



3º Torregri de Cadetes
Porto de Mós, 6 - 7/6/2026

Prova 9
06/06/2026 - 16:22

Femin., 200m Livres

8 - 11 anos
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
Cadetes C			
1. Matilde Cruz, MOURA	17	3:21.55	163
50m: 43.26 43.26 100m: 1:36.34 53.08 150m: 2:29.47 53.13 200m: 3:21.55 52.08			
2. Margarida Lourenco, PEDROSA	17	3:40.31	125
50m: 50.05 50.05 100m: 1:47.92 57.87 150m: 2:45.26 57.34 200m: 3:40.31 55.05			
3. Benedita Pedrosa, GASPAS	17	4:02.42	94
50m: 53.10 53.10 100m: 1:55.95 1:02.85 150m: 3:01.20 1:05.25 200m: 4:02.42 1:01.22			
Cadetes B			
1. Beatriz Almeida, SILVA	15	3:04.38	214
50m: 42.91 42.91 100m: 1:31.88 48.97 150m: 2:18.88 47.00 200m: 3:04.38 45.50			
2. Sofia, MIKHAILOVA	15	3:05.33	210
50m: 39.69 39.69 100m: 1:28.24 48.55 150m: 2:18.78 50.54 200m: 3:05.33 46.55			
3. Maria Francisca, LOPES	16	3:05.97	208
50m: 42.37 42.37 100m: 1:30.97 48.60 150m: 2:20.19 49.22 200m: 3:05.97 45.78			
4. Luna Santos, PROSPERO	15	3:06.09	208
50m: 39.69 39.69 100m: 1:28.94 49.25 150m: 2:19.72 50.78 200m: 3:06.09 46.37			
5. Maria Constanca, FERNANDES	15	3:06.23	207
50m: 42.84 42.84 100m: 1:32.49 49.65 150m: 2:22.54 50.05 200m: 3:06.23 43.69			
Sofia Pereira, FERREIRA	15	3:06.23	207
50m: 39.63 39.63 100m: 1:28.84 49.21 150m: 2:19.02 50.18 200m: 3:06.23 47.21			
7. Filipa Pereira, ASCENSO	15	3:08.94	199
50m: 41.44 41.44 100m: 1:31.22 49.78 150m: 2:22.12 50.90 200m: 3:08.94 46.82			
8. Sara Soares, MARQUES	15	3:13.52	185
50m: 45.35 45.35 100m: 1:33.25 47.90 150m: 2:20.10 46.85 200m: 3:13.52 53.42			
9. Enia Gois, MENDES	15	3:14.89	181
50m: 42.65 42.65 100m: 1:34.12 51.47 150m: 2:27.34 53.22 200m: 3:14.89 47.55			
10. Sofia Rosa, FERREIRA	15	3:15.78	178
50m: 44.96 44.96 100m: 1:36.18 51.22 150m: 2:28.25 52.07 200m: 3:15.78 47.53			
11. Laura Afonso, CASALINHO	15	3:16.07	178
50m: 44.17 44.17 100m: 1:35.41 51.24 150m: 2:28.42 53.01 200m: 3:16.07 47.65			
12. Carolina Mineiro, SANTOS	15	3:18.02	172
50m: 44.32 44.32 100m: 1:35.97 51.65 150m: 2:27.72 51.75 200m: 3:18.02 50.30			
13. Leonor Santos, FERNANDES	15	3:24.00	158
50m: 45.49 45.49 100m: 1:37.14 51.65 150m: 2:29.53 52.39 200m: 3:24.00 54.47			
14. Francisca Costa, GAMEIRO	16	3:25.58	154
50m: 47.97 47.97 100m: 1:41.33 53.36 150m: 2:36.00 54.67 200m: 3:25.58 49.58			
15. Ariana Santos, CUSTODIO	15	3:27.29	150
50m: 45.93 45.93 100m: 1:59.21 1:13.28 150m: 2:45.32 46.11 200m: 3:27.29 41.97			
16. Margarida Bastos, CARVALHO	15	3:28.48	148
50m: 46.31 46.31 100m: 1:39.34 53.03 150m: 2:33.85 54.51 200m: 3:28.48 54.63			
17. Melissa Ferreira, JESUS	16	3:31.48	141
50m: 45.80 45.80 100m: 1:40.45 54.65 150m: 2:37.13 56.68 200m: 3:31.48 54.35			
18. Maria Leonor, GANDARA	16	3:35.95	133
50m: 45.56 45.56 100m: 1:41.91 56.35 150m: 2:41.03 59.12 200m: 3:35.95 54.92			



