

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 34 Dames, 400m Libre Cat. générale  
2026-03-15 - 12:34 Liste résultats Eliminatoires

Canadian Senior Records	3:54.18	MCINTOSH, Summer	UNCAN	Victoria	2025-06-07
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26
Canadian Age Group Records 11 - 12	4:20.68	MCINTOSH, Summer	ESWIM	Winnipeg	2019-08-10
Quebec Provincial Senior Records	4:05.42	HARVEY, Mary-Sophie	CAMO	Saint-Denis (FRA)	2025-05-10
Quebec Provincial Age Group Records 17	4:09.69	HARVEY, Mary-Sophie	NN	Austin (USA)	2017-01-13
Quebec Provincial Age Group Records 16	4:12.82	JARDIN, Barbara	CAMO	Quebec	2008-08-02
Quebec Provincial Age Group Records 15	4:15.09	JARDIN, Barbara	PPO	Montreal	2007-06-30
Quebec Provincial Age Group Records 14	4:22.18	HARVEY, Mary-Sophie	NN	Winnipeg	2014-07-27
Quebec Provincial Age Group Records 13	4:31.48	BIRCHENOUGH, Nancy	PCSC	???	1984-08-01
Quebec Provincial Age Group Records - 124	38.92	CHEBARAKA, Majda	CAMO	Calgary	2012-07-29

Essais canadiens - 17: 4:26.87; 18+: 4:22.57 / Omnium canadien : 4:28.98

Points: AQUA 2025

Rang	Age		Temps				Pts					
1.	PIATERA-MERCIER, Delphine		17	Neptune Natation				<b>4:22.88</b>	717	A		
	<i>TQ Essai, TQ Omnium</i>											
	50m:	30.51	30.51	150m:	1:35.97	33.80	250m:	2:43.77	34.69	350m:	3:51.18	34.76
	100m:	1:02.17	31.66	200m:	2:09.08	33.11	300m:	3:16.42	32.65	400m:	4:22.88	31.70
2.	MICHAUD, Maélie		19	Pointe-Claire Swim Club				<b>4:28.29</b>	675	A		
	<i>TQ Omnium</i>											
	50m:	30.21	30.21	150m:	1:36.95	34.08	250m:	2:45.94	35.07	350m:	3:55.50	35.17
	100m:	1:02.87	32.66	200m:	2:10.87	33.92	300m:	3:20.33	34.39	400m:	4:28.29	32.79
3.	BROUSSEAU, Charlotte		18	Club aquatique Montréal				<b>4:28.67</b>	672	A		
	<i>TQ Omnium</i>											
	50m:	31.37	31.37	150m:	1:39.82	34.74	250m:	2:48.91	34.68	350m:	3:57.50	34.28
	100m:	1:05.08	33.71	200m:	2:14.23	34.41	300m:	3:23.22	34.31	400m:	4:28.67	31.17
4.	TURCOTTE, Annabelle		16	Club de natation région de Qué				<b>4:28.75</b>	671	A		
	<i>TQ Omnium</i>											
	50m:	31.28	31.28	150m:	1:39.95	35.16	250m:	2:48.72	34.86	350m:	3:56.87	34.56
	100m:	1:04.79	33.51	200m:	2:13.86	33.91	300m:	3:22.31	33.59	400m:	4:28.75	31.88
5.	MICHAUD, Laurence		19	Club de natation région de Qué				<b>4:28.92</b>	670	A		
	<i>TQ Omnium</i>											
	50m:	31.82	31.82	150m:	1:40.11	34.84	250m:	2:48.30	34.70	350m:	3:56.45	34.62
	100m:	1:05.27	33.45	200m:	2:13.60	33.49	300m:	3:21.83	33.53	400m:	4:28.92	32.47
6.	LELIÈVRE, Karelle		18	Club de Natation SAMAK				<b>4:29.98</b>	662	A		
	50m:	30.50	30.50	150m:	1:37.86	34.14	250m:	2:47.49	34.84	350m:	3:57.12	34.84
	100m:	1:03.72	33.22	200m:	2:12.65	34.79	300m:	3:22.28	34.79	400m:	4:29.98	32.86
7.	LABRIE, Ève		15	Neptune Natation				<b>4:30.73</b>	657	A		
	50m:	31.30	31.30	150m:	1:38.66	34.51	250m:	2:47.71	34.60	350m:	3:57.33	35.33
	100m:	1:04.15	32.85	200m:	2:13.11	34.45	300m:	3:22.00	34.29	400m:	4:30.73	33.40
8.	KRAUSS, Ellie		17	Natation Gatineau				<b>4:34.04</b>	633	A		
	50m:	31.78	31.78	150m:	1:40.83	34.81	250m:	2:50.24	34.38	350m:	3:59.58	34.59
	100m:	1:06.02	34.24	200m:	2:15.86	35.03	300m:	3:24.99	34.75	400m:	4:34.04	34.46
9.	POMERLEAU, Mikaelle		16	Pointe-Claire Swim Club				<b>4:34.34</b>	631	A		
	50m:	30.78	30.78	150m:	1:39.86	34.70	250m:	2:50.02	34.79	350m:	3:59.97	34.64
	100m:	1:05.16	34.38	200m:	2:15.23	35.37	300m:	3:25.33	35.31	400m:	4:34.34	34.37
10.	SHINK, Ariane		19	Club de natation région de Qué				<b>4:34.64</b>	629	A		
	50m:	31.69	31.69	150m:	1:40.78	34.62	250m:	2:50.84	34.86	350m:	4:00.65	34.93
	100m:	1:06.16	34.47	200m:	2:15.98	35.20	300m:	3:25.72	34.88	400m:	4:34.64	33.99

