



Campeonato Distrital de Verão de Categorias
Caldas da Rainha, 20 - 21/6/2026

| Prova 30 21/06/2026 - 11:55 | Femin., 200m Estilos | | | | Infantil B Resultados |
|--------------------------------|----------------------|-----------------------------|------------|------------|--------------------------|
| Rec Dist INF B | 2:25.94 | Filipa, RUIVO | SANDL | | 10/04/2010 |
| Rec Dist 13 + | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Nac Open | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 14/12/2024 |
| Rec Nac INF B | 2:21.36 | Carolina Miranda, FERNANDES | CGA | Felgueiras | 10/03/2018 |

Pontos: AQUA 2025

| Lugar | Ano | | | | Tempo final | Pts |
|--|-----|---------------------------|--|--|-------------|-----|
| 1. Carminho Jose, LOPES | 13 | Benedita | | | 2:52.50 | 350 |
| 50m: 37.47 100m: 45.77 | | 150m: 47.53 200m: 41.73 | | | | |
| 2. Francisca Vieira, SILVA | 13 | Nucleo de Pombal | | | 2:55.28 | 334 |
| 50m: 42.46 100m: 45.83 | | 150m: 48.10 200m: 38.89 | | | | |
| 3. Emma Henriques, SOUTO | 13 | Óbidos | | | 2:57.19 | 323 |
| 50m: 40.30 100m: 44.70 | | 150m: 52.63 200m: 39.56 | | | | |
| 4. Maria Joao, OLIVEIRA | 13 | Alcobaca | | | 2:57.39 | 322 |
| 50m: 40.60 100m: 44.33 | | 150m: 52.91 200m: 39.55 | | | | |
| 5. Lara Sofia, MARCELINO | 13 | Vieirense | | | 3:00.70 | 304 |
| 50m: 39.61 100m: 46.26 | | 150m: 54.28 200m: 40.55 | | | | |
| 6. Avron Dawn, SANTOS | 13 | Vieirense | | | 3:07.26 | 274 |
| 50m: 44.88 100m: 47.44 | | 150m: 55.49 200m: 39.45 | | | | |
| 7. Ines Mestre, SANTOS | 13 | CNLeiria - VOID | | | 3:09.62 | 263 |
| 50m: 38.59 100m: 49.88 | | 150m: 1:00.75 200m: 40.40 | | | | |
| 8. Catarina Franco, RODRIGUES | 13 | Naval de Peniche | | | 3:12.64 | 251 |
| 50m: 42.63 100m: 48.29 | | 150m: 58.52 200m: 43.20 | | | | |
| 9. Erica Maria, FORTUNATO | 13 | Ba Leiria / Sk Coffee | | | 3:21.36 | 220 |
| 50m: 46.15 100m: 50.56 | | 150m: 59.20 200m: 45.45 | | | | |
| 10. Catarina Faustino, DIAS | 13 | Naval de Peniche | | | 3:27.31 | 201 |
| 50m: 48.30 100m: 50.44 | | 150m: 1:01.75 200m: 46.82 | | | | |
| 11. Constanca Teopisto, CARVALHO | 13 | Alcobaca | | | 3:31.25 | 190 |
| 50m: 53.65 100m: 55.22 | | 150m: 55.28 200m: 47.10 | | | | |
| DSQ Sofia Guilherme, CABREIRA | 13 | Óbidos | | | | |
| <i>a atleta não completou a distância da prova</i> | | | | | | |

| Prova 30 21/06/2026 - 11:55 | Femin., 200m Estilos | | | | Infantil A Resultados |
|--------------------------------|----------------------|--------------------------|------------|------------|--------------------------|
| Rec Dist INF A | 2:23.81 | Inês, SILVA | SANDL | | 12/04/2014 |
| Rec Dist 13 + | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Nac Open | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 14/12/2024 |
| Rec Nac INF A | 2:19.79 | Mariana Pacheco, CUNHA | CFP | Felgueiras | 14/04/2018 |

