

CVB Vilvoorde 2026
Vilvoorde, 26/4/2026

Programmanr. 510
26/04/2026 - 15:20

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang					Inschr.	Tijd	Pnt
jeugd 1 - B-zwemmers							
1.	Van den Troost Amy				KVZP/21116/14	5:31.81	5:18.97 376
	50m:	36.36	36.36	150m:	250m:	350m:	
	100m:	1:15.49	39.13	200m:	300m:	400m:	5:18.97
2.	Anslot Méline				SCWR/21075/15	6:07.39	5:45.86 295
	50m:	38.64	38.64	150m:	250m:	350m:	
	100m:	1:21.78	43.14	200m:	300m:	400m:	5:45.86
3.	Keersmaekers Ella				KVZP/21118/14	6:52.12	6:14.81 231
	50m:	39.67	39.67	150m:	250m:	350m:	
	100m:	1:25.11	45.44	200m:	300m:	400m:	6:14.81
4.	Vanbellingen Vermeere Lani				KVZP/21115/14	6:23.31	6:17.78 226
	50m:	43.11	43.11	150m:	250m:	350m:	
	100m:	1:32.56	49.45	200m:	300m:	400m:	6:17.78
5.	Balaur Maria				KVZP/21131/15	NT	7:09.23 154
	50m:	43.16	43.16	150m:	250m:	350m:	
	100m:	1:35.19	52.03	200m:	300m:	400m:	7:09.23
jeugd 2 -B-zwemmers							
1.	Issagholian Emeli				KVZP/21114/13	5:26.13	5:18.00 379
	50m:	35.50	35.50	150m:	250m:	350m:	
	100m:	1:15.03	39.53	200m:	300m:	400m:	5:18.00
2.	Vander Stappen Sonia				CNSW/016156/12	NT	5:26.72 350
	50m:	36.02	36.02	150m:	250m:	350m:	
	100m:	1:16.69	40.67	200m:	300m:	400m:	5:26.72
jeugd 3 -B-zwemmers							
1.	Desmet Sterre				KLSVZ/21102/11	4:59.64	4:54.43 478
	50m:	33.61	33.61	150m:	250m:	350m:	
	100m:	1:10.06	36.45	200m:	300m:	400m:	4:54.43
2.	Van Boxstael Nora				KLSVZ/21072/10	5:06.47	5:02.73 439
	50m:	34.58	34.58	150m:	250m:	350m:	
	100m:	1:12.08	37.50	200m:	300m:	400m:	5:02.73
3.	Roelant Siska				KVZP/21088/11	5:04.28	5:04.44 432
	50m:	34.84	34.84	150m:	250m:	350m:	
	100m:	1:12.44	37.60	200m:	300m:	400m:	5:04.44
4.	Adam Maeline				KLSVZ/21144/11	5:29.16	5:13.63 395
	50m:	35.87	35.87	150m:	250m:	350m:	
	100m:	1:15.40	39.53	200m:	300m:	400m:	5:13.63
5.	El Aouiri Lina				KVZP/21103/11	5:42.10	5:20.78 369
	50m:	36.24	36.24	150m:	250m:	350m:	
	100m:	1:16.42	40.18	200m:	300m:	400m:	5:20.78
6.	Roosen Tess				KLSVZ/21116/11	5:26.15	5:22.28 364
	50m:	36.86	36.86	150m:	250m:	350m:	
	100m:	1:16.46	39.60	200m:	300m:	400m:	5:22.28
7.	Van Steenwinkel Esther				KVZP/21095/10	5:34.83	5:32.37 332
	50m:			150m:	250m:	350m:	
	100m:	1:17.30		200m:	300m:	400m:	5:32.37

Programmanr. 510, Dames, 400m vrije slag

jeugd 3 -A-zwemmers

1. Vedernikova Vera				SCWR/21054/10	4:20.53	4:27.87	635
50m:	30.99	30.99	150m:		250m:	350m:	
100m:	1:04.20	33.21	200m:	2:12.52	300m:	400m:	4:27.87

17 jaar en ouder

1. Alloing Myrthe				KLSVZ/21063/09	NT	5:50.38	283
50m:	36.63	36.63	150m:		250m:	350m:	
100m:	1:20.78	44.15	200m:	2:57.98	300m:	400m:	5:50.38