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 34, Dames, 400m Libre, Elimatoire, Cat. générale

Rang				Age					Temps	Pts		
11.	GUY, Roxane			18	Club de natation région de Qué				<b>4:35.44</b>	624	B	
	50m:	32.41	32.41	150m:	1:41.56	34.92	250m:	2:51.16	34.77	350m:	4:01.03	35.13
	100m:	1:06.64	34.23	200m:	2:16.39	34.83	300m:	3:25.90	34.74	400m:	4:35.44	34.41
12.	TURCOTTE, Juliette			18	Club de natation région de Qué				<b>4:35.61</b>	622	B	
	50m:	31.40	31.40	150m:	1:40.59	34.72	250m:	2:50.77	34.93	350m:	4:01.34	34.86
	100m:	1:05.87	34.47	200m:	2:15.84	35.25	300m:	3:26.48	35.71	400m:	4:35.61	34.27
13.	AUGER, Sophie			15	Pointe-Claire Swim Club				<b>4:36.68</b>	615	B	
	50m:	30.85	30.85	150m:	1:40.39	34.89	250m:	2:51.23	35.50	350m:	4:01.87	35.28
	100m:	1:05.50	34.65	200m:	2:15.73	35.34	300m:	3:26.59	35.36	400m:	4:36.68	34.81
14.	TESSIER, Sophia			17	Natation Gatineau				<b>4:37.70</b>	608	B	
	50m:	32.35	32.35	150m:	1:42.69	35.10	250m:	2:53.46	34.92	350m:	4:03.70	34.62
	100m:	1:07.59	35.24	200m:	2:18.54	35.85	300m:	3:29.08	35.62	400m:	4:37.70	34.00
15.	MARCON, Isabella			19	C.N. Dollard-des-Ormeaux				<b>4:37.77</b>	608	B	
	50m:	32.87	32.87	150m:	1:42.24	35.53	250m:	2:52.96	35.98	350m:	4:03.99	35.79
	100m:	1:06.71	33.84	200m:	2:16.98	34.74	300m:	3:28.20	35.24	400m:	4:37.77	33.78
16.	PICHETTE, Alexandra			15	Club de natation région de Qué				<b>4:38.47</b>	603	B	
	50m:	31.86	31.86	150m:	1:43.16	35.84	250m:	2:53.62	35.18	350m:	4:04.21	35.25
	100m:	1:07.32	35.46	200m:	2:18.44	35.28	300m:	3:28.96	35.34	400m:	4:38.47	34.26
17.	NICHOLSON-JODOIN, Clementine			15	Pointe-Claire Swim Club				<b>4:39.12</b>	599	B	
	50m:	31.90	31.90	150m:	1:41.38	35.69	250m:	2:52.17	35.52	350m:	4:04.19	37.04
	100m:	1:05.69	33.79	200m:	2:16.65	35.27	300m:	3:27.15	34.98	400m:	4:39.12	34.93
18.	MCNABB, Sara			17	Fredericton Aquanaut Swim Team				<b>4:39.56</b>	596	B	
	50m:	30.24	30.24	150m:	1:37.03	34.78	250m:	2:51.07	38.37	350m:	4:04.52	37.13
	100m:	1:02.25	32.01	200m:	2:12.70	35.67	300m:	3:27.39	36.32	400m:	4:39.56	35.04
