

2026m. atviras Kauno miesto plaukimo cempionatas  
Kaunas, 10- - 11-4-2026

Event 2  
2026-04-10 - 16:20

Men, 400m Freestyle

Open  
Results

Points: AQUA 2025

Rank					YB					Time	Pts	
1.	GRIŠKONIS, Matas				08	KPM Vilija				<b>4:09.67</b>	684	
	50m:	28.58	28.58	150m:	1:31.68	31.98	250m:	2:35.88	32.30	350m:	3:38.95	31.22
	100m:	59.70	31.12	200m:	2:03.58	31.90	300m:	3:07.73	31.85	400m:	4:09.67	30.72
2.	ZABLOCKIS, Vilius				09	Kauno SM Startas				<b>4:15.08</b>	642	
	50m:	27.96	27.96	150m:	1:30.85	32.34	250m:	2:36.29	32.93	350m:	3:42.01	32.81
	100m:	58.51	30.55	200m:	2:03.36	32.51	300m:	3:09.20	32.91	400m:	4:15.08	33.07
3.	MARINI IUS, Justas				08	KPM Vilija				<b>4:19.58</b>	609	
	50m:	28.65	28.65	150m:	1:32.63	32.92	250m:	2:38.84	33.90	350m:	3:47.02	34.63
	100m:	59.71	31.06	200m:	2:04.94	32.31	300m:	3:12.39	33.55	400m:	4:19.58	32.56
4.	GUVENIUS, Pijus				03	Ksm Startas 19+				<b>4:19.92</b>	606	
	50m:	29.56	29.56	150m:	1:35.31	33.41	250m:	2:41.95	33.42	350m:	3:49.66	33.68
	100m:	1:01.90	32.34	200m:	2:08.53	33.22	300m:	3:15.98	34.03	400m:	4:19.92	30.26
5.	VEŽBAVI IUS, Matas				10	Kauno SM Startas				<b>4:27.41</b>	557	
	50m:	28.69	28.69	150m:	1:35.80	34.26	250m:	2:45.16	34.48	350m:	3:54.91	34.67
	100m:	1:01.54	32.85	200m:	2:10.68	34.88	300m:	3:20.24	35.08	400m:	4:27.41	32.50
6.	GUDELI NAS, Paulius				10	KPM Šilainiai				<b>4:27.85</b>	554	
	50m:	29.49	29.49	150m:	1:37.19	34.30	250m:	2:46.50	34.57	350m:	3:55.52	34.43
	100m:	1:02.89	33.40	200m:	2:11.93	34.74	300m:	3:21.09	34.59	400m:	4:27.85	32.33
7.	KINDERIS, Aistis				09	KPM Vilija				<b>4:29.06</b>	547	
	50m:	29.14	29.14	150m:	1:35.89	33.85	250m:	2:44.90	34.40	350m:	3:55.17	34.88
	100m:	1:02.04	32.90	200m:	2:10.50	34.61	300m:	3:20.29	35.39	400m:	4:29.06	33.89
8.	VALAVI IUS, Rojus				09	KPM Šilainiai				<b>4:30.77</b>	536	
	50m:	29.65	29.65	150m:	1:37.42	34.11	250m:	2:46.63	34.59	350m:	3:56.63	34.99
	100m:	1:03.31	33.66	200m:	2:12.04	34.62	300m:	3:21.64	35.01	400m:	4:30.77	34.14
9.	PROTAŠ IUK, Povilas				10	Kauno SM Startas				<b>4:31.38</b>	533	
	50m:	29.43	29.43	150m:	1:37.65	34.32	250m:	2:46.92	34.72	350m:	3:57.93	35.60
	100m:	1:03.33	33.90	200m:	2:12.20	34.55	300m:	3:22.33	35.41	400m:	4:31.38	33.45
10.	VASILIAUSKAS, Dovydas				11	KPM Dainava				<b>4:34.75</b>	513	
	50m:	30.78	30.78	150m:	1:38.54	34.58	250m:	2:50.13	36.05	350m:	4:01.13	35.03
	100m:	1:03.96	33.18	200m:	2:14.08	35.54	300m:	3:26.10	35.97	400m:	4:34.75	33.62
11.	POCIUS, Simonas				09	KPM Šilainiai				<b>4:36.64</b>	503	
	50m:	30.05	30.05	150m:	1:39.41	34.84	250m:	2:50.25	35.28	350m:	4:02.26	36.08
	100m:	1:04.57	34.52	200m:	2:14.97	35.56	300m:	3:26.18	35.93	400m:	4:36.64	34.38
12.	GARBATAVI IUS, Majus				12	KPM Šilainiai				<b>4:39.31</b>	489	
	50m:	30.34	30.34	150m:	1:41.42	36.24	250m:	2:53.02	36.25	350m:	4:04.97	36.12
	100m:	1:05.18	34.84	200m:	2:16.77	35.35	300m:	3:28.85	35.83	400m:	4:39.31	34.34
13.	B DA, Jonas				12	KPM Šilainiai				<b>4:40.16</b>	484	
	50m:	30.51	30.51	150m:	1:42.22	36.55	250m:	2:54.73	36.45	350m:	4:07.71	36.29
	100m:	1:05.67	35.16	200m:	2:18.28	36.06	300m:	3:31.42	36.69	400m:	4:40.16	32.45
14.	SERGEJEVAS, Majus				12	KPM Šilainiai				<b>4:42.56</b>	472	
	50m:	31.79	31.79	150m:	1:45.66	36.98	250m:	2:58.96	36.02	350m:	4:09.99	33.84
	100m:	1:08.68	36.89	200m:	2:22.94	37.28	300m:	3:36.15	37.19	400m:	4:42.56	32.57
15.	TITKOV, Denis				12	Kauno SM Startas				<b>4:42.83</b>	471	
	50m:	31.93	31.93	150m:	1:45.95	37.13	250m:	2:59.96	36.57	350m:	4:11.01	34.29
	100m:	1:08.82	36.89	200m:	2:23.39	37.44	300m:	3:36.72	36.76	400m:	4:42.83	31.82
16.	GUZELIS, Dovas				10	Kauno SM Startas				<b>4:43.42</b>	468	
	50m:	30.56	30.56	150m:	1:41.55	36.45	250m:	2:55.70	36.93	350m:	4:09.95	36.97
	100m:	1:05.10	34.54	200m:	2:18.77	37.22	300m:	3:32.98	37.28	400m:	4:43.42	33.47
17.	RAILA, Vytis				11	KPM Vilija				<b>4:43.78</b>	466	
	50m:	31.04	31.04	150m:	1:44.77	37.78	250m:	2:58.66	37.04	350m:	4:12.73	36.43
	100m:	1:06.99	35.95	200m:	2:21.62	36.85	300m:	3:36.30	37.64	400m:	4:43.78	31.05

