



Torneio Nadador Completo de Categorias  
Caldas da Rainha, 2 - 3/5/2026

Prova 2 Femin., 200m Estilos Infantil B  
02/05/2026 - 15:35 Resultados

Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m INF B	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018

Pontos: AQUA 2025

Lugar			Ano	Tempo final	Pts
1.	Maria Leal, ALVES		13 Alcobaca	<b>2:49.28</b>	370
	50m: 37.00	100m: 1:19.23	150m: 2:10.43	200m: 2:49.28	
2.	Carminho Jose, LOPES		13 Benedita	<b>2:51.50</b>	356
	50m: 37.19	100m: 1:23.66	150m: 2:11.35	200m: 2:51.50	
3.	Leonor Pinto, ROSARIO		13 Nautico Marinha Grande	<b>2:51.73</b>	355
	50m: 35.17	100m: 1:20.98	150m: 2:11.61	200m: 2:51.73	
4.	Alicia Ferreira, OLIVEIRA		13 Ba Leiria / Sk Coffee	<b>2:52.94</b>	347
	50m: 36.39	100m: 1:21.00	150m: 2:14.22	200m: 2:52.94	
5.	Francisca Vieira, SILVA		13 Nucleo de Pombal	<b>2:53.48</b>	344
	50m: 41.33	100m: 1:25.99	150m: 2:15.38	200m: 2:53.48	
6.	Maria Luisa, CASTILLO		13 Nautico Marinha Grande	<b>2:56.49</b>	327
	50m: 40.09	100m: 1:24.78	150m: 2:17.46	200m: 2:56.49	
7.	Maria Joao, OLIVEIRA		13 Alcobaca	<b>2:57.36</b>	322
	50m: 40.11	100m: 1:24.68	150m: 2:17.69	200m: 2:57.36	
8.	Sofia Guilherme, CABREIRA		13 Óbidos	<b>3:00.24</b>	307
	50m: 41.46	100m: 1:27.40	150m: 2:19.21	200m: 3:00.24	
9.	Emma Henriques, SOUTO		13 Óbidos	<b>3:01.50</b>	300
	50m: 40.35	100m: 1:25.75	150m: 2:19.45	200m: 3:01.50	
10.	Lara Sofia, MARCELINO		13 Vieiraense	<b>3:02.77</b>	294
	50m: 40.35	100m: 1:26.82	150m: 2:21.54	200m: 3:02.77	
11.	Ines Mestre, SANTOS		13 CNLeiria - VOID	<b>3:02.93</b>	293
	50m: 39.02	100m: 1:27.12	150m: 2:22.17	200m: 3:02.93	
12.	Elisa Rodrigues, SIMOES		13 Benedita	<b>3:04.26</b>	287
	50m: 41.83	100m: 1:27.40	150m: 2:22.79	200m: 3:04.26	
13.	Matilde Mamede, CECILIO		13 Naval de Peniche	<b>3:06.03</b>	279
	50m: 42.28	100m: 1:29.73	150m: 2:24.03	200m: 3:06.03	
14.	Catarina Franco, RODRIGUES		13 Naval de Peniche	<b>3:06.29</b>	278
	50m: 40.89	100m: 1:28.54	150m: 2:24.09	200m: 3:06.29	
15.	Avron Dawn, SANTOS		13 Vieiraense	<b>3:06.52</b>	277
	50m: 42.94	100m: 1:31.27	150m: 2:26.42	200m: 3:06.52	
16.	Violeta Neves, SILVA		13 Nucleo de Pombal	<b>3:07.65</b>	272
	50m: 43.03	100m: 1:32.72	150m: 2:26.56	200m: 3:07.65	
17.	Nuria Rocha, BOTAS		13 Vieiraense	<b>3:10.64</b>	259
	50m: 43.21	100m: 1:34.50	150m: 2:27.52	200m: 3:10.64	
18.	Mariana Santos, VALENTIM		13 Pimpoes/Cimai	<b>3:10.75</b>	259
	50m: 43.25	100m: 1:30.56	150m: 2:24.67	200m: 3:10.75	
19.	Laura Silva, MARTINS		13 Ba Leiria / Sk Coffee	<b>3:12.46</b>	252
	50m: 36.86	100m: 1:25.20	150m: 2:28.74	200m: 3:12.46	
20.	Erica Maria, FORTUNATO		13 Ba Leiria / Sk Coffee	<b>3:15.85</b>	239
	50m: 45.29	100m: 1:33.15	150m: 2:31.63	200m: 3:15.85	
21.	Mafalda Amado, QUARESMA		13 Pimpoes/Cimai	<b>3:19.26</b>	227
	50m: 46.82	100m: 1:37.58	150m: 2:36.60	200m: 3:19.26	



