

Volvo mót Ármanns  
Reykjavík, 17. - 19.4.2026

Event 4 Women, 200m Freestyle Open Results  
18.04.2026 - 9:45

Points: AQUA 2025

| Rank                        | YB                          |    | Time                       | Pts            | 50m | 100m  | 150m    | 200m    |       |
|-----------------------------|-----------------------------|----|----------------------------|----------------|-----|-------|---------|---------|-------|
| <b>16 years and older</b>   |                             |    |                            |                |     |       |         |         |       |
| 1.                          | Gabriela Roza Bondarow      | 10 | Armann                     | <b>2:15.66</b> | 537 | 30.78 | 34.36   | 35.30   | 35.22 |
| 2.                          | Margret Anna Lapas          | 09 | Ithrottabandalag Reykjanes | <b>2:20.98</b> | 479 | 33.24 | 37.05   | 35.94   | 34.75 |
| 3.                          | Alfrun Loa Jonsdottir       | 10 | Armann                     | <b>2:23.28</b> | 456 | 33.32 | 36.81   | 37.72   | 35.43 |
| 4.                          | Thelma Osp S.               | 10 | Sh                         | <b>2:24.47</b> | 445 | 31.92 | 36.40   | 37.90   | 38.25 |
| 5.                          | Elsa Dilja L.               | 10 | Sh                         | <b>2:27.39</b> | 419 | 34.47 | 37.37   | 38.09   | 37.46 |
| 6.                          | Asa Julia Kaldal            | 09 | Sundfelagid Agir           | <b>2:33.05</b> | 374 | 34.77 | 39.03   | 40.34   | 38.91 |
| 7.                          | Silja Karen Kristjansdottir | 10 | Sundfelagid Agir           | <b>2:44.48</b> | 301 | 37.00 | 42.08   | 43.57   | 41.83 |
| 8.                          | Sigrun Kjartansdottir       | 03 | Ithrottafelagid Fjordur    | <b>3:16.59</b> | 176 | 43.75 | 50.09   | 51.35   | 51.40 |
| 9.                          | Kristrun Helga T.           | 05 | Ithrottafelagid Fjordur    | <b>3:59.17</b> | 98  | 59.03 | 1:01.31 | 1:00.46 | 58.37 |
| <b>14 - 15 years</b>        |                             |    |                            |                |     |       |         |         |       |
| 1.                          | Gudrun Isold Hardardottir   | 11 | Ithrottabandalag Reykjanes | <b>2:13.63</b> | 562 | 32.50 | 35.20   | 32.80   | 33.13 |
| 2.                          | Herdís Dadadóttir           | 12 | Armann                     | <b>2:30.81</b> | 391 | 33.45 | 38.78   | 39.63   | 38.95 |
| 3.                          | Soley Katrín S.             | 12 | Armann                     | <b>2:37.43</b> | 344 | 37.21 | 40.67   | 41.07   | 38.48 |
| 4.                          | Asgerdur Einarsdottir       | 11 | Armann                     | <b>2:39.93</b> | 328 | 35.11 | 40.76   | 43.29   | 40.77 |
| 5.                          | Soffía Bara Gestsdóttir     | 11 | Stjarnan                   | <b>2:41.11</b> | 320 | 35.99 | 40.96   | 42.15   | 42.01 |
| 6.                          | Julia Maja Walczak          | 11 | Ithrottabandalag Reykjanes | <b>2:47.08</b> | 287 | 37.06 | 41.81   | 44.07   | 44.14 |
| 7.                          | Maria Kristín T.            | 11 | Sh                         | <b>2:48.34</b> | 281 | 38.58 | 43.74   | 44.19   | 41.83 |
| 8.                          | Inga Aníela Czurylo         | 12 | Sunddeild KR               | <b>2:49.53</b> | 275 | 36.77 | 43.45   | 44.72   | 44.59 |
| 9.                          | Margret Dis Arnarsdottir    | 12 | Armann                     | <b>3:15.36</b> | 180 | 42.60 | 50.56   | 52.77   | 49.43 |
| <b>13 years and younger</b> |                             |    |                            |                |     |       |         |         |       |
| 1.                          | Arora Mjoll Jonsdottir      | 13 | Armann                     | <b>2:26.45</b> | 427 | 34.01 | 37.93   | 38.51   | 36.00 |
| 2.                          | Isabella Saga T.            | 13 | Ithrottabandalag Reykjanes | <b>2:34.95</b> | 360 | 35.27 | 39.71   | 40.87   | 39.10 |