19.	MASSICOTTE, Anabelle			16	Club de natation Mégophias				<b>4:39.82</b>	595	B	
	50m:	30.83	30.83	150m:	1:41.01	35.56	250m:	2:53.52	35.96	350m:	4:05.16	35.32
	100m:	1:05.45	34.62	200m:	2:17.56	36.55	300m:	3:29.84	36.32	400m:	4:39.82	34.66
20.	DAGSAAN, Jadyne			16	Pointe-Claire Swim Club				<b>4:40.30</b>	592	B	
	50m:	31.93	31.93	150m:	1:41.70	35.56	250m:	2:53.22	36.36	350m:	4:05.36	36.28
	100m:	1:06.14	34.21	200m:	2:16.86	35.16	300m:	3:29.08	35.86	400m:	4:40.30	34.94
21.	GORDON, Erika			17	Pointe-Claire Swim Club				<b>4:41.22</b>	586	C	
	50m:	32.89	32.89	150m:	1:43.76	36.30	250m:	2:55.61	36.49	350m:	4:07.48	36.43
	100m:	1:07.46	34.57	200m:	2:19.12	35.36	300m:	3:31.05	35.44	400m:	4:41.22	33.74
22.	BOYER, Mariane			17	Natation Gatineau				<b>4:41.46</b>	584	C	
	50m:	31.74	31.74	150m:	1:42.44	35.83	250m:	2:54.39	35.94	350m:	4:06.39	36.30
	100m:	1:06.61	34.87	200m:	2:18.45	36.01	300m:	3:30.09	35.70	400m:	4:41.46	35.07
23.	MORGANS, Leanna			15	Dartmouth Crusaders Swim Club				<b>4:41.52</b>	584	C	
	50m:	31.53	31.53	150m:	1:42.11	35.29	250m:	2:53.88	35.51	350m:	4:06.01	35.68
	100m:	1:06.82	35.29	200m:	2:18.37	36.26	300m:	3:30.33	36.45	400m:	4:41.52	35.51
24.	PRICE, Loriane			18	Club de Natation SAMAK				<b>4:41.73</b>	583	C	
	50m:	32.23	32.23	150m:	1:43.19	36.53	250m:	2:55.04	36.30	350m:	4:07.77	37.02
	100m:	1:06.66	34.43	200m:	2:18.74	35.55	300m:	3:30.75	35.71	400m:	4:41.73	33.96
25.	LEMELIN, Émie			16	Club de natation région de Qué				<b>4:42.01</b>	581	C	
	50m:	32.06	32.06	150m:	1:42.33	36.18	250m:	2:55.10	37.20	350m:	4:07.57	36.61
	100m:	1:06.15	34.09	200m:	2:17.90	35.57	300m:	3:30.96	35.86	400m:	4:42.01	34.44
26.	D'ORSONNENS, Emma			16	Neptune Natation				<b>4:42.30</b>	579	C	
	50m:	31.49	31.49	150m:	1:44.07	36.51	250m:	2:56.17	35.91	350m:	4:07.55	35.46
	100m:	1:07.56	36.07	200m:	2:20.26	36.19	300m:	3:32.09	35.92	400m:	4:42.30	34.75

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 34, Dames, 400m Libre, Elimatoire, Cat. générale