Pontos: AQUA 2025

| Lugar | Ano | | | | Tempo final | Pts |
|--------------------------------|-----|-------------------------|--|--|-------------|-----|
| 1. Constanca Santos, COUTINHO | 12 | Naval da Nazaré | | | 2:47.44 | 383 |
| 50m: 35.22 100m: 43.40 | | 150m: 50.68 200m: 38.14 | | | | |
| 2. Barbara Serrano, LOMBA | 12 | Ba Leiria / Sk Coffee | | | 2:51.40 | 357 |
| 50m: 37.46 100m: 44.68 | | 150m: 51.46 200m: 37.80 | | | | |
| 3. Iara Maria, CAMACHO | 12 | Pimpoes/Cimai | | | 3:02.48 | 296 |
| 50m: 40.32 100m: 46.34 | | 150m: 54.43 200m: 41.39 | | | | |
| 4. Carolina Matos, CORREIA | 12 | Nucleo de Pombal | | | 3:06.67 | 276 |
| 50m: 42.65 100m: 46.40 | | 150m: 55.03 200m: 42.59 | | | | |
| 5. Ana Francisca, QUERIDO | 12 | Pimpoes/Cimai | | | 3:15.53 | 240 |
| 50m: 44.12 100m: 49.56 | | 150m: 57.90 200m: 43.95 | | | | |
| DNS Daniela Carvalho, FERREIRA | 12 | Nucleo de Pombal | | | | |



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Prova 30, Femin., 200m Estilos

| Prova 30 21/06/2026 - 11:55 | Femin., 200m Estilos | | | | Juvenil A+B Resultados |
|--------------------------------|----------------------|--------------------------|------------|-----------------------|---------------------------|
| Rec Dist JUV A | 2:19.78 | Victoria, KAMINSKAYA | PIMP/ Cima | | 04/12/2010 |
| Rec Dist JUV B | 2:22.96 | Victoria, KAMINSKAYA | PIMP/ Cima | | 01/05/2010 |
| Rec Dist 13 + | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Nac Open | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 14/12/2024 |
| Rec Nac JUV A | 2:14.94 | Maria Carolina, ROSA | SCP | S. António Cavaleiros | 19/12/2009 |
| Rec Nac JUV B | 2:18.13 | Mariana Pacheco, CUNHA | CFP | Felgueiras | 27/04/2019 |

Pontos: AQUA 2025

| Lugar | Ano | | | | Tempo final | Pts |
|---------------------------------|-------------|------------------------|--|---------|-------------|-----|
| 1. Vida Sofia, VELEZ | 10 | Ba Leiria / Sk Coffee | | 2:37.58 | 459 | |
| 50m: 34.65 100m: 37.64 | 150m: 47.66 | 200m: 37.63 | | | | |
| 2. Rafaela Santos, AFONSO | 10 | Naval de Peniche | | 2:39.46 | 443 | |
| 50m: 36.25 100m: 42.51 | 150m: 44.93 | 200m: 35.77 | | | | |
| 3. Cristiana Henriques, ALMEIDA | 11 | Benedita | | 2:39.48 | 443 | |
| 50m: 35.52 100m: 40.78 | 150m: 46.24 | 200m: 36.94 | | | | |
| 4. Sofia Roma, BRIZIDA | 10 | CNLeiria - VOID | | 2:39.55 | 443 | |
| 50m: 35.53 100m: 41.32 | 150m: 44.46 | 200m: 38.24 | | | | |
| 5. Leonor Pereira, SILVA | 10 | Óbidos | | 2:40.86 | 432 | |
| 50m: 35.17 100m: 42.14 | 150m: 44.72 | 200m: 38.83 | | | | |
| 6. Maria Carolina, ALVES | 10 | Ba Leiria / Sk Coffee | | 2:44.82 | 401 | |
| 50m: 35.83 100m: 42.70 | 150m: 47.44 | 200m: 38.85 | | | | |
| 7. Beatriz Marques, GASPARGAS | 11 | Nautico Marinha Grande | | 2:45.39 | 397 | |
| 50m: 34.88 100m: 45.68 | 150m: 47.09 | 200m: 37.74 | | | | |
| 8. Isabela Lourenco, COSTA | 11 | Benedita | | 2:46.87 | 387 | |
| 50m: 35.62 100m: 44.44 | 150m: 49.90 | 200m: 36.91 | | | | |
| 9. Maria Santos, FONSECA | 11 | CNLeiria - VOID | | 2:48.38 | 376 | |
| 50m: 36.67 100m: 45.74 | 150m: 45.55 | 200m: 40.42 | | | | |

