

Grand Prix du RDM 2026
MOUSCRON, 25/5/2026

Epreuve 4
25/05/2026 - 9:42

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang			AN					Temps	Pts		
11 - 12 ans											
1.	VIGIN PRUVOST, Louis		15	Royal Dauphins Mouscronnois				6:15.07	270		
	50m:	37.75 37.75	150m:	2:12.43	46.15	250m:	3:53.31	56.43	350m:	5:33.08	43.02
	100m:	1:26.28 48.53	200m:	2:56.88	44.45	300m:	4:50.06	56.75	400m:	6:15.07	41.99
2.	FERON LELEU, Henri		14	Mhn				7:08.27	181		
	50m:		150m:			250m:			350m:		
	100m:	1:44.95	200m:			300m:			400m:	7:08.27	
13 - 14 ans											
1.	VANOLANDE, Thibault		12	Swimming Team Zennevallei				5:30.79	393		
	50m:	31.89 31.89	150m:	1:54.93	43.30	250m:	3:25.71	49.80	350m:	4:54.28	38.70
	100m:	1:11.63 39.74	200m:	2:35.91	40.98	300m:	4:15.58	49.87	400m:	5:30.79	36.51
2.	BERVILLE, Brice		12	Iswim				5:40.67	360		
	50m:	35.10 35.10	150m:	2:01.78	47.92	250m:	3:36.36	51.45	350m:	5:05.51	39.51
	100m:	1:13.86 38.76	200m:	2:44.91	43.13	300m:	4:26.00	49.64	400m:	5:40.67	35.16
3.	DEHOUST, Nolann		13	Mhn				5:45.02	347		
	50m:	36.99 36.99	150m:	2:03.47	42.85	250m:	3:38.05	54.45	350m:	5:09.03	39.56
	100m:	1:20.62 43.63	200m:	2:43.60	40.13	300m:	4:29.47	51.42	400m:	5:45.02	35.99
4.	VANONE, Adrien		12	Les Espadons Cominois				5:48.17	337		
	50m:	36.95 36.95	150m:	2:04.59	43.50	250m:	3:38.56	49.61	350m:	5:08.36	40.63
	100m:	1:21.09 44.14	200m:	2:48.95	44.36	300m:	4:27.73	49.17	400m:	5:48.17	39.81
5.	D'EUGENIO, Andrea		12	Mhn				5:48.96	335		
	50m:	37.02 37.02	150m:	2:07.85	44.41	250m:	3:41.08	48.99	350m:	5:10.90	39.63
	100m:	1:23.44 46.42	200m:	2:52.09	44.24	300m:	4:31.27	50.19	400m:	5:48.96	38.06
15 - 16 ans											
1.	SEYS, Wout		10	Iswim				5:08.35	486		
	50m:	30.77 30.77	150m:	1:49.06	40.52	250m:	3:17.10	48.28	350m:	4:35.88	30.44
	100m:	1:08.54 37.77	200m:	2:28.82	39.76	300m:	4:05.44	48.34	400m:	5:08.35	32.47
2.	HOOGHE, Mauro		11	Iswim				5:08.88	483		
	50m:	31.42 31.42	150m:	1:49.63	39.77	250m:	3:13.20	44.68	350m:	4:34.69	35.00
	100m:	1:09.86 38.44	200m:	2:28.52	38.89	300m:	3:59.69	46.49	400m:	5:08.88	34.19
3.	CHERON, Théo		11	Mhn				5:26.05	411		
	50m:	33.81 33.81	150m:	1:56.49	40.05	250m:	3:22.68	46.15	350m:	4:48.86	37.36
	100m:	1:16.44 42.63	200m:	2:36.53	40.04	300m:	4:11.50	48.82	400m:	5:26.05	37.19
4.	HALLET, Brent		11	Swimming Team Zennevallei				5:35.85	376		
	50m:	32.99 32.99	150m:	2:00.38	45.10	250m:	3:31.23	48.27	350m:	4:58.22	38.60
	100m:	1:15.28 42.29	200m:	2:42.96	42.58	300m:	4:19.62	48.39	400m:	5:35.85	37.63
5.	VEKEMAN, Kwinte		10	Swimming Team Zennevallei				5:51.19	329		
	50m:	35.35 35.35	150m:	2:03.79	47.56	250m:	3:37.54	49.03	350m:	5:11.14	45.14
	100m:	1:16.23 40.88	200m:	2:48.51	44.72	300m:	4:26.00	48.46	400m:	5:51.19	40.05
6.	CAPPON, Gaëtan		11	Les Espadons Cominois				5:57.86	311		
	50m:	40.04 40.04	150m:	2:15.28	47.93	250m:	3:49.82	47.51	350m:	5:20.56	41.24
	100m:	1:27.35 47.31	200m:	3:02.31	47.03	300m:	4:39.32	49.50	400m:	5:57.86	37.30
17 ans et plus											
1.	BRAEM, Noa		09	Les Espadons Cominois				5:00.32	526		
	50m:	28.41 28.41	150m:	1:44.81	40.69	250m:	3:05.94	41.27	350m:	4:24.83	36.11
	100m:	1:04.12 35.71	200m:	2:24.67	39.86	300m:	3:48.72	42.78	400m:	5:00.32	35.49

Grand Prix du RDM 2026
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Epreuve 4, Messieurs, 400m 4 nages, 17 ans et plus

Rang	AN								Temps	Pts		
2.	CHEN, Peter								5:08.80	484		
	50m:	27.82	27.82	150m:	1:42.23	39.97	250m:	3:07.37	45.66	350m:	4:31.49	37.18
	100m:	1:02.26	34.44	200m:	2:21.71	39.48	300m:	3:54.31	46.94	400m:	5:08.80	37.31
3.	MEERT, Vince								5:11.04	473		
	50m:	30.06	30.06	150m:	1:49.55	42.70	250m:	3:14.53	41.82	350m:	4:35.69	37.37
	100m:	1:06.85	36.79	200m:	2:32.71	43.16	300m:	3:58.32	43.79	400m:	5:11.04	35.35
4.	YAZAG, Amayas								5:23.75	420		
	50m:	33.52	33.52	150m:	1:55.80	40.58	250m:	3:22.39	47.72	350m:	4:47.79	38.63
	100m:	1:15.22	41.70	200m:	2:34.67	38.87	300m:	4:09.16	46.77	400m:	5:23.75	35.96