

Event 14
 14/03/2026 - 15:38

Men, 400m Freestyle

 Open
 Results Final

Points: AQUA 2025

Rank					YB					Time	Pts	
1.	BAESCHNITT, Jarno				05	SV Suedwestfalen				3:57.05	800	
	50m:	26.26	26.26	150m:	1:24.15	29.14	250m:	2:23.96	29.83	350m:	3:26.29	31.15
	100m:	55.01	28.75	200m:	1:54.13	29.98	300m:	2:55.14	31.18	400m:	3:57.05	30.76
2.	HEINZE, Diego Alfons				07	SC Wiesbaden 1911				3:58.67	783	
	50m:	27.68	27.68	150m:	1:27.55	29.93	250m:	2:28.20	29.98	350m:	3:29.24	30.10
	100m:	57.62	29.94	200m:	1:58.22	30.67	300m:	2:59.14	30.94	400m:	3:58.67	29.43
3.	LEN, Maksym				07	SV Suedwestfalen				3:58.82	782	
	50m:	27.24	27.24	150m:	1:27.66	30.21	250m:	2:28.41	30.24	350m:	3:29.67	30.40
	100m:	57.45	30.21	200m:	1:58.17	30.51	300m:	2:59.27	30.86	400m:	3:58.82	29.15
4.	RITCHIE, Cooper				02	SV Suedwestfalen				4:02.74	745	
	50m:	27.62	27.62	150m:	1:28.76	31.01	250m:	2:31.04	31.08	350m:	3:33.35	30.75
	100m:	57.75	30.13	200m:	1:59.96	31.20	300m:	3:02.60	31.56	400m:	4:02.74	29.39
5.	LOVENS, Florentin				06	Liege Natation				4:03.47	738	
	50m:	27.71	27.71	150m:	1:28.55	30.70	250m:	2:30.17	30.56	350m:	3:32.74	31.19
	100m:	57.85	30.14	200m:	1:59.61	31.06	300m:	3:01.55	31.38	400m:	4:03.47	30.73
6.	FEDOSEEV, Anton				07	Swimming Luxembourg				4:06.31	713	
	50m:	27.83	27.83	150m:	1:29.35	31.22	250m:	2:32.81	31.82	350m:	3:35.96	31.55
	100m:	58.13	30.30	200m:	2:00.99	31.64	300m:	3:04.41	31.60	400m:	4:06.31	30.35
7.	SCHIEDT, Julius				07	SV Suedwestfalen				4:06.97	707	
	50m:	28.48	28.48	150m:	1:30.44	31.48	250m:	2:33.55	31.78	350m:	3:36.85	31.18
	100m:	58.96	30.48	200m:	2:01.77	31.33	300m:	3:05.67	32.12	400m:	4:06.97	30.12
8.	EICHLER, Adrian				03	SC Wiesbaden 1911				4:08.20	697	
	50m:	28.19	28.19	150m:	1:30.08	31.40	250m:	2:33.17	31.74	350m:	3:36.81	31.52
	100m:	58.68	30.49	200m:	2:01.43	31.35	300m:	3:05.29	32.12	400m:	4:08.20	31.39
9.	OLESEN, Sebastien Kjellerup				08	Hvidovre Swim Club				4:08.27	696	
	50m:	28.20	28.20	150m:	1:30.31	31.44	250m:	2:34.02	31.96	350m:	3:38.02	32.00
	100m:	58.87	30.67	200m:	2:02.06	31.75	300m:	3:06.02	32.00	400m:	4:08.27	30.25
10.	VAN HEIRWEGHE, Maxime				08	Aqua Club Braine L'Alleud				4:08.61	693	
	50m:	27.41	27.41	150m:	1:28.88	31.08	250m:	2:33.03	32.06	350m:	3:37.24	31.99
	100m:	57.80	30.39	200m:	2:00.97	32.09	300m:	3:05.25	32.22	400m:	4:08.61	31.37