

5ª JORNADA DE LIGA PBA  
LORCA, 7/3/2026

Prueba 12  
07/03/2026 - 18:50

Fem., 400m Libre

11 años  
Resultados

Clasificación	Nombre	AÑO	Club	Tiempo	Pts
1.	IWASZKO ROSALES, Paula Ewelina	15	C.N. Marina-Cartagena	<b>5:05.01</b>	19,00
	50m: 35.10 35.10 150m: 1:53.08 39.26 250m: 3:10.25 38.73 350m: 4:28.30 38.91			100m: 1:13.82 38.72 200m: 2:31.52 38.44 300m: 3:49.39 39.14 400m: 5:05.01 36.71	
2.	ALEDO ROS, Adriana	15	C.N.Cartagonova Cartagena	<b>5:28.59</b>	16,00
	50m: 38.48 38.48 150m: 2:01.14 42.05 250m: 3:24.80 41.77 350m: 4:48.83 42.13			100m: 1:19.09 40.61 200m: 2:43.03 41.89 300m: 4:06.70 41.90 400m: 5:28.59 39.76	
3.	NAVARRO PEREZ, Maite	15	C.N. Aguilas	<b>5:47.69</b>	14,00
	50m: 38.84 38.84 150m: 2:06.66 44.47 250m: 3:36.52 44.53 350m: 5:05.62 44.41			100m: 1:22.19 43.35 200m: 2:51.99 45.33 300m: 4:21.21 44.69 400m: 5:47.69 42.07	
4.	PAREDES GALLEGO, Sofia	15	C.N. Aguilas	<b>5:49.88</b>	13,00
	50m: 39.10 39.10 150m: 2:07.59 45.10 250m: 3:37.54 45.30 350m: 5:06.92 44.36			100m: 1:22.49 43.39 200m: 2:52.24 44.65 300m: 4:22.56 45.02 400m: 5:49.88 42.96	
5.	ESCUADERO SATURNO, Mayo	15	Ucam C.N. Ciudad De Murcia-Fuensanta	<b>5:52.94</b>	12,00
	50m: 38.93 38.93 150m: 2:08.18 45.33 250m: 3:40.72 46.08 350m: 5:11.11 45.10			100m: 1:22.85 43.92 200m: 2:54.64 46.46 300m: 4:26.01 45.29 400m: 5:52.94 41.83	
6.	MATEOS CANTERO, India	15	C.N. Murcia	<b>5:52.97</b>	11,00
	50m: 38.83 38.83 150m: 2:09.00 45.83 250m: 3:40.67 45.68 350m: 5:11.29 45.51			100m: 1:23.17 44.34 200m: 2:54.99 45.99 300m: 4:25.78 45.11 400m: 5:52.97 41.68	
7.	ORTONEDA GUERRERO, Estela Katherine	15	C D Murciaswim	<b>6:23.47</b>	10,00
	50m: 40.91 40.91 150m: 2:17.68 50.05 250m: 3:57.26 49.49 350m: 5:39.08 52.26			100m: 1:27.63 46.72 200m: 3:07.77 50.09 300m: 4:46.82 49.56 400m: 6:23.47 44.39	
8.	CLEMENTE OLIVARES, Claudia	15	Ucam C.N. Ciudad De Murcia-Fuensanta	<b>6:27.48</b>	9,00
	50m: 45.61 45.61 150m: 2:26.12 50.27 250m: 4:04.04 49.63 350m: 5:42.36 49.29			100m: 1:35.85 50.24 200m: 3:14.41 48.29 300m: 4:53.07 49.03 400m: 6:27.48 45.12	
9.	ZAMORA LOPEZ, Maria	15	Ucam C.N. Ciudad De Murcia-Fuensanta	<b>6:35.99</b>	8,00
	50m: 41.15 41.15 150m: 2:25.22 52.93 250m: 4:07.03 51.62 350m: 5:48.42 49.24			100m: 1:32.29 51.14 200m: 3:15.41 50.19 300m: 4:59.18 52.15 400m: 6:35.99 47.57	
10.	MARTOS ABADIA, Emma	15	Ucam C.N. Ciudad De Murcia-Fuensanta	<b>6:43.33</b>	7,00
	50m: 45.26 45.26 150m: 2:26.59 50.97 250m: 4:11.12 52.17 350m: 5:54.29 51.12			100m: 1:35.62 50.36 200m: 3:18.95 52.36 300m: 5:03.17 52.05 400m: 6:43.33 49.04	
11.	CONESA BAMIO, Naiara	15	C.N.Cartagonova Cartagena	<b>7:10.05</b>	6,00
	50m: 43.96 43.96 150m: 2:32.76 55.12 250m: 4:24.28 56.34 350m: 6:15.87 54.32			100m: 1:37.64 53.68 200m: 3:27.94 55.18 300m: 5:21.55 57.27 400m: 7:10.05 54.18	
12.	TARDIDO ALFONSO, Idoya	15	C.N.Cartagonova Cartagena	<b>7:13.17</b>	5,00
	50m: 43.25 43.25 150m: 2:33.08 55.69 250m: 4:26.03 56.17 350m: 6:16.43 52.55			100m: 1:37.39 54.14 200m: 3:29.86 56.78 300m: 5:23.88 57.85 400m: 7:13.17 56.74	
13.	RUBIO LIZON, Maria	15	C.N.Cartagonova Cartagena	<b>7:16.89</b>	4,00
	50m: 47.36 47.36 150m: 2:39.26 56.58 250m: 4:32.90 56.64 350m: 6:26.93 55.84			100m: 1:42.68 55.32 200m: 3:36.26 57.00 300m: 5:31.09 58.19 400m: 7:16.89 49.96	
14.	HUELVES MUÑOZ, Alexia	15	C.N. Yecla	<b>7:23.33</b>	3,00
	50m: 43.98 43.98 150m: 2:34.06 56.51 250m: 4:30.77 57.81 350m: 6:28.29 59.00			100m: 1:37.55 53.57 200m: 3:32.96 58.90 300m: 5:29.29 58.52 400m: 7:23.33 55.04	
15.	BERMEJO CHIMBAINA, Estefania	15	C.N. San Javier Mar Menor	<b>7:23.75</b>	2,00
	50m: 44.61 44.61 150m: 2:33.09 56.31 250m: 4:30.29 58.99 350m: 6:26.27 56.82			100m: 1:36.78 52.17 200m: 3:31.30 58.21 300m: 5:29.45 59.16 400m: 7:23.75 57.48	
16.	VALERIA BRUJAN, Sofia Marie	15	C D Murciaswim	<b>7:59.48</b>	1,00
	50m: 52.51 52.51 150m: 2:54.33 1:01.81 250m: 4:57.40 1:01.26 350m: 7:00.58 1:00.43			100m: 1:52.52 1:00.01 200m: 3:56.14 1:01.81 300m: 6:00.15 1:02.75 400m: 7:59.48 58.90	
17.	MESA SANMARTIN, Adriana	15	C.N. San Javier Mar Menor	<b>8:05.27</b>	-
	50m: 52.20 52.20 150m: 2:59.28 1:04.89 250m: 5:05.81 1:02.62 350m: 7:10.73 1:01.21			100m: 1:54.39 1:02.19 200m: 4:03.19 1:03.91 300m: 6:09.52 1:03.71 400m: 8:05.27 54.54	
DSQ	DAVILA MARTINEZ, Noelia	15	C.N. San Javier Mar Menor		-
WDR	MIÑARRO NAVARRO, Paula	15	C.N. Lorca		-