



Campeonato Distrital de Verão de Categorias
Caldas da Rainha, 20 - 21/6/2026

Prova 2	Masc., 400m Livres				Infantil B
20/06/2026 - 9:23					Resultados
Rec Dist INF B	4:26.50	André, RUIVO		DNMG	02/03/2013
Rec Dist 13 +	3:50.00	César, FARIA		ADBA	10/12/2009
Rec Nac Open	3:42.57	Jose Paulo, LOPES		POR	16/12/2021
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA		CFB	04/04/2003

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Miguel, CAINAC	13								5:09.37	322
	50m:	33.02	150m:	39.63	250m:	40.23	350m:	40.20		
	100m:	38.52	200m:	39.53	300m:	40.10	400m:	38.14		
2. Ricardo Pereira, LOPES	13								5:12.28	313
	50m:	36.01	150m:	40.27	250m:	41.04	350m:	38.48		
	100m:	40.67	200m:	40.55	300m:	40.17	400m:	35.09		
3. Marco Ferrador, PEREIRA	13								5:24.44	279
	50m:	35.52	150m:	42.18	250m:	43.46	350m:	41.82		
	100m:	40.16	200m:	42.72	300m:	41.73	400m:	36.85		
4. Estevao Esperanco, MOTA	13								5:25.52	277
	50m:	35.05	150m:	40.87	250m:	42.28	350m:	42.48		
	100m:	39.04	200m:	41.98	300m:	41.72	400m:	42.10		
5. Diogo Sardinha, BRITO	13								5:43.36	236
	50m:	39.13	150m:	43.40	250m:	43.66	350m:	44.57		
	100m:	43.18	200m:	43.67	300m:	42.81	400m:	42.94		
6. Pedro Martim, CRESPO	13								5:54.80	214
	50m:	35.78	150m:	44.38	250m:	47.22	350m:	46.70		
	100m:	42.35	200m:	45.57	300m:	47.06	400m:	45.74		
7. Joao Pedro, PINHEIRO	13								5:54.86	213
	50m:	38.87	150m:	46.15	250m:	45.21	350m:	44.98		
	100m:	44.65	200m:	46.03	300m:	46.45	400m:	42.52		
8. Alexandre Botas, RIBEIRO	13								5:54.97	213
	50m:	40.04	150m:	47.14	250m:	46.54	350m:	45.30		
	100m:	45.17	200m:	46.23	300m:	45.63	400m:	38.92		
9. Tiago Alves, PONTE	13								7:29.33	105
	50m:	45.56	150m:	57.77	250m:	58.10	350m:	59.81		
	100m:	54.42	200m:	58.92	300m:	59.25	400m:	55.50		
DNS Daniel Teixeira, MARTINS	13									
DNS Santiago, RIBEIRO GASPAR	13									
DNS Timur, MOLDERF	13									

Prova 2	Masc., 400m Livres				Infantil A
20/06/2026 - 9:23					Resultados
Rec Dist INF A	4:12.35	André, RUIVO		DNMG	29/03/2014
Rec Dist 13 +	3:50.00	César, FARIA		ADBA	10/12/2009
Rec Nac Open	3:42.57	Jose Paulo, LOPES		POR	16/12/2021
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO		DNMG	29/03/2014

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Sebastian, PACHECO	12								4:45.89	409
	50m:	30.67	150m:	36.16	250m:	36.93	350m:	37.47		
	100m:	35.43	200m:	37.05	300m:	37.18	400m:	35.00		
2. Eduardo Manuel, FERREIRA	12								4:52.04	383
	50m:	32.63	150m:	37.25	250m:	36.98	350m:	37.92		
	100m:	36.47	200m:	37.39	300m:	37.84	400m:	35.56		
3. Tomas Vieira, FIGUEIREDO	12								4:59.34	356
	50m:	32.98	150m:	37.35	250m:	38.57	350m:	39.35		
	100m:	36.24	200m:	37.90	300m:	39.52	400m:	37.43		



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Prova 2, Masc., 400m Livres, Infantil A