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Rank			YB							Time	Pts
18.	ŠALIUS, Dominykas		10	Kauno SM Startas						<b>4:44.37</b>	463
	50m:	31.38 31.38	150m:	1:43.09	35.87	250m:	2:56.07	36.11	350m:	4:09.49	36.29
	100m:	1:07.22 35.84	200m:	2:19.96	36.87	300m:	3:33.20	37.13	400m:	4:44.37	34.88
19.	ŽUKAUSKAS, Emilis		11	KPM Vilija						<b>4:45.60</b>	457
	50m:	31.79 31.79	150m:	1:43.81	36.57	250m:	2:55.90	35.26	350m:	4:10.46	37.38
	100m:	1:07.24 35.45	200m:	2:20.64	36.83	300m:	3:33.08	37.18	400m:	4:45.60	35.14
20.	SINKEVI IUS, Skomantas		09	KPM Vilija						<b>4:46.04</b>	455
	50m:	30.45 30.45	150m:	1:41.46	36.49	250m:	2:56.09	37.54	350m:	4:10.79	37.39
	100m:	1:04.97 34.52	200m:	2:18.55	37.09	300m:	3:33.40	37.31	400m:	4:46.04	35.25
21.	S DŽIUS, Tadas		09	Kauno SM Startas						<b>4:46.17</b>	454
	50m:	31.26 31.26	150m:	1:41.96	36.17	250m:	2:55.64	37.00	350m:	4:10.49	37.23
	100m:	1:05.79 34.53	200m:	2:18.64	36.68	300m:	3:33.26	37.62	400m:	4:46.17	35.68
22.	LISAUSKAS, Aras		12	Kauno SM Startas						<b>4:46.44</b>	453
	50m:	32.13 32.13	150m:	1:45.60	36.58	250m:	2:59.94	36.98	350m:	4:12.94	35.87
	100m:	1:09.02 36.89	200m:	2:22.96	37.36	300m:	3:37.07	37.13	400m:	4:46.44	33.50
23.	RADŽIUS, Laurynas		12	KPM Dainava						<b>4:51.53</b>	430
	50m:	33.53 33.53	150m:	1:48.89	37.76	250m:	3:04.31	37.21	350m:	4:17.33	36.12
	100m:	1:11.13 37.60	200m:	2:27.10	38.21	300m:	3:41.21	36.90	400m:	4:51.53	34.20
24.	DI I NAS, Arminas		11	Kauno SM Startas						<b>4:53.32</b>	422
	50m:	31.60 31.60	150m:	1:46.38	37.73	250m:	3:02.82	37.46	350m:	4:17.89	36.55
	100m:	1:08.65 37.05	200m:	2:25.36	38.98	300m:	3:41.34	38.52	400m:	4:53.32	35.43
25.	BAGDONAS, Jurgis		10	KPM Vilija						<b>4:55.28</b>	413
	50m:	33.08 33.08	150m:	1:48.47	38.35	250m:	3:03.89	37.07	350m:	4:19.98	38.15
	100m:	1:10.12 37.04	200m:	2:26.82	38.35	300m:	3:41.83	37.94	400m:	4:55.28	35.30
26.	PAULAUSKAS, Emilis		15	KPM Šilainiai						<b>4:58.04</b>	402
	50m:	33.09 33.09	150m:	1:49.57	37.94	250m:	3:05.47	37.65	350m:	4:21.17	37.55
	100m:	1:11.63 38.54	200m:	2:27.82	38.25	300m:	3:43.62	38.15	400m:	4:58.04	36.87
