29	47.59	400m:	6:07.91	46.40
3.	ALIMARINA, Alicia			12	Sorel Tracy Natation				6:46.51	181		
	50m:	45.51	45.51	150m:	2:28.35	52.43	250m:	4:13.14	52.69	350m:	5:58.76	52.22
	100m:	1:35.92	50.41	200m:	3:20.45	52.10	300m:	5:06.54	53.40	400m:	6:46.51	47.75
13 - 14 ans												
1.	BROCHU, Juliana			14	Velox Natation				5:03.54	436		
	50m:	33.86	33.86	150m:	1:49.61	37.94	250m:	3:07.76	38.97	350m:	4:26.20	39.06
	100m:	1:11.67	37.81	200m:	2:28.79	39.18	300m:	3:47.14	39.38	400m:	5:03.54	37.34
2.	BOULET, Charlie			14	Velox Natation				5:29.79	340		
	50m:	35.29	35.29	150m:	1:58.45	42.50	250m:	3:24.95	43.19	350m:	4:50.89	43.07
	100m:	1:15.95	40.66	200m:	2:41.76	43.31	300m:	4:07.82	42.87	400m:	5:29.79	38.90
3.	SCIPIO DEL CAMPO, Zoe			13	Club Aquatique Rosemont Petite				5:35.60	322		
	50m:	35.92	35.92	150m:	2:02.95	43.60	250m:	3:30.42	43.72	350m:	4:55.20	41.22
	100m:	1:19.35	43.43	200m:	2:46.70	43.75	300m:	4:13.98	43.56	400m:	5:35.60	40.40
4.	HÉROUX, Athea			14	Sorel Tracy Natation				5:39.11	313		
	50m:	38.57	38.57	150m:	2:03.73	42.60	250m:	3:30.13	43.18	350m:	4:57.92	43.35
	100m:	1:21.13	42.56	200m:	2:46.95	43.22	300m:	4:14.57	44.44	400m:	5:39.11	41.19
5.	LAVOIE, Rose			14	Club Aquatique Rosemont Petite				5:42.61	303		
	50m:	39.49	39.49	150m:	2:06.36	44.31	250m:	3:33.42	43.15	350m:	5:01.17	42.81
	100m:	1:22.05	42.56	200m:	2:50.27	43.91	300m:	4:18.36	44.94	400m:	5:42.61	41.44
15 ans et plus												
1.	GERMAIN, Leanne			17	Velox Natation				5:02.10	442		
	50m:	33.63	33.63	150m:	1:49.10	38.22	250m:	3:06.32	38.66	350m:	4:24.16	38.65
	100m:	1:10.88	37.25	200m:	2:27.66	38.56	300m:	3:45.51	39.19	400m:	5:02.10	37.94
2.	PINET, Lilly			15	Sorel Tracy Natation				5:08.07	417		
	50m:	34.80	34.80	150m:	1:53.93	39.94	250m:	3:12.52	38.65	350m:	4:30.71	39.09
	100m:	1:13.99	39.19	200m:	2:33.87	39.94	300m:	3:51.62	39.10	400m:	5:08.07	37.36
3.	DE KONING, Sophie			16	Club Aquatique Rosemont Petite				5:38.10	315		
	50m:	36.94	36.94	150m:	2:02.57	43.06	250m:	3:29.41	46.43	350m:	4:55.82	43.50
	100m:	1:19.51	42.57	200m:	2:42.98	40.41	300m:	4:12.32	42.91	400m:	5:38.10	42.28