

IV Torneio de Natação Master do CNAC
Coimbra, 17/5/2026

Prova 7 Masc., 100m Costas 25 anos e mais velhos
17/05/2026 - 10:55 Resultados

| | | | | | | |
|--------------------|----------|---------------------------|--------|-----------------------|--|------------|
| Rec Nacional Esc N | 59:00.00 | | | | | 01/01/1800 |
| Rec Nacional Esc M | 3:20.49 | Joao Rodrigues, TEIXEIRA | AAC | São João da Madeira | | 07/07/2024 |
| Rec Nacional Esc L | 1:44.60 | Antonio Bessone, BASTO | SAD | Reguengos de Monsaraz | | 11/07/2025 |
| Rec Nacional Esc K | 1:41.07 | Antonio Bessone, BASTO | SAD | S. Joao da Madeira | | 07/07/2023 |
| Rec Nacional Esc J | 1:27.47 | Antonio Bessone, BASTO | SAD | Loulé | | 09/07/2016 |
| Rec Nacional Esc I | 1:25.13 | Antonio Bessone, BASTO | SAD | Oeiras | | 02/07/2011 |
| Rec Nacional Esc H | 1:17.67 | Paulo Paula, CARVALHO | SCP | Porto | | 12/06/2021 |
| Rec Nacional Esc G | 1:11.12 | Jorge Eduardo, FARIA | SAD | Reguengos de Monsaraz | | 21/07/2019 |
| Rec Nacional Esc F | 1:05.58 | Jorge Eduardo, FARIA | SAD | Montreal (CAN) | | 08/08/2014 |
| Rec Nacional Esc E | 1:02.62 | Mario Moura, CARVALHO | FCP | Doha (QAT) | | 28/02/2024 |
| Rec Nacional Esc D | 1:02.92 | Mario Moura, CARVALHO | FCP | Loulé | | 15/07/2018 |
| Rec Nacional Esc C | 1:02.08 | Eduardo Ferreira, SEVIERI | FCP | Santo Andre/SP (BRA) | | 15/06/2012 |
| Rec Nacional Esc B | 59.22 | Adriano Miguel, NIZ | GDNVNF | Loulé | | 08/07/2016 |
| Rec Nacional Esc A | 58.23 | Adriano Miguel, NIZ | GDNVNF | Kazan (RUS) | | 15/08/2015 |

| Lugar | Idade | | Tempo final | Pts | 50m | 100m |
|-------|-------|--|-------------|-----|-----|------|
|-------|-------|--|-------------|-----|-----|------|

Master Esc A

| | | | | | | | |
|----|-------------------------|----|-----------------------|----------------|-------|-------|-------|
| 1. | Alberto Antonio, SANTOS | 25 | Louzan Natacao/EFAPEL | 1:10.58 | 12,00 | 32.90 | 37.68 |
|----|-------------------------|----|-----------------------|----------------|-------|-------|-------|

Master Esc B

| | | | | | | | |
|----|----------------------------|----|-------------------------------|----------------|-------|-------|-------|
| 1. | Joao Alexandre, SARAIVA | 31 | Natacao do Fundao / YesEnergy | 1:08.41 | 12,00 | 32.86 | 35.55 |
| 2. | Goncalo Goncalves, MENESES | 34 | Braga | 1:12.01 | 8,00 | 34.54 | 37.47 |
| 3. | Diogo Antonio, CARVALHO | 33 | Natacao de Valongo | 1:13.93 | 6,00 | 35.24 | 38.69 |

Master Esc C

| | | | | | | | |
|----|-----------------------|----|----------|----------------|-------|-------|-------|
| 1. | Diogo Miguel, PAULINO | 36 | Alcobaca | 1:05.73 | 12,00 | 31.87 | 33.86 |
|----|-----------------------|----|----------|----------------|-------|-------|-------|

Master Esc D

| | | | | | | | |
|----|---------------------|----|-------|----------------|-------|-------|-------|
| 1. | Ricardo Andre, LEAL | 41 | Porto | 1:11.39 | 12,00 | 34.56 | 36.83 |
|----|---------------------|----|-------|----------------|-------|-------|-------|

Master Esc E

| | | | | | | | |
|----|------------------------|----|------------------------|----------------|-------|---------|---------|
| 1. | Jorge Miguel, OLIVEIRA | 46 | Natacao de Valongo | 1:25.17 | 12,00 | 42.07 | 43.10 |
| 2. | Jose Alexandre, ONOFRE | 45 | Estarreja | 1:42.17 | 8,00 | 50.61 | 51.56 |
| 3. | Joao Castro, CUNHA | 47 | Fluivial Portuense | 1:50.68 | 6,00 | 56.25 | 54.43 |
| 4. | Hugo Alexandre, DIAS | 46 | Alpha Infiniti Athlete | 2:02.18 | 5,00 | 1:01.58 | 1:00.60 |

Master Esc F

| | | | | | | | |
|----|--------------------------|----|--------------------|----------------|-------|-------|-------|
| 1. | Carlos Soares, GOULAO | 51 | Galitos / Bresimar | 1:27.30 | 12,00 | 41.42 | 45.88 |
| 2. | Ricardo Jorge, FERNANDES | 54 | Natacao de Valongo | 1:41.81 | 8,00 | 49.34 | 52.47 |
| 3. | Carlos Miguel, RODRIGUES | 50 | Algés e Águeda XXI | 1:50.28 | 6,00 | 53.35 | 56.93 |

Master Esc G

| | | | | | | | |
|----|------------------------|----|--------------------|----------------|-------|---------|---------|
| 1. | Miguel Jose, FERREIRA | 56 | Leixões | 1:32.93 | 12,00 | 45.76 | 47.17 |
| 2. | Celso Abreu, FERNANDES | 59 | Sporting de Aveiro | 1:58.84 | 8,00 | | |
| 3. | Flavio Humberto, AMADO | 57 | Vieirense | 2:19.49 | 6,00 | 1:03.91 | 1:15.58 |

Master Esc H

| | | | | | | | |
|----|---------------------------|----|----------------------|----------------|-------|---------|---------|
| 1. | Antonio Fernando, SOUSA | 61 | Porto | 1:26.91 | 12,00 | 43.50 | 43.41 |
| 2. | Francisco Jorge, FERREIRA | 64 | Académica de Coimbra | 1:45.27 | 8,00 | 53.50 | 51.77 |
| 3. | Daniel Castro, TRIGO | 61 | Sporting de Aveiro | 2:01.03 | 6,00 | 1:00.71 | 1:00.32 |

Master Esc I

| | | | | | | | |
|----|------------------------|----|---------|----------------|-------|-------|-------|
| 1. | Jose Antonio, FERREIRA | 68 | Leixões | 1:50.44 | 12,00 | 53.29 | 57.15 |
|----|------------------------|----|---------|----------------|-------|-------|-------|

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Master Esc J

| | | | | | | |
|----|------------------------|----|--------------------|----------------------|---------|---------|
| 1. | Jose Alexandre, RAPOSO | 71 | Sporting de Aveiro | 2:14.99 12,00 | 1:05.74 | 1:09.25 |
|----|------------------------|----|--------------------|----------------------|---------|---------|