

Invitation "One and Done"
Pointe-Claire, 13- - 15-3-2026

Event 158

Men, 400m Medley

11 years and older

2026-03-15 - 14:23

Entry list

Coupe Espoir - 12: 6:54.22; 13: 6:28.86; 14: 6:06.32; 15: 5:55.05; 16: 5:46.59; 17: 5:40.96

Entry time conversion: Linear conversion by percent (2%)

	Age		
1	13	Pointe-Claire Swim Club	5:15.04
2	14	Beaconsfield Bluefins	5:20.74
3	14	Pointe-Claire Swim Club	5:22.66
4	15	Club de natation Saint-Laurent	5:30.65
5	16	C.N. Dollard-des-Ormeaux	5:24.60
6	14	Pointe-Claire Swim Club	5:43.55
7	13	Beaconsfield Bluefins	5:41.97
8	12	Pointe-Claire Swim Club	5:48.81
9	15	C.N. Dollard-des-Ormeaux	5:49.69
10	13	Beaconsfield Bluefins	6:10.00
11	12	Club de natation Saint-Laurent	6:15.98
12	15	Beaconsfield Bluefins	6:25.19
13	15	Pointe-Claire Swim Club	6:27.89
14	12	Club de natation Saint-Laurent	6:20.44
15	11	Club de natation Saint-Laurent	6:21.44
16	13	Beaconsfield Bluefins	6:30.00
17	13	Beaconsfield Bluefins	6:30.00
18	12	Pointe-Claire Swim Club	6:22.46
19	11	Pointe-Claire Swim Club	6:23.36
20	12	Pointe-Claire Swim Club	6:28.30
21	13	Beaconsfield Bluefins	6:31.16
22	13	Beaconsfield Bluefins	6:40.00
23	11	Beaconsfield Bluefins	6:50.00
24	12	Beaconsfield Bluefins	7:10.00
25	12	Pointe-Claire Swim Club	7:09.01
26	12	Beaconsfield Bluefins	7:20.00
27	11	Pointe-Claire Swim Club	7:18.28
28	11	Pointe-Claire Swim Club	7:30.00