



Campeonato Distrital de Verão de Categorias
Caldas da Rainha, 20 - 21/6/2026

Prova 12 20/06/2026 - 16:15	Femin., 400m Estilos				Infantil B Resultados
Rec Dist INF B	5:05.68	Filipa, RUIVO	DNMG		12/06/2010
Rec Dist 13 +	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		21/12/2014
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac INF B	5:03.94	Carolina Miranda, FERNANDES	CGA	Condeixa	12/05/2018

Pontos: AQUA 2025

Lugar	Ano				Tempo final	Pts	
1. Elisa Rodrigues, SIMOES	13	Benedita			6:20.10	303	
50m:	42.13	150m:	48.13	250m:	54.55	350m:	42.56
100m:	51.39	200m:	45.69	300m:	55.50	400m:	40.15
2. Violeta Neves, SILVA	13	Nucleo de Pombal			6:28.62	284	
50m:	42.70	150m:	52.06	250m:	53.31	350m:	43.27
100m:	51.12	200m:	49.25	300m:	54.12	400m:	42.79

Prova 12 20/06/2026 - 16:15	Femin., 400m Estilos				Infantil A Resultados
Rec Dist INF A	5:02.87	Filipa, RUIVO	DNMG		12/12/2010
Rec Dist 13 +	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		21/12/2014
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac INF A	4:56.53	Mariana Pacheco, CUNHA	CFP	Porto	05/05/2018

Pontos: AQUA 2025

Lugar	Ano				Tempo final	Pts	
1. Ines Pinto, MARTINS	12	Pimpoes/Cimai			5:46.97	399	
50m:	36.53	150m:	44.01	250m:	49.34	350m:	39.73
100m:	43.91	200m:	43.77	300m:	50.93	400m:	38.75
2. Iara Maria, CAMACHO	12	Pimpoes/Cimai			6:21.00	301	
50m:	41.21	150m:	47.41	250m:	54.07	350m:	44.90
100m:	48.54	200m:	46.48	300m:	55.28	400m:	43.11

Prova 12 20/06/2026 - 16:15	Femin., 400m Estilos				Juvenil A+B Resultados
Rec Dist JUV A	4:53.26	Victoria, KAMINSKAYA	PIMP/ Cima		05/12/2010
Rec Dist JUV B	4:58.17	Filipa, RUIVO	DNMG		04/12/2011
Rec Dist 13 +	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		21/12/2014
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac JUV A	4:50.85	Diana Margarida, DURAES	FOCA	Silves	02/12/2011
Rec Nac JUV B	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	21/11/2004

Pontos: AQUA 2025

Lugar	Ano				Tempo final	Pts	
1. Constanca Rolim, PEDRO	10	Ba Leiria / Sk Coffee			5:39.29	426	
50m:	35.86	150m:	44.73	250m:	48.18	350m:	39.61
100m:	40.80	200m:	43.74	300m:	48.70	400m:	37.67
2. Anastasiya, PRYMACHENKO	11	Nucleo de Pombal			5:42.42	415	
50m:	35.70	150m:	45.23	250m:	47.14	350m:	40.39
100m:	43.12	200m:	44.09	300m:	48.74	400m:	38.01
3. Margarida Lopes, RODRIGUES	11	Uniao Juncalense			6:18.88	306	
50m:	39.87	150m:	48.98	250m:	55.00	350m:	41.74
100m:	50.44	200m:	47.46	300m:	56.43	400m:	38.96
DNS Mariana Silva, CONCEICAO	11	Uniao Juncalense					



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Prova 12, Femin., 400m Estilos

Prova 12 20/06/2026 - 16:15	Femin., 400m Estilos				Junior Resultados
Rec Dist 18	4:41.02	Victoria, KAMINSKAYA	PIMP/Cimai		07/12/2013
Rec Dist 17	4:48.80	Victoria, KAMINSKAYA	PIMP/Cimai		04/12/2011
Rec Dist 13 +	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		21/12/2014
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac 18	4:41.02	Victoria, KAMINSKAYA	PIMP	Porto	07/12/2012
Rec Nac 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	15/04/2018

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande								5:11.35	552
50m:	33.47	150m:	40.95	250m:	44.10	350m:	34.93			
100m:	39.45	200m:	39.96	300m:	43.95	400m:	34.54			
2. Rita Rocha, SILVA	08 Alcobaca								5:24.84	486
50m:	34.48	150m:	43.72	250m:	44.70	350m:	38.34			
100m:	39.13	200m:	42.68	300m:	44.22	400m:	37.57			
3. Ana Margarida, MARQUES	09 Ba Leiria / Sk Coffee								5:37.35	434
50m:	35.18	150m:	45.02	250m:	48.72	350m:	38.15			
100m:	41.91	200m:	42.16	300m:	50.36	400m:	35.85			

Prova 12 20/06/2026 - 16:15	Femin., 400m Estilos				Senior Resultados
Rec Dist SEN	4:39.03	Victoria, KAMINSKAYA	PIMP/CIMAI		21/12/2014
Rec Dist 13 +	4:39.03	Victoria, KAMINSKAYA	PIMP/Cimai		21/12/2014
Rec Nac Open	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017
Rec Nac SEN	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	13/12/2017

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts
DNS Cidalia Conceicao, MARIA	64 CNLeiria - VOID			