

Invitation "One and Done"  
Pointe-Claire, 13- - 15-3-2026

Event 110

Men, 400m Freestyle

13 years and older

2026-03-13 - 10:50

Entry list

Coupe Espoir 13: 5:41.80; 14: 5:21.98; 15: 5:12.07; 16: 5:04.64; 17: 4:59.69

Entry time conversion: Linear conversion by percent (2%)

	Age		
1	LINDSAY, Benjamin	15	C.N. Dollard-des-Ormeaux 4:23.13
2	BELCOURT, Jesse	16	C.N. Dollard-des-Ormeaux 4:31.99
3	MCDONALD, Jacob	14	C.N. Dollard-des-Ormeaux 4:32.42
4	ONORATI, Matteo	16	C.N. Dollard-des-Ormeaux 4:28.12
5	AMBROSONE, London	15	C.N. Dollard-des-Ormeaux 4:36.43
6	BALTARU, Mark	14	Club Aquatique les Piranhas du 4:46.22
7	XUE, Eric	14	C.N. Dollard-des-Ormeaux 4:47.50
8	MCMICHAEL, Harvey	13	Pointe-Claire Swim Club 4:50.69
9	ONESI, Liam	13	C.N. Dollard-des-Ormeaux 4:54.73
10	FARINAS-DAVIS, Samuel	15	Pointe-Claire Swim Club 4:55.27
11	TROTIER, Charles	14	C.N. Dollard-des-Ormeaux 4:57.61
12	KANNENBERG, Andreas	15	Pointe-Claire Swim Club 4:59.43
13	GAO, Simon	15	Club de natation Saint-Laurent 5:05.01
14	THIESSEN, Wyatt	15	Beaconsfield Bluefins 5:01.64
15	FAN, Ryan	14	Pointe-Claire Swim Club 5:08.47
16	SERVIO, Aidan	13	C.N. Dollard-des-Ormeaux 5:10.00
17	MITREA, Victor Gabriel	14	Pointe-Claire Swim Club 5:13.53
18	DI MARIA, Alex	16	Club de natation Saint-Laurent 5:14.37
19	ZWEIG, Harley	15	C.N. Dollard-des-Ormeaux 5:15.43
20	AL-HAWARI, Lucas	13	Club de natation Saint-Laurent 5:11.25
21	KABAL-BAKER, Lionel	13	Pointe-Claire Swim Club 5:23.67
22	AMBROSONE, Karson	13	Beaconsfield Bluefins 5:33.88
23	CARON, Joshua	13	Pointe-Claire Swim Club 5:39.91
24	TRUBIANO, Aj	13	C.N. Dollard-des-Ormeaux 5:34.20
25	LEWIS, Benjamin	14	C.N. Dollard-des-Ormeaux 5:45.00
26	ZAYED, Zayden	13	Pointe-Claire Swim Club 5:47.95
27	MASTROPAOLO, William	14	Beaconsfield Bluefins 5:44.19
28	LOULOODOV, Michael	15	Pointe-Claire Swim Club 5:46.31
29	XU, Zhile	13	Beaconsfield Bluefins 5:48.86
30	BEDIC, Logan	14	Pointe-Claire Swim Club 5:49.06
31	RANDLE, Wesley	13	Beaconsfield Bluefins 5:57.88
32	FLAHERTY, Ryan	14	Beaconsfield Bluefins 6:12.00
33	FARAG, Youssef Ahmed Karam	13	Pointe-Claire Swim Club 6:08.32
34	EMELCIUC, Daniel	13	Beaconsfield Bluefins 6:13.38
35	BOUSETTE, Cameron	13	Beaconsfield Bluefins 6:22.00
36	NAIPAUL, Felix	13	Beaconsfield Bluefins 6:44.88