Torneio Nadador Completo de Categorias  
Caldas da Rainha, 2 - 3/5/2026

Prova 2, Femin., 200m Estilos, Infantil B

Lugar			Ano			Tempo final	Pts
22.	Sara Machado, JANUARIO	13	Alcobaca	<b>3:23.12</b>	214		
	50m: 46.39	100m: 1:37.05	150m: 2:38.36	200m: 3:23.12			
23.	Eduarda Antunes, BUGALHAO	13	Ba Leiria / Sk Coffee	<b>3:31.16</b>	191		
	50m: 46.38	100m: 1:39.46	150m: 2:40.64	200m: 3:31.16			
24.	Constanca Teopisto, CARVALHO	13	Alcobaca	<b>3:40.38</b>	168		
	50m: 54.53	100m: 1:50.84	150m: 2:49.29	200m: 3:40.38			
25.	Joana Andre, MAIA	13	Uniao Juncalense	<b>3:50.81</b>	146		
	50m: 48.50	100m: 1:45.84	150m: 2:56.93	200m: 3:50.81			

Prova 2 Femin., 200m Estilos Infantil A Resultados  
02/05/2026 - 15:35

Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m INF A	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Mafalda Varela, BERNARDINO	12	Alcobaca	<b>2:38.74</b>	449		
	50m: 33.98	100m: 1:16.35	150m: 2:02.45	200m: 2:38.74			
2.	Ines Pinto, MARTINS	12	Pimpoes/Cimai	<b>2:42.67</b>	418		
	50m: 36.07	100m: 1:17.12	150m: 2:04.89	200m: 2:42.67			
3.	Benedita Nunes, FELIX	12	Pimpoes/Cimai	<b>2:42.75</b>	417		
	50m: 35.43	100m: 1:17.62	150m: 2:06.03	200m: 2:42.75			
4.	Laura Krempel, VARELA	12	Pimpoes/Cimai	<b>2:44.30</b>	405		
	50m: 33.92	100m: 1:16.07	150m: 2:05.59	200m: 2:44.30			
5.	Julia Pinto, PINHEIRO	12	Pimpoes/Cimai	<b>2:44.61</b>	403		
	50m: 35.57	100m: 1:17.81	150m: 2:05.55	200m: 2:44.61			
6.	Luna Francisco, PEREIRA	12	Nucleo de Pombal	<b>2:46.93</b>	386		
	50m: 35.78	100m: 1:16.90	150m: 2:06.70	200m: 2:46.93			
7.	Guiomar Dionisio, CARREIRA	12	Pimpoes/Cimai	<b>2:49.83</b>	367		
	50m: 38.14	100m: 1:23.17	150m: 2:10.19	200m: 2:49.83			
8.	Beatriz Julio, CORREIA	12	CNLeiria - VOID	<b>2:50.72</b>	361		
	50m: 35.48	100m: 1:20.18	150m: 2:09.86	200m: 2:50.72			
9.	Safira Pedro, FONSECA	12	Vieirense	<b>2:50.91</b>	360		
	50m: 36.85	100m: 1:18.25	150m: 2:12.77	200m: 2:50.91			
10.	Carminho Traquina, ANDRE	12	Alcobaca	<b>2:51.75</b>	355		
	50m: 34.37	100m: 1:17.88	150m: 2:11.73	200m: 2:51.75			
11.	Constanca Santos, COUTINHO	12	Naval da Nazaré	<b>2:52.14</b>	352		
	50m: 37.16	100m: 1:20.24	150m: 2:13.28	200m: 2:52.14			
12.	Emiliana Arruda, SARAIVA	12	Vieirense	<b>2:54.56</b>	338		
	50m: 34.42	100m: 1:20.84	150m: 2:14.04	200m: 2:54.56			
13.	Maria Leonor, ASSUNCAO	12	Pimpoes/Cimai	<b>2:55.39</b>	333		
	50m: 40.51	100m: 1:23.35	150m: 2:16.16	200m: 2:55.39			
14.	Iara Maria, CAMACHO	12	Pimpoes/Cimai	<b>3:00.66</b>	305		
	50m: 40.53	100m: 1:26.08	150m: 2:19.73	200m: 3:00.66			
15.	Yaroslava, TABUNSCHYK	12	CNLeiria - VOID	<b>3:01.00</b>	303		
	50m: 39.98	100m: 1:29.17	150m: 2:20.09	200m: 3:01.00			



