

Event 3
 13/03/2026 - 17:11

Women, 400m Medley

 Open
 Results Prelim

Points: AQUA 2025

Rank					YB					Time	Pts	
1.	LHOIR, Eloise				10	Aqua Club Braine L'Alleud				5:11.38	612	Q
	50m:	32.86	32.86	150m:	1:50.56	40.33	250m:	3:14.01	43.53	350m:	4:35.31	36.07
	100m:	1:10.23	37.37	200m:	2:30.48	39.92	300m:	3:59.24	45.23	400m:	5:11.38	36.07
2.	BENSALAH, Lara-Maria				12	LSV Hessen				5:17.95	574	Q
	50m:	34.58	34.58	150m:	1:56.01	42.12	250m:	3:20.77	43.51	350m:	4:41.11	37.61
	100m:	1:13.89	39.31	200m:	2:37.26	41.25	300m:	4:03.50	42.73	400m:	5:17.95	36.84
3.	RISKA, Molly				11	Finland				5:18.55	571	Q
	50m:	32.04	32.04	150m:	1:52.77	42.94	250m:	3:19.97	44.73	350m:	4:42.83	36.13
	100m:	1:09.83	37.79	200m:	2:35.24	42.47	300m:	4:06.70	46.73	400m:	5:18.55	35.72
4.	DELSAER, Laurien				11	Federation Francophone Belge de Natation				5:19.81	564	Q
	50m:	31.69	31.69	150m:	1:49.75	40.35	250m:	3:16.36	46.49	350m:	4:43.00	37.17
	100m:	1:09.40	37.71	200m:	2:29.87	40.12	300m:	4:05.83	49.47	400m:	5:19.81	36.81
5.	KOLMANS, Nika				10	SC Wiesbaden 1911				5:20.71	560	Q
	50m:	33.58	33.58	150m:	1:56.39	43.51	250m:	3:24.98	45.99	350m:	4:46.14	36.01
	100m:	1:12.88	39.30	200m:	2:38.99	42.60	300m:	4:10.13	45.15	400m:	5:20.71	34.57
6.	SCHNEIDER, Maeva				11	LSV Hessen				5:20.82	559	Q
	50m:	32.94	32.94	150m:	1:58.17	46.10	250m:	3:25.49	43.84	350m:	4:46.72	36.90
	100m:	1:12.07	39.13	200m:	2:41.65	43.48	300m:	4:09.82	44.33	400m:	5:20.82	34.10
7.	MANISE, Naelle				12	Aqua Club Braine L'Alleud				5:21.59	555	Q
	50m:	33.61	33.61	150m:	1:55.69	42.85	250m:	3:25.65	48.11	350m:	4:47.30	33.46
	100m:	1:12.84	39.23	200m:	2:37.54	41.85	300m:	4:13.84	48.19	400m:	5:21.59	34.29
8.	STRASSHEIM, Luna				12	LSV Hessen				5:23.32	546	Q
	50m:	33.46	33.46	150m:	1:57.10	43.24	250m:	3:26.31	47.18	350m:	4:48.24	36.91
	100m:	1:13.86	40.40	200m:	2:39.13	42.03	300m:	4:11.33	45.02	400m:	5:23.32	35.08
9.	WEGRIA, Elena				11	Liege Natation				5:24.66	540	Q
	50m:	32.89	32.89	150m:	1:52.83	40.72	250m:	3:21.48	49.07	350m:	4:47.78	37.46
	100m:	1:12.11	39.22	200m:	2:32.41	39.58	300m:	4:10.32	48.84	400m:	5:24.66	36.88
10.	RAHTU, Inari				11	Finland				5:27.55	525	Q
	50m:	31.60	31.60	150m:	1:52.56	43.32	250m:	3:23.94	48.51	350m:	4:50.71	37.83
	100m:	1:09.24	37.64	200m:	2:35.43	42.87	300m:	4:12.88	48.94	400m:	5:27.55	36.84
11.	KAPANEN, Pihla				10	Finland				5:32.80	501	R
	50m:	34.23	34.23	150m:	1:58.83	43.92	250m:	3:28.13	46.68	350m:	4:55.12	38.96
	100m:	1:14.91	40.68	200m:	2:41.45	42.62	300m:	4:16.16	48.03	400m:	5:32.80	37.68
12.	WEIGEL, Lara				09	WSV Grosskrotzenburg				5:35.81	487	R
	50m:	34.46	34.46	150m:	2:01.34	46.21	250m:	3:32.23	46.53	350m:	4:59.61	39.23
	100m:	1:15.13	40.67	200m:	2:45.70	44.36	300m:	4:20.38	48.15	400m:	5:35.81	36.20
13.	STEVENS, Eleonore				09	Aqua Club Braine L'Alleud				5:39.36	472	R
	50m:	34.32	34.32	150m:	1:59.43	43.62	250m:	3:30.72	48.81	350m:	5:00.24	39.96
	100m:	1:15.81	41.49	200m:	2:41.91	42.48	300m:	4:20.28	49.56	400m:	5:39.36	39.12
14.	REIHLE, Karlotta				09	SC Wiesbaden 1911				5:43.38	456	
	50m:	35.53	35.53	150m:	2:04.62	46.00	250m:	3:38.41	48.73	350m:	5:06.38	38.20
	100m:	1:18.62	43.09	200m:	2:49.68	45.06	300m:	4:28.18	49.77	400m:	5:43.38	37.00
15.	OMEROVIC, Ema				13	Luxembourg Sharks Swimming Club				5:48.44	436	*
	50m:	36.85	36.85	150m:	2:06.01	44.33	250m:	3:38.62	49.95	350m:	5:09.52	40.28
	100m:	1:21.68	44.83	200m:	2:48.67	42.66	300m:	4:29.24	50.62	400m:	5:48.44	38.92
16.	GIESER, Amelie				10	SSG Saar Max Ritter				5:51.61	425	*
	50m:	36.34	36.34	150m:	2:05.04	44.67	250m:	3:41.57	52.37	350m:	5:13.27	39.69
	100m:	1:20.37	44.03	200m:	2:49.20	44.16	300m:	4:33.58	52.01	400m:	5:51.61	38.34



Event 3, Women, 400m Medley, Prelim, Open

Rank				YB					Time	Pts		
17.	MANS, Luise			06	WSV Grosskrotzenburg				5:53.40	418 *		
	50m:	35.64	35.64	150m:	2:08.29	45.87	250m:	3:41.19	48.87	350m:	5:12.93	40.46
	100m:	1:22.42	46.78	200m:	2:52.32	44.03	300m:	4:32.47	51.28	400m:	5:53.40	40.47
18.	SCHMIDT, Kira			13	Swimming Club Redange				5:57.74	403 *		
	50m:	37.89	37.89	150m:	2:11.37	45.87	250m:	3:47.54	51.42	350m:	5:19.55	41.57
	100m:	1:25.50	47.61	200m:	2:56.12	44.75	300m:	4:37.98	50.44	400m:	5:57.74	38.19
19.	DE GEEST, Manon			12	Aqua Club Braine L'Alleud				5:58.92	399 *		
	50m:	37.82	37.82	150m:	2:10.30	47.42	250m:	3:46.27	51.07	350m:	5:19.48	41.05
	100m:	1:22.88	45.06	200m:	2:55.20	44.90	300m:	4:38.43	52.16	400m:	5:58.92	39.44
WDR	GHEONEA, Laura			11	HSV Bezirk West							