

Latvian U20 Championships
Jelgava, 1. - 2.4.2026

Event 12 Men, 400m Medley 2006 and younger
01.04.2026 - 17:55 Z ni, 400m komplekss Results

Latvijas rekords 4:15.24 KALNINS Uvis VBSS Jelgava 21.12.2017
Sacens bu rekords 4:22.92 LAKUCS Kalvis LAT Jelgava 11.04.2014

SKSM Open: 4:10.86 / SM Open: 4:32.47 / SMK Open: 4:48.34 / I Open: 5:08.72 / II Open: 5:39.79 / III Open: 6:23.24 /
IV Open: 7:43.52

Points: AQUA 2025

Vieta	UZV	RDS,	V rds	Dz.g.	Komanda	Laiks	Punkti	L menis	RL	KP		
1.	KIRGIZOVŠ	Timurs	08	Rezeknes BJSS	4:35.23	620	SMK	+0.71	18.00			
	50m:	27.95	27.95	150m:	1:36.83	36.32	250m:	2:53.08	39.62	350m:	4:04.38	31.38
	100m:	1:00.51	32.56	200m:	2:13.46	36.63	300m:	3:33.00	39.92	400m:	4:35.23	30.85
2.	MENGOTS	Dominiks	08	Jelgavas SPS I	4:39.57	592	SMK	+0.66	16.00			
	50m:	29.18	29.18	150m:	1:41.60	36.55	250m:	2:56.72	38.86	350m:	4:09.17	32.98
	100m:	1:05.05	35.87	200m:	2:17.86	36.26	300m:	3:36.19	39.47	400m:	4:39.57	30.40
3.	PETRIKINS	Ilja	08	RSS Ridzene-DSN I	4:39.90	590	SMK	+0.74	15.00			
	50m:	29.33	29.33	150m:	1:40.43	36.06	250m:	2:58.28	41.47	350m:	4:10.11	31.63
	100m:	1:04.37	35.04	200m:	2:16.81	36.38	300m:	3:38.48	40.20	400m:	4:39.90	29.79
4.	CILIPANS	Kristaps	08	Adazu BJSS	4:48.85	537	I	+0.70	14.00			
	50m:	28.70	28.70	150m:	1:43.43	39.43	250m:	3:00.91	39.02	350m:	4:15.26	34.74
	100m:	1:04.00	35.30	200m:	2:21.89	38.46	300m:	3:40.52	39.61	400m:	4:48.85	33.59
5.	LOBANS	Deniss	09	RSS Ridzene-DSN I	4:53.12	514	I	+0.71	13.00			
	50m:	32.13	32.13	150m:	1:51.00	40.52	250m:	3:06.61	35.91	350m:	4:21.42	36.19
	100m:	1:10.48	38.35	200m:	2:30.70	39.70	300m:	3:45.23	38.62	400m:	4:53.12	31.70
6.	TALALAJEVŠ	Daniils	11	Rezeknes BJSS	4:54.59	506	I	+0.71	12.00			
	50m:	30.19	30.19	150m:	1:45.18	39.01	250m:	3:04.63	40.43	350m:	4:20.85	34.89
	100m:	1:06.17	35.98	200m:	2:24.20	39.02	300m:	3:45.96	41.33	400m:	4:54.59	33.74
7.	GRISLIS	Ricards	10	Jelgavas SPS I	4:55.70	500	I		11.00			
	50m:	31.14	31.14	150m:	1:44.94	38.29	250m:	3:03.16	41.15	350m:	4:21.35	36.87
	100m:	1:06.65	35.51	200m:	2:22.01	37.07	300m:	3:44.48	41.32	400m:	4:55.70	34.35
8.	VIDZUPS	Alens	09	Rezeknes BJSS	4:57.01	494	I	+0.82	-			
	50m:	29.33	29.33	150m:	1:44.11	38.45	250m:	3:04.70	42.24	350m:	4:23.31	35.23
	100m:	1:05.66	36.33	200m:	2:22.46	38.35	300m:	3:48.08	43.38	400m:	4:57.01	33.70
9.	ANDRIJAUSKS	Arturs	10	Adazu BJSS	5:02.93	465	I		8.00			
	50m:	32.38	32.38	150m:	1:49.62	38.58	250m:	3:11.96	44.28	350m:	4:29.58	34.44
	100m:	1:11.04	38.66	200m:	2:27.68	38.06	300m:	3:55.14	43.18	400m:	5:02.93	33.35
10.	BARKEVICS	Damirs	12	Daugavpils SS I	5:03.83	461	I	+0.71	7.00			
	50m:	32.56	32.56	150m:	1:51.90	39.66	250m:	3:13.56	41.72	350m:	4:30.53	35.13
	100m:	1:12.24	39.68	200m:	2:31.84	39.94	300m:	3:55.40	41.84	400m:	5:03.83	33.30
11.	MAKASINS	Aleksejs	09	Daugavpils SS I	5:11.18	429	II	+0.81	6.00			
	50m:	31.71	31.71	150m:	1:50.29	40.34	250m:	3:13.99	43.33	350m:	4:35.03	36.24
	100m:	1:09.95	38.24	200m:	2:30.66	40.37	300m:	3:58.79	44.80	400m:	5:11.18	36.15
12.	VISOCKIS	Dauids	08	Daugavpils SS I	5:12.70	423	II	+0.73	-			
	50m:	31.68	31.68	150m:	1:49.12	39.85	250m:	3:13.99	44.43	350m:	4:36.92	37.81
	100m:	1:09.27	37.59	200m:	2:29.56	40.44	300m:	3:59.11	45.12	400m:	5:12.70	35.78
13.	CUGUNOVŠ	Zahars	11	Rezeknes BJSS	5:12.72	423	II	+0.66	-			
	50m:	31.96	31.96	150m:	1:53.58	41.41	250m:	3:17.22	44.32	350m:	4:39.71	37.90
	100m:	1:12.17	40.21	200m:	2:32.90	39.32	300m:	4:01.81	44.59	400m:	5:12.72	33.01
14.	SILINS	Mikus	07	Valmieras SS	5:13.06	421	II	+0.76	3.00			
	50m:	31.29	31.29	150m:	1:47.84	39.13	250m:	3:11.64	44.62	350m:	4:36.36	38.17
	100m:	1:08.71	37.42	200m:	2:27.02	39.18	300m:	3:58.19	46.55	400m:	5:13.06	36.70