3º Torregri de Cadetes
Porto de Mós, 6 - 7/6/2026

Prova 9, Femin., 200m Livres, Cadetes B

Lugar	Ano	Tempo final	Pts
19. Filipa, DERELO 50m: 48.21 48.21 100m: 1:44.28 56.07 150m: 2:41.25 56.97 200m: 3:37.50 56.25	16 Nautico Marinha Grande	3:37.50	130
20. Maria Luisa, OLIVEIRA 50m: 49.16 49.16 100m: 1:47.09 57.93 150m: 2:47.63 1:00.54 200m: 3:41.91 54.28	16 CNLeiria - VOID	3:41.91	122
21. Diana Junqueira, QUINTAS 50m: 52.10 52.10 100m: 1:50.27 58.17 150m: 2:19.03 28.76 200m: 3:42.74 1:23.71	15 Nucleo de Pombal	3:42.74	121
22. Mia Sardinha, BRITO 50m: 50.81 50.81 100m: 1:47.87 57.06 150m: 2:45.02 57.15 200m: 3:43.34 58.32	16 Alpha Infiniti Athlete	3:43.34	120
23. Ines Caetano, LOURENCO 50m: 51.68 51.68 100m: 1:50.06 58.38 150m: 2:52.68 1:02.62 200m: 3:46.78 54.10	15 Vieirense	3:46.78	115
24. Elena Offerman, CORREIA 50m: 49.36 49.36 100m: 1:48.00 58.64 150m: 2:50.53 1:02.53 200m: 3:48.47 57.94	15 Naval da Nazaré	3:48.47	112
25. Marta Alexandra, LOPES 50m: 51.09 51.09 100m: 1:48.34 57.25 150m: 2:51.38 1:03.04 200m: 3:53.38 1:02.00	16 Nautico Marinha Grande	3:53.38	105
26. Margarida Cruz, SIMOES 50m: 53.92 53.92 100m: 1:56.99 1:03.07 150m: 2:56.75 59.76 200m: 3:56.15 59.40	15 Nucleo de Pombal	3:56.15	101
27. Maria Chaves, NUNES 50m: 54.99 54.99 100m: 2:03.13 1:08.14 150m: 3:06.75 1:03.62 200m: 4:10.52 1:03.77	16 Ba Leiria / Sk Coffee	4:10.52	85
28. Emily Medeiros, CARNEIRO 50m: 52.52 52.52 100m: 1:56.20 1:03.68 150m: 3:05.52 1:09.32 200m: 4:12.35 1:06.83	15 Nucleo de Ansião	4:12.35	83
29. Angelina Ellen, SILVA 50m: 59.07 59.07 100m: 2:02.96 1:03.89 150m: 3:12.31 1:09.35 200m: 4:13.39 1:01.08	15 Uniao Juncalense	4:13.39	82
30. Afruza, TUYCHIEVA 50m: 57.30 57.30 100m: 2:07.82 1:10.52 150m: 3:18.56 1:10.74 200m: 4:27.97 1:09.41	16 Ba Leiria / Sk Coffee	4:27.97	69
DNS Ana Filipa, CARDOSO	16 Ba Leiria / Sk Coffee		
DNS Daniela Santos, JORGE	15 Ba Leiria / Sk Coffee		
DNS Adeleine Isabelle, MERRELL	16 Naval de Peniche		
DNS Margarida Antunes, GOMES	15 Nucleo de Pombal		
DNS Ema Ribeiro, FREITAS	16 Vieirense		
DNS Maria Pires, NEVES	15 Nucleo de Ansião		
EXH Luisa Santos, REIS 50m: 55.34 55.34 100m: 1:54.84 59.50 150m: 2:58.02 1:03.18 200m: 3:56.19 58.17	16 CNLeiria - VOID	3:56.19	101
EXH Polina, KOTENKO 50m: 57.44 57.44 100m: 2:02.94 1:05.50 150m: 3:08.69 1:05.75 200m: 4:08.41 59.72	15 Uniao Juncalense	4:08.41	87