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Caldas da Rainha, 2 - 3/5/2026

Prova 2, Femin., 200m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
16. Rita Alexandra, JORDAO 50m: 39.74 100m: 1:27.39 150m: 2:21.56 200m: 3:03.21	12 Uniao Juncalense	<b>3:03.21</b>	292
17. Rita Francisco, SIMOES 50m: 39.87 100m: 1:28.68 150m: 2:20.44 200m: 3:04.01	12 Vieirense	<b>3:04.01</b>	288
18. Jessica Garcia, FERREIRA 50m: 44.71 100m: 1:32.49 150m: 2:29.26 200m: 3:12.71	12 Óbidos	<b>3:12.71</b>	251
19. Maria Antonia, VAZAO 50m: 44.42 100m: 1:33.52 150m: 2:32.18 200m: 3:14.36	12 Uniao Juncalense	<b>3:14.36</b>	245
20. Maria Leonor, FERREIRA 50m: 45.35 100m: 1:35.62 150m: 2:28.65 200m: 3:14.45	12 Óbidos	<b>3:14.45</b>	244
DSQ Barbara Serrano, LOMBA <i>a atleta, na viragem dos 150m, não tocou com ambas as mãos em simultâneo na parede</i>	12 Ba Leiria / Sk Coffee		

Prova 2 Femin., 200m Estilos Juvenil B  
02/05/2026 - 15:35 Resultados

Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m JUV B	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Maria Joao, VALA 50m: 32.04 100m: 1:10.61 150m: 1:54.41 200m: 2:28.35	11 Pimpoes/Cimai	<b>2:28.35</b>	551
2. Leonor Mota, ALVES 50m: 32.37 100m: 1:12.80 150m: 2:00.17 200m: 2:37.11	11 Nautico Marinha Grande	<b>2:37.11</b>	463
3. Cristiana Henriques, ALMEIDA 50m: 35.16 100m: 1:16.06 150m: 2:02.02 200m: 2:37.59	11 Benedita	<b>2:37.59</b>	459
4. Anastasiya, PRYMACHENKO 50m: 32.96 100m: 1:15.72 150m: 2:04.18 200m: 2:41.76	11 Nucleo de Pombal	<b>2:41.76</b>	425
5. Carlota Sa, SANTOS 50m: 35.16 100m: 1:16.39 150m: 2:05.57 200m: 2:42.43	11 Nucleo de Pombal	<b>2:42.43</b>	419
6. Isabela Lourenco, COSTA 50m: 36.13 100m: 1:18.61 150m: 2:07.63 200m: 2:43.23	11 Benedita	<b>2:43.23</b>	413
7. Maria Santos, FONSECA 50m: 36.23 100m: 1:19.30 150m: 2:05.79 200m: 2:46.19	11 CNLeiria - VOID	<b>2:46.19</b>	392
8. Carolina Silva, CASTANHEIRA 50m: 35.58 100m: 1:16.07 150m: 2:09.24 200m: 2:46.37	11 CNLeiria - VOID	<b>2:46.37</b>	390
9. Beatriz Marques, GASPAR 50m: 35.74 100m: 1:21.70 150m: 2:08.06 200m: 2:47.92	11 Nautico Marinha Grande	<b>2:47.92</b>	380
10. Erica Felix, RODRIGUES 50m: 37.45 100m: 1:22.76 150m: 2:16.58 200m: 2:56.49	11 Uniao Juncalense	<b>2:56.49</b>	327
11. Margarida Soares, MAIA 50m: 41.09 100m: 1:27.78 150m: 2:17.25 200m: 2:57.16	11 Nautico Marinha Grande	<b>2:57.16</b>	323
12. Margarida Lopes, RODRIGUES 50m: 36.86 100m: 1:20.88 150m: 2:17.83 200m: 2:59.01	11 Uniao Juncalense	<b>2:59.01</b>	313
13. Carlota Maria, CATARINO 50m: 38.19 100m: 1:25.46 150m: 2:19.90 200m: 3:01.90	11 Benedita	<b>3:01.90</b>	298