Lugar	Ano								Tempo final	Pts
4. Tomas Barata, ALVES	12 Nautico Marinha Grande								5:03.88	340
	50m:	32.41	150m:	38.90	250m:	39.97	350m:	39.43		
	100m:	37.07	200m:	39.28	300m:	39.32	400m:	37.50		
5. Goncalo Nunes, MORAIS	12 Ba Leiria / Sk Coffee								5:05.80	334
	50m:	35.01	150m:	39.52	250m:	39.53	350m:	38.76		
	100m:	37.55	200m:	39.98	300m:	38.93	400m:	36.52		
6. Joao Pedro, BELO	12 Nautico Marinha Grande								5:08.28	326
	50m:	34.11	150m:	39.09	250m:	39.65	350m:	39.94		
	100m:	38.30	200m:	39.58	300m:	39.23	400m:	38.38		
7. Joao Maria, TEMPERO	12 Pimpoes/Cimai								5:25.23	277
	50m:	35.91	150m:	41.34	250m:	41.96	350m:	41.79		
	100m:	40.07	200m:	41.56	300m:	42.15	400m:	40.45		
8. Roberto Bento, CANAS	12 Pimpoes/Cimai								5:32.66	259
	50m:	36.52	150m:	41.93	250m:	43.79	350m:	43.37		
	100m:	40.60	200m:	43.27	300m:	42.59	400m:	40.59		
9. Ruben Jose, FERREIRA	12 CNLeiria - VOID								5:40.12	243
	50m:	39.43	150m:	43.96	250m:	44.58	350m:	42.41		
	100m:	42.12	200m:	42.42	300m:	42.89	400m:	42.31		
10. Duarte Mota, GASPAR	12 Ba Leiria / Sk Coffee								5:49.38	224
	50m:	39.64	150m:	44.82	250m:	44.99	350m:	44.01		
	100m:	43.75	200m:	45.46	300m:	44.95	400m:	41.76		
DNS Mihail, ONCIU	12 Ba Leiria / Sk Coffee									

Prova 2
20/06/2026 - 9:23

Masc., 400m Livres

Juvenil A+B
Resultados

Rec Dist JUV A	4:05.38	Tomás, OLIVEIRA	DNMG		13/12/2014
Rec Dist JUV B	4:05.75	Tomás, OLIVEIRA	DNMG		25/05/2014
Rec Dist 13 +	3:50.00	César, FARIA	ADBA		10/12/2009
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Martim Duarte, ROQUE	11 CNLeiria - VOID								4:25.33	511
	50m:	30.19	150m:	34.25	250m:	33.78	350m:	33.23		
	100m:	33.17	200m:	34.72	300m:	34.04	400m:	31.95		
2. Guilherme Costa, REBELO	10 Pimpoes/Cimai								4:26.33	506
	50m:	30.83	150m:	33.72	250m:	33.14	350m:	33.48		
	100m:	33.88	200m:	34.36	300m:	34.15	400m:	32.77		
3. Vasco Sousa, LEMOS	11 Pimpoes/Cimai								4:37.71	446
	50m:	31.06	150m:	34.20	250m:	36.11	350m:	36.11		
	100m:	33.42	200m:	34.99	300m:	36.36	400m:	35.46		
4. Francisco Antonio, SIMOES	10 Ba Leiria / Sk Coffee								4:45.23	412
	50m:	31.28	150m:	35.92	250m:	36.41	350m:	37.08		
	100m:	35.44	200m:	37.18	300m:	36.72	400m:	35.20		
5. Martin, SHEVCHUK	11 CNLeiria - VOID								4:51.56	385
	50m:	32.79	150m:	37.39	250m:	37.09	350m:	38.43		
	100m:	36.35	200m:	36.84	300m:	37.37	400m:	35.30		
6. Tomas Alves, ROCHA	11 Pimpoes/Cimai								5:10.18	320
	50m:	35.00	150m:	40.78	250m:	39.80	350m:	38.79		
	100m:	39.39	200m:	40.23	300m:	39.52	400m:	36.67		
7. Miguel Nunes, DIAS	11 CNLeiria - VOID								5:23.52	282
	50m:	37.19	150m:	43.14	250m:	42.29	350m:	39.30		
	100m:	42.08	200m:	42.81	300m:	40.99	400m:	35.72		