27.	ŠIMOLI NAS, Rapolas		13	KPM Šilainiai						<b>5:00.70</b>	391
	50m:	34.74 34.74	150m:	1:51.19	38.49	250m:	3:07.51	37.41	350m:	4:24.08	37.88
	100m:	1:12.70 37.96	200m:	2:30.10	38.91	300m:	3:46.20	38.69	400m:	5:00.70	36.62
28.	EPULIS, Markas		12	Plaukimo akademija Banga						<b>5:05.72</b>	373
	50m:	32.31 32.31	150m:	1:48.39	39.42	250m:	3:07.70	39.67	350m:	4:28.17	40.49
	100m:	1:08.97 36.66	200m:	2:28.03	39.64	300m:	3:47.68	39.98	400m:	5:05.72	37.55
29.	AJAUSKAS, Nojus		10	KPM Vilija						<b>5:08.56</b>	362
	50m:	32.12 32.12	150m:	1:47.57	39.04	250m:	3:07.29	40.51	350m:	4:29.11	41.14
	100m:	1:08.53 36.41	200m:	2:26.78	39.21	300m:	3:47.97	40.68	400m:	5:08.56	39.45
30.	ADOMAITIS, Benas		12	Plaukimo akademija Banga						<b>5:18.24</b>	330
	50m:	32.41 32.41	150m:	1:51.51	41.01	250m:	3:13.50	40.83	350m:	4:37.37	41.97
	100m:	1:10.50 38.09	200m:	2:32.67	41.16	300m:	3:55.40	41.90	400m:	5:18.24	40.87
31.	NIZEVI IUS, Lukas		14	Plaukimo akademija Banga						<b>5:19.38</b>	327
	50m:	36.12 36.12	150m:	1:57.61	40.80	250m:	3:20.00	41.29	350m:	4:40.68	39.77
	100m:	1:16.81 40.69	200m:	2:38.71	41.10	300m:	4:00.91	40.91	400m:	5:19.38	38.70
32.	B DA, V jas		14	KPM Vilija						<b>5:26.28</b>	306
	50m:	35.33 35.33	150m:	1:55.84	40.55	250m:	3:20.46	41.89	350m:	4:45.14	42.26
	100m:	1:15.29 39.96	200m:	2:38.57	42.73	300m:	4:02.88	42.42	400m:	5:26.28	41.14
33.	TERSKOVAS, Matas		12	KPM Šilainiai						<b>5:27.08</b>	304
	50m:	35.42 35.42	150m:	1:57.25	41.91	250m:	3:22.47	42.34	350m:	4:47.64	42.15
	100m:	1:15.34 39.92	200m:	2:40.13	42.88	300m:	4:05.49	43.02	400m:	5:27.08	39.44
34.	GARLIAUSKAS, Rytis		13	KPM Šilainiai						<b>5:34.67</b>	284
	50m:	33.90 33.90	150m:	1:57.23	41.89	250m:	3:24.90	43.27	350m:	4:52.68	43.23
	100m:	1:15.34 41.44	200m:	2:41.63	44.40	300m:	4:09.45	44.55	400m:	5:34.67	41.99
35.	VALANTINAS, Emilis		14	KPM Šilainiai						<b>5:40.14</b>	270
	50m:	36.04 36.04	150m:	2:03.66	44.48	250m:	3:32.73	44.30	350m:	5:00.27	43.11
	100m:	1:19.18 43.14	200m:	2:48.43	44.77	300m:	4:17.16	44.43	400m:	5:40.14	39.87