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Prova 2, Femin., 200m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
14. Sara Nunes, HORTA 50m: 39.34 100m: 1:31.98 150m: 2:23.34 200m: 3:03.75	11 CNLeiria - VOID	<b>3:03.75</b>	290
15. Matilde Vitorino, FERREIRA 50m: 41.84 100m: 1:29.18 150m: 2:22.55 200m: 3:04.00	11 Naval de Peniche	<b>3:04.00</b>	288
16. Beatriz Morgado, SILVA 50m: 43.04 100m: 1:28.73 150m: 2:22.38 200m: 3:04.21	11 Benedita	<b>3:04.21</b>	287
17. Kelly Simao, COSTA 50m: 42.54 100m: 1:31.29 150m: 2:24.84 200m: 3:08.82	11 Óbidos	<b>3:08.82</b>	267
18. Mariana Silva, CONCEICAO 50m: 43.87 100m: 1:33.84 150m: 2:32.37 200m: 3:18.01	11 Uniao Juncalense	<b>3:18.01</b>	231
19. Maria Leonor, OLIVEIRA 50m: 47.69 100m: 1:44.42 150m: 2:47.08 200m: 3:35.48	11 CNLeiria - VOID	<b>3:35.48</b>	179
DSQ Diana Morais, CARLOS <i>A atleta, na viragem dos 100m, ao sair da parede realizou batimento alternado de pernas no percurso subaquático</i>	11 Pimpoes/Cimai		

Prova 2 Femin., 200m Estilos Juvenil A  
02/05/2026 - 15:35 Resultados

Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m JUV A	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Sofia Roma, BRIZIDA 50m: 33.90 100m: 1:14.75 150m: 1:58.21 200m: 2:34.74	10 CNLeiria - VOID	<b>2:34.74</b>	485
2. Vida Sofia, VELEZ 50m: 34.50 100m: 1:13.19 150m: 2:00.54 200m: 2:35.01	10 Ba Leiria / Sk Coffee	<b>2:35.01</b>	483
3. Diana Isabel, ALVES 50m: 33.55 100m: 1:11.33 150m: 1:59.65 200m: 2:36.82	10 Pimpoes/Cimai	<b>2:36.82</b>	466
4. Laura Samora, GONCALVES 50m: 33.59 100m: 1:13.64 150m: 2:01.14 200m: 2:37.48	10 CNLeiria - VOID	<b>2:37.48</b>	460
5. Maria Carolina, ALVES 50m: 33.76 100m: 1:15.27 150m: 2:01.87 200m: 2:38.11	10 Ba Leiria / Sk Coffee	<b>2:38.11</b>	455
6. Matilde Santos, VIEIRA 50m: 33.41 100m: 1:15.12 150m: 2:02.37 200m: 2:39.07	10 Ba Leiria / Sk Coffee	<b>2:39.07</b>	447
7. Rafaela Santos, AFONSO 50m: 35.34 100m: 1:16.99 150m: 2:04.23 200m: 2:41.09	10 Naval de Peniche	<b>2:41.09</b>	430
8. Leonor Pereira, SILVA 50m: 34.38 100m: 1:16.73 150m: 2:01.46 200m: 2:42.30	10 Óbidos	<b>2:42.30</b>	420
9. Debora Silva, INACIO 50m: 34.89 100m: 1:17.00 150m: 2:05.91 200m: 2:42.88	10 Pimpoes/Cimai	<b>2:42.88</b>	416
10. Elisa Henriques, SOUTO 50m: 34.93 100m: 1:17.14 150m: 2:04.82 200m: 2:45.37	10 Óbidos	<b>2:45.37</b>	397
11. Constanca Rolim, PEDRO 50m: 36.40 100m: 1:20.15 150m: 2:10.21 200m: 2:47.91	10 Ba Leiria / Sk Coffee	<b>2:47.91</b>	380