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Vieta UZV	RDS, V rds		Dz.g.	Komanda	Laiks	Punkti	L menis	RL	KP
15.	KORKACS Jegors		13	Kipsalas peldbaseins	5:16.70	407	II	+0.81	2.00
	50m: 34.18	34.18	150m: 1:56.10	42.20	250m: 3:20.22	43.84	350m: 4:42.55	37.71	
	100m: 1:13.90	39.72	200m: 2:36.38	40.28	300m: 4:04.84	44.62	400m: 5:16.70	34.15	
16.	RAICONOKS Lauris		06	Daugavpils SS I	5:19.84	395	II	+0.68	-
	50m: 31.76	31.76	150m: 1:51.22	42.14	250m: 3:22.15	47.95	350m: 4:45.88	35.21	
	100m: 1:09.08	37.32	200m: 2:34.20	42.98	300m: 4:10.67	48.52	400m: 5:19.84	33.96	
17.	IVANOVVS Ilja		09	Daugavpils SS I	5:21.74	388	II	+0.73	-
	50m: 35.10	35.10	150m: 1:54.69	38.93	250m: 3:20.99	47.91	350m: 4:46.28	37.31	
	100m: 1:15.76	40.66	200m: 2:33.08	38.39	300m: 4:08.97	47.98	400m: 5:21.74	35.46	
18.	BOJARS Arturs		07	Kipsalas peldbaseins	5:24.39	379	II	+0.77	-
	50m: 34.42	34.42	150m: 1:55.54	41.25	250m: 3:20.98	45.65	350m: 4:46.53	39.54	
	100m: 1:14.29	39.87	200m: 2:35.33	39.79	300m: 4:06.99	46.01	400m: 5:24.39	37.86	
19.	PECONKA Dimitrijs		09	Daugavpils SS II	5:26.58	371	II		-
	50m: 32.98	32.98	150m: 1:58.40	44.34	250m: 3:25.83	43.84	350m: 4:49.68	38.51	
	100m: 1:14.06	41.08	200m: 2:41.99	43.59	300m: 4:11.17	45.34	400m: 5:26.58	36.90	
20.	BARMASOVS Ruslans		11	RSS Ridzene-DSN II	5:45.50	313		+0.77	-
	<i>*Rezult ta l menis neatbilst 4.1. punktam</i>								
	50m: 35.27	35.27	150m: 2:03.96	47.61	250m: 3:40.37	50.43	350m: 5:10.06	40.08	
	100m: 1:16.35	41.08	200m: 2:49.94	45.98	300m: 4:29.98	49.61	400m: 5:45.50	35.44	