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Rank					YB					Time	Pts	
36.	DŽIUGAS, Gustas				14	Plaukimo akademija Banga				<b>5:49.80</b>	249	
	50m:	35.82	35.82	150m:	2:07.41	47.18	250m:	3:36.23	44.51	350m:	5:09.08	45.97
	100m:	1:20.23	44.41	200m:	2:51.72	44.31	300m:	4:23.11	46.88	400m:	5:49.80	40.72
37.	BRUŽAS, Timas				13	Kauno SM Startas				<b>5:52.66</b>	243	
	50m:	38.95	38.95	150m:	2:08.65	45.49	250m:	3:40.14	45.61	350m:	5:11.14	45.89
	100m:	1:23.16	44.21	200m:	2:54.53	45.88	300m:	4:25.25	45.11	400m:	5:52.66	41.52
38.	ARDAVI IUS, Jonas				14	Kauno SM Startas				<b>5:52.87</b>	242	
	50m:	39.41	39.41	150m:	2:09.99	45.48	250m:	3:41.64	45.36	350m:	5:12.79	44.59
	100m:	1:24.51	45.10	200m:	2:56.28	46.29	300m:	4:28.20	46.56	400m:	5:52.87	40.08
39.	BRAZAUSKAS, Martynas				13	KPM Dainava				<b>5:54.62</b>	238	
	50m:	36.19	36.19	150m:	2:08.51	46.89	250m:	3:40.70	46.10	350m:	5:12.20	44.94
	100m:	1:21.62	45.43	200m:	2:54.60	46.09	300m:	4:27.26	46.56	400m:	5:54.62	42.42
40.	VENCK NAS, Vincentas				14	Kauno SM Startas				<b>5:56.68</b>	234	
	50m:	39.21	39.21	150m:	2:10.88	47.08	250m:	3:43.10	46.31	350m:	5:13.58	44.30
	100m:	1:23.80	44.59	200m:	2:56.79	45.91	300m:	4:29.28	46.18	400m:	5:56.68	43.10
41.	MOROZOV, Mark				13	Kauno SM Startas				<b>6:07.46</b>	214	
	50m:	37.43	37.43	150m:	2:09.72	46.97	250m:	3:46.26	48.10	350m:	5:22.58	46.88
	100m:	1:22.75	45.32	200m:	2:58.16	48.44	300m:	4:35.70	49.44	400m:	6:07.46	44.88
42.	JONAITIS, Saulius				12	KPM Vilija				<b>6:09.26</b>	211	
	50m:	36.65	36.65	150m:	2:05.88	47.12	250m:	3:44.89	49.88	350m:	5:24.15	49.14
	100m:	1:18.76	42.11	200m:	2:55.01	49.13	300m:	4:35.01	50.12	400m:	6:09.26	45.11
43.	DOVIDAVI IUS, Etanas				14	KPM Šilainiai				<b>6:10.30</b>	209	
	50m:	41.76	41.76	150m:	2:16.44	47.72	250m:	3:52.35	49.14	350m:	5:27.57	47.59
	100m:	1:28.72	46.96	200m:	3:03.21	46.77	300m:	4:39.98	47.63	400m:	6:10.30	42.73
44.	SKRIPKAITIS, Marius				96	KPM Vilija				<b>6:22.79</b>	190	
	50m:	40.38	40.38	150m:	2:17.40	50.58	250m:	3:57.53	50.08	350m:	5:36.17	48.80
	100m:	1:26.82	46.44	200m:	3:07.45	50.05	300m:	4:47.37	49.84	400m:	6:22.79	46.62
45.	GALI INAS, Adomas				15	KPM Dainava				<b>6:52.36</b>	152	
	50m:	41.04	41.04	150m:	2:28.24	55.05	250m:	4:16.01	52.40	350m:	6:02.17	52.05
	100m:	1:33.19	52.15	200m:	3:23.61	55.37	300m:	5:10.12	54.11	400m:	6:52.36	50.19