

Campeonato Regional de Categorias
Horta, 6 - 8/3/2026

Prova 35

Masc., 400m Livres

Absoluto

08/03/2026 - 9:35

Resultados

Infantis B Masc Inf B: 6:08.00 / Infantis A Masc Inf A: 5:52.00 / Juvenis B Masc Juv B: 5:30.00 / Juvenis A Masc Juv A: 5:10.00 /
Juniiores Masc Jun: 4:55.00 / Seniores Masc Sen: 4:50.00

Pontos: AQUA 2025

Lugar			Ano					Tempo final	Pts
Infantis B									
1.	LOPES, Ivo Pacheco		13	Clube Desportivo Escolar de Ag				5:31.62	262
	50m:	38.67 38.67	150m:	2:04.12	42.52	250m:	3:28.63 42.23	350m:	4:52.85 41.91
	100m:	1:21.60 42.93	200m:	2:46.40	42.28	300m:	4:10.94 42.31	400m:	5:31.62 38.77
2.	PACHECO, Tomas Santos		13	Clube Desportivo Escolar de Ag				5:43.25	236
	50m:	40.56 40.56	150m:	2:08.15	44.34	250m:	3:35.14 43.10	350m:	5:02.34 43.35
	100m:	1:23.81 43.25	200m:	2:52.04	43.89	300m:	4:18.99 43.85	400m:	5:43.25 40.91
3.	LEONARDO, Joao Rocha		13	Ada				5:47.22	228
	50m:	38.64 38.64	150m:	2:05.42	44.13	250m:	3:36.01 45.09	350m:	5:04.78 44.50
	100m:	1:21.29 42.65	200m:	2:50.92	45.50	300m:	4:20.28 44.27	400m:	5:47.22 42.44
Infantis A									
1.	FONSECA, Joao Luz		12	Bombeiros de Ponta Delgada				5:03.05	343
	50m:	34.34 34.34	150m:	1:51.49	38.84	250m:	3:09.96 39.04	350m:	4:26.30 37.75
	100m:	1:12.65 38.31	200m:	2:30.92	39.43	300m:	3:48.55 38.59	400m:	5:03.05 36.75
2.	CARREIRO, Francisco Leite		12	Bombeiros de Ponta Delgada				5:04.13	339
	50m:	34.31 34.31	150m:	1:50.86	39.15	250m:	3:09.51 39.21	350m:	4:26.77 38.18
	100m:	1:11.71 37.40	200m:	2:30.30	39.44	300m:	3:48.59 39.08	400m:	5:04.13 37.36
3.	MEDEIROS, Ivo Bettencourt		12	Naval da Horta				5:38.12	247
	50m:	36.45 36.45	150m:	2:00.05	43.11	250m:	3:27.20 44.18	350m:	4:55.61 43.83
	100m:	1:16.94 40.49	200m:	2:43.02	42.97	300m:	4:11.78 44.58	400m:	5:38.12 42.51
Juvenis B									
1.	SPINOLA, David Sousa		11	Núcleo Sporting				4:56.21	367
	50m:	31.94 31.94	150m:	1:45.52	37.95	250m:	3:03.01 38.17	350m:	4:18.94 37.40
	100m:	1:07.57 35.63	200m:	2:24.84	39.32	300m:	3:41.54 38.53	400m:	4:56.21 37.27
2.	VIVEIROS, Afonso Cordeiro		11	Bombeiros de Ponta Delgada				4:56.71	366
	50m:	31.60 31.60	150m:	1:44.95	37.51	250m:	3:02.01 38.68	350m:	4:19.33 38.58
	100m:	1:07.44 35.84	200m:	2:23.33	38.38	300m:	3:40.75 38.74	400m:	4:56.71 37.38
3.	PIRES, Pedro Maria		11	Bombeiros de Ponta Delgada				5:07.14	330
	50m:	34.17 34.17	150m:	1:51.86	39.48	250m:	3:09.99 38.98	350m:	4:28.45 39.67
	100m:	1:12.38 38.21	200m:	2:31.01	39.15	300m:	3:48.78 38.79	400m:	5:07.14 38.69
4.	GARCIA, Afonso Santa		11	Naval da Horta				5:41.45	240
	<i>FTL</i>								
	50m:	37.54 37.54	150m:	2:02.75	42.88	250m:	3:29.48 43.51	350m:	4:56.66 44.49
	100m:	1:19.87 42.33	200m:	2:45.97	43.22	300m:	4:12.17 42.69	400m:	5:41.45 44.79
Juvenis A									
1.	CABRAL, Santiago Nicolau		10	Clube Desportivo Escolar de Ag				4:32.44	472
	50m:	30.26 30.26	150m:	1:38.27	34.61	250m:	2:48.31 34.86	350m:	3:58.44 34.79
	100m:	1:03.66 33.40	200m:	2:13.45	35.18	300m:	3:23.65 35.34	400m:	4:32.44 34.00

Prova 35, Masc., 400m Livres

Juniores

1. SANTOS, Rodrigo Canedo	08	Bombeiros de Ponta Delgada	4:20.51	540
50m: 29.12 29.12	150m: 1:33.18	32.46 250m: 2:39.42 33.23	350m: 3:47.14	34.16
100m: 1:00.72 31.60	200m: 2:06.19	33.01 300m: 3:12.98 33.56	400m: 4:20.51	33.37
2. MEDEIROS, Jorge Mare	08	Clube Naval de Ponta Delgada	4:27.54	499
50m: 29.65 29.65	150m: 1:35.23	33.32 250m: 2:43.95 34.87	350m: 3:54.22	35.18
100m: 1:01.91 32.26	200m: 2:09.08	33.85 300m: 3:19.04 35.09	400m: 4:27.54	33.32
3. PIRES, Luis Maria	08	Bombeiros de Ponta Delgada	5:19.27	293
<i>FTL</i>				
50m: 35.13 35.13	150m: 1:53.92	40.10 250m: 3:15.84 40.96	350m: 4:38.98	41.50
100m: 1:13.82 38.69	200m: 2:34.88	40.96 300m: 3:57.48 41.64	400m: 5:19.27	40.29

Seniores

1. TOSTE, Martim Candido	06	Naval Praia da Vitoria	4:28.41	494
50m: 29.30 29.30	150m: 1:34.63	33.30 250m: 2:43.57 34.61	350m: 3:54.38	35.25
100m: 1:01.33 32.03	200m: 2:08.96	34.33 300m: 3:19.13 35.56	400m: 4:28.41	34.03
2. VIEIRA, Diogo Silveira	01	Naval da Horta	4:36.94	450
50m: 31.28 31.28	150m: 1:39.33	34.75 250m: 2:50.31 35.34	350m: 4:01.86	36.04
100m: 1:04.58 33.30	200m: 2:14.97	35.64 300m: 3:25.82 35.51	400m: 4:36.94	35.08