

Latvian U20 Championships  
Jelgava, 1. - 2.4.2026

Event 11	Women, 400m Medley				2006 and younger
01.04.2026 - 17:42	Meitenes, 400m komplekss				Startlist
Latvijas rekords	4:47.99	MALUKA Ieva	LAT	Glasgow (GBR)	04.12.2019
Sacens bu rekords	4:51.95	MALUKA Ieva	LAT	Jelgava	05.04.2019
SKSM Open: 4:32.95 / SM Open: 4:56.45 / SMK Open: 5:13.73 / I Open: 5:35.89 / II Open: 6:09.70 / III Open: 6:56.97 / IV Open: 8:24.32					

Celi š	V rds, uzv rds	Dz.g.	Komanda	Laiks
<u>Heat 1 of 2</u>				
2	ZUJEVA Sara	13	Kipsalas peldbaseins	NT
3	LYAKH Kira	07	RSS Ridzene-Daugavas SN I	NT
4	UPENIKA Erika	14	Daugavpils SS I	NT
<u>Heat 2 of 2</u>				
1	GIPTERE Marta	12	Daugavpils SS I	6:04.15
2	KUZMINA Ksenija	12	Daugavpils SS I	5:33.65
3	SIRJAJEVA Arina	06	RSS Ridzene-Daugavas SN I	5:19.62
4	SIRMA Dzenifera	08	RSS Ridzene	5:29.86
5	MONOKANDILOSE Darija	10	Kipsalas peldbaseins	5:34.32
6	ZARINA Eva	12	PK Ogre	NT