Prova 30 Femin., 200m Estilos Junior Resultados

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|---------------|---------|--------------------------|------------|------------|------------|
| Rec Dist 18 | 2:14.28 | Victoria, KAMINSKAYA | PIMP/ Cima | | 08/12/2012 |
| Rec Dist 17 | 2:16.62 | Victoria, KAMINSKAYA | FPN | | 29/01/2012 |
| Rec Dist 13 + | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Nac Open | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 14/12/2024 |
| Rec Nac 18 | 2:13.83 | Mariana Pacheco, CUNHA | CNCE | Felgueiras | 07/05/2022 |
| Rec Nac 17 | 2:15.10 | Mariana Pacheco, CUNHA | CNCE | Felgueiras | 10/04/2021 |

Pontos: AQUA 2025

| Lugar | Ano | | | | Tempo final | Pts |
|-----------------------------|-------------|------------------------|--|---------|-------------|-----|
| 1. Luana Ferreira, CRAVEIRO | 09 | Nautico Marinha Grande | | 2:31.55 | 516 | |
| 50m: 33.57 100m: 38.88 | 150m: 45.29 | 200m: 33.81 | | | | |
| 2. Francisca Ramos, NUNES | 09 | Naval de Peniche | | 2:31.91 | 513 | |
| 50m: 32.19 100m: 40.08 | 150m: 45.57 | 200m: 34.07 | | | | |
| 3. Rita Rocha, SILVA | 08 | Alcobaca | | 2:31.97 | 512 | |
| 50m: 32.20 100m: 40.24 | 150m: 44.18 | 200m: 35.35 | | | | |
| 4. Teresa Maria, LOPES | 09 | Benedita | | 2:41.54 | 426 | |
| 50m: 34.38 100m: 42.99 | 150m: 48.54 | 200m: 35.63 | | | | |
| 5. Ana Margarida, MARQUES | 09 | Ba Leiria / Sk Coffee | | 2:41.79 | 424 | |
| 50m: 34.38 100m: 43.63 | 150m: 47.06 | 200m: 36.72 | | | | |
| DNS Matilde Monteiro, NEVES | 08 | Nucleo de Pombal | | | | |



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Prova 30, Femin., 200m Estilos

| Prova 30 21/06/2026 - 11:55 | Femin., 200m Estilos | | | | Senior Resultados |
|--------------------------------|----------------------|--------------------------|------------|-------|----------------------|
| Rec Dist SEN | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Dist 13 + | 2:12.75 | Victoria, KAMINSKAYA | PIMP/ Cima | | 21/12/2014 |
| Rec Nac Open | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 14/12/2024 |
| Rec Nac SEN | 2:11.70 | Camila Rodrigues, REBELO | ALN | Tomar | 12/12/2024 |

Pontos: AQUA 2025

| Lugar | Ano | | | | | | | | Tempo final | Pts |
|--------------------------|---------------------------|-------|-------|-------|-------|-------|-------|-------|-------------|-----|
| 1. Joana Rosa, FERREIRA | 05 CNLeiria - VOID | | | | | | | | 2:31.84 | 514 |
| | 50m: | 32.05 | 100m: | 40.53 | 150m: | 43.83 | 200m: | 35.43 | | |
| 2. Bruna Silva, MOITEIRO | 04 Nautico Marinha Grande | | | | | | | | 2:44.85 | 401 |
| | 50m: | 35.45 | 100m: | 42.48 | 150m: | 49.64 | 200m: | 37.28 | | |