

NZC deel 4 2025-2026
Veenendaal, 14-3-2026

Programmanr. 26
14-3-2026 - 16:00

Jongens, 400m vrije slag

Onder 14
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Max van Splunder	De Dolfijn	4:29.83	201200531	4:31.46
	50m: 30.80	30.80	150m:	250m:	350m:
	100m: 1:04.52	33.72	200m: 2:13.46	300m:	400m: 4:31.46
2.	Ruben Lima Ribeiro	Hellas-Glana 1	4:47.49	201300693	4:38.45
	50m: 31.43	31.43	150m:	250m:	350m:
	100m: 1:05.90	34.47	200m: 2:15.77	300m:	400m: 4:38.45
3.	Jaro Hermans	Psv 1	4:41.56	201200173	4:41.55
	50m: 31.67	31.67	150m:	250m:	350m:
	100m: 1:06.51	34.84	200m: 2:18.19	300m:	400m: 4:41.55
4.	Michael Simons	Psv 1	4:52.69	201200025	4:48.43
	50m: 32.65	32.65	150m:	250m:	350m:
	100m: 1:09.46	36.81	200m: 2:24.05	300m:	400m: 4:48.43
5.	Celestin van der Beek	Psv 1	4:53.90	201201183	4:49.59
	50m: 31.67	31.67	150m:	250m:	350m:
	100m: 1:07.96	36.29	200m: 2:23.69	300m:	400m: 4:49.59
6.	Bram Engelen	Hellas-Glana 1	4:54.69	201300421	4:51.25
	50m: 34.33	34.33	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 4:51.25	
7.	Deem Vink	Vzc	5:21.68	201202353	5:04.14
	50m: 33.42	33.42	150m:	250m:	350m:
	100m: 1:10.41	36.99	200m: 2:27.92	300m:	400m: 5:04.14
8.	Lars Stelten	Hellas-Glana 1	5:13.57	201200151	5:13.51
	50m: 35.20	35.20	150m:	250m:	350m:
	100m: 1:14.73	39.53	200m: 2:34.61	300m:	400m: 5:13.51
9.	Casper Miltenburg	De Dolfijn	5:22.78	201201157	5:20.68
	50m: 35.64	35.64	150m:	250m:	350m:
	100m: 1:15.95	40.31	200m: 2:37.64	300m:	400m: 5:20.68
10.	Bernardo Vasconcelos	De Dolfijn	5:10.14	201300671	5:29.67
	50m: 35.44	35.44	150m:	250m:	350m:
	100m: 1:15.91	40.47	200m: 2:40.99	300m:	400m: 5:29.67
11.	Mishael Dirawi Rawi	Psv 1	5:32.80	201202263	5:30.39
	50m: 33.07	33.07	150m:	250m:	350m:
	100m: 1:12.07	39.00	200m: 2:36.12	300m:	400m: 5:30.39
12.	Erik Hovhannisyan	Vzc	6:03.97	201201355	5:30.72
	50m: 36.76	36.76	150m:	250m:	350m:
	100m: 1:18.24	41.48	200m: 2:43.67	300m:	400m: 5:30.72
13.	Matthiar Nap	Vzc	6:16.77	201300269	5:35.51
	50m: 39.98	39.98	150m:	250m:	350m:
	100m: 1:23.89	43.91	200m: 2:55.32	300m:	400m: 5:35.51
14.	Max Janson	De Dolfijn	NT	201302769	6:02.40
	50m: 40.24	40.24	150m:	250m:	350m:
	100m: 1:26.37	46.13	200m: 3:00.40	300m:	400m: 6:02.40
15.	Mike Tsaousoglou	De Dolfijn	7:34.10	201301125	6:15.37
	50m: 40.30	40.30	150m:	250m:	350m:
	100m: 1:26.02	45.72	200m: 3:01.02	300m:	400m: 6:15.37
16.	Sam Watson	De Dolfijn	5:56.53	201300801	6:20.48
	50m: 41.08	41.08	150m:	250m:	350m:
	100m: 1:27.43	46.35	200m: 3:05.09	300m:	400m: 6:20.48
AFGEM	Xainn Ellis	De Dolfijn	NT	201302599	
AFGEM	Alex Pasala	Psv 1	5:06.83	201300803	