

Meeting International de Bastogne  
Bastogne, 3 - 5/4/2026

Event 5  
03/04/2026 - 18:08

Women, 400m Medley

11 years and older  
Results

Points: AQUA 2025

Rank	YB								Time	Pts		
<b>11 - 12 years</b>												
1.	HOUBA, Jeanne		14	Perron				<b>6:01.57</b>	352			
	50m:	39.49	39.49	150m:	2:13.72	45.52	250m:	3:49.60	52.98	350m:	5:22.91	40.30
	100m:	1:28.20	48.71	200m:	2:56.62	42.90	300m:	4:42.61	53.01	400m:	6:01.57	38.66
2.	SEGHERS, Milla		15	Zwemclub Kapelle-O/D-Bos				<b>6:24.48</b>	293			
	50m:	40.30	40.30	150m:	2:22.75	49.79	250m:	4:06.55	55.65	350m:	5:44.70	42.32
	100m:	1:32.96	52.66	200m:	3:10.90	48.15	300m:	5:02.38	55.83	400m:	6:24.48	39.78
<b>13 - 14 years</b>												
1.	MERCHE, elsa		13	Cnb				<b>5:46.38</b>	401			
	50m:	36.29	36.29	150m:	2:05.32	43.74	250m:	3:37.44	48.38	350m:	5:07.79	40.67
	100m:	1:21.58	45.29	200m:	2:49.06	43.74	300m:	4:27.12	49.68	400m:	5:46.38	38.59
2.	GRENADE RAETS, Lison		12	Perron				<b>5:49.98</b>	388			
	50m:	40.09	40.09	150m:	2:10.35	44.68	250m:	3:42.93	49.16	350m:	5:12.22	40.08
	100m:	1:25.67	45.58	200m:	2:53.77	43.42	300m:	4:32.14	49.21	400m:	5:49.98	37.76
3.	VAN HOOMISSEN, Chelsea		12	Zwemclub Kapelle-O/D-Bos				<b>5:53.98</b>	375			
	50m:	35.50	35.50	150m:	2:01.95	44.99	250m:	3:40.54	54.16	350m:	5:15.60	41.98
	100m:	1:16.96	41.46	200m:	2:46.38	44.43	300m:	4:33.62	53.08	400m:	5:53.98	38.38
4.	LACROIX, Clementine		13	Perron				<b>6:02.78</b>	349			
	50m:	39.20	39.20	150m:	2:08.95	44.71	250m:	3:48.53	56.45	350m:	5:24.70	40.51
	100m:	1:24.24	45.04	200m:	2:52.08	43.13	300m:	4:44.19	55.66	400m:	6:02.78	38.08
5.	BIETTE, Luce		12	Cnb				<b>6:14.03</b>	318			
	50m:	43.87	43.87	150m:	2:23.63	48.38	250m:	3:59.34	49.15	350m:	5:32.51	44.12
	100m:	1:35.25	51.38	200m:	3:10.19	46.56	300m:	4:48.39	49.05	400m:	6:14.03	41.52
DSQ	LAFALIZE, Julia		12	Cnb				<b>5:57.47</b>				
	<i>SW9.4.7.6 - Mains non simultanées à l'arrivée en brasse (Time: 18:23)</i>											
	50m:	40.42	40.42	150m:	2:13.41	46.79	250m:	3:49.04	50.62	350m:	5:19.45	39.80
	100m:	1:26.62	46.20	200m:	2:58.42	45.01	300m:	4:39.65	50.61	400m:	5:57.47	38.02
<b>15 - 16 years</b>												
1.	REYNIERS, Fien		11	Zwemclub Kapelle-O/D-Bos				<b>6:15.33</b>	315			
	50m:	41.00	41.00	150m:	2:16.26	45.96	250m:	3:55.38	54.16	350m:	5:33.57	43.83
	100m:	1:30.30	49.30	200m:	3:01.22	44.96	300m:	4:49.74	54.36	400m:	6:15.33	41.76
<b>17 - 18 years</b>												
1.	JACOBS, Laurien		08	Zwemclub Kapelle-O/D-Bos				<b>5:54.30</b>	374			
	50m:	36.21	36.21	150m:	2:11.24	46.63	250m:	3:44.79	47.51	350m:	5:15.08	41.59
	100m:	1:24.61	48.40	200m:	2:57.28	46.04	300m:	4:33.49	48.70	400m:	5:54.30	39.22
2.	BARTHELEMY, Naomie		09	Cercle Bertrigeois de Natation				<b>7:05.06</b>	217			
	50m:	45.28	45.28	150m:	2:35.15	54.02	250m:	4:27.46	1:01.19	350m:	6:16.33	47.26
	100m:	1:41.13	55.85	200m:	3:26.27	51.12	300m:	5:29.07	1:01.61	400m:	7:05.06	48.73

Meeting International de Bastogne  
Bastogne, 3 - 5/4/2026

---

Event 5, Women, 400m Medley

19 years and older

1.	FRIPPIAT, Lory		01	Cnb					<b>5:53.41</b>	377		
	50m:	34.74	34.74	150m:	2:01.75	46.27	250m:	3:38.53	52.83	350m:	5:12.79	41.33
	100m:	1:15.48	40.74	200m:	2:45.70	43.95	300m:	4:31.46	52.93	400m:	5:53.41	40.62
2.	ERNENS, Chloe		05	Natation Club Athus					<b>6:19.72</b>	304		
	50m:	43.00	43.00	150m:	2:16.94	44.52	250m:	3:57.53	54.98	350m:	5:37.27	43.58
	100m:	1:32.42	49.42	200m:	3:02.55	45.61	300m:	4:53.69	56.16	400m:	6:19.72	42.45
3.	DEBERGH, Celestine		06	Natation Club Athus					<b>6:57.76</b>	228		
	50m:	48.49	48.49	150m:	2:35.21	48.97	250m:	4:22.84	58.34	350m:	6:11.53	48.30
	100m:	1:46.24	57.75	200m:	3:24.50	49.29	300m:	5:23.23	1:00.39	400m:	6:57.76	46.23