Rang					Age					Temps	Pts	
27.	PAUL, Florence				19	Rouge et Or/Université Laval				<b>4:42.50</b>	578	C
	50m:	31.04	31.04	150m:	1:40.41	35.28	250m:	2:53.60	36.95	350m:	4:07.65	36.57
	100m:	1:05.13	34.09	200m:	2:16.65	36.24	300m:	3:31.08	37.48	400m:	4:42.50	34.85
28.	ROBITAILLE, Florence				17	Elite				<b>4:42.56</b>	578	C
	50m:	32.23	32.23	150m:	1:42.76	36.41	250m:	2:55.45	36.88	350m:	4:07.82	36.82
	100m:	1:06.35	34.12	200m:	2:18.57	35.81	300m:	3:31.00	35.55	400m:	4:42.56	34.74
29.	HARVEY, Élie				14	Club de natation région de Qué				<b>4:43.41</b>	572	C
	50m:	32.65	32.65	150m:	1:43.95	36.08	250m:	2:56.40	35.97	350m:	4:08.19	35.80
	100m:	1:07.87	35.22	200m:	2:20.43	36.48	300m:	3:32.39	35.99	400m:	4:43.41	35.22
30.	MOFFET, Raphaëlle				13	Club aquatique Montréal				<b>4:43.50</b>	572	C
	50m:	31.18	31.18	150m:	1:42.53	37.02	250m:	2:55.88	37.40	350m:	4:08.94	36.92
	100m:	1:05.51	34.33	200m:	2:18.48	35.95	300m:	3:32.02	36.14	400m:	4:43.50	34.56
31.	BATTISTI, Alicia				18	club aquatique st-eustache				<b>4:43.53</b>	572	R
	50m:	32.69	32.69	150m:	1:43.96	36.61	250m:	2:56.80	36.71	350m:	4:09.63	37.01
	100m:	1:07.35	34.66	200m:	2:20.09	36.13	300m:	3:32.62	35.82	400m:	4:43.53	33.90
32.	PONTON, Emma				19	McGILL				<b>4:44.96</b>	563	R
	50m:	30.91	30.91	150m:	1:41.78	35.88	250m:	2:55.07	36.18	350m:	4:08.89	36.46
	100m:	1:05.90	34.99	200m:	2:18.89	37.11	300m:	3:32.43	37.36	400m:	4:44.96	36.07
33.	PERRY, Ella				12	Pointe-Claire Swim Club				<b>4:45.34</b>	561	
	50m:	32.18	32.18	150m:	1:44.11	35.51	250m:	2:56.83	35.85	350m:	4:09.54	35.60
	100m:	1:08.60	36.42	200m:	2:20.98	36.87	300m:	3:33.94	37.11	400m:	4:45.34	35.80
34.	BLUMEL, Margaret				15	Club de natation Saint-Laurent				<b>4:45.57</b>	559	
	50m:	32.56	32.56	150m:	1:44.64	36.89	250m:	2:57.50	37.14	350m:	4:10.82	37.34
	100m:	1:07.75	35.19	200m:	2:20.36	35.72	300m:	3:33.48	35.98	400m:	4:45.57	34.75
35.	DROUIN, Laurie				19	club aquatique st-eustache				<b>4:45.61</b>	559	
	50m:	32.86	32.86	150m:	1:44.31	36.29	250m:	2:57.17	36.97	350m:	4:10.85	37.66
	100m:	1:08.02	35.16	200m:	2:20.20	35.89	300m:	3:33.19	36.02	400m:	4:45.61	34.76
36.	MALENFANT, Viviane				18	Club de natation région de Qué				<b>4:45.66</b>	559	
	50m:	31.75	31.75	150m:	1:41.96	35.15	250m:	2:54.91	36.08	350m:	4:09.33	36.73
	100m:	1:06.81	35.06	200m:	2:18.83	36.87	300m:	3:32.60	37.69	400m:	4:45.66	36.33
37.	LINDSAY, Katarina				16	Pointe-Claire Swim Club				<b>4:45.75</b>	558	
	50m:	32.47	32.47	150m:	1:44.80	36.39	250m:	2:58.33	37.16	350m:	4:11.36	36.52
	100m:	1:08.41	35.94	200m:	2:21.17	36.37	300m:	3:34.84	36.51	400m:	4:45.75	34.39
38.	GOSELIN, Mélia				15	Rouge et Or/Université Laval				<b>4:45.81</b>	558	
	50m:	31.94	31.94	150m:	1:42.84	35.68	250m:	2:55.91	36.09	350m:	4:09.47	36.37
	100m:	1:07.16	35.22	200m:	2:19.82	36.98	300m:	3:33.10	37.19	400m:	4:45.81	36.34
39.	LAMBERT, Jade				14	Neptune Natation				<b>4:46.25</b>	555	
	50m:	32.30	32.30	150m:	1:44.18	36.73	250m:	2:58.12	37.03	350m:	4:10.88	36.32
	100m:	1:07.45	35.15	200m:	2:21.09	36.91	300m:	3:34.56	36.44	400m:	4:46.25	35.37
40.	DUMAS, Annabelle				18	Club de natation région de Qué				<b>4:46.47</b>	554	
	50m:	32.26	32.26	150m:	1:44.38	36.74	250m:	2:57.50	37.10	350m:	4:10.93	36.82
	100m:	1:07.64	35.38	200m:	2:20.40	36.02	300m:	3:34.11	36.61	400m:	4:46.47	35.54
41.	JUTRAS, Annalie				17	Club de Natation des Riverains				<b>4:46.85</b>	552	
	50m:	32.27	32.27	150m:	1:43.48	36.40	250m:	2:57.21	37.43	350m:	4:11.58	37.41
	100m:	1:07.08	34.81	200m:	2:19.78	36.30	300m:	3:34.17	36.96	400m:	4:46.85	35.27
42.	BROCHU, Aleni				14	Natation Gatineau				<b>4:46.95</b>	551	
	50m:	32.47	32.47	150m:	1:44.36	36.79	250m:	2:57.56	36.98	350m:	4:11.21	37.48
	100m:	1:07.57	35.10	200m:	2:20.58	36.22	300m:	3:33.73	36.17	400m:	4:46.95	35.74