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Prova 2, Femin., 200m Estilos

Prova 2	Femin., 200m Estilos				Junior Resultados
02/05/2026 - 15:35					
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Recordes Nacionais 25m 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts
1. Francisca Ramos, NUNES	09	Naval de Peniche	<b>2:32.92</b>	503
50m: 32.34 100m: 1:11.13	150m: 1:57.77	200m: 2:32.92		
2. Beatriz Belo, CLARA	09	CNLeiria - VOID	<b>2:36.13</b>	472
50m: 31.57 100m: 1:10.89	150m: 1:59.67	200m: 2:36.13		
3. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	<b>2:37.84</b>	457
50m: 34.94 100m: 1:16.05	150m: 2:01.65	200m: 2:37.84		
4. Ana Margarida, MARQUES	09	Ba Leiria / Sk Coffee	<b>2:43.41</b>	412
50m: 34.95 100m: 1:18.77	150m: 2:06.39	200m: 2:43.41		
5. Marta Cabete, GOMES	08	CNLeiria - VOID	<b>2:47.50</b>	382
50m: 34.22 100m: 1:17.28	150m: 2:06.96	200m: 2:47.50		
6. Anjali, RAICAR	09	Naval de Peniche	<b>2:52.16</b>	352
50m: 33.83 100m: 1:18.75	150m: 2:11.09	200m: 2:52.16		
DSQ Matilde Monteiro, NEVES	08	Nucleo de Pombal		
<i>Falsa partida</i>				

Prova 2	Femin., 200m Estilos				Senior Resultados
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02/05/2026 - 15:35					
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Recordes Nacionais 25m SEN	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024

Pontos: AQUA 2025

Lugar	Ano		Tempo final	Pts
1. Joana Rosa, FERREIRA	05	CNLeiria - VOID	<b>2:30.57</b>	527
50m: 31.81 100m: 1:11.52	150m: 1:54.94	200m: 2:30.57		
2. Ana Claudia, FERREIRA	90	Alcobaca	<b>2:34.87</b>	484
50m: 31.97 100m: 1:14.75	150m: 1:58.76	200m: 2:34.87		
3. Margarida Correia, MADEIRA	06	Nautico Marinha Grande	<b>2:36.34</b>	470
50m: 34.81 100m: 1:17.15	150m: 2:00.37	200m: 2:36.34		
EXH Mariana Santos, AFONSO	10	Naval de Peniche	<b>2:41.55</b>	426
50m: 33.65 100m: 1:14.92	150m: 2:02.46	200m: 2:41.55		
EXH Rita Oliveira, GOMES	11	Fisica Torres Vedras	<b>2:54.62</b>	337
50m: 38.69 100m: 1:23.88	150m: 2:15.47	200m: 2:54.62		
EXH Maria Ines, GOMES	12	Nucleo de Pombal	<b>3:07.02</b>	275
50m: 40.19 100m: 1:31.26	150m: 2:26.05	200m: 3:07.02		
EXH Carolina Matos, CORREIA	12	Nucleo de Pombal	<b>3:07.60</b>	272
50m: 43.66 100m: 1:30.11	150m: 2:25.42	200m: 3:07.60		
EXH Daniela Carvalho, FERREIRA	12	Nucleo de Pombal	<b>3:15.01</b>	242
50m: 44.98 100m: 1:34.80	150m: 2:32.31	200m: 3:15.01		
EXH Ana Sofia, SILVA	13	Naval de Peniche	<b>3:17.42</b>	233
50m: 46.44 100m: 1:35.17	150m: 2:31.50	200m: 3:17.42		



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Prova 2, Femin., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Maria Joao, ALBUQUERQUE	12 Pimpoes/Cimai	<b>3:19.85</b>	225
50m: 43.85 100m: 1:32.32 150m: 2:30.92 200m: 3:19.85			
EXH Catarina Faustino, DIAS	13 Naval de Peniche	<b>3:29.82</b>	194
50m: 47.08 100m: 1:39.91 150m: 2:42.00 200m: 3:29.82			
EXH Ariana Filipa, TEIXEIRA	13 Naval da Nazaré	<b>4:03.58</b>	124
50m: 51.69 100m: 1:55.34 150m: 3:06.43 200m: 4:03.58			