



Campeonato Distrital de Verão de Categorias
Caldas da Rainha, 20 - 21/6/2026

Prova 33	Masc., 400m Estilos					Infantil B
21/06/2026 - 16:12						Resultados
Rec Dist INF B	4:49.65	André, RUIVO			DNMG	15/03/2013
Rec Dist 13 +	4:25.60	Leonardo, CRUZ			CNAL	15/12/2025
Rec Nac Open	4:05.87	Gabriel Jose, LOPES			ALN	Leiria 09/12/2022
Rec Nac INF B	4:49.65	Andre Vilas, RUIVO			DNMG	S. António Cavaleiros 15/03/2013

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Miguel, CAINAC	13								5:41.41	325
	50m:	35.07	150m:	42.43	250m:	50.92	350m:	41.53		
	100m:	43.24	200m:	41.10	300m:	50.36	400m:	36.76		
2. Diogo Sardinha, BRITO	13								6:28.98	219
	50m:	42.32	150m:	48.15	250m:	58.31	350m:	43.30		
	100m:	50.14	200m:	47.27	300m:	59.00	400m:	40.49		
3. Joao Pedro, PINHEIRO	13								6:52.87	183
	50m:	43.87	150m:	52.94	250m:	1:00.00	350m:	46.89		
	100m:	53.97	200m:	48.78	300m:	1:01.06	400m:	45.36		

Prova 33	Masc., 400m Estilos					Juvenil A+B
21/06/2026 - 16:12						Resultados
Rec Dist JUV A	4:34.60	Leonardo, CRUZ			CNAL	14/01/2023
Rec Dist JUV B	4:37.10	André, RUIVO			ADBA	12/12/2014
Rec Dist 13 +	4:25.60	Leonardo, CRUZ			CNAL	15/12/2025
Rec Nac Open	4:05.87	Gabriel Jose, LOPES			ALN	Leiria 09/12/2022
Rec Nac JUV A	4:25.04	Joao Alexandre, VITAL			ADRCIMM	Tomar 13/12/2013
Rec Nac JUV B	4:35.02	Diogo Filipe, CARVALHO			CGA	Braga 21/03/2003

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Vidar Albert, JUNG	11								4:48.56	538
	50m:	30.05	150m:	39.17	250m:	43.47	350m:	31.86		
	100m:	33.56	200m:	36.97	300m:	42.61	400m:	30.87		
2. Joao Piteira, GAIOLAS	10								4:56.13	498
	50m:	32.16	150m:	37.82	250m:	42.55	350m:	33.90		
	100m:	36.73	200m:	37.72	300m:	42.99	400m:	32.26		
3. Pedro Pereira, OLIVEIRA	11								4:56.55	496
	50m:	31.20	150m:	38.00	250m:	44.67	350m:	34.48		
	100m:	36.13	200m:	36.81	300m:	43.69	400m:	31.57		
4. Martim Cruz, MOURA	11								5:02.49	467
	50m:	32.73	150m:	39.17	250m:	42.15	350m:	34.63		
	100m:	37.91	200m:	38.81	300m:	43.17	400m:	33.92		
5. Lucas Costa, JESUS	10								5:02.59	467
	50m:	32.16	150m:	37.96	250m:	45.34	350m:	35.48		
	100m:	36.98	200m:	35.92	300m:	44.98	400m:	33.77		
6. Tomas Manuel, PALMEIRO	10								5:03.59	462
	50m:	31.73	150m:	38.00	250m:	44.99	350m:	35.06		
	100m:	37.60	200m:	37.78	300m:	45.74	400m:	32.69		
7. Francisco Lourenco, PEDROSA	10								5:06.89	447
	50m:	31.72	150m:	40.19	250m:	46.03	350m:	35.92		
	100m:	36.81	200m:	37.72	300m:	45.34	400m:	33.16		
8. Vasco Sousa, LEMOS	11								5:12.78	423
	50m:	33.34	150m:	39.15	250m:	45.60	350m:	36.82		
	100m:	38.57	200m:	37.72	300m:	46.68	400m:	34.90		
9. Tomas Alves, ROCHA	11								5:49.95	302
	50m:	38.51	150m:	44.20	250m:	49.13	350m:	39.29		
	100m:	47.60	200m:	43.61	300m:	49.45	400m:	38.16		



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Prova 33, Masc., 400m Estilos, Juvenil A+B

Lugar	Ano	Tempo final	Pts
10. Santiago Neves, SILVA	10 Nucleo de Pombal	5:59.84	277
50m: 35.04 150m: 47.28	250m: 50.21 350m: 42.28		
100m: 44.84 200m: 47.94	300m: 50.25 400m: 42.00		

Prova 33 Masc., 400m Estilos Junior Resultados

Rec Dist 18	4:30.20	Diogo, SILVA	CNAL	10/12/2010
Rec Dist 17	4:29.76	Leonardo, CRUZ	CNAL	03/12/2023
Rec Dist 13 +	4:25.60	Leonardo, CRUZ	CNAL	15/12/2025
Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN Leiria	09/12/2022
Rec Nac 18	4:11.20	Joao Alexandre, VITAL	SCP Porto	11/12/2015
Rec Nac 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM Porto	19/12/2014

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	4:40.89	584
50m: 29.42 150m: 37.38	250m: 41.57 350m: 31.14		
100m: 34.04 200m: 36.05	300m: 41.32 400m: 29.97		
2. Paulo, KOT	09 Nautico Marinha Grande	4:42.19	576
50m: 30.25 150m: 36.18	250m: 42.37 350m: 31.09		
100m: 34.51 200m: 35.56	300m: 41.99 400m: 30.24		

Prova 33 Masc., 400m Estilos Senior Resultados

Rec Dist SEN	4:25.60	Leonardo, CRUZ	CNAL	15/12/2025
Rec Dist 13 +	4:25.60	Leonardo, CRUZ	CNAL	15/12/2025
Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN Leiria	09/12/2022
Rec Nac SEN	4:05.87	Gabriel Jose, LOPES	ALN Leiria	09/12/2022

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
DNS Goncalo Silva, FABIAO	99 CNLeiria - VOID		