| 3.                          | Gudrun Army Eythorsdottir   | 14 | Armann                     | <b>2:39.50</b> | 330 | 35.98 | 41.48   | 42.35   | 39.69 |
| 4.                          | Fridrika Yr G.              | 13 | Sh                         | <b>2:40.11</b> | 327 | 37.61 | 41.66   | 42.11   | 38.73 |
| 5.                          | Maria Zahra                 | 15 | Ithrottabandalag Reykjanes | <b>2:40.72</b> | 323 | 37.32 | 41.30   | 41.87   | 40.23 |
| 6.                          | Briet Bjork Johannsdottir   | 13 | Sunddeild KR               | <b>2:42.09</b> | 315 | 36.13 | 41.28   | 43.12   | 41.56 |
| 7.                          | Snadis Anna H.              | 13 | Armann                     | <b>2:42.49</b> | 312 | 38.50 | 42.18   | 41.92   | 39.89 |
| 8.                          | Svana Run Imsland           | 14 | Ithrottabandalag Reykjanes | <b>2:48.91</b> | 278 | 39.30 | 43.21   | 43.61   | 42.79 |
| 9.                          | Astros Amy Petursdottir     | 15 | Armann                     | <b>2:50.42</b> | 271 | 39.20 | 44.10   |         |       |
| 10.                         | Steinunn Bjorg E.           | 13 | Armann                     | <b>2:50.53</b> | 270 | 38.76 | 43.23   | 45.34   | 43.20 |
| 11.                         | Sarlote Majevska            | 13 | Sh                         | <b>2:50.60</b> | 270 | 39.03 | 43.53   | 45.55   | 42.49 |
| 12.                         | Mila Malivuk                | 14 | Sh                         | <b>2:50.98</b> | 268 | 38.67 | 43.14   | 45.84   | 43.33 |
| 13.                         | Athena Sif Oskarsdottir     | 14 | Sh                         | <b>2:56.88</b> | 242 | 40.42 | 45.10   |         |       |
| 14.                         | Birta Lilly Bjarnadóttir    | 13 | Armann                     | <b>3:00.24</b> | 229 | 41.40 | 45.54   |         |       |
| 15.                         | Anna Sienkiewicz            | 15 | Ithrottabandalag Reykjanes | <b>3:06.08</b> | 208 | 43.09 | 47.85   | 48.06   | 47.08 |
| 16.                         | Anna Bjork Brzezinska       | 13 | Armann                     | <b>3:06.11</b> | 208 | 39.66 |         |         |       |
| 17.                         | Brynja Sif Gunnarsdottir    | 16 | Sh                         | <b>3:06.24</b> | 207 | 40.77 | 47.35   | 49.93   | 48.19 |
| 18.                         | Oliwia Romanowska           | 14 | Ithrottabandalag Reykjanes | <b>3:06.35</b> | 207 | 41.67 | 47.51   | 50.63   | 46.54 |
| 19.                         | Tinna Sigurros Zarióh       | 14 | Sh                         | <b>3:06.76</b> | 206 | 42.67 | 47.24   | 49.81   | 47.04 |
| 20.                         | Helena Kristín C.           | 15 | Ithrottabandalag Reykjanes | <b>3:09.52</b> | 197 | 42.84 | 49.17   | 48.11   | 49.40 |
| 21.                         | Thordis Lilja Arnorsdottir  | 14 | Sundfelagid Agir           | <b>3:09.63</b> | 196 | 42.80 | 49.13   | 50.37   | 47.33 |
| 22.                         | Aria Isold Einarsdottir     | 15 | Ithrottabandalag Reykjanes | <b>3:09.75</b> | 196 | 42.85 | 47.88   | 49.77   | 49.25 |
| 23.                         | Lara Soley Erlendsdottir    | 13 | Sh                         | <b>3:12.94</b> | 186 | 42.76 | 49.06   | 51.66   | 49.46 |
| 24.                         | Lara Bjork Elvarsdottir     | 14 | Sundfelagid Agir           | <b>3:13.15</b> | 186 | 40.78 | 49.99   | 52.97   | 49.41 |
| 25.                         | Sigrun Osk Brynjarsdottir   | 15 | Armann                     | <b>3:23.79</b> | 158 | 46.75 | 53.46   | 53.45   | 50.13 |
| 26.                         | Margret Mist S.             | 16 | Sh                         | <b>3:29.01</b> | 147 | 48.06 | 54.15   | 54.29   | 52.51 |
| 27.                         | Marin Osk Arnarsdottir      | 16 | Sh                         | <b>3:34.27</b> | 136 | 45.69 | 56.74   | 58.08   | 53.76 |