



TORREGRI 2 - POLITICA DESPORTIVA REGIONAL
Torres Novas, 3/4/2022

Prova 22
15/03/2026 - 18:12

200m Estilos

Cadetes A
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
Cadete A, Femin.			
1. Maria Teresa Marques	14 BUZIOS-Coruche	3:08.76	267
50m: 42.79 100m: 1:51.79	200m: 3:08.76		
2. Laura Domingues Burgal	14 Nautico Salvaterra Magos	3:17.26	234
50m: 43.36 100m: 1:33.67	200m: 3:17.26		
3. Leonor Duarte Santos	14 Gualdim Pais	3:32.50	187
50m: 49.20 100m: 1:46.96	200m: 3:32.50		
4. Miriam Salvador Santos	14 Uniao Samorense	3:34.36	182
50m: 52.24 100m: 1:46.61	200m: 3:34.36		
5. Mariana Pereira Preto	14 CLAC-Entroncamento	3:37.81	174
50m: 50.05 100m: 1:45.30	200m: 3:37.81		
6. Margarida Santana Fialho	14 Nucleo Sportinguista Golega	3:38.97	171
50m: 50.61 100m: 1:44.81	200m: 3:38.97		
7. Eva Sal Gabirra	14 20Km de Almeirim	3:39.45	170
50m: 49.63 100m: 1:44.56	200m: 3:39.45		
8. Ema Lopes Santos	14 Juventude Ouriense	3:41.29	166
50m: 47.25 100m: 1:46.38	200m: 3:41.29		
9. Madalena Paula Vieira	14 Rio Maior	3:43.75	160
50m: 47.61 100m: 1:45.79	200m: 3:43.75		
10. Eliana Sofia Simoes	14 Nucleo Sportinguista Golega	3:45.26	157
50m: 54.49 100m: 1:50.17	200m: 3:45.26		
11. Maria Pereira Belo	14 Torres Novas	3:46.72	154
50m: 52.06 100m: 1:49.81	200m: 3:46.72		
12. Clara Balsa Alves	14 BUZIOS-Coruche	3:47.57	152
50m: 53.24 100m: 1:52.67	200m: 3:47.57		
13. Iris Figueiredo Silva	14 Rio Maior	3:48.75	150
50m: 53.84 100m: 1:53.91	200m: 3:48.75		
14. Isabel Nadolska Gomes	14 CLAC-Entroncamento	4:00.22	129
50m: 51.08 100m: 1:55.90	200m: 4:00.22		
15. Mariana Bernardino Oliveira	14 Juventude Ouriense	4:15.11	108
50m: 1:02.36 100m: 2:04.66	200m: 4:15.11		
16. Maria Leonor Oliveira	14 Nucleo Sportinguista Golega	4:15.28	108
50m: 1:03.93 100m: 2:08.77	200m: 4:15.28		
17. Iris Meca Reis	14 Aguias de Alpiarça	4:17.31	105
50m: 59.85 100m: 2:07.49	200m: 4:17.31		
18. Carolina Goncalves Vieira	14 CLAC-Entroncamento	4:19.51	102
50m: 55.51 100m: 1:52.44	200m: 4:19.51		
19. Mariana Sofia Alves	14 Juventude Ouriense	4:33.74	87
50m: 1:04.08 100m: 2:07.91	200m: 4:33.74		
DNS Maria Leonor Rodrigues	14 20Km de Almeirim		
DNS Yamara Laura Costa	14 CLAC-Entroncamento		



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Cadete A, Masc.

1.	Diogo Silva Neves	14	Nautico Salvaterra Magos	2:54.35	243
	50m: 37.08 100m: 1:23.14 200m: 2:54.35				
2.	Rodrigo Iordan Chele	14	Rio Maior	2:59.13	224
	50m: 42.11 100m: 1:25.49 200m: 2:59.13				
3.	Vasco Miguel Gomes	14	Nautico Salvaterra Magos	3:05.94	200
	50m: 42.49 100m: 1:29.17 200m: 3:05.94				
4.	Lourenco Pombeiro Oliveira	14	Nautico Salvaterra Magos	3:07.59	195
	50m: 45.37 100m: 1:32.84 200m: 3:07.59				
5.	Guilherme Formigo Martins	14	Torres Novas	3:14.24	176
	50m: 43.85 100m: 1:35.67 200m: 3:14.24				
6.	Rafael Qua Lopes	14	Uniao Samorense	3:16.09	171
	50m: 43.67 100m: 1:35.73 200m: 3:16.09				
7.	Leonardo Casimiro Bibi	14	BUZIOS-Coruche	3:30.27	138
	50m: 52.96 100m: 1:44.94 200m: 3:30.27				
8.	Antonio Abreu Silva	14	Nautico Salvaterra Magos	3:31.38	136
	50m: 50.54 100m: 1:47.17 200m: 3:31.38				
9.	Daniel Silva Fernandes	14	CLAC-Entroncamento	3:31.78	135
	50m: 47.71 100m: 1:43.64 200m: 3:31.78				
10.	Andre Miguel Trincao	14	Torres Novas	3:32.65	134
	50m: 47.44 100m: 1:39.87 200m: 3:32.65				
11.	Nikolas Shpil Havriliuc	14	Rio Maior	3:50.13	105
	50m: 54.61 100m: 1:52.17 200m: 3:50.13				
12.	Diogo Laco Duarte	14	CLAC-Entroncamento	3:53.57	101
	50m: 54.54 100m: 1:54.43 200m: 3:53.57				
DSQ	Francisco Silva Branco	14	Juventude Ouriense		
	<i>SW 8.3 - O (a) atleta efectuou pernada de bruços durante o percurso</i>				
DNS	Diogo Miguel Ribeiro	14	BUZIOS-Coruche		