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 34, Dames, 400m Libre, Elimatoire, Cat. générale

Rang				Age					Temps	Pts		
43.	QUEVILLON, Liliane			20	Neptune Natation				<b>4:47.50</b>	548		
	50m:	32.09	32.09	150m:	1:42.57	35.71	250m:	2:56.95	37.47	350m:	4:11.96	37.66
	100m:	1:06.86	34.77	200m:	2:19.48	36.91	300m:	3:34.30	37.35	400m:	4:47.50	35.54
44.	DUBUC, Gabrielle			17	Minabichi La Sarre				<b>4:47.53</b>	548		
	50m:	32.80	32.80	150m:	1:44.36	36.63	250m:	2:57.79	37.26	350m:	4:11.93	37.30
	100m:	1:07.73	34.93	200m:	2:20.53	36.17	300m:	3:34.63	36.84	400m:	4:47.53	35.60
45.	VENDITTI, Katrina			20	Beaconsfield Bluefins				<b>4:47.89</b>	546		
	50m:	31.29	31.29	150m:	1:43.01	36.22	250m:	2:57.48	37.18	350m:	4:12.09	37.26
	100m:	1:06.79	35.50	200m:	2:20.30	37.29	300m:	3:34.83	37.35	400m:	4:47.89	35.80
46.	BEAUDOIN, Marie-Laurence			17	Rouge et Or/Université Laval				<b>4:49.22</b>	539		
	50m:	32.34	32.34	150m:	1:44.58	37.03	250m:	2:59.51	38.07	350m:	4:13.97	37.25
	100m:	1:07.55	35.21	200m:	2:21.44	36.86	300m:	3:36.72	37.21	400m:	4:49.22	35.25
47.	PAYANT, Léa			18	Dorval Swim Club				<b>4:50.49</b>	532		
	50m:	33.58	33.58	150m:	1:45.82	36.60	250m:	2:59.36	36.60	350m:	4:13.60	36.97
	100m:	1:09.22	35.64	200m:	2:22.76	36.94	300m:	3:36.63	37.27	400m:	4:50.49	36.89
48.	RASHOTTE-GARCIA, Paige			17	Pointe-Claire Swim Club				<b>4:50.56</b>	531		
	50m:	32.16	32.16	150m:	1:45.49	36.64	250m:	2:59.61	36.68	350m:	4:14.54	37.22
	100m:	1:08.85	36.69	200m:	2:22.93	37.44	300m:	3:37.32	37.71	400m:	4:50.56	36.02
49.	NAULT, Laurence			15	Club Natation Bois Francs				<b>4:50.96</b>	529		
	50m:	32.52	32.52	150m:	1:44.71	36.31	250m:	2:59.10	37.19	350m:	4:13.94	37.14
	100m:	1:08.40	35.88	200m:	2:21.91	37.20	300m:	3:36.80	37.70	400m:	4:50.96	37.02
50.	FELX, Lily			17	Elite				<b>4:52.29</b>	522		
	50m:	32.59	32.59	150m:	1:44.85	36.31	250m:	2:59.53	37.28	350m:	4:15.19	37.64
	100m:	1:08.54	35.95	200m:	2:22.25	37.40	300m:	3:37.55	38.02	400m:	4:52.29	37.10
51.	ST-LAURENT, Charlie			16	Elite				<b>4:52.51</b>	521		
	50m:	32.26	32.26	150m:	1:45.02	37.43	250m:	3:00.26	37.79	350m:	4:16.42	37.99
	100m:	1:07.59	35.33	200m:	2:22.47	37.45	300m:	3:38.43	38.17	400m:	4:52.51	36.09
52.	GAGNON, Amélie			18	Nsh				<b>4:53.72</b>	514		
	50m:	32.81	32.81	150m:			250m:	3:02.49	37.28	350m:	4:17.86	37.33
	100m:	1:10.02	37.21	200m:	2:25.21		300m:	3:40.53	38.04	400m:	4:53.72	35.86
53.	SIMARD, Anne			19	Rouge et Or/Université Laval				<b>4:53.97</b>	513		
	50m:	32.79	32.79	150m:	1:46.09	36.89	250m:	3:01.69	38.06	350m:	4:17.48	37.79
	100m:	1:09.20	36.41	200m:	2:23.63	37.54	300m:	3:39.69	38.00	400m:	4:53.97	36.49
54.	BRAUN, Kate			15	Cote Saint-Luc Aquatics				<b>4:53.99</b>	513		
	50m:	33.00	33.00	150m:	1:47.07	38.09	250m:	3:02.69	38.34	350m:	4:18.85	38.88
	100m:	1:08.98	35.98	200m:	2:24.35	37.28	300m:	3:39.97	37.28	400m:	4:53.99	35.14
55.	ANDRIAN, Emily			17	Club aquatique Montréal				<b>4:54.99</b>	508		
	50m:	33.43	33.43	150m:	1:47.98	38.10	250m:	3:04.12	38.35	350m:	4:19.29	38.00
	100m:	1:09.88	36.45	200m:	2:25.77	37.79	300m:	3:41.29	37.17	400m:	4:54.99	35.70
56.	TALBOT, Alice			17	Club De Natation Sherbrooke				<b>4:56.59</b>	499		
	50m:	34.05	34.05	150m:	1:48.44	37.81	250m:	3:04.49	38.28	350m:	4:20.23	37.98
	100m:	1:10.63	36.58	200m:	2:26.21	37.77	300m:	3:42.25	37.76	400m:	4:56.59	36.36
57.	GINGRAS, Aurélie			18	Club de Natation des Riverains				<b>4:56.78</b>	498		
	50m:	35.09	35.09	150m:	1:50.55	38.68	250m:	3:06.19	37.99	350m:	4:20.97	37.84
	100m:	1:11.87	36.78	200m:	2:28.20	37.65	300m:	3:43.13	36.94	400m:	4:56.78	35.81
58.	BERNARD, Mayaia			18	Club Aquatique Charlesbourg				<b>4:57.38</b>	495		
	50m:	33.38	33.38	150m:	1:48.10	38.73	250m:	3:04.78	39.05	350m:	4:21.03	38.92
	100m:	1:09.37	35.99	200m:	2:25.73	37.63	300m:	3:42.11	37.33	400m:	4:57.38	36.35