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Lugar	Ano	Tempo final	Pts
8. Duarte Henriques, MONTEIRO	11 CNLeiria - VOID	5:25.16	278
50m: 36.36 150m: 43.10 250m: 41.90 350m: 39.71			
100m: 42.25 200m: 42.79 300m: 41.64 400m: 37.41			
9. Asabdek, TUYCHIEV	11 Ba Leiria / Sk Coffee	5:35.59	252
50m: 36.09 150m: 41.69 250m: 43.43 350m: 45.19			
100m: 39.54 200m: 41.29 300m: 44.20 400m: 44.16			
10. Pedro Ferreira, FERNANDES	11 CNLeiria - VOID	5:55.23	213
50m: 38.35 150m: 45.11 250m: 46.16 350m: 48.28			
100m: 42.28 200m: 47.45 300m: 45.43 400m: 42.17			
DNS Tiago Alexandre, GOMES	11 CNLeiria - VOID		

Prova 2
20/06/2026 - 9:23

Masc., 400m Livres

Junior
Resultados

Rec Dist 18	3:52.28	Guilherme, PINA	BSCN		12/12/2015
Rec Dist 17	3:57.62	Miguel, DIOGO	CNAL		12/12/2009
Rec Dist 13 +	3:50.00	César, FARIA	ADBA		10/12/2009
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Tomas Pascoal, FERREIRA	09 Ba Leiria / Sk Coffee	4:12.87	591
50m: 28.57 150m: 32.32 250m: 32.63 350m: 31.86			
100m: 31.71 200m: 32.29 300m: 32.62 400m: 30.87			
2. Tiago Santos, POMBO	08 Alcobaca	4:23.29	523
50m: 29.19 150m: 33.46 250m: 33.97 350m: 33.68			
100m: 32.38 200m: 33.87 300m: 34.21 400m: 32.53			
3. Santiago Boica, SOUSA	08 Vieiraense	4:25.84	508
50m: 28.83 150m: 34.10 250m: 33.98 350m: 34.40			
100m: 32.78 200m: 34.35 300m: 34.91 400m: 32.49			
4. David Ferrador, PEREIRA	09 Nucleo de Pombal	4:33.81	465
50m: 28.84 150m: 35.41 250m: 35.67 350m: 35.57			
100m: 33.32 200m: 35.73 300m: 35.95 400m: 33.32			
5. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	4:40.01	435
50m: 29.78 150m: 35.23 250m: 37.14 350m: 36.17			
100m: 33.39 200m: 36.29 300m: 36.21 400m: 35.80			
6. Afonso Matos, CORREIA	09 Nucleo de Pombal	4:45.14	412
50m: 30.80 150m: 36.64 250m: 36.06 350m: 36.84			
100m: 35.36 200m: 36.86 300m: 36.98 400m: 35.60			
7. Afonso Nunes, MARCELINO	08 Nucleo de Pombal	5:03.93	340
50m: 33.65 150m: 38.93 250m: 39.84 350m: 39.40			
100m: 37.27 200m: 38.96 300m: 39.83 400m: 36.05			



Campeonato Distrital de Verão de Categorias
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Prova 2, Masc., 400m Livres

Prova 2	Masc., 400m Livres				Senior
20/06/2026 - 9:23					Resultados
Rec Dist SEN	3:50.00	César, FARIA	ADBA		10/12/2009
Rec Dist 13 +	3:50.00	César, FARIA	ADBA		10/12/2009
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1.	Sebastian Fabricio, VILLACIS								4:51.16	387
	50m:	31.75	150m:	36.52	250m:	37.25	350m:	38.07		
	100m:	35.33	200m:	36.99	300m:	37.36	400m:	37.89		