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

Epreuve 34, Dames, 400m Libre, Elimatoire, Cat. générale

Rang			Age					Temps	Pts
59.	LACHAPELLE, Frédérique	17	É.N. St Lambert				<b>4:59.24</b>	486	
	50m: 33.02 33.02	150m: 1:48.25	37.52	250m: 3:05.14	38.06	350m: 4:21.31	37.40		
	100m: 1:10.73 37.71	200m: 2:27.08	38.83	300m: 3:43.91	38.77	400m: 4:59.24	37.93		
60.	TREMBLAY, Sarah-Louise	21	Club de natation Mégophias				<b>4:59.80</b>	483	
	50m: 32.92 32.92	150m: 1:47.38	37.30	250m:	350m: 4:21.69	37.89			
	100m: 1:10.08 37.16	200m: 2:26.32	38.94	300m: 3:43.80	400m: 4:59.80	38.11			
61.	VAILLANCOURT, Flavie	16	Club aquatique Montréal				<b>5:00.03</b>	482	
	50m: 32.48 32.48	150m: 1:46.92	37.29	250m: 3:04.29	38.67	350m: 4:22.06	38.73		
	100m: 1:09.63 37.15	200m: 2:25.62	38.70	300m: 3:43.33	39.04	400m: 5:00.03	37.97		
62.	ROBITAILLE, Sara	17	Club Natation Mustang Boucherv				<b>5:00.90</b>	478	
	50m: 33.23 33.23	150m: 1:48.74	38.07	250m: 3:06.01	38.76	350m: 4:24.14	39.15		
	100m: 1:10.67 37.44	200m: 2:27.25	38.51	300m: 3:44.99	38.98	400m: 5:00.90	36.76		
63.	ARDILA SAIN, Sariah	18	Neptune Natation				<b>5:01.04</b>	478	
	50m: 33.97 33.97	150m: 1:50.51	38.34	250m: 3:08.08	38.65	350m: 4:24.37	37.65		
	100m: 1:12.17 38.20	200m: 2:29.43	38.92	300m: 3:46.72	38.64	400m: 5:01.04	36.67		
64.	TRUDEL, Marjorie	17	Elite				<b>5:03.36</b>	467	
	50m: 35.02 35.02	150m: 1:50.92	38.92	250m: 3:08.13	39.44	350m: 4:26.61	40.06		
	100m: 1:12.00 36.98	200m: 2:28.69	37.77	300m: 3:46.55	38.42	400m: 5:03.36	36.75		
65.	LEFRANCOIS, Audrey	17	Cote Saint-Luc Aquatics				<b>5:03.55</b>	466	
	50m: 33.60 33.60	150m: 1:47.44	36.87	250m: 3:04.63	38.39	350m: 4:23.38	39.68		
	100m: 1:10.57 36.97	200m: 2:26.24	38.80	300m: 3:43.70	39.07	400m: 5:03.55	40.17		
66.	PERREAULT, Simone	17	Club aquatique Montréal				<b>5:03.89</b>	464	
	50m: 35.12 35.12	150m: 1:51.07	38.90	250m: 3:08.37	39.22	350m: 4:26.49	40.16		
	100m: 1:12.17 37.05	200m: 2:29.15	38.08	300m: 3:46.33	37.96	400m: 5:03.89	37.40		
67.	DI MARIA, Jessica	18	Club de natation Saint-Laurent				<b>5:05.22</b>	458	
	50m: 32.45 32.45	150m: 1:48.52	38.48	250m: 3:06.71	39.26	350m: 4:25.96	39.25		
	100m: 1:10.04 37.59	200m: 2:27.45	38.93	300m: 3:46.71	40.00	400m: 5:05.22	39.26		
68.	BERGERON, Marie-Laurence	17	É.N. St Lambert				<b>5:05.74</b>	456	
	50m: 33.73 33.73	150m: 1:49.61	38.30	250m: 3:08.13	38.75	350m: 4:27.06	38.80		
	100m: 1:11.31 37.58	200m: 2:29.38	39.77	300m: 3:48.26	40.13	400m: 5:05.74	38.68		
69.	GAUDREAU, Léa	19	Club.Natation. Sept-Iles				<b>5:06.56</b>	452	
	50m: 33.43 33.43	150m: 1:50.85	38.39	250m: 3:09.48	38.73	350m: 4:28.37	38.62		
	100m: 1:12.46 39.03	200m: 2:30.75	39.90	300m: 3:49.75	40.27	400m: 5:06.56	38.19		
70.	VICTOR, Abigail	17	Dorval Swim Club				<b>5:07.95</b>	446	
	50m: 35.49 35.49	150m:		250m: 3:12.22	39.43	350m: 4:30.81	40.02		
	100m: 1:13.63 38.14	200m: 2:32.79		300m: 3:50.79	38.57	400m: 5:07.95	37.14		
71.	COLLARD, Florence	17	Minabichi La Sarre				<b>5:08.12</b>	445	
	50m: 35.53 35.53	150m: 1:52.38	39.47	250m: 3:12.31	41.10	350m: 4:30.98	40.05		
	100m: 1:12.91 37.38	200m: 2:31.21	38.83	300m: 3:50.93	38.62	400m: 5:08.12	37.14		
72.	LÉTOURNEAU, Élise	17	Club de Natation des Riverains				<b>5:11.92</b>	429	
	50m: 34.31 34.31	150m: 1:52.43	39.07	250m: 3:12.50	39.75	350m: 4:32.88	40.33		
	100m: 1:13.36 39.05	200m: 2:32.75	40.32	300m: 3:52.55	40.05	400m: 5:11.92	39.04		
73.	GUHA, Anjali	17	Club de natation Phoenix Sague				<b>5:12.14</b>	428	
	50m: 34.21 34.21	150m: 1:50.03	38.50	250m: 3:10.27	39.69	350m: 4:31.77	40.53		
	100m: 1:11.53 37.32	200m: 2:30.58	40.55	300m: 3:51.24	40.97	400m: 5:12.14	40.37		
74.	KUDINOV, Catherine	17	Cote Saint-Luc Aquatics				<b>5:12.57</b>	427	
	50m: 34.20 34.20	150m: 1:50.77	38.85	250m: 3:11.00	39.85	350m: 4:32.82	40.89		
	100m: 1:11.92 37.72	200m: 2:31.15	40.38	300m: 3:51.93	40.93	400m: 5:12.57	39.75		

Coupe du Québec #2  
Montréal, 12 au 15 mars 2026

---

Epreuve 34, Dames, 400m Libre, Elimatoire, Cat. générale

Rang				Age					Temps	Pts		
75.	THIBAULT, Coralie			20	Rouge et Or/Université Laval				<b>5:14.31</b>	419		
	50m:	33.76	33.76	150m:	1:51.98	39.57	250m:	3:13.15	40.28	350m:	4:34.42	40.14
	100m:	1:12.41	38.65	200m:	2:32.87	40.89	300m:	3:54.28	41.13	400m:	5:14.31	39.89
76.	ECHEVARRIA, Adriana			20	Nsh				<b>5:16.06</b>	413		
	50m:	36.26	36.26	150m:	1:56.75	40.64	250m:	3:17.80	40.70	350m:	4:37.63	40.18
	100m:	1:16.11	39.85	200m:	2:37.10	40.35	300m:	3:57.45	39.65	400m:	5:16.06	38.43
77.	GAGNON, Léanne			17	C. A. Régional De L'Abitibi-Te				<b>5:17.79</b>	406		
	50m:	35.67	35.67	150m:	1:54.57	40.56	250m:	3:15.88	41.47	350m:	4:38.18	41.40
	100m:	1:14.01	38.34	200m:	2:34.41	39.84	300m:	3:56.78	40.90	400m:	5:17.79	39.61
forf.nd.	RUDZKI, Chloe M			17	Kingston Blue Marlins							
forf.nd.	DURAN, Christina			20	Club